

Mental Wellness Hub

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Introduction to Art in Therapy

Course Outline

Lecture	Activities
1. Introduction to Art Therapy	Activities & Resources will be attached.
2. Art & Mental Health	Activities & Resources will be attached.
3. Colour and Colour Therapy	Activities & Resources will be attached.
4. Creativity and Recovery	Activities & Resources will be attached.
5. Working with Children	Activities & Resources will be attached.
6. Stress, Anxiety & Trauma	Activities & Resources will be attached.

Certificate Information

- Upon successful completion, a certificate will be emailed to the student. A \$50 fee is incurred if the student would like a hardcopy delivered. This course is internationally accredited by the International Practitioners of Holistic Medicine (IPHM).

Assessment

- 2 Activities and 1 final assessment must be done in order to obtain your certificate.

Payment Procedures

- Payment Options:
 - Online Bank Transfer/Bank Deposit to our Account
 - Online via Credit Card

Disclaimer

- This course is for personal development only, and is not a substitute for a Degree in Psychology or any related Mental Health field.