

Mental Wellness Hub

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# Mental Wellness Hub

## Introduction to Narcissistic Personality Disorder

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Lecture	Details	Activities + Additional Readings
1. Introduction	<ul style="list-style-type: none"><li>- An Introduction to NPD including History, Symptoms and Diagnosis</li></ul>	Yes
2. NPD & Friendships	<ul style="list-style-type: none"><li>- NPD and Narcissism in Friendships</li><li>- Being Friends with a Narcissist</li><li>- How it affects friendships</li><li>- Coping with a Narcissistic Friend</li></ul>	Yes
3. NPD & Romantic Relationships	<ul style="list-style-type: none"><li>- NPD and Narcissism in Romantic Relationships</li><li>- Are you with a Narcissist?</li><li>- How do you cope, or how do you leave?</li></ul>	Yes
4. Clinical Assessment and Screening	<ul style="list-style-type: none"><li>- Narcissistic Personality Inventory</li><li>- Millon Clinical Multiaxial Inventory</li></ul>	Yes
5. Therapy Techniques for	<ul style="list-style-type: none"><li>- The different therapy techniques and</li></ul>	Yes

Persons Diagnosed with NPD or Narcissistic Traits	interventions available to people diagnosed with NPD.	
2 Assessments must be passed in order to receive your certificate.		

### **Certificate Information**

- Upon successful completion, certificates will be emailed. This course is internationally accredited by the International Practitioners of Holistic Medicine (IPHM).

### **Assessment**

- 2 assessments must be completed and passed in order to obtain your certificates and transcripts. Both assessments must be passed.

### **Payment Procedures**

- Payment Options:
  - Online Bank Transfer/Bank Deposit to our Account (details will be sent privately to each student)

### **Disclaimer**

- This course is for personal development only, and is not a substitute for a Degree in Psychology or any related Mental Health field.