

Mental Wellness Hub

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Psychological First Aid Online Course I

Lectures	Activities + Additional Readings
1. Introduction and Core Principles	Yes
2. Preparing to Deliver PFA Services	Yes
3. Reflective Listening	Yes
4. Safety and Comfort	Yes
Additional Mini-Videos - Dos and Donts - Self-Care - Delivery to Vulnerable to Populations	-

Assessments

- Two Quizzes must be completed and passed.

Certificate Information

- Upon successful completion, a certificate will be mailed to the student. An additional \$50 fee is incurred if the student would like a hardcopy delivered. This course is internationally accredited by the International Practitioners of Holistic Medicine (IPHM).

Payment Procedures

- Payment Options:
 - Online Bank Transfer/Bank Deposit to our Account (details will be sent privately to each student)
 - Online via Credit Card (via Wipay)

Disclaimer

- This course can be used for personal and professional development.