

Mental Wellness Hub

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# Mental Wellness Hub

## Schizophrenia: Demystifying and Destigmatisation

<b>Lecture</b>	<b>Readings and Assignment</b>
1. Introduction + History	None
2. An Overview	Brief Readings
3. The Signs and Symptoms	Extra Video
4. Possible Causes	Readings Mini-Quiz
5. Schizophrenia and the Brain	1 Mandatory Reading 1 Optional Journal Article Mini-Quiz
6. Treatment Part One	Readings
7. Treatment: Part Two	Readings Mini-Quiz
8. Living with Schizophrenia	Readings Extra Video

### **Final Assessments**

**2 Multiple Choice Assessments. The mini-quizzes account for 20% of your final grade.**

**Disclaimer**

- This course is for personal development only, and is not a substitute for a Degree in Psychology or any related Mental Health field. Psychologists in the field can use this to enhance their knowledge.

**Certificate Information**

- Upon successful completion, the certificate will be emailed to the student. If you would like a hard copy version of the certificate, there is a delivery fee of \$50.