

The Soccer of Success

Month: _____ :

Monthly Review

REVIEW PLANNER

ACTIONS

IDENTIFY MOST IMPORTANT PROJECTS AND CREATE ACTION LISTS

PROJECTS

ACTIONS

ASK 80/20 QUESTIONS

WHAT 20% OF MY EFFORTS GIVE ME 80% OF MY RESULTS AND HAPPINESS?

WHAT 20% OF SOURCES ARE CAUSING 80% OF MY PROBLEMS AND UNHAPPINESS?

WHO ARE THE 20% OF PEOPLE WHO PRODUCE 80% OF MY ENJOYMENT AND PROPEL ME FORWARD?

WHAT ARE THE TOP 3 ACTIVITIES THAT I USE TO FILL TIME TO FEEL AS THOUGH I HAVE BEEN PRODUCTIVE?

WHO ARE THE 20% OF PEOPLE WHO CAUSE 80% OF MY ANGER AND SECOND GUESSING?

NEXT MONTHS GOALS – REFER TO QUARTERLY AND ANNUAL GOALS

WHATS THE ONE BIG THING I NEED TO DO THIS MONTH TO GET ME TOWARD MY 6 MONTH GOAL?

WHAT ARE MY GOALS THIS MONTH TO GET ME TOWARD MY QUARTERLY GOALS?

QUESTIONS TO ASK:

1. WHAT PATTERNS OF SUCCESS OR FAILURE DO I SEE IN SETTING AND ACHIEVING GOALS?
2. AM I SETTING GOALS THAT ARE REALISTIC BUT CHALLENGING?
3. WHAT KEEPS GETTING IN THE WAY OF ACCOMPLISHING MY GOALS?
4. WHAT PATTERNS OR PROCESSES CAN BE IMPROVED?
5. AM I CREATING UNREALISTIC EXPECTATIONS? HOW CAN I MODIFY THEM?

WHAT WAS THE MOST MEMORABLE PART OF THIS MONTH?

WHAT WERE THE 3 BIGGEST LESSONS I LEARNED?

WAS I HAPPY HOW I SPENT MY TIME? IF NOT WHAT ADJUSTMENTS CAN I MAKE?

HOW AM I DIFFERENT THIS MONTH TO LAST MONTH?

WHAT AM I ESPECIALLY GRATEFUL FOR THIS LAST MONTH?

NAME 3 THINGS I CAN IMPROVE ON THIS WEEK AND WHAT CONCRETE ACTIONS I CAN TAKE TO WORK TOWARDS THE IMPROVEMENTS?

MONTHLY CHECKLIST:

HIGHLIGHT MY ACCOMPLISHMENTS

REFORM: - WHATS THIS MONTHS GAMECHANGER?

SET CHECKPOINTS.

NOTES:

NEW EDUCATION OR SKILL FOR THE MONTH?

NEW HABIT FOR THE MONTH?