

JUICES. 16/24 oz.

EMERALD GARDEN \$8.50/11

kale, spinach, lemon, cucumber, celery, red apple

HEALTHY GLOW \$8.50/11

ginger, spinach, cucumber, apple, aloe vera

GREEN WITH ENVY \$8.50/11

kale, parsley, cucumber, celery, green apple, lime, ginger

MINT GREEN \$8.50/11

kale, mint, cucumber, celery, apple, ginger, lime

SPICY GREEN \$8.50/11

celery, cucumber, parsley, lemon, ginger, coconut water, cayenne

SUPER GREEN \$9.75/13

kale, cucumber, spinach, parsley, lemon, spirulina & aloe vera

ALKALINE CLEANSER \$9.75/13

grapefruit, green apple, parsley, kale, lemon, E3 live

CITRUS SLIMDOWN \$8.50/11

grapefruit, orange, lemon, kale, mint, ginger, *cayenne optional

COLD BUSTER \$7.50/9.50

carrots, parsley, celery, apple, orange, lemon, ginger

SO FRESH \$8.50/11

grapefruit, golden apple, mint, celery, lemon

PINEAPPLE PUNCH \$8.50/11

pineapple, orange, parsley, lemon, lime, ginger

SWEET BEETS \$7.50/9.50

beet, pineapple, apple carrot, lime, ginger

IMMUNE POWER \$7.50/9.50

ginger, parsley, beet, apple, carrot

DETOX \$9.75/13

wheat grass, beet, apple, celery, carrot

LEMON LIVELY \$8.50/11

ginger, lemon, apple

GREEN LEMONADE \$8.50/11

apple, lemon, ginger, cucumber, kale

PROTEIN SHAKES 16/24 oz.

FROSTY GARDEN \$9.50/13

emerald garden juice, banana, *protein

NOT SO CHUNKY MONKEY \$7.50/9.50

almond milk, choc PB powder, protein, banana, cacao nibs

LEAN & GREEN \$7.50/9.50

banana, greens, almond butter, *protein, *almond milk, cardamom

BERRY FRESH \$7.50/9.50

mixed berries, banana, *protein, *almond milk, cinnamon

PEANUT BLAST \$7.50/9.50

plain or choc. PB powder, banana, *protein, *almond milk

PB&J (pick a butter) \$7.50/9.50

*PB2 or almond butter, *protein, banana, mixed berries *almond milk

CHERRY CHOCOLATE CHIP \$7.50/9.50

cherries, cacao nibs, choc. protein, banana, *almond milk

SMOOTHIES 16/24oz.

THE SWEET HEART \$6.50/8.50

strawberries, banana, apple juice, flax oil

RE-FUEL \$6.50/8.50

mixed berries, banana, coconut water

FLEX ON THE BEACH \$6.50/8.50

mango, pineapple & banana, coconut water

GREEN TEA SMOOTHIE \$6.50/8.50

matcha green tea, banana, ginger, vanilla & *almond milk

SUPER SMOOTHIES 16/24oz.

THIN MINT \$7.50/9.50

banana, cashews, spinach, mint coconut nectar, cacao nibs, almond milk

HONEY CRUNCH \$7.50/9.50

honey, hemp granola, banana, *almond milk

SUPER FOOD SHAKE \$7.50/9.50

Super-food blend (maca, hemp, & cacao), flax oil, blueberry, banana, *almond milk & cinnamon

ALMOND DELIGHT \$7.50/9.50

almond butter, banana, orange, agave, cacao nibs, almond milk, cardamom spice

*PROTEIN- plant or whey (dairy)

*MILK- coconut or almond

text in your order

Red Bank 732-939-8919

Fair Haven 732-788-9980

www.freshicajucebar.com   