

SALES DATES FRIDAY JANUARY 21
THRU THURSDAY JANUARY 27, 2022

30-08 30TH AVENUE
ASTORIA, NY 11102 • TEL: (718) 728-9484



SENIOR CITIZEN DISCOUNT
ON REGULAR PRICE ITEMS ONLY
Excludes Beer, Sale or In-Store Sale Items
5% Weekdays 8:00 - 3:00 pm • 10% Wednesday 8:00 - 3:00 pm

STORE WILL BE OPEN 24 HOURS

PHONE ORDERS - WEEKDAYS
9:00AM - 2:00PM

WINTER SAVINGS

Fresh Meat

Fresh Grade "A"
Chicken Legs With Back
10 lb. bag
49¢ lb. **LIMIT 2 BAGS**

Fresh Grain Fed Pork
Fresh Calas (Pernil)
PLU#311
99¢ lb. **LIMIT 2**

U.S.D.A. Choice Beef
1st Cut
Chuck Steak
PLU#53
\$3.49 lb.

Quality Fresh Produce

PLU#3112 From Mexico Ripe Papayas lb. \$1.49	From Mexico Roma Plum Tomatoes lb. \$1.29	PLU#4087 From USA Florida Juice Oranges 4 lb. bag \$3.99
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PLU#4012 From USA Large Navel Oranges 5/\$5	From Ecuador Green Plantains Reg. Sale Price \$5/\$2.00 10/\$2	PLU#3387 From Chile Clementines 3 lb. bag \$4.99
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DELI & BAKERY

Sliced To Order
DiLusso Premium Deluxe Ham
PLU#1393
\$5.99 lb.

Sliced To Order
Store Made Oven Cooked Seasoned
Top Round Roast Beef
\$9.99 lb. PLU#248

GROCERY SPECIALS OF THE WEEK!

100 ct. boxes Lipton Tea Bags 2/\$5 Reg. Sale Price \$3.99 LIMIT 1 OFFER WITH CLUB CARD	Original Only - 30 oz. jar Hellmann's Mayonnaise \$4.99 Reg. Sale Price \$5.99 LIMIT 1 OFFER WITH CLUB CARD	All Purpose or Unbleached - 5 lb. bags Gold Medal Flour 2/\$5	1.25 ltr. btl. Coca-Cola, Sprite, Dr. Pepper, Fanta, Barq's or Sagram's 5/\$5 +tax +dep.
Elicodiali, Fettuccine, Linguine Fine, Capellini, Cut Ziti, Shl-Cocciolo, Fusilli #34, Spaghetti #12, Penne Rigate, Linguine #7, Spaghettini, Ditalini #33, Bucatini or Mezzi Rigatoni - 1 lb. bags Ciro Pasta 5/\$5	4 lb. bags Jack Frost Sugar 2/\$5	Orig., Natural, Light, Cherry, Mango or White Grape; For Tots - Apple, Fruit Punch or Apple White Grape - 64 oz. btl. Mott's Apple Juice 2/\$5	Master Bl., House Bl., The Original Rst., French Rst., Dark Rst., 100% Colombian, Morning Boost or Half Caff. - 10.5 - 11.5 oz. cans Maxwell House Coffee Original Only - 10 oz. cans Café Bustelo 3/\$10
Assorted Varieties - 15 - 24 oz. jar Classico Pasta Sauce \$1.99	20 lb. bag Riceland or Rico Long Grain or Parboiled Rice \$5.99 Reg. Sale Price \$11.99 Limit 1 Offer With \$65 Purchase. Discount with Additional Purchase. Excludes Beer & Sale Items	Vegetable, Canola or Corn - gal. ctnr. Wesson Oil \$6.99 Reg. Sale Price \$10.99 Limit 1 Offer With \$65 Purchase. Discount with Additional Purchase. Excludes Beer & Sale Items	34 oz. btl. Colavita Extra Virgin Olive Oil \$10.99 Reg. Sale Price \$12.99 LIMIT 1 OFFER WITH CLUB CARD
Wh. Kernel Gold & White Corn, Ital. Green Beans, Creamed Wh. White Corn, Wh. Kernel White Corn, Peas & Carrots, Zucchini, Cut Wax Bean or Swt. Corn Pebl. & Red Ezo - 14.5 - 15.3 oz. cans Del Monte Vegetables 99¢	20 pk. bundle, 1000 ct. rolls Scott Bath Tissue \$16.99	15 pk. bundle, 90 ct. rolls Plenty Flex-A-Size Paper Towels \$12.99 Reg. Sale Price \$14.99 LIMIT 1 OFFER WITH CLUB CARD	28 pk., .5 ltr. btl. Nestle Pure Life Water 3/\$10 +tax +dep.
Orig. or Premium Light - 12 pk., 12 oz. cans/btl. Heineken or Amstel Light Beer \$17.99 +tax +dep.			

DAIRY & FROZEN SPECIALS!

No Pulp, Calcium & Vitamins No Pulp, Some Pulp or Calcium & Vitamins Some Pulp - 52 oz. ctnrs. Florida's Natural Orange Juice 2/\$6	Part Skim or Whole Milk Ricotta - 32 oz. ctnr. - Mozzarella - 16 oz. pkg. Galbani Ricotta or Mozzarella \$3.99	Assorted Varieties - 16 oz. bags Sunny Harvest Vegetables 4/\$5	Assorted Varieties (Excludes Signature Sundae, Naturals or Naturally) - 48 oz. ctnrs. Friendly's Ice Cream \$3.99
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Honey Nut Cheerios - 15.4 oz., Cocoa Puffs - 15.2 oz., Lucky Charms - 14.9 oz., Reese's Puffs - 16.7 oz. or Trix 6 Fruit Shapes - 13.9 oz. boxes

General Mills Cereal

\$3.99

100 ct. box

Red Rose Tea Bags

\$3.99

Mix - Orig., Complete - Orig. or Buttermilk - 32 oz.; Whole Wheat Blend - 35 oz. box; Syrup - Butter Lite, Lite, Butter Rich or Original - 24 oz. ctr.

Pearl Milling Company Pancake Mix or Syrup

\$3.49

Original, High Fiber, Gluten-Free, Protein or Steel Cut - Assorted Varieties - 6 - 12 pk. box

Quaker Instant Oats

\$3.99

Breads & Snacks

Cinn. Raisin, Cinn.n Sugar or Maple Brown Sugar - 16 oz. loaf

Martin's Breakfast Swirl Bread
Assorted Varieties - 18 - 20 oz. loaf

Martin's Potato Bread
Multi-Grain, White, Brioche or Rye - 22 oz. loaf

Nature's Own Perfectly Crafted Bread
Plain, Chocolate or Strawberry - 12 oz. pkg.

Wonder English Muffins

\$2.99

Orig. Only - 6 ct., 12 oz. pkgs.

Thomas' English Muffins
20 oz. loaves

Wonder Round Top Bread or Nature's Own 100% Whole Wheat or Whole Grain Bread

2/\$5

Assorted Varieties & Assorted Sizes

Entenmann's Loaf Cakes

\$2.99

Assorted Varieties - 9.5 - 13 oz. pkgs.

Nabisco Chips Ahoy! Cookies

2/\$6

Chips Ahoy! Mini, Barnum's Animal Crackers, Teddy Grahams Honey Cubs, Nutter Butter Bites or Mini Oreos - 8 oz. pkgs.

Nabisco Snak-Saks

2/\$6

Assorted Varieties - 11.2 - 11.3 oz. pkgs.

Keebler Sandies Shortbread Cookies
14.2 oz. pkgs.

Keebler Vienna Fingers Sandwich Cookies

2/\$6

Colombian, Breakfast Blend, Gourmet Supreme or Classic Roast - 24.2 - 30.5 oz. ctr.

Folgers Coffee

\$8.99

Raw & Unfiltered - 32 oz. btl.

Bragg Organic Apple Cider Vinegar

\$4.99

Original - 35.3 oz. ctr.

Coffee-Mate Non-Dairy Coffee Creamer

\$5.99

Original or Extra Virgin - 3 liter can

Filippo Berio Olive Oil

\$22.99

50 lb. bag

Riceland Long Grain or Delta Star Parboiled Rice

\$24.99

2.5 gal. ctr.

Mazola Corn or Canola Oil

\$29.99

Maxwell House - Reg. or Decaf.; Sanka - 8 oz. jar

Maxwell House or Sanka Instant Coffee

\$5.99

14 oz. cans

Magnolia Condensed Milk

2/\$4

48 oz. btl.

Realemon Lemon Juice

\$4.99

Marinara - Reg. or Fire Roasted, Rst. Garlic, Tom./Basil, Parm. & Pecorino, Savory Herb or Traditional - 24 oz. jar

Barilla Pasta Sauce

\$2.99

In Oil or Water - 5 oz. cans

Chicken of the Sea Chunk Light Tuna

4/\$5

20 oz. ctr.

Hunt's Ketchup

\$1.29

Assorted Varieties - 46 oz. ctr.

V8 100% Vegetable Juice

\$2.99

40 oz. box

Bisquick Pancake & Baking Mix

\$3.99

Grape Jelly or Jam, Orange Marm., Preserves - Peach, Pine, or Straw., Straw. Jelly - 12 oz.; Grape or Straw. - 20 oz. sqz. ctr.

Smucker's Jelly, Jam, Preserves or Marmalade
Reg. or Simply - Assorted Varieties - 15.5 - 16 oz. jar

Jif Peanut Butter

\$2.99

Finely Chopped, Chopped or Strained - 26.46 oz. cartons

Pomi Tomatoes

\$2.99

Penne, Rotini or Spaghetti - 16 oz. box

Ronzoni 100% Organic Pasta

\$1.99

Plain or Iodized - 26 oz. canisters

Superior Crystal Salt

99¢

Milk Choc., Marsh., Variety Pk., Choc. Sens. or Rich; Simply Cocoa - Milk or Dk. Choc. - 8 pk. boxes

Swiss Miss Cocoa Mix

2/\$4

Orange Pine, Apple, Straw./Kiwi or Grape - 64 oz. ctr.

Welch's Juice Cocktail

\$2.99

13 oz. jar

Nutella Hazelnut Spread

\$3.99

Assorted Varieties - 5 pk., 1.4 oz. or Original - Reg. or Frosted - 20.3 oz. box

Pop-Tarts Bites or Toaster Pastries

\$3.99

Assorted Varieties - 4 pk., 4 - 4.3 oz. cups

Dole Fruit Cups, Fruit Gels, Fruit In Coconut Water or Parfaits

\$3.49

5 lb. ctr.

Parade Honey

\$14.99

Household Savings

Assorted Varieties - Power Pack - 24 - 32 ct. or Liquid - 61.3 - 75 oz. ctr.

Arm & Hammer Laundry Detergent

\$5.99

April Fresh, Clean Breeze or Mountain Spring - 34 oz. ctr.

Downy Fabric Softener

\$3.99

Dual Action, Lemon & Lime or Mango & Hibiscus - 35 ct. ctr.

Lysol Disinfecting Wipes

\$3.99

Orig., Lemon or Lavender - 10 ct. boxes

S.O.S Soap Pads

2/\$5

Lemon, Grapefruit, Orange or Lime - 28 oz. ctr.

Ajax Liquid Dish Detergent

\$1.99

9" - 45 ct. or 10" - 24 ct. pkg.

Modernware Plates

\$3.49

500 ct. pkgs.

Trade Fair Napkins

\$2.99

Lemon Fresh - 48 oz.; Orig. - 40 oz. ctr.

Pine Sol Disinfectant

\$3.99

Original or Light - Assorted Scents - 8.8 oz. can

Febreze Air Freshener

\$2.99

Health & Beauty

Cavity Protection or Triple Action Orig. - 6 oz. tubes

Colgate Toothpaste
2 pk.

Gillette Sensor2 Razors

\$2.99

Assorted Varieties - 13.6 - 16.9 oz. ctr.

Johnson's Baby Lotion, Baby Moist Wash, Bubble Bath or Shampoo

\$4.99

Cool Comfort, Cool Rush, Extreme Blast or Sport - 2.7 oz.

Degree Antiperspirant

\$3.99

Household Appliances

each

Proctor Silex Durable Food Chopper or Mixer

\$14.99

12 Speed - Assorted Colors - each

Brentwood Blender

\$19.99

each

Proctor Silex 10 Cup Coffeemaker

\$19.99

20 Piece

Conair Number Cut Haircut Kit

\$19.99

Eco-Foil Handi-Foil Giant Oval Rack Roaster with Handles

2/\$10

Imusa 52 Qt. Steamer Mexicana

\$49.99

Spanish Dairy

Blanco, De Freir, Grilling, Cremita, Casero or Fresco - 10 oz. pkgs.

Tropical Queso

3/\$10

20 oz. pkg.

Tropical Quesito Casero or Queso Fresco

\$4.99

Assorted Varieties - 28 oz. ctnr.

Tropical Drinkable Yogurt

\$2.99

17.5 - 20 oz. pkgs.

Mission Large Burrito or Soft Taco Flour Tortillas

2/\$5

Spanish Frozen

48 oz. bag

La Mina Choclo Desgranado

\$6.99

Mango, Sour Sop or Passion Fruit - 10 pouches - 32 oz. pkg.

Goya Fruit Pulp

\$4.99

4 or 8 mini ct. pkg.

La Fe Corn On The Cob

\$4.99

Small - 13 - 14 oz. pkgs.

La Fe Discos Empanadas

2/\$4

CHIPS & SNACKS

Assorted Varieties - 9.75 - 11.25 oz. bags

Doritos Flavored Tortilla Chips

Assorted Varieties - 7.75 - 8.5 oz. bags

Ruffles Potato Chips

2/\$7

Assorted Varieties - 14 - 16 oz. bags

Utz Pretzels

8 - 9.75 oz. bags

Bachman Popcorn or Jax Cheddar Cheese Puffed Curls

2/\$5

Assorted Varieties - 20 oz. bag

Takis Fiesta Size Tortilla Chips

\$4.79

22 ct., 16.25 oz. box

Wise Grab Snack Variety Pack

\$6.99

Original, Collection or Golden Gallery - 4.2 - 5.3 oz. box

Ferrero Rocher Candy

\$4.99

Dairy Specials

Honey, Pumpkin, Lemon, Coconut, Blbry., Mango, Rasp., Straw, Rhubarb, Peach, Tart Cherry or Van. Bean - 8 oz. ctnrs.

Noosa Yogurt

2/\$4

Original, Reduced Fat or Fat Free - 16 oz. ctnrs.

Breakstone's Sour Cream

2/\$4

Whole or Sliced - 16 oz. pkg.

Belgioioso Fresh Mozzarella

\$3.99

Sharp - Yell. or Wht., Vermont Sharp, Marble Sharp, Ex. Sharp - Yell., Wht., Yell. 2% or Wht. 2%, Aged Resrv., Asiago, Baby Swiss or Gouda - 7 - 8 oz. pkgs.

Cracker Barrel Cheese

2/\$5

Whole, 1% Low Fat, 2%, 2% Choc., 2% Kids Choc. or 2% Kids - 52 oz. btl.

Fairlife Milk

\$3.99

Original or Light - 45 oz. tub

I Can't Believe It's Not Butter Quarters

\$7.99

Lite & Sensible - Plain or Vanilla; Whole Milk Plain, Low Fat - Plain or Vanilla; Rich & Creamy - Banana or Mango - 32 oz. ctnrs.

La Yogurt Probiotic Yogurt

2/\$5

Salted or Unsalted - 8 oz. tubs

Hotel Bar Whipped Butter

2/\$5

Mango, Peach, Prune, Straw. or Straw/Ban. - 7 oz. ctnrs.

Dannon Activia Drinkable Yogurt

5/\$5

Straw/Banana - 18 pk., 3.1 oz. ctnrs.

Dannon Danimals Drinkable Yogurt

\$7.99

Hometown, Low Sodium or Thick - 16 oz. pkg.

Smithfield Sliced Bacon

Chicken or Turkey - 3 lb. pkg.

Kunzler Franks

\$6.99

Natural Casing - 12 oz. pkg.

Sabrett Beef Franks

\$4.99

Assorted Varieties - 9.5 - 16 oz. ctnr.

Talenti Gelato or Layers

\$3.99

Lemon Straw., Choc., Cherry, Lemon, NSA, Lemon Cherry, Mango, Blbry./Rasp/Wtrmln. or Orange - 6 pk.

Luigi's Italian Ices

\$3.99

Green Tea, Van. Blbry., S'mores, Swt. Mango, Van. Bean, Dbl. Choc., Mint Choc. Chip, Cookies & Cream, Pipe Straw, Straw, Salted Caramel, Choc. or Neapolitan - 6 pk. box

My/Mo Mochi Ice Cream

\$5.99

Frozen Specials

Blbry., Dbl. Choc., Crml., Whole Grain - Orig., Blbry. or Apple Cinn., Cinn./Sugar or Original - 11.6 oz. box

Eggo Thick & Fluffy Waffles

\$3.79

Chicken Breast, Mac. & Cheese, Fun Nuggets or Popstar Popcorn Chicken - 8 - 10.6 oz. boxes

Kid Cuisine Meals

2/\$6

3 Meat, Cheese, Pepperoni, Deluxe or Extra Cheese - 10.37 - 12.5 oz. box

Stouffer's French Bread Pizza

\$3.49

Assorted Varieties - 6 - 12.5 oz. box

Marie Callendar Bowls or Entrees

\$4.49

Ravioli - Round Cheese, Gluten Free Cheese, Mini Round Cheese or Gluten Free Cheese Tortellini - 13 - 24 oz. bag

Celentano Ravioli or Tortellini

\$4.99

Cauliflower - Orig., Broccoli, Medley, Sw. Pot., Garlic, Risotto, Broccoli or Butternut Squash - 10 - 12 oz. bag

Green Giant Riced Veggies

\$3.49

Assorted Varieties - 6 - 12.5 oz. box

Dr. Praeger's Burgers, Cakes or Littles

\$2.99

Southern Style Fillet, Garlic & Herb Crunchy Fillets, Lemon Peppercorn Fillet, Crunchy Fish Fillets, Crunchy Fish Sticks - 18 ct., Crispy Batter. Fish Fillets, Grill. Haddock Sign., Class. Grill., Grill. Salmon Lem./Btr., Grill. Tilapia Gr. Bt. or Sig. Grilled Tilapia - 6.3 - 11.4 oz. box

Gorton's Fish

\$5.99

Honey Battered Chicken Breast Tenders or Batter Dipped Chicken Breast Tenders - 25.5 oz. bag

Tyson Chicken

\$5.99

Assorted Varieties - 9.5 - 16 oz. ctnr.

Talenti Gelato or Layers

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Luigi's Italian Ices

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Green Tea, Van. Blbry., S'mores, Swt. Mango, Van. Bean, Dbl. Choc., Mint Choc. Chip, Cookies & Cream, Pipe Straw, Straw, Salted Caramel, Choc. or Neapolitan - 6 pk. box

My/Mo Mochi Ice Cream

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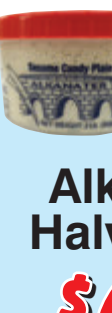
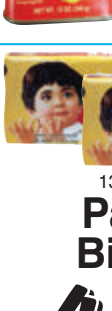
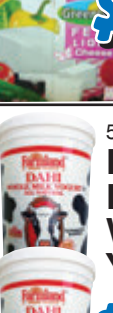
My/Mo Mochi Ice Cream

\$5.99

Hispanic Foods

 Maiz Pozolero - 108 oz. can Bush's Best White Hominy \$3.49	 Reg., Tamales, Centroamericana or Nixtamasa - 4.4 lb. bag Maseca Corn Flour Mix \$2.99	 3.52 lb. can Nestle Nido Kinder 1 + Crecimiento Powdered Milk \$1.99	 Regular or Low Sod. - Roman, Small Red, Black, Chick Peas, Pinto, Small White or Dark Red Kidney - 15.5 oz. cans Goya Beans 4/\$5	 Assorted Varieties - 1.5 ltr. btl., +tax +dep. Jarritos Soda 2/\$3
 In Adobo Sauce - 13.13 oz. cans La Morena Chipotle Peppers 2/\$5	 30 oz. jar Doña Maria Nopalitos \$2.99	 28.2 oz. can La Morena Whole Jalapeño Peppers \$1.99	 Red, Green or Caribbean - 4 oz. btl. El Yucateco Hot Sauce \$1.99	 14 oz. boxes Maizena Corn Starch 4/\$5
 8.8 oz. brick pks. Café Aroma 3/\$5	 6 tabs, 19 oz. pkg. Nestle Abuelita Mexican Chocolate Drink Mix \$3.99	 Beef or Chicken - 7.9 oz. jar Knorr Granulated Bouillon \$1.99	 10.37 oz. pkgs. Ducal Saltines 3/\$5	 Black, Pinto, Red Kidney or Small Red - 16 oz. bag Sarita Beans or Lentils 89¢
 Sunflower Oil & Extra Virgin Olive Oil - 68 oz. ctrn. Iberia Premium Blended Oil \$9.99	 Natural, Light or Cinnamon - 32 oz. ctrn. Alpina Oatmeal Smoothie \$2.99	 16 oz. pkgs. Latin Food Panela Redonda 3/\$5	 28 oz. jar McCormick Mayonesa With Lime Juice \$4.99	 Red or Black - 15 oz. can Ducal Refried Beans \$1.99
 10 pk., 7 oz. btl., +dep. Goya Malta \$4.99	 6 pk., 10-12 oz. btl. Pony Malta \$6.99	 54 oz. bag La Mina Mote Pelado \$5.99	 1 kg. bag Cruz De Malta Yerba Mate \$7.99	 In Heavy Syrup - 29 oz. can Aconcagua Peach Halves \$1.99

International Foods

Dairy & Frozen Specials  400 gram bag Montana Okra #0 \$3.49	 Assorted Varieties - 6 pk., 11.1 oz. btl. Laziza Non-Alcoholic Beer \$7.99 +tax +dep.	 2 lb. jar Alkanater Halva Plain \$6.99	 93 oz. glass jug. El Koura or Beirut Extra Virgin Olive Oil \$19.99	 Fine or Medium - 35.2 oz. bag Tria Couscous \$3.49
 25 Sheets - 12 oz. pkg. Spring Home Tyj Spring Roll Pastry \$1.99	 Fava Beans - 16 oz. can Tazah Plain Foul Medammas 99¢	 12 oz. can Alshark Corned Beef \$3.99	 16 oz. jar Orlando California Grape Leaves \$7.99	 Plain - 450 gram pkg. Café Najjar Ground Coffee \$8.99
 25 ct., 70.5 oz. pkg. Kawan Plain Paratha \$9.99	 450 gram pkg. Brooke Bond Red Label Loose Leaf Black Tea \$5.99	 13.2 oz. pkgs. Parle-G Biscuits 4/\$5	 20 lb. bag Deer Basmati Rice \$19.99	 20 lb. bag Swad Jasmine Rice \$17.99
Assorted Varieties - 500 gram pkgs. Greenland Feta Cheese \$2.99	 1 kg. bag Matuto Polvilho Azedo \$1.99	 400 gram pkg. Marilan Cream Crackers \$1.99	 1 kg. bag Amafil Pão de Queijo \$3.49	 Tradicional - 500 gram bag 3 Coracoes Coffee \$4.99
 5 lb. ctrn. Farmland Dahi Whole Milk Yogurt \$6.99	 33.8 oz. btl. Marco Polo Pomegranate Juice \$2.99	 3 ltr. can Minerva Horio Extra Virgin Olive Oil \$24.99	 Traditional - 16 oz. bag Loumidis Papagalos Coffee \$8.99	 10 lb. bag Royal Basmati Rice \$15.99

Farm Fresh Produce

From USA
Bunched Arugula
(PLU#4884)
2/\$3



From USA • 56/64 ct.
Honey Crisp Apples
\$2.49 lb. (PLU#4889)



From USA
Loose Red Beets
(PLU#4540)
59¢ lb.



From USA
Green Kale
(PLU#4627)
\$1.49 lb.



From Chile
Tree Ripe Nectarines or Peaches
\$2.99 lb.
Nectarines PLU#4379
Peaches PLU#4044



From USA • Florida
Large Red Grapefruit
(PLU#4491)
2/\$4



From USA • Florida
Small Juice Oranges
(PLU#4014)
6/\$2



From USA • Florida
Small Tangerines
(PLU#4055)
5/\$2



From USA
Green Beans
\$1.99 lb. (PLU#4066)



From USA
Yellow Corn
\$2.99 3 ct. pkg.



From USA
Grape Tomatoes
(PLU#4806)
2/\$5 pint ctnrs.



From USA
Organic Bunched Cilantro or Organic Bunched Italian Parsley
\$1.99 ea.
Cilantro PLU#94889
Italian Parsley PLU#94901



From USA
Peeled Baby Carrots
2/\$3 1 lb. bags



Assorted Varieties
Health-Ade Kombucha
2/\$7 16 oz. btl.



From USA • Blushing Belle, Baby Boomer Gold, Dynamic Duo or Terrific Trio Petite
The Little Potato Company
2/\$7 1.5 lb. bags



From USA
Loose White Onions
(PLU#4663)
99¢ lb.



Organic Produce

From Costa Rica
Lila or White Yautia
\$1.99 lb.
Lila PLU#4502
White PLU#4503



From USA • California
Green Leaf Lettuce
(PLU#4076)
2/\$4



From Costa Rica
Malanga Coco
(PLU#4644)
99¢ lb.



From Mexico
Green Tomatillos or Jalapeño Peppers
\$1.29 lb.
Green Tomatillos PLU#4801
Jalapeño Peppers PLU#4693



From Mexico
Chayotes
(PLU#4761)
99¢ lb.



From USA
Green Cabbage
69¢ lb. (PLU#4069)



From Mexico
Cut Kabocha Squash
99¢ lb.



From USA • Assorted Varieties
Simple Beginnings Salads
2/\$7 5 oz. pkgs.



Organic & Natural Foods

3 ltr. ctnr.
Alkaline 88 Purified 8.8ph Water
\$3.99



Assorted Varieties - 32 oz. brick pks.
Imagine Organic Creamy Soups
\$4.99



Crushed, Diced, Chunky, Whole Peeled or Puree - 28 oz. cans
Muir Glen Tomatoes
2/\$5



Assorted Varieties - 13 oz. jar
Bonne Maman Preserves
\$3.99



24.5 oz. ctnr.
Rice Select Couscous
\$6.99



Texmati, Jasmati or Arborio - 32 oz. ctnr.
Rice Select Rice
\$8.99



32 oz. bag
Bob's Red Mill Old Fashioned Gluten-Free Rolled Oats
\$5.99



Assorted Varieties - 12.8 - 14 oz. pkg.
Roland Organic Noodles
\$2.29



Regular or Lite - 13.66 oz. can
Thai Kitchen Coconut Milk
\$2.99



Assorted Varieties - 7.8 - 8.7 oz. bowl
Annie Chun's Noodle Bowl Soups
\$3.99



Black or Green - Assorted Varieties - 18 - 20 ct. boxes
Bigelow Tea Bags
\$3.99



14 oz. jar
Spectrum Organic Coconut Oil
\$5.99



Assorted Varieties - 6 pack
Made Good Granola Bars
\$3.49



Creamy or Crunchy - 12 oz. jar
MaraNatha Natural Almond Butter
\$9.99



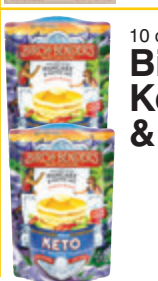
Crete or Kalamata - 17 oz. btl.
Gaea Extra Virgin Olive Oil
\$9.99



Assorted Varieties - 21 - 32 oz. box
Familia Low Fat Granola or Swiss Muesli
\$7.99



10 oz. bag
Birch Benders Keto Pancake & Waffle Mix
\$4.29



8 oz. btl.
Coombs Family Farms Organic Maple Syrup
\$7.99



Assorted Varieties - 4.8 - 10 oz. boxes
Near East Couscous or Quinoa
2/\$5



Assorted Varieties - 32 oz. jar
Michael's of Brooklyn Pasta Sauces
\$7.99



Kettle, Potato, Sweet Potato or Vegetables - Assorted Varieties - 5 - 6 oz. bags
Terra Chips
\$2.99



Assorted Varieties - 7.4 - 15.6 oz. box
Cascadian Farm Organic Granola Cereal
\$3.99



