

SALES DATES FRIDAY SEPTEMBER 23  
THRU THURSDAY SEPTEMBER 29, 2022

**22-20 36TH AVENUE**  
**LIC, NY 11106 • (718) 472-4788**



**SENIOR CITIZEN DISCOUNT**  
**ON REGULAR PRICE ITEMS ONLY**  
Excludes Beer, Sale or In-Store Sale Items  
5% Weekdays 8:00 - 3:00 pm • 10% Wednesday 8:00 - 3:00 pm

**STORE WILL BE OPEN 24 HOURS**  
**PHONE ORDERS - WEEKDAYS**  
**9:00AM - 2:00PM**

**AUTUMN SALE!**

*Fresh Meat*

U.S.D.A Choice Beef  
**Bottom Round Roast Beef**  
(PLU#23) Rump  
Whole Eye Round ...\$4.99 lb.  
Cryovac (PLU#27)

**\$3.99** lb.

Fresh Grade "A"  
**Chicken Legs With Back**  
(PLU#137)

10 lbs. or More  
**69¢** lb.

Fresh Grain Fed Pork  
**Fresh Cala (Pernil)**  
(PLU#311)

**\$1.49** lb.

*Quality Fresh Produce*

Local McIntosh, Gala, Paula Red or Ginger Gold NY Apple Totes (PLU#4202, 4175, 4155, 4200)  
**99¢** lb.

From Mexico Sweet Pineapples (PLU#4430)  
**\$2.99** ea.

From USA Idaho Potatoes (PLU#4730)  
5 lb. bags **2/\$7**

From Mexico Ripe Papayas (PLU#3112)  
**99¢** lb.

From Mexico Hass Avocados (PLU#4225)  
**5/\$5**

From Peru/Chile Clementines (PLU#3387)  
3 lb. bag **\$3.99**

**DELI & BAKERY**

Sliced To Order  
**Boar's Head Honey Maple Ham**

**\$10.99** lb. (PLU#26)

Sliced To Order  
**DiLusso Premium Deluxe Ham**

**\$7.99** lb. (PLU#1393)

**GROCERY SPECIALS OF THE WEEK!**

|                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                 |                                                                                                                                                                                                                         |                                                                                                                                                                                                                              |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Angel Hair #1, Cut Ziti #2, Spagh. #8, Thin Spaghetti #9, Linguine #17, Elbows #35, Shells #22, Rigatoni #27, Penne Rigate #86 or Rotini #124 - 16 oz. bags</p> <p><b>Allegra Pasta</b></p> <p><b>5/\$5</b></p>                                                                                           | <p>Clear or Natural - 64 oz. ctnrs.</p> <p><b>Apple &amp; Eve 100% Apple Juice</b></p> <p><b>2/\$5</b></p>                                                                                                                      | <p>4 lb. bag</p> <p><b>Domino Sugar</b></p> <p><b>\$2.99</b> LIMIT 2</p>                                                                                                                                                | <p>12 pk., 12 oz. cans</p> <p><b>Coca-Cola, Fuze, Sprite, Dr. Pepper, Minute Maid, Barq's, Fresca, Fanta or Seagram's</b></p> <p><b>\$6.99</b> +tax +dep. Reg. Sale Price \$7.99 LIMIT 1 OFFER WITH CLUB CARD</p>            |
| <p>Classic Alfredo, Rst. Garlic Parm., Trad., Hearty Trad., Marinara, Flvd. With Meat, Mush., Chunky Tom. Garlic/Onion, Grdn. Ital. Grdn., Chky. Sauteed Onion &amp; Garlic, Robusto Parm./Rom., Six Cheese or Robusto Rst. Garlic - 16 - 24 oz. jars</p> <p><b>Ragu Pasta Sauce</b></p> <p><b>2/\$5</b></p> | <p>Original, Low Fat or Fat Free - 12 oz. cans</p> <p><b>Carnation Evaporated Milk</b></p> <p><b>4/\$5</b> Reg. Sale Price \$3.95.00 LIMIT 1 OFFER WITH CLUB CARD</p>                                                           | <p>Classic Blend - 100 ct. or Decaf. - 72 ct. boxes</p> <p><b>Tetley Tea Bags</b></p> <p><b>2/\$5</b> Reg. Sale Price \$3.99 LIMIT 1 OFFER WITH CLUB CARD</p>                                                           | <p>Original Only - 10 oz. brick pks.</p> <p><b>Café Bustelo</b></p> <p><b>3/\$10</b> Reg. Sale Price 2/\$7.00 LIMIT 1 OFFER WITH CLUB CARD</p>                                                                               |
| <p>Original or Low Sodium - 8 oz. cans</p> <p><b>Goya Tomato Sauce</b></p> <p><b>10/\$5</b></p>                                                                                                                                                                                                              | <p>20 lb. bag</p> <p><b>Trade Fair Long Grain or Parboiled Rice</b></p> <p><b>2/\$14</b> \$9.99 Reg. Sale Price \$12.99 Limit 1 Offer With \$65 Purchase. Discount with Additional Purchase. Excludes Beer &amp; Sale Items</p> |                                                                                                                                                                                                                         | <p>Vegetable Plus, Corn or Canola - gal. ctnr.</p> <p><b>Mazola Oil</b></p> <p><b>\$9.99</b> Reg. Sale Price \$15.99 Limit 1 Offer With \$50 Purchase. Discount with Additional Purchase. Excludes Beer &amp; Sale Items</p> |
| <p>Reg. Tamales, Centroamericana or Nixtamasa - 4.4 lb. bags</p> <p><b>Maseca Corn Masa Mix</b></p> <p><b>2/\$7</b></p>                                                                                                                                                                                      | <p>15 pk. bundle, 90 ct. rolls</p> <p><b>Plenty Flex-A-Size Paper Towels</b></p> <p><b>\$12.99</b> Reg. Sale Price \$14.99 LIMIT 1 OFFER WITH CLUB CARD</p>                                                                     | <p>20 pk. bundle, 1000 ct. rolls</p> <p><b>Marcal Bath Tissue</b></p> <p><b>\$10.99</b> Reg. Sale Price \$13.99 Limit 1 Offer With \$25 Purchase. Discount with Additional Purchase. Excludes Beer &amp; Sale Items</p> | <p>Corona - Orig., Light, Extra, Premium or Familiar - 12 pk., 12 oz. cans/btls.</p> <p><b>Corona or Modelo Especial Beer</b></p> <p><b>\$17.99</b> +tax +dep.</p>                                                           |
| <p>In Oil or Water - 5 oz. can</p> <p><b>Bumble Bee Chunk Light Tuna</b></p> <p><b>99¢</b></p>                                                                                                                                                                                                               | <p>Regular or Low Sodium - Pinto, Small Red, Roman, Red Kidney, Black, Pink or Chick Peas - 15.5 oz. cans</p> <p><b>Goya Beans</b></p> <p><b>10/\$8</b></p>                                                                     | <p>40 pk., 16.9 oz. btls.</p> <p><b>Poland Spring Water</b></p> <p><b>\$8.99</b> +tax +dep.</p>                                                                                                                         |                                                                                                                                                                                                                              |

**DAIRY & FROZEN SPECIALS!**

|                                                                                                                                                   |                                                                                                                                                     |                                                                                                            |                                                                                                                        |
|---------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|
| <p>Part Skim or Whole Milk Ricotta - 32 oz. ctnr. - Mozzarella - 16 oz. pkg.</p> <p><b>Galbani Ricotta or Mozzarella</b></p> <p><b>\$3.99</b></p> | <p>Orig. No Pulp, Calcium No Pulp or Homestyle Some Pulp - 89 oz. ctnrs.</p> <p><b>Tropicana Pure Premium Orange Juice</b></p> <p><b>\$6.99</b></p> | <p>Fresh Grade "A" - 18 ct. cartons</p> <p><b>Eggland's Best Large White Eggs</b></p> <p><b>2/\$10</b></p> | <p>Assorted Varieties - 28 oz. ctnrs./6 pk. boxes</p> <p><b>Häagen-Dazs Ice Cream or Bars</b></p> <p><b>\$6.99</b></p> |
|---------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|



Cheerios: Orig.-18 oz., Multi Grn.-12 oz., Hnynt.-10.8 oz., Hnynt.-15.4 oz., Multi Grn. Straw.-11.5, Cinn.-14.3, Oat Crnch. Hny.-18.2, Hny. Nut Medly.-16.7 oz., Apl. Cinn.-14.2 oz., Choc.-14.3 oz., Blueberry, 14.2 oz., Very Berry-14.5 oz., Oat Crnch. Cinn.-18.2 oz., Maple-14.2 oz., Choc. Peanut Btr.-14.2 oz., Frst.-13.5 oz., Oat Crnch. Almd.-18.2 oz., Strw. Banana-14.9 oz. or Hny. Van.-14.3 oz. box

**General Mills Cereal**

**\$4.99**

All Purpose - 5 lb. bag

**Parade Flour**

**\$3.49**

36 oz. btl.

**Pearl Milling Company Syrup**

**\$6.99**

Corn Flakes - 12 oz., Raisin Bran Flakes - 24 oz., Rice Krispies- 12 oz. or Honey Smacks - 15.3 oz. box

**Kellogg's Cereal**

**\$4.99**

**Breads & Snacks**

8 ct., 16 - 18 oz. pkg.

**Nature's Own Brioche Style Hamburger or Hot Dog Buns or Rolls**

8 ct., 15 oz. pkg.

**Nathan's Hot Dog Buns**

or Nature's Own 100% Wheat Hamburger Buns Plain - 12 oz. pkg.

**Wonder English Muffins**

**\$2.99**

20 oz. loaf

**Arnold Brick Oven White Bread**

Assorted Varieties - 22 - 24 oz. loaves

**Pepperidge Farm Whole Grain Bread**

**\$3.99**

8 ct., 15 oz. pkgs.

**Wonder Soft Buns Hamburger or Hot Dog**

**2/\$5**

Assorted Varieties - 9.5 - 13 oz. pkgs.

**Nabisco Chips Ahoy! Cookies**

**2/\$7**

Chips Ahoy! Mini, Barnum's Animal Crackers, Teddy Grahams Honey Cuts, Nutter Butter Bites or Mini Oreos - 8 oz. pkgs.

**Nabisco Snak-Saks**

**2/\$5**

**This Week's Specials!**

3 liter can

**Dolce Vita Extra Virgin Olive Oil**

**\$24.99**

Original Only - 36 oz. canister

**Café Bustelo**

**\$15.99**

28.2 oz. canister

**Klim Powdered Instant Milk**

**\$12.99**

Original or Extra Virgin - 3 liter can

**Filippo Berio Olive Oil**

**\$24.99**

50 lb. bag

**Carolina Long Grain or Gold Parboiled Rice**

**\$29.99**

20 lb. bag

**Carolina Jasmine Rice**

**\$29.99**

Choc. - 10 oz. or Straw. - 9.38 oz. cnstr.

**Nesquik Milk Mix**

**\$3.99**

Creamy or Honey - 16 oz. jar

**Justin's Peanut Butter**

**\$5.99**

Choc., Van., Straw., Ban. or Straw./Ban. - 11 oz. cans

**Sport Shake Energy Milk Shake**

**2/\$4**

14.75 oz. can

**Bumble Bee Pink Salmon**

**\$3.99**

Assorted Varieties - 14 - 15 oz. cans

**Chef Boyardee Canned Pasta**

**3/\$5**

Gold Peanut - 24 oz. or Safflower - 32 oz. btl.

**Hollywood Oil**

**\$10.99**

Semi Sweet, Milk Chocolate or Premier White - 11.5 - 12 oz. bag

**Nestle Morsels**

**\$3.99**

The Original, Colombian, French Roast or Italian Roast - 11 - 12 oz. bag

**Eight O'Clock Ground Coffee**

**\$7.99**

16.9 oz. jar

**Golden Blossom Maple Syrup**

**\$10.99**

Skinless & Boneless - In Olive Oil - 4.37 or Spanish Style - 4.23 oz.; Original - In Water or Spicy Cracked Pepper or Medifran. - 3.75 oz. cans

**King Oscar Sardines**

**\$2.89**

Wings Nash., Orig., Wings Mild, Wings Garlic, Wings, Swt. Chili, Chili Lime, Honey Garlic or Extra Hot - 12 oz. btl.

**Frank's Red Hot Sauce**

**\$3.99**

48 oz. box

**Diamond Crystal Kosher Salt**

**\$5.99**

Assorted Varieties - 12 ct. box

**Green Mountain K-Cups**

**\$8.99**

14 oz. cans

**Magnolia Condensed Milk**

**2/\$4**

64 oz. btl.

**Libby's Pineapple Juice**

**\$4.99**

Assorted Varieties - 4.3 - 7.2 oz. boxes

**Rice-A-Roni or Pasta-Roni**

**2/\$4**

Regular or Low Salt - 14 oz. cans

**Swanson Chicken Broth**

**3/\$5**

25.4 oz. btl.

**Cento Wine Vinegar**

**\$2.79**

**Household Savings**

Daybreeze or Breeze - 64 Load, 92 oz.; +Oxi - Refreshing Breeze - 75 oz. ctr.

**Tide Simply Laundry Detergent**

**\$8.99**

Shea Blossom, Ocean Mist or Woodland Rain - 14.8 oz. ctr.

**Downy Light**

**\$9.99**

Adult Chicken Veg., Puppy Chicken Veg. or Small Dog Chick. Veg. - 3.5 lb. bag

**Pedigree Dog Food**

**\$6.99**

Spring Fresh or Lavender Fields - 72 oz. ctr.

**Final Touch Fabric Softener**

**2/\$5**

Citrus Burst, Straw. or Aloe - 16 oz. ctr.

**Clorox Antibacterial Hand Soap**

**\$3.69**

Plus Care - Chick./Tuna or Tuna/Egg; Daily Essential - Sal./Ch./Beef, Indoor - Sal./Chick. - 50.4 oz. bag

**9 Lives Cat Food**

**\$6.99**

April Fresh, Clean Breeze or Mountain Spring - 34 oz. ctr.

**Downy Fabric Softener**

**\$4.99**

Assorted Scents - 8 oz. cans

**Glade Air Freshener**

**3/\$5**

18 ct. box

**Brillo Steel Wool Soap Pads**

**\$3.99**

**Health & Beauty**

Cold & Flu Severe, Cold Day Caplets or Sinus Severe - 24 ct. box

**Tylenol Cold or Sinus Caplets**

**\$7.99**

Tablets or Caplets - 24 ct. box

**Advil Pain Reliever**

**\$5.99**

Assorted Varieties - 28 oz. btl.

**Tresemme Shampoo or Conditioner**

**\$6.99**

**Trade Fair Grocery Products**

20 lb. bag

**Trade Fair Long Grain or Gold Parboiled Rice**

**\$12.99**

Mediterranean - 33.8 oz. or Organic - 25.4 oz. btl.

**Trade Fair Extra Virgin Olive Oil**

**\$7.99**

34 oz. btl.

**Trade Fair Extra Virgin Olive Oil**

**\$7.99**

10 lb. bag

**Trade Fair Long Grain or Gold Parboiled Rice**

**\$6.99**

500 ct. pkg.

**Trade Fair Napkins**

**\$2.99**

Assorted Varieties - 1 ltr. btl., +tax +dep.

**Trade Fair Seltzer Water**

**5/\$3**

Whole, 2% Reduced Fat, 1% Low Fat or Fat Free - 128 oz. ctr.

**Trade Fair Milk**

**\$4.79**

Red Kidney, Pinto, Black or Green Lentil - 4 lb. bag

**Trade Fair Beans**

**\$4.99**



## Spanish Dairy

Assorted Varieties - 64 oz. ctnrs.  
**Sunny D Citrus Beverage**  
**2/\$5**

Original - 15 oz. ctnr.  
**Tia Angelita Crema Mexicana**  
**\$2.99**

Blanco, De Freir, Colombiano or Amarillo Para Freir - 32 oz. pkg.  
**Tropical Queso**  
**\$9.99**

28 oz. pkgs.  
**Maizteca Tortillas**  
**2/\$4**

## Spanish Frozen

48 oz. bag  
**La Mina Choclo Desgranado**  
**\$6.99**

28 oz. bag  
**La Fe Fava Beans**  
**\$4.99**

Assorted Varieties - 16 oz. bags  
**Del Campo Steamable in Bag Vegetables**  
**4/\$5**

Mixed Vegetables or Peas & Carrots - 32 oz. bags  
**El Sembrador Vegetables**  
**\$3.99**

## CHIPS & SNACKS

Flavor Mix, Classic, Flamin' Hot, Doritos & Cheetos, Cheesy, Family Fun, Extreme Flavor or Baked & Popped - 16-18 ct. bags  
**Frito Lay Snacks**  
**\$9.99**

Assorted Varieties - 14 - 16 oz. bags  
**Utz Pretzels**  
**Bachman Popcorn or Jax Cheddar Cheese Puffed Curls**  
**2/\$6**

Orig. - Sour Cream, Cheddar or BBQ - 6.8 - 7.1 oz. canisters  
**Pringles Mega Stacks**  
**2/\$5**

Fudge Brownie, Caramel, Almond, Dark Choc. Peanut, Milk Choc., Peanut, Crisp Choc., Peanut Butter, Crispy or Pretzel - 8 - 10.7 oz. pkg.  
**M&M's Candy**  
**\$4.99**

Assorted Varieties - 12 pk., 12 oz. cans  
**Michelob Ultra Organic Seltzer or Bud Light Seltzer**  
**\$16.99**

6 pk., 12 oz. cans/btls.  
**Samuel Adams Seasonal or New Belgium**  
**\$9.99**

15 pk., 12 oz. cans  
**Natural Ice or Light Beer**  
**\$9.99**

## Dairy Specials

Original, Unsweetened, Vanilla - Reg., Light Vanilla or Unsweetened - 64 oz. ctnr.  
**Silk Almond Milk**  
**\$3.99**

Flips: Strw. Chscake, Cookie & Crm or smore smores, Key Lime Crm. or Yogurt: Coconut, Vanilla, Straw/Ban., Straw., Peach, Nonfat Plain, Van. Mix. Berry or Pumpkin spice - 4 pk., 4.5 - 5.3 oz. cups  
**Chobani Greek Yogurt**  
**\$4.99**

Yellow - Sharp, Extra Sharp or Mild, Extra Sharp White, Pepper Jack, Monterey Jack or Muenster - 8 oz. pkg.  
**McCadam Cheese**  
**\$2.99**

Rice - Cinn. Raisin, Fr. Van. or Orig., Tapioca or Choc. Pudding - 22 oz. ctnr.  
**Kozy Shack Pudding**  
**\$3.99**

Plain - Orig. or Low Fat, Vanilla Bean - Orig. or Low Fat or Low Fat Strawberry - 32 oz. ctnr.  
**Cabot Greek Yogurt**  
**\$4.99**

Bibry., Blk. Cherry, Mango, Mix. Berry, Peach, Prune, Straw., Straw/Ban. or Van.; 60 Cal. - Peach, Straw. or Van. - 4 pk., 4 oz. cups  
**Dannon Activia Yogurt**  
**\$3.29**

Slim Cut Mozzarella or Muenster - 7 oz.; Extra Thin Swiss - 8 oz. pkg.  
**Kraft Cheese Slices**  
**\$3.99**

Van. Cannoli, Cocoa Pebbles, Fruity Pebbles, Twinkies, Wonka, Amaretto, Butter Pecan, White Choc. Rasp., White Choc. Mocha, Cinnamon, Almond Joy, Hazelnut Zero, Elf Frost Ckly, Elf Pep. Mocha, Carm. Machiato, Fr. Van., Hazelnut, Coldstone Swt., Hrshy. Chc. Carm., Marsh. Peeps, Fr. Van. Zero Sug. or Pumpkin Pie Spice - 32 oz. btl.  
**International Delight Creamer**  
**\$3.99**

Smooth & Creamy, Lg. Curd - Reg. or 2% or 2% Low Fat - 16 oz. ctnr.  
**Breakstone's Cottage Cheese**  
**\$2.99**

Slush Rasp. & Cher., Berry/Straw., Cotton Candy/Melon Br., Avengers or Minions - 8 pk., 16 oz. box  
**Yoplait Go-Gurt**  
**\$3.49**

Mild Ched. Fine, Sharp Ched. - Orig. or Fine, Triple Ched. Fine, Part Skim Mozz., Colby Jack Fine, Italian Five Chs., Mexican Four Chs. - 8 oz. pkg.  
**Kraft Shredded Cheese**  
**\$2.99**

Sauce - Alfredo, Portobello Mushroom, Marinara or Pesto - 7 - 15 oz.; Ravioli - Butternut Squash, Italian Sausage, 4 Cheese, Mushroom, Artichoke or Spinach & Ricotta; Prosciutto & Chs. Tort. or Cheese Lovers Tortelloni - 10 - 11 oz. pkg. (Ex. Shrimp & Lobster Ravioli) - 10 oz. bag  
**Giovanni Rana Sauce, Ravioli or Tortelloni**  
**\$4.99**

Garlic & Dill, NY Ex. Sharp 12 Month, Simply Sharp 9 Month, 1 Yr. Chedd. White or Yell., Serious Sharp 18 Month, Wildly Horseradish or Wickedly Habanero - 8 oz. pkg.  
**Cabot Cheese**  
**\$3.99**

Natural - Plain - Orig., Low Fat, Non Fat or Vanilla; Light & Fit - Straw. or Non Fat Van. - 32 oz. ctnr.  
**Dannon Yogurt**  
**\$3.99**

Rockin' Rasp., Straw. Explor., Swing. Straw./Ban., Strik. Straw./Kiwi or Sm. Cotton Candy - 6 pk., 3.1 oz. cups  
**Dannon Animals Smoothies**  
**\$2.99**

Lemonade - Orig., Blueberry, Rasp., Strw.; Limeade, Peach, Fruit Punch, Tropical or Watermelon - 52 oz. btl.  
**Simply Drinks**  
**2/\$6**

## Frozen Specials

Assorted Varieties - 12 ct. box  
**Outshine Fruit Bars**  
**\$6.99**

Jalapeno Poppers - Reg. or Chedd., Bacon/Ched. Pot. Skins, Spin./Chs./Artichoke Dip, Mozzarella Sticks, Bnls. Chick. Bites S&S or Buff., Chick. Wings - Buff. or Honey - 7.6 - 11 oz. box  
**T.G.I. Friday's Appetizers**  
**\$4.99**

Assorted Varieties - 6 - 14 oz. box  
**Marie Callendar Bowls or Entrees**  
**\$4.99**

Assorted Varieties - 8 - 16 oz. ctnr.  
**Ben & Jerry's Ice Cream**  
**\$5.99**

Assorted Varieties - 8.5 - 11.5 oz. boxes  
**Smart Ones Entrees**  
**4/\$10**

Chick. Breast Fun Nuggets, White Meat Popcorn Chick., Buff. Style Wyzng or Honey BBQ Wyzng, Chicken Breast Nuggets or Chick. Brst. Tenders - 24 oz.; Chick. Brst. Patties - 26 oz. bag  
**Weaver Chicken**  
**\$5.99**

Pepperoni, 3 Meat, 3 Cheese, Cheese or Combo - 48.85 oz. box  
**Totino's Pizza Rolls**  
**\$9.99**

Meatloaf W/Ma., Salis. Stk., Chick. Parm., Beef Stk. & Pasta, Beef Pot Roast, Turk. Brst. Medal., Swedish Meatlb., Fr. Beef Steak, Chick. Alfredo, Slow Beef Bowl, Pull. Chick. Bowl or Fr. Chick. Bowl - 11 - 14.5 oz. box  
**Boston Market Meals**  
**\$3.99**

Garlic Bread - Orig., 5 Chs., Mozz. or Thick/Crust Garlic - 10 - 11.75 oz. pkg.; Texas Toast - 5 Cheese - 9.5 oz. box  
**Pepperidge Farm Garlic Bread or Texas Toast**  
**\$4.99**

Buttermilk Pancakes; Waffles - Thick & Fluffy WG Orig., Cinn. Toast, Bibry., Choc. Chip, Homestyle, Buttermilk or Thick & Fluffy Orig. - 23.2 - 29.6 oz. box  
**Eggo Pancakes or Waffles**  
**\$6.99**

Sp. Saus. Patty, Veggie Dogs, Brkfst. Strips, Veggie Corn Dogs, Orig. Chick. Patty, Chick. Nuggs, Class. Buff. Wings, Parm. Gric. Veg. Wings, Veg. Chick. Strips, Chptl. Blk. Bn. Crmbl., Meat Lover Brgr., Veg. BBQ Chick. Nugg., Veg. Chorizo Crmbl., Pepp. Pizza Bites, Veg. Popcorn Chick., Veg. Mtbls., Veg. Saus. Pizza Bites, Spicy Blk. Bn. Brgr., Grdn. Veg. Brgr., Tom./Basil Pizza Brgr., Med. Chickpea Veg., Grilled Orgi. Brgr., Veg. Griller Prme., Orig. Brkfst. Saus., Maple Saus. Patties or Veg. Griller Crmbl. - 5.25 - 12 oz. box  
**Morningstar Farms Veggie Burgers, Patties or Wings**  
**\$4.99**

4 Chs., Sausage, Deluxe, Pepperoni, For One Saus., Cheese, Supreme or 4 Chs. Orig. - 5 - 6 oz. boxes  
**Celeste Pizza For One**  
**3/\$5**

## Beverage & Snack Savings

Beverages are with tax & deposit

10 pk., 7.5 oz. cans  
**Canada Dry, 7 Up, A&W or Sunkist**  
**2/\$12**

Assorted Varieties - 8 pk., 12 oz. cans  
**Bubly Sparkling Water**  
**\$3.99**

1.5 ltr. btls.  
**Evian Natural Spring or Essentia Electrolyte Enhanced Water**  
**2/\$5**

12 pk., 12 oz. cans  
**Pepsi, Crush, Lipton, Welch's, Mountain Dew, Schweppes or Sierra Mist**  
**\$6.99**

Assorted Varieties - 16 oz. btls.  
**Snapple All Natural Drinks or Teas**  
**4/\$5**

San Benedetto - 33.8 oz.; Saratoga - 28 oz. btls.  
**San Benedetto or Saratoga Natural Spring Water**  
**2/\$5**

2 ltr. btls.  
**Pepsi, Crush, Lipton, Mountain Dew, Schweppes, Sierra Mist, Welch's or Manzanita**  
**\$2.29**

12 pk., 8 oz. btls., 12 pk., 12 oz. btls.  
**Poland Spring Water**  
**\$3.99**

Orig., Triple Berry, Lemon, Lime, Orange, Peach Ginger, Pom./Lemon or Rasp./Limon - 8 pack, 16.9 oz. btls.  
**Poland Spring Sparkling Water**  
**\$3.99**

New Look. Improved Taste.  
**NEW COKE ZERO SUGAR**

1.25 ltr. btls.  
**Coca-Cola, Barq's, Sprite, Dr. Pepper, Fanta or Seagram's**  
**4/\$5**

Assorted Varieties - 59 oz. btls.  
**Gold Peak Real Brewed Teas**  
**2/\$5**

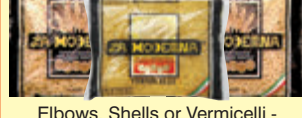
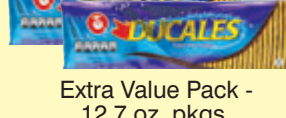
Original, Antioxidant or Alkaline - 1 liter btls.  
**Glacéau Smart Water**  
**3/\$5**

Assorted Varieties - 15.5 - 16 oz. cans  
**Monster Energy Drinks**  
**2/\$5**

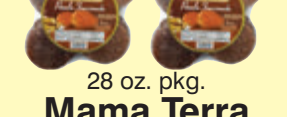
Assorted Varieties - 12 pk., 12 oz. cans/btls.  
**White Claw Hard Seltzer, Truly Spiked & Sparkling or Topo-Chico Hard Seltzer**  
**\$17.99**



## Hispanic Foods

|                                                                                                                                                                                       |                                                                                                                                                                                          |                                                                                                                                                                                                      |                                                                                                                                                                                             |                                                                                                                                                                                                                                                                             |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  <p>With Cumin, With or Without Pepper - 28 oz. ctnr.</p> <p><b>Goya Adobo</b></p> <p><b>\$3.99</b></p> |  <p>17 oz. btl.</p> <p><b>Goya Extra Virgin Olive Oil</b></p> <p><b>\$6.99</b></p>                       |  <p>Family Pack - 28 oz. pkg.</p> <p><b>Goya Maria Crackers</b></p> <p><b>\$2.99</b></p>                             |  <p>Assorted Varieties - 7 oz. boxes</p> <p><b>Goya Yellow Rice Mixes</b></p> <p><b>3/\$5</b></p>          |  <p>Regular or Low Sodium - Roman, Small Red, Red Kidney, Pink, Black, Chick Peas, Pinto, Small White or Dark Red Kidney - 15.5 oz. cans</p> <p><b>Goya Beans</b></p> <p><b>4/\$5</b></p> |
|  <p>14.1 oz. box</p> <p><b>Maizena Corn Starch</b></p> <p><b>\$1.99</b></p>                           |  <p>Original - 14 oz. can</p> <p><b>Nestle La Lechera Condensed Milk</b></p> <p><b>\$2.89</b></p>       |  <p>In Hot Sauce, Tomato Sauce or Jalapeño - 15 oz. cans</p> <p><b>Iberia Oval Sardines</b></p> <p><b>3/\$5</b></p> |  <p>In Oil or Water - 5 oz. cans</p> <p><b>Dolores Chunk Light Yellowfin Tuna</b></p> <p><b>2/\$4</b></p> |  <p>Assorted Varieties - 4.2 - 5 oz. pkgs.</p> <p><b>D'Gari Gelatin Mix</b></p> <p><b>4/\$5</b></p>                                                                                      |
|  <p>In Adobo Sauce - 7 oz. can</p> <p><b>La Morena Chipotle Peppers</b></p> <p><b>\$1.29</b></p>     |  <p>28.2 oz. can</p> <p><b>La Morena Whole Jalapeño Peppers</b></p> <p><b>\$2.69</b></p>               |  <p>Red, Green or Caribbean - 4 - 5 oz. btl.</p> <p><b>El Yucateco Hot Sauce</b></p> <p><b>2/\$4</b></p>           |  <p>28 oz. jar</p> <p><b>McCormick Mayonesa With Lime Juice</b></p> <p><b>\$5.99</b></p>                 |  <p>Ajoikion, Shoyu or Mensi - 350 ml. btl.</p> <p><b>Kikko Salsa De Soya</b></p> <p><b>2/\$4</b></p>                                                                                   |
|  <p>Red or Black - 15 oz. can</p> <p><b>Ducal Refried Beans</b></p> <p><b>\$2.29</b></p>            |  <p>Elbows, Shells or Vermicelli - 16 oz. bags</p> <p><b>La Moderna Pasta</b></p> <p><b>3/\$5</b></p> |  <p>Extra Value Pack - 12.7 oz. pkgs.</p> <p><b>Ducal Galletas</b></p> <p><b>2/\$4</b></p>                        |  <p>Assorted Varieties - 1 ltr. crtns.</p> <p><b>Gloria Nectars</b></p> <p><b>3/\$5</b></p>             |  <p>10 oz. brick pks.</p> <p><b>Café Caribe</b></p> <p><b>2/\$4</b></p>                                                                                                                |

## Additional Hispanic Favorites

|                                                                                                                                                                                     |                                                                                                                                                                            |                                                                                                                                                                                          |                                                                                                                                                                                        |                                                                                                                                                                                          |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  <p>5 oz. can</p> <p><b>Real Atun</b></p> <p><b>\$2.29</b></p>                                    |  <p>6 pk., 10 - 12 oz. btl.</p> <p><b>Pony Malta</b></p> <p><b>\$5.99</b></p>           |  <p>32 oz. bags</p> <p><b>Incauca Turbinado Sugar</b></p> <p><b>2/\$5</b></p>                         |  <p>Yellow or White - 35.27 oz. bag</p> <p><b>P.A.N. Harina Corn Meal</b></p> <p><b>\$2.29</b></p> |  <p>8 pk., 7 oz. btl. + dep.</p> <p><b>Malta India</b></p> <p><b>\$6.99</b></p>                     |
|  <p>17.6 oz. pkg.</p> <p><b>Corona Traditional Chocolate</b></p> <p><b>\$3.49</b></p>             |  <p>16.9 oz. cans</p> <p><b>La Fe Coconut Water</b></p> <p><b>3/\$5</b></p>             |  <p>28 oz. jar</p> <p><b>La Fe Brevas</b></p> <p><b>\$5.99</b></p>                                    |  <p>16 oz. brick pk.</p> <p><b>Sello Rojo Roast &amp; Ground Coffee</b></p> <p><b>\$6.99</b></p>   |  <p>Whole Wheat or Plain - 8.8 oz. pkgs</p> <p><b>Dux Integral Crackers</b></p> <p><b>3/\$5</b></p> |
|  <p>Assorted Varieties - 5.64 - 5.84 oz. pkg.</p> <p><b>Bauducco Wafers</b></p> <p><b>99¢</b></p> |  <p>Green Pigeon Peas - 15 oz. can</p> <p><b>La Cena Gandules</b></p> <p><b>99¢</b></p> |  <p>Assorted Varieties - 16 oz. bags</p> <p><b>Mama Tere Ecuadorian Pasta</b></p> <p><b>2/\$3</b></p> |  <p>In Heavy Syrup - 29 oz. can</p> <p><b>Aconcagua Peach Halves</b></p> <p><b>\$2.99</b></p>      |  <p>Assorted Varieties - 33.8 oz. cartons</p> <p><b>Compal Nectars</b></p> <p><b>3/\$5</b></p>      |
|  <p>28 oz. pkg.</p> <p><b>Mama Terra Panela Fraccionada</b></p> <p><b>\$3.49</b></p>              |  <p>54 oz. bag</p> <p><b>Tradiciones Andinas Mote Pelado</b></p> <p><b>\$6.99</b></p>   |  <p>51 oz. btl.</p> <p><b>Iberia Sunflower Oil &amp; Avocado Oil</b></p> <p><b>\$7.99</b></p>         |  <p>7.4 oz. boxes</p> <p><b>Iberia Snack Crackers</b></p> <p><b>4/\$5</b></p>                      |  <p>16.9 oz. btl.</p> <p><b>La Favorita Achiote Liquido</b></p> <p><b>\$4.99</b></p>                |

## Household Appliances

|                                                                                                                                                                       |                                                                                                                                                                                                                         |                                                                                                                                                                  |                                                                                                                                                                                      |                                                                                                                                                                        |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  <p>each</p> <p><b>Proctor Silex 2 Slice Toaster</b></p> <p><b>\$19.99</b></p>      |  <p>each</p> <p><b>Proctor Silex Sandwich Maker</b></p> <p><b>\$19.99</b></p>                                                        |  <p>each</p> <p><b>Oster Blender</b></p> <p><b>\$39.99</b></p>                |  <p>With Magnetic Motor</p> <p><b>Conair 10 Piece Hair Cutting Kit</b></p> <p><b>\$14.99</b></p> |  <p>each</p> <p><b>Proctor Silex 10 Cup Rice Cooker</b></p> <p><b>\$24.99</b></p> |
|  <p>Plastic 10 speed</p> <p><b>Hamilton Beach Blender</b></p> <p><b>\$29.99</b></p> |  <p>Easy to Assemble</p> <p><b>Marsh Allan 18" Folding Charcoal Grill</b></p> <p><b>\$24.99</b></p> |  <p>each</p> <p><b>Termolar SUV 32 Liter Cooler</b></p> <p><b>\$29.99</b></p> |  <p><b>Camping Chair</b></p> <p><b>\$14.99</b></p>                                              |  <p>each</p> <p><b>Hot or Cold Thermal Lunch Bag</b></p> <p><b>\$3.99</b></p>     |



# Farm Fresh Produce

From USA  
**Cut Calabaza Squash**

**99¢**  
lb.



From USA  
**Grape Tomatoes**

**2/\$5**  
pint ctnrs.



From Chile  
**Kiwi Fruit**

**2/\$5**  
1 lb. clamshells



**Red Jacket Apple Cider**

**\$4.99**  
64 oz. btl.



From China  
**Ginger Root**

**\$1.29**  
lb.

PLU#4612



From USA  
**Celery**

**2/\$3**

PLU#4070



From USA  
**Lemons**

**6/\$2**

PLU#4958



From USA  
**Bartlett Pear Tote**

**\$1.29**  
lb.

PLU#4475



From USA  
**NY McIntosh or NY Ginger Gold Apples**

**2/\$7**  
3 lb. bags

McIntosh PLU#4194  
Ginger Gold PLU#4193  
McIntosh PLU#4152



From USA  
**Yellow Onions**

**4/\$6**  
2 lb. bags

PLU#4666



From Peru  
**Mandarines**

**5/\$4**

PLU#4453



From USA  
**Kabocha Squash**

**99¢**  
lb.

PLU#4769



From USA  
**Organic Green or Red Seedless Grapes**

**\$2.99**  
lb.

USDA ORGANIC

Green PLU#94022  
Red PLU#94023



From Mexico  
**Hass Avocados**

**\$3.99**  
bag



From USA  
**Navel Oranges**

**5/\$5**

PLU#4012



From USA  
**Green Cabbage**

**69¢**  
lb.

PLU#4069



From USA  
**Driscoll's Blackberries**

**2/\$7**  
6 oz. clamshells



From USA  
**White Potatoes**

**\$2.99**  
5 lb. bag

PLU#4729



From Peru  
**Halos Clementines**

**\$5.99**  
3 lb. bag



From USA  
**Assorted Varieties Olivia's Organics Salads**

**\$3.99**  
5 oz.



## Additional Produce Savings!

Assorted Varieties  
**Olipop Sparkling Tonic**

**2/\$4**  
12 oz. cans



Assorted Varieties  
**Goldthread Tonics**

**2/\$5**  
12 oz. btl.



Assorted Varieties  
**Chameleon Cold-Brew**

**\$8.99**  
32 oz. btl.



Assorted Varieties  
**De La Calle Tepache**

**2/\$5**  
12 oz. cans



## International Foods

**WEEKLY SPECIALS**

Plain, 30 ct. pkg.  
**Pran Parathas**

**\$9.99**

4 lb. ctnr.  
**Desi Natural Dahi Whole Milk**

**\$5.99**

#4, #7 or #10 - 16 oz. pkg.  
**Apollo Fillo Phyllo Dough**

**\$3.99**

14 oz. bag  
**Montana Okra #0**

**\$4.29**

Assorted Varieties - 500 gram pkg.  
**Greenland Feta Cheese**

**\$2.99**

6 oz.  
**Grace Hot or Mild Curry**

**\$3.99**



12 oz. pkg.  
**Champion Chow Mein Noodles**

**\$2.69**



280 gram pkg.  
**Maggi Masala Soup Noodles**

**\$3.29**



16 oz. ctnr.  
**Lalah's Curry Powder**

**\$4.99**



11.8 oz. jar  
**Grace Oxtail Marinade**

**\$3.99**



12 oz. can  
**Grace Corned Beef**

**\$4.99**



28 oz. bag  
**Jamaican Choice Brown Sugar**

**\$2.99**



Coarse or Fine - 2 lb. bag  
**Finest Corn Meal**

**\$2.69**



Plain - 15 oz. cans  
**California Garden Fava Beans**

**2/\$3**



Assorted Varieties - 6 pk., 11.1 oz. btl.  
**Laziza Non-Alcoholic Beer**

**\$7.99**  
+tax +dep.



93 oz. glass btl.  
**El Koura Extra Virgin Olive Oil**

**\$22.99**



2 lb. plastic jar  
**Beirut Tahini Sesame Paste**

**\$6.99**



Assorted Varieties - 33.8 oz. ctnr.  
**Zena Nectars**

**\$5.99**



13 oz. jar  
**Zena Spicey Hot Pepper Sauce**

**\$3.99**



16 oz. jar  
**Orlando California Grape Leaves**

**\$7.99**



33.8 oz. btl.  
**Marco Polo Pomegranate Juice**

**2/\$7**



10 lb. bag  
**Tilda Basmati Rice**

**\$15.99**



10 lb. bag  
**Royal Basmati Rice**

**\$14.99**



5.5 lb. bag  
**Golden Temple Atta Flour**

**\$7.99**



20 lb. bag  
**Maya Durum Atta Flour**

**\$15.99**





Fully Cooked  
**Smoked Pork Neck Bones & Hocks**  
Neck Bones (PLU#140)  
Hocks (PLU#141)  
**\$199** lb.

U.S.D.A. Fancy Nature Veal (PLU#833)  
**Blade Cut Shoulder Veal Chops**  
Round Bone Chops ... \$6.99 lb.  
(PLU#621)  
**\$599** lb.

*Meat*  
U.S.D.A. Choice Beef  
**Porterhouse or T-Bone Steak**  
Porterhouse (PLU#43) T-Bone (PLU#11)  
**\$1299** lb.

Fresh Grain Fed Pork  
**Boneless Extra Lean Center Cut Pork Chops**  
(PLU#303)  
**\$299** lb. *Family Pack*

Esposito's  
**Chorizo & Bratwurst Sausages**  
(PLU#1417,1416)  
**\$399** lb.

**Schuster Beef Hamburgers**  
1.3 Lb. Pkg. ...\$8.99  
**\$689** per lb.

Fresh Grade "A"  
**Whole Chicken**  
(PLU#501)  
**\$179** lb.

U.S.D.A. Choice Beef  
**Thin Sliced Swiss Steak**  
(PLU#97)  
**\$799** lb. *Family Pack*

Perdue "Done-It!" • All Varieties  
**Chicken Nuggets or Cutlets**  
12 oz. pkg.  
**\$399**

U.S.D.A. Choice Beef  
**Whole Bola Entera**  
(PLU#7043)  
**\$499** lb. *Eryovac*

*Butcher Shoppe & Inside Sales*  
Previously Frozen  
**Cow Feet**  
(PLU#349)  
**\$279** lb.

U.S.D.A. Choice Beef  
**Whole Short Ribs**  
(PLU#37)  
**\$799** lb. *Eryovac*

Fresh Halal (Zabiha)  
**Bottom Round Roast Beef or Whole Eye Round**  
Bottom Round Roast (PLU#216);  
Whole Eye Round (PLU#215)  
**\$499** lb.

Fresh Halal (Zabiha) *Family Pack*  
**Whole Chicken**  
(PLU#790)  
**\$199** lb.

*Fresh Halal*  
Fresh Halal (Zabiha)  
**Boneless Breast Chicken Cutlets**  
*Family Pack* **\$399** lb.  
Thin Sliced **\$499** lb. (PLU#156)

Certified Meats and Poultry  
Fresh Halal (Zabiha) *Family Pack*  
**Tasty & Delicious Ground Sirloin**  
(PLU#1411)  
**\$699** lb.

Fresh Halal (Zabiha)  
Previously Frozen  
**Cow Feet**  
(PLU#270)  
**\$249** lb.

Previously Frozen  
31 - 40 ct.  
**Cooked Shrimp**  
**\$799** lb.

Previously Frozen  
(2 lb. bag)  
16 - 20 ct.  
**EZ Peel Raw Shrimp**  
**\$849** lb.

*Seafood Delights*  
Farm Raised From Iceland  
**Whole Salmon Fillet or Salmon Steak**  
**\$899** lb. *Twin Pack Steaks* (Fillet PLU#3136)

Previously Frozen  
Fully Cooked  
**Extra Large Shrimp Ring**  
**\$1299** 24 oz.

Previously Frozen  
Cleaned • 8 - 14 oz.  
**Whole Red Snapper**  
**\$799** lb.

Heat & Serve Schooner Brand  
**Popcorn Shrimp or Seafood Mix**  
Previously Frozen  
Fully Cooked • From China  
**\$399** lb.

From China  
**Merex Pollock Bacalao**  
**\$499** 12 oz.

Previously Frozen  
From USA • Wild  
**Flounder Fillet**  
**\$899** lb.

Previously Frozen  
**Swordfish Steak**  
**\$999** lb.

*Fresh From Our Deli Department*

Sliced To Order  
**Boar's Head Buffalo or Chipotle Chicken Breast**  
**\$1099** lb. (PLU#1272, 245)

Sliced To Order  
**Boar's Head Combo Roast Beef or Beef Pastrami With Mozzarella Cheese**  
**\$1099** lb. (PLU#3035, 521) 1/2 Lb. of Each

Sliced To Order  
**Store Made Spicy or Oven Roasted Turkey Breast**  
**\$899** lb. (PLU#55, 1213)

Sliced To Order  
**Store Made Sweet Glazed Virginia Ham**  
**\$799** lb. (PLU#8)

Sliced To Order  
**Wunderbar German Meat Bologna**  
**\$499** lb. (PLU#44)

Sliced To Order  
**Deli Cut Head Cheese Queso De Cerdo**  
**\$799** lb. (PLU#902)

Sliced To Order  
*HALAL*  
**Halal Combo Pan Roasted Turkey Breast With Muenster Cheese**  
**\$1099** lb. (PLU#2881) 1/2 Lb. of Each

Sliced To Order  
*HALAL*  
**Halal Combo Beef Salami With Provolone Cheese**  
**\$1099** lb. (PLU#2994) 1/2 Lb. of Each

Sliced To Order  
*HALAL*  
**Halal Combo Oven Roasted Chicken Breast With Swiss Cheese**  
**\$999** lb. (PLU#3003) 1/2 Lb. of Each

**WE HAVE CATERING AVAILABLE FOR ANY OCCASION!**  
*Ask Our Deli Manager. 2 Day Advance Notice Please.*

*Fresh Salads*  
Deli Fresh  
**Super Kale & Quinoa Salad**  
**\$699** lb. (PLU#1882)

*Full Line Sale!*  
Deli Cut  
**Any Cheese**  
Sliced To Order  
**\$699** lb. (PLU#102, 196, 200, 190, 260) *By The Lb. Only*

*Hot Entrees*  
Deli Fresh  
**Buffalo or Barbecue Chicken Wings**  
**\$899** lb. (PLU#63, 652)

*Bakery Corner*

Fresh Store Baked  
**Medium Italian Bread**  
**\$249** ea. (PLU#53) *Twin Pack*

Fresh Store Baked  
**Tribeca Crusty French Baguettes**  
**\$299** 12 oz. (PLU#33)

Fresh Store Baked  
Cheese, Apple, Guava or Pineapple  
**Pastry Turnovers**  
**\$249** 2 ct. (PLU#28, 24,25,26,27)

Fresh Store Baked  
**Chocolate, Strawberry or Blueberry Danish Croissants**  
**\$249** 2 ct. (PLU#117, 118, 114)