

AUG 2025 FRI 15 SAT 16 SUN 17 MON 18 TUE 19 WED 20 THU 21

30-08 30TH AVENUE

ASTORIA, NY 11102 • TEL: (718) 728-9484

OPEN 24 HOURS

WE ACCEPT



SOAK UP
the Savings

SENIOR CITIZEN DISCOUNT
ON REGULAR PRICE ITEMS ONLY
10% WEEKDAYS 8:00 AM - 3:00 PM
EXCLUDES BEER, SALE OR IN-STORE SALE ITEMS

PHONE ORDERS
WEEKDAYS
9:00 AM - 2:00 PM



FROM USA • 5 LB. BAG
IDAHO
POTATOES
PLU# 4730

2/\$5



FROM MEXICO
HASS
AVOCADOS
PLU# 4046

4/\$5



FROM USA
WHOLE RED SEEDLESS
WATERMELON
PLU# 4032

\$5.99
EA.



FROM USA
GREEN PEPPERS
PLU# 4065

\$1.49
LB.



FRESH GRAIN FED PORK
1lb WHOLE & HALF • BONELESS
LOIN OF PORK
PLU#224,225

\$2.49
LB.



U.S.D.A. CHOICE BEEF
SHOULDER
LONDON BROIL
PLU#226

\$5.99
LB.



FRESH PERDUE
CHICKEN LEGS
WITH BACKS
PLU#223

99¢
LB.

NEW SEAFOOD DEPARTMENT!
COME VISIT & SEE THE FRESH SELECTION!



FRESH WILD
FROM USA
COD FILLET

\$9.99
LB.



PREVIOUSLY FROZEN FROM INDIA
31 - 40 CT.
COOKED
SHRIMP

\$9.99
LB.



FRESH FISH, FROM NORTH ATLANTIC
WHOLE SALMON FILLET
PLU#3136

SALMON STEAKS
PLU#9412 \$10.49 LB.

\$10.99
LB.



SLICED TO ORDER
BOAR'S HEAD
BEECHWOOD SMOKED
BLACK FOREST HAM
PLU# 4

\$9.99
LB.



SLICED TO ORDER
DELI CUT
DOMESTIC
SWISS CHEESE
PLU# 190

\$7.99
LB.



20 LB. PKG.
CAROLINA
JASMINE
RICE

SALE PRICE \$22.99
SAVE \$2.00
FINAL PRICE
\$20.99
WITH CLUB CARD LIMIT 1 OFFER



VEGETABLE, CORN, CANOLA
GALLON BTL.
WESSON
COOKING OIL

\$7.99
EA.



10 PACK, 7.5 OZ. CANS
+TAX +DEP.
COCA-COLA, SPRITE,
DR. PEPPER, FRESCA,
FANTA OR SEAGRAM'S

SALE PRICE 2/\$12
SAVE \$2.00
FINAL PRICE
2/\$10
WITH CLUB CARD LIMIT 1 OFFER



ANGEL HAIR #1, CUT ZITI #2, SPAGH. #8,
SPAGHETTINI #9, LINGUINE #17, RIGATONI
#27, ELBOWS #35, IMPORTED SHELLS #22,
FETTUCCINE, PENNE RIGATE #86, ROTINI
#124 OR BOW TIES #115 - 16 OZ. BAGS

LUIGI VITELLI
PASTA

5/\$5



ORIG., LIGHT OR NATURAL - 64 OZ. BTL.

MOTT'S
APPLE
JUICE

\$3.49



ASSORTED VARIETIES - 64 OZ. BTL.

OCEAN SPRAY
CRANBERRY
JUICE COCKTAIL

2/\$6



ORIGINAL ONLY - 10 OZ. BRICK PKG.

CAFE BUSTELO
COFFEE

SALE PRICE 2/\$12
SAVE \$2.00
FINAL PRICE
2/\$10
WITH CLUB CARD LIMIT 1 OFFER



ASSORTED VARIETIES -
23 - 24 OZ. JAR

PREGO
PASTA
SAUCE

\$2.99



28 OZ. TIN CANS

KEEBLER
EXPORT SODAS
CRACKERS

\$5.99



MAKES 28 QTS.,
LESS SUGAR 50.2 OZ.,
LEMON 66.1 OZ. JAR

LIPTON ICED
TEA MIX

\$6.99



ASSORTED FLAVORS - 16 OZ. CNTR.

PEANUT BUTTER
& CO. PEANUT
BUTTER

\$3.99



REGULAR OR EXTRA VIRGIN -
25.3 OZ. BTL.

FILIPPO BERIO
OLIVE OIL

\$9.99



IN OIL, IN WATER OR LOW
SODIUM - 5 OZ. CANS

BUMBLE BEE
SOLID WHITE
ALBACORE

3/\$5



RAW & UNFILTERED - 32 OZ. BTL.

BRAGG ORGANIC
RAW UNFILTERED
APPLE CIDER
VINEGAR

\$6.99



REG. OR LOW SODIUM - ROMAN, SMALL,
RED, RED KIDNEY, PINK, BLACK, CHICK
PEAS, PINTO, SMALL WHITE OR DARK
RED KIDNEY - 15.5 OZ. CANS

GOYA
BEANS

4/\$5



ORIGINAL, ISLAND FRESH OR
FEBREZE MOONLIGHT
BREEZE - 46 OZ. BTL.

GAIN
DETERGENT

\$5.99



36 PK. BUNDLE,
1000 CT. ROLLS

SCOTT BATH
TISSUE

\$26.99



12 PK. BUNDLE, 110 CT. ROLLS

PLENTY
FLEX-A-SIZE
PAPER TOWELS

\$14.99



ORIGINAL, LIGHT, EXTRA, PREMIUM,
FAMILIAR, 12 PK., 12 OZ. CANS/BTL.

CORONA OR
MODELO
ESPECIAL BEER

\$18.99
+tax
+dep.



ASSORTED VARIETIES -
52 FL. OZ. CNTR.

FLORIDA'S
NATURAL ORANGE
JUICE

2/\$8



FRESH GRADE "AA" -
12 CT. CARTONS

TRADE FAIR
JUMBO WHITE
EGGS

3/\$10



FAT FREE, 1% LOW FAT, 2% REDUCED
FAT, 2% REDUCED FAT WITH CALCIUM OR
WHOLE - 96 OZ. CTNR.

LACTAID 100%
LACTOSE FREE
MILK

\$6.99

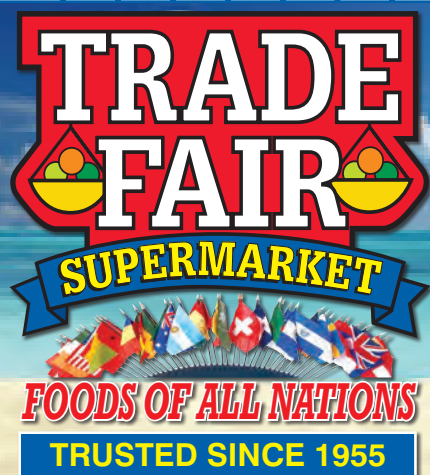


ASSORTED VARIETIES, ORIGINAL,
ALL NATURAL, CARB SMART,
LACTOSE FREE - 48 OZ. CTNR.

BREYERS
ICE CREAM

\$5.99

AUG 2025 FRI 15 SAT 16 SUN 17 MON 18 TUE 19 WED 20 THU 21



DEAL BUSTERS

CHICKEN, BEEF OR SHRIMP - 12 PK. 3 OZ.

MARUCHAN
RAMEN NOODLE
SOUP



\$4 49
EA.

6 PACK, 10 OZ. BTLS.
+TAX +DEP.

PONY
MALTA



\$6 99
EA.

4 LB. BAG
LA FE
YUCA



\$6 99
EA.

GO, GUAYABA-ROSADA, PAPAYA
OR PINEAPPLE - 14 OZ. PKG.

LA FE
FRUIT PULP



2 / \$5

MULTI PACK 21 OZ. PKG.

GOYA
YELLOW
RICE



\$4 99
EA.

WITH CUMIN, WITH OR

WITHOUT PEPPER

28 OZ. CNTR.

GOYA ADOBO
SEASONING



2 / \$9

ASSORTED VARIETIES
128 FL. OZ. BTL.

HAWAIIAN
PUNCH



2 / \$6

GALLON CTNR.

MIKE'S AMAZING
DISTILLED
WHITE VINEGAR



\$2 99
EA.

24 PK., 20 FL. OZ. BTLS.

GATORADE
THIRST
QUENCHERS



\$1 99
EA.

VARIETY PACK,
40 PK., 6 OZ. POUCHES

CAPRI SUN
DRINKS



\$1 29
EA.

2 GALLON BTL.

MAZOLA
CORN OR CANOLA
OIL



\$2 69
EA.

50 LB. BAG

RICELAND
EXTRA
LONG GRAIN
RICE



\$2 99
EA.



DEAL BUSTERS

#4, #7 OR #10, 1 LB. BOX

APOLLO FILLO
PHYLLO PASTRY
SHEETS



\$5.99
EA.

1 KG. PKG.

MINERVA HORIO
FETA
CHEESE



\$19.99
EA.

1.5 LITER BTL., + TAX + DEP.

BORSEC
MINERAL
WATER



2/\$4

200 GRAMS

NECAFÉ
CLASSIC
FRAPPE



\$10.99
EA.

1 LITER BTL.

MARCO POLO
POMEGRANATE
JUICE



\$3.99
EA.

ASSORTED VARIETIES, 16 OZ. JARS

JUSTIN'S
ALMOND
BUTTER



\$9.99
EA.

2 LITER BTL.

MINERVA
POMACE
OIL



\$18.99
EA.

LIME, CHERRY, ORANGE
OR PEACH, 6 PK.,
11.15 FL. OZ. CANS

SAN PELLEGRINO
CIAO! FLAVORED
SPARKLING
WATER



2/\$10

PLAIN, 15 OZ. CAN

AMERICANA
FAVA
BEANS



79¢
EA.

REG. OR LOW SODIUM -
ROMAN, SMALL RED, RED
KIDNEY, PINK, BLACK, CHICK
PEAS, PINTO, SMALL WHITE
OR DARK RED KIDNEY -
29 OZ. CANS

GOYA
BEANS



2/\$5

BRAMELY, DOMIATY,
DOUBLE CREAM OR
ISTANBOLLY, 28 OZ. CNTR.

GREENLAND
FETA CHEESE



\$7.99
EA.

25 CT., 70.4 OZ.

KAWAN
PLAIN
PARATHA



\$12.99
EA.

GROCERY

FRENCH TST. CRUNCH - 11.1 OZ., TRES LECHES TST. CRUNCH - 12 OZ., LUCKY CHARMS BERRY SWIRL - 10.9 OZ., CIN. TOAST CRUNCH STRAW. - 12 OZ., OR TRIX 6 FRUITY SHAPES - 10.7 OZ.

GENERAL MILLS CEREAL

2/\$10

LARGE HONEY ROASTED, WITH ALMONDS OR STRAWBERRIES - 16.5 - 18 OZ. BOXES

POST HONEY BUNCHES OF OATS

\$6.99

ASSORTED VARIETIES - 64 FL. OZ. BTL.

V8 SPLASH JUICE

\$3.49

ASSORTED VARIETIES - 8 - 10 PK. BOXES

QUAKER INSTANT OATMEAL

2/\$10

HOUSE BLEND OR FRENCH ROAST - 7 OZ. JAR

TASTER'S CHOICE INSTANT COFFEE

\$11.99

NSA - CREAMY OR CHUNKY, CREAMY, SUPER CHUNKY, CREAMY HONEY NUT, RED. FAT - CREAMY OR CHUNKY, NATURAL - CREAMY OR CREAMY HONEY - 15 - 16.3 OZ. JAR

SKIPPY PEANUT BUTTER

\$3.49

ASSORTED VARIETIES - 13.5 OZ. BOX

KELLOGG'S POP TARTS

2/\$7

QUICK OR OLD FASHIONED - 18 OZ. CANISTER

QUAKER OATS

\$3.99

APPLE, FRUIT PUNCH, VERY BERRY OR STRAW. & WTRMLN.; FRUITABLES - BERRY - 8 PK., 6.75 OZ. BOX

APPLE & EVE JUICES OR FRUITABLES

2/\$8

COMPLETE - BUTTERMILK OR EXTRA LIGHT & FLUFFY - 32 OZ. OR CHOC. CHIP COMP. - 28 OZ. BOX

HUNGRY JACK PANCAKE & WAFFLE MIX

\$2.99

REG., LIGHT, W/CALCIUM, W/FIBER, RED GRAPE, WHITE GRAPE OR WHITE GRAPE PEACH - 64 OZ. CTNR.

WELCH'S GRAPE JUICE

\$5.49

ORIG., MIGHTY HON, CRISP, GRANNY SMITH, NSA - ORIG. OR NS CINN. - 6 PK., 4 OZ.

MOTT'S APPLESAUCE

\$3.49

ASSORTED VARIETIES - 8.5 - 8.8 OZ. PKGS.

BEN'S READY RICE MIXES

\$2.99

CRUSHED TOMATO BASIL, DICED, PETITE DICED, DICED OR STEWED BASIL GARLIC OREG. - 14.5 - 15 OZ. CANS

TUTTOROSSO TOMATOES

3/\$5

ORIGINAL ONLY - 12 - 14 OZ. BOX

KRAFT MAC & CHEESE DELUXE OR VELVEETA SHELLS & CHEESE

\$2.99

LESS SODIUM OR ORIG. - 12 OZ. CAN

LIBBY'S CORNED BEEF

\$5.99

PLAIN OR ITALIAN STYLE - 24 OZ. CNSTR.

PROGRESSO BREAD CRUMBS

\$3.49

FINE OR COARSE - 17.6 OZ. CTNR.

MORTON HIMALAYAN PINK SALT

\$6.49

20 OZ. CTNRS.

HUNT'S KETCHUP

2/\$4

CLASSIC RANCH, ZESTY ITALIAN, CLASSIC CATALINA, 1000 ISLAND, ROKA BLUE CHEESE - 8 FL. OZ. BTL.

KRAFT SALAD DRESSING

\$2.49

HOUSEHOLD ITEMS

OATL. & ALMOND, ALOE & AVOCADO OR YARDL. ENGLISH LAV. - 4 PK., 4 OZ. BARS

YARDLEY BATH SOAP

\$4.49

EXTRA ABSORBENT, EVERYDAY OR DINING - 40 - 100 CT. PKG.

VANITY FAIR NAPKINS

\$3.49

10" PLATE - 24 CT., 7" PLATE - 48" CT., 9" PLATE - 45 CT., 12 OZ. BOWL - 24 CT. OR 9 OZ. PAPER CUP - 54 CT. PKGS.

MODERNWARE CUPS, PLATES OR BOWLS

\$3.79

WATERMELON, LAVENDER, LEMON OR PASSIONS OF FRUIT - 33.8 OZ. BTL.

FABULOSO 2X-MULTI-PURPOSE CLEANER

\$4.49

SWEET WATER, SEA MINERALS, WATERFALL OR PINK GRAPEFRUIT - 10 - 12 OZ. CTNR.

METHOD PUMP OR FOAM SOAP

\$3.99

OXY, LAVENDER LIME, STRENGTH OR ANTIBACTERIAL - 20 OZ. BTL.

PALMOLIVE ULTRA DISH DETERGENT

\$3.99

FRESH CITRUS, LEMON LIME, CRISP LINEN OR NEW DAY - 70 - 80 CT. CTNR.

LYSOL DISINFECTING WIPES

\$5.99

CHOPPED - CHICKEN, CHICKEN LIVER BEEF, BEEF BACON CHEESE, BEEF OR CHOICE BEEF - 22 OZ. CANS

PEDIGREE DOG FOOD

\$2.99

BREADS & SNACKS

ORIG., CINN., LOW FAT, FRESH STACKS OR CHOC. FRESH STKS. - 12.2 - 14.4 OZ.

NABISCO HONEY MAID GRAHAMS CRACKERS

2/\$8

6 PK., 12 OZ. PKG.

THOMAS' WHITE ENGLISH MUFFINS

\$2.99

ASSORTED VARIETIES & ASSORTED SIZES

ENTENMANN'S LOAF CAKES

\$2.99

ASSORTED VARIETIES 24 OZ. LOAF

ARNOLD COUNTRY BREADS

\$3.99

CHIPS & BEVERAGES SAVINGS

6 PK., 7.5 OZ. CANS

PEPSI, CRUSH, SCHWEPES OR MOUNTAIN DEW

2/\$10

12 PK., 12 OZ. CANS

CANADA DRY, 7UP, SQUIRT, SUNKIST OR A&W

\$6.99

2 LTR. BTL.

PEPSI, CRUSH, LIPTON, MOUNTAIN DEW, MUG ROOT BEER, SCHWEPES OR STARRY

2/\$5

8 PK., 12 OZ. SLIM CANS

COCA COLA CLASSIC, ZERO, DIET OR SPRITE

\$8.49

750 ML. GLASS BTL.

EVIAN SPARKLING WATER

2/\$5

ASSORTED VARIETIES - 128 FL. OZ. BTL.

ARIZONA TEAS OR DRINKS

\$3.49

ASSORTED VARIETIES - 64 FL. OZ. BTL.

SNAPPLE ALL NATURAL TEAS OR DRINKS

2/\$4

ASSORTED VARIETIES - 28 OZ. BTL.

POWERADE SPORTS DRINKS

4/\$5

24 PK., 16.9 OZ. BTL.

AQUAFINA WATER

\$7.99

ASSORTED VARIETIES - 21 FL. OZ. BTL.

ELECTROLIT ELECTROLYTE DRINK

2/\$5

ASSORTED VARIETIES - 1 LTR. BTL.

POLAR SELTZER WATER

4/\$5

ORIG. OR ALKALINE - 1.5 LTR. BTL.

GLACEAU SMART WATER

2/\$5

BEER

12 PK., 11.2 - 12 FL. OZ. CANS

STELLA ARTOIS LAGER OR KONA BIG WAVE ALE

\$18.99

12 PK., 12 OZ. CANS/BTL.

MICHELOB ULTRA BEER ORIGINAL OR BECK'S PILSNER

\$14.99

12 PK., 11.2 - 12 FL. OZ. CANS/BTL.

HEINEKEN OR PERONI NASTRO AZZURRO

\$18.99

ASSORTED VARIETIES - 12 PK., 12 OZ. CANS

WHITE CLAW HARD SELTZER, SIMPLY SPIKED LEMONADE OR TWISTED TEA HARD ICED TEA

\$18.99

FRESH FROM OUR DELI DEPARTMENT

 SLICED TO ORDER BOAR'S HEAD OVEN ROASTED OR EVERROAST CHICKEN BREAST PLU# 32,1503 \$10.99 LB.	 SLICED TO ORDER BOAR'S HEAD DELI COMBO LOWER SODIUM TURKEY BREAST WITH LOWER SODIUM SWISS CHEESE 1/2 LB. OF EA. \$11.99 LB.	 SLICED TO ORDER ALL NATURAL DELI CUT SHARP CHEDDAR CHEESE PLU# 876 \$7.99 LB.	 STORE MADE OVEN ROASTED - SEASONED TOP ROUND ROAST BEEF PLU# 248 \$13.99 LB.	 DEL DUCA HOT OR SWEET DRY SALAMI 7.5 OZ. PKG. \$4.99 EA.
 SLICED TO ORDER IMPORTED CITTERIO MORTADELLA WITH PISTACHIO PLU# 40 \$6.99 LB.	 SLICED TO ORDER DELI CUT BEEF PASTRAMI OR CORNED BEEF PLU# 75,73 \$8.99 LB.	 SLICED TO ORDER HALAL COMBO BEEF SALAMI WITH OLIVE OR BLACK PEPPER WITH PROVOLONE CHEESE PLU# 2993 • 1/2 LB. OF EA. \$10.99 LB.	 SLICED TO ORDER HALAL COMBO PAN ROASTED TURKEY BREAST WITH SWISS CHEESE PLU# 3004 • 1/2 LB. OF EA. \$9.99 LB.	 DEL DUCA SALAMI, CAPOCOLLO, SOPRESSATA OR MORTADELLA PRE-SLICED 3 OZ. PKG. \$3.99 EA.

WE HAVE CATERING AVAILABLE FOR ANY OCCASION!

ASK OUR DELI MANAGER 2 DAY ADVANCE NOTICE PLEASE

 DELI FRESH SPINACH AND FETA CHEESE PENNE PASTA SALAD PLU# 120 \$7.99 LB.	 IMPORTED FROM SPAIN SANTA MARTA AGED 12 MONTHS MANCHEGO CHEESE PRE-CUT CHUNK • PLU# 2065 \$15.99 LB.	 IMPORTED FROM ITALY PARMIGIANO REGGIANO OR PECORINO ROMANO CHEESE PRE-CUT CHUNK • PLU# 2037,198 \$17.99 LB.	 HOT ENTRÉE BREADED CHICKEN CUTLETS (CHICKEN MILANESE) PLU# 67 \$9.99 LB.
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BAKERY & TREATS

 FRESH STORE BAKED WHITE OR WHEAT LARGE ITALIAN BREAD PLU# 61,1075 \$2.49 EA.	 FRESH STORE BAKED PLAIN OR RAISIN CHALLAH BREAD PLU# 67,486 \$5.99 EA.	 FRESH STORE BAKED SUPER SOFT AND FLAKY CROISSANTS 4/\$3	 APPLE, SWEET POTATO, PUMPKIN OR COCONUT CUSTARD BAKER'S PIES 24 OZ. \$7.99 EA.
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DAIRY SPECIALS

 ASSORTED VARIETIES - 8 OZ. PKGS. KRAFT SHREDDED CHEESE \$3.49 EA.	 ORIG. - 41 OZ. OR LIGHT - 48 OZ. BOWLS PARKAY FRESH & CREAMY MARGARINE SPREAD \$5.99 EA.	 ORIG. OR 2% - 16 OZ. CTNR. DAISY COTTAGE CHEESE ORIG. OR LIGHT - 14 OZ. SQZ. TUBE \$3.49 EA.	 ZERO - STRAW. OR VAN.; WHOLE MILK PLAIN; LOW FAT PLAIN; 0% - PLAIN, VAN. OR STRAW. - 32 OZ. CTNR. CHOBANI GREEK YOGURT \$6.99 EA.
 SLUSH RASP. & CHERRY, COTTON CANDY, RW & B ORANGE CRM., CRAYOLA, SIMPLY STRAW., BERRY & STRAW., COTTON & MELON BRY., AVENGERS OR MINIONS - 8 PACK, 2 OZ. YOPLAIT GO-GURT \$2.99 EA.	 ASSORTED VARIETIES - 4 PACK, 4 OZ. CUPS DANNON ACTIVIA \$3.49 EA.	 CTN. CANDY, ORANGE CREAM, STRAW. EXP., SWING STRAW. BAN., STRIK. STRAW. KIWI, ROCK, RASP. - 6 PACK, 3.1 OZ. CUPS DANNON DANIMALS SMOOTHIES \$3.49 EA.	 STRING - FRESH, 2%, WH. MILK. OR PART SKIM MOZZARELLA - 10-12 OZ.; TWISTS - MOZZARELLA/CHEDDAR - 9 OZ. PKG. POLLY-O STRING OR TWISTS CHEESE \$4.99 EA.
 ADES, PUNCHES & ZERO ASSORTED VARIETIES - 46 OZ. CTNRS. TROPICANA DRINKS 2/\$5	 ASSORTED VARIETIES - 32 FL. OZ. BTL. INTERNATIONAL DELIGHT CREAMER \$4.99 EA.	 VAN. RS, VAN. HINT OF HONEY, ORIG., UNSWT. ORIG., AL. CC OR VAN., VAN., EXTRA CRM. OR BANANA - 64 OZ. CTNR. ALMOND BREEZE ALMOND MILK \$3.99 EA.	 WHOLE OR 2% - 64 OZ. CTNR. ORGANIC VALLEY DHA OMEGA MILK \$6.49 EA.
 5 CHEESE TORTELLINI, SPINACH & CHEESE; RAN TORTELLINI, MOZZARELLA RAVIOLI, ITALIAN SAUSAGE - 20 OZ. PKG. RANA RAVIOLI OR TORTELLINI \$6.99 EA.	 NATURAL CASING - 12 OZ.; BUN SIZE, SKINLESS OR NATURAL - 14 OZ. PKGS. SABRETT BEEF FRANKS \$6.99 EA.	 ORIG., LOWER SODIUM OR THICK - 16 OZ. PKG. HORMEL BLACK LABEL BACON \$7.99 EA.	 CORNER BEEF, OVEN ROASTED TURKEY, BLACK FOREST HAM, BEEF, CHICKEN, HONEY HAM, HAM, HONEY ROASTED TURKEY OR TURKEY - 7-9 OZ. PKG. BUDDIG COLD CUTS \$2.99 EA.

FROZEN SPECIALS

 ASSORTED VARIETIES - 48 OZ. CTNR. EDY'S GRAND ICE CREAM 2/\$10	 STRAWBERRY, COCONUT, MANGO BAY OR BLACK CHERRY - 6 PK., 2.75 OZ. WHOLE FRUIT FRUIT BARS \$4.49 EA.	 PEANOT CHOKLAD KRN. MINT CHOKLAD, VANILJ CHOKLAD, STRAW. SWIRL, CHOKLAD CHOKLAD, BLK. RSP. CHOKLAD OR SALT KARAMELL - 4 PK., 2.8 OZ. BARS NICK'S ICE CREAM BARS \$6.99 EA.	 WHT. CH. COOKIE, CLASSIC, ALMOND, DOUBLE CARAMEL OR CLASSIC AND WHT. - 6 PK., 1.85 OZ. BARS MAGNUM MINI ICE CREAM BARS \$6.99 EA.
 SHRIMP SCAMPI GARLIC, HADDOCK FISH STICKS, PREM. FLOUNDER FILLET, PERM. HADDOCK FILLET, SIMPLY BAKE SHRIMP OR COD FILLETS CRUNCHY - 8.2-15.2 OZ. GORTON'S FISH \$10.99 EA.	 HOT, BRAT OR SWEET - 14 OZ. PKG. BEYOND MEAT BEYOND GLUTEN-FREE SAUSAGE \$7.99 EA.	 ENERGY DAY, PROTEIN KICK, SHREDDED CARROTS OR BERRY SPARK - 28 OZ. PKG. DOLE BOOSTED SMOOTHIE KITS \$9.99 EA.	 ASSORTED VARIETIES - 9.3-12.7 OZ. BOX EGGO WAFFLES OR FRENCH TOASTER STICKS \$3.49 EA.
 ASSORTED VARIETIES - 5.5-6 OZ. AMY'S BURRITOS OR WRAPS 2/\$7	 ASSORTED VARIETIES - 9-16 OZ. BAGS BIRDS EYE STEAMFRESH VEGETABLES SEASONED, SAUCED OR POWER BLEND \$3.49 EA.	 TOAST - GARLIC, PARMESAN OR 3 CHEESE, GARLIC KNOTS OR GARLIC BREAD LOAF - 8-10 OZ. PKGS. FURLANI TEXAS TOAST, GARLIC KNOTS OR GARLIC BREAD LOAF 2/\$5	 ASSORTED VARIETIES - 14.23-22 OZ. BOX FARM RICH APPETIZERS \$7.99 EA.
 SAUSAGE, CHEESE, SUPREME, 4 CHEESE OR ORIG., 4 CHEESE, DELUXE OR PEPP. - 5-5.96 OZ. BOXES CELESTE PIZZA FOR ONE 3/\$5	 8 OZ. PKG. BEYOND MEAT BEYOND BURGER PATTIES \$6.99 EA.	 ASSORTED VARIETIES - 18-21.7 OZ. BOX YUMMY CHICKEN \$7.99 EA.	 LARGE ROUND OR MINI ROUND RAVIOLI; CAVATELLI - 12 OZ. BAG CELENTANO RAVIOLI OR CAVATELLI \$2.99 EA.

SPANISH DAIRY & FROZEN

 BLANCO OR FREIR - 16 OZ. PKG. TROPICAL QUESO \$4.99 EA.	 PARA PUPAS, PARA FUNDIR, RALLADO OR MEXICAN BLEND - 2 LB. BAG TROPICAL SHREDDED NATURAL CHEESE \$7.99 EA.	 ASSORTED VARIETIES - 28 OZ. BTLs. EL MEXICANO DRINKABLE YOGURT 2/\$10	 AMARILLA, BLANCA, DE QUESO COLOMBIANA, DE CHOCLO COLOMBIANA OR DE YUCA - 12-16 OZ. TROPICAL AREPA \$2.99 EA.
 48 OZ. OR 4 CT. BAG LA MINA CHOCLO DESGRANADO OR CHOCLO ENTERO \$7.99 EA.	 28 OZ. BAG LA MINA FAVA BEANS \$3.99 EA.	 48 OZ. BAG LA MINA MELLOCO \$10.99 EA.	 48 OZ. BAG LA MINA TOMATE DE ARBOL \$8.99 EA.

20 LB. BAG

TRADE FAIR LONG GRAIN OR GOLD PARBOILED RICE

\$7.99
EA.

Limit 1 Offer With \$75 Purchase. Discount with Additional Purchase. Excludes Beer & Sale Items. Reg. Sale \$12.99

ORIG., SWT. HONEY, HICKORY SMOKE, MESQUITE SMOKE, SPICY HONEY, SWEET BROWN SUGAR OR SWT. & SPICY - 17.5 - 18 OZ. CTNRS.

KRAFT BARBECUE SAUCE

3/\$5

ASSORTED VARIETIES - 10 PACK, 6 OZ. BOXES

KOOL-AID JAMMERS

3/\$10

ASSORTED VARIETIES - 10.68 - 18 OZ.

NABISCO FAMILY SIZE OREO COOKIES

2/\$10

CORN FLAKES - 24 OZ., RICE KRISPIES - 24 OZ., CORN POPS - 22.6 OZ., APPLE JACKS - 23 OZ., FROOT LOOPS - 23 OZ., FROSTED FLAKES - 28.5 OZ., SPECIAL K RED BERRIES - 19.2 OZ. OR RAISIN BRAN - 27.1 OZ. BOXES

KELLOGG'S CEREAL

\$5.99
EA.

ASSORTED VARIETIES - 9 - 13 OZ. BAG

TOSTITOS TORTILLA CHIPS

ASSORTED VARIETIES - 15.5 OZ. JAR

TOSTITOS SALSA

\$3.99
EA.

15.44 LB. BAG

ROYAL OAK 100% ALL NATURAL HARDWOOD LUMP CHARCOAL

\$14.99
EA.

40 PK., 16.9 FL. OZ. BTLs.

NIAGARA PURIFIED WATER

2/\$10

+TAX +DEP.

10 LB. BAG

TRADE FAIR LONG GRAIN OR GOLD PARBOILED RICE



\$7.99
EA.

RED KIDNEY, PINK, PINTO, BLACK BEANS 4 LB. BAG TRADE FAIR BEANS



2/\$10

ASSORTED VARIETIES - 12 OZ. BAG TRADE FAIR GROUND COFFEE



\$10.99
EA.

20 PK., 1000 CT. ROLLS TRADE FAIR BATH-TISSUE



\$14.99
EA.

8 PACK BUNDLE, 52 CT. ROLLS TRADE FAIR PAPER TOWELS



\$8.99
EA.

500 CT. PKG. TRADE FAIR NAPKINS



\$3.99
EA.

ASSORTED VARIETIES - 1 LTR. BTLS., +TAX +DEP. TRADE FAIR SELTZER WATER



5/\$4

WHOLE, 2% REDUCED FAT OR 1% FAT FREE - GALLON JUG TRADE FAIR MILK



\$3.99
EA.

FRESH MEAT

FRESH GRAIN FED PORK ST. LOUIS SPARE RIBS PLU# 1664



\$3.99
LB.

U.S.D.A. CHOICE BEEF BONE-IN SHELL STEAKS PLU# 558 PREMIUM BEEF STERLING SILVER ... \$15.99 LB. PLU# 439



\$13.99
LB.

FRESH HARVESTLAND ALL NATURAL BONELESS BREAST CHICKEN CUTLETS PLU# 9465 THIN SLICED ... \$6.99 LB. PLU# 9470



\$5.99
LB.

FRESH GRAIN FED PORK DEAN'S SWEET & HOT AND BREAKFAST SAUSAGES PLU# 1427,1425,1426 CHEESE & PARSLEY, LUNGANICA, TOMATO & GARLIC SAUSAGES ... \$4.79 LB. PLU# 1416,1100, 190



\$5.49
LB.

FRESH GRADE "A" BONELESS BREAST CHICKEN CUTLETS PLU# 510 THIN SLICED ... \$4.99 LB. PLU# 493



\$3.99
LB.

SUZY SIRLOIN 100% HAMBURGER PATTIES



\$6.99
LB.

U.S.D.A. CHOICE BEEF THIN SLICED SHOULDER STEAK PLU# 123



\$8.99
LB.

FRESH GRAIN FED PORK BONELESS PORK CHOPS PLU# 330 THIN SLICED ... \$4.79 LB. PLU# 3012



\$3.79
LB.

PERDUE "DONE-IT" FULLY COOKED SHORT CUTS ALL VARIETIES 8 OZ. PKG.



3/\$10
EA.

MAPLECREST NO ANTIBIOTICS, FREE RANGE, AIR CHILLED CHICKEN THIGHS, DRUMSTICKS & WHOLE CHICKENS PLU#776, 775, 771



\$4.99
LB.

U.S.D.A. CHOICE BEEF BEEF SHORT RIBS PLU# 37



\$7.99
LB.

PERDUE GROUND CHICKEN PLU# 485



\$4.99
LB.

U.S.D.A. CHOICE BEEF TOP CHUCK BEEF TENDER PLU# 71



\$6.99
LB.

U.S.D.A. CHOICE LAMB WHOLE & BUTT PORTION LEG OF LAMB PLU# 465 LAMB STEAKS ... \$9.99 LB. PLU# 461



\$8.59
LB.

U.S.D.A. CHOICE BEEF WHOLE FLAT IRON STEAK PLU# 157 SLICED ... \$10.99 LB.



\$8.99
LB.

U.S.D.A. CHOICE BEEF FRESH BEEF OXTAILS PLU# 98



\$12.99
LB.

FRESH HALAL

FRESH HALAL (ZABIHA) WHOLE OR BUTT HALF LEG OF LAMB PLU# 378 HALF SHANK ... \$9.99 LB. PLU# 7006



\$8.59
LB.

FRESH HALAL (ZABIHA) CHICKEN LEGS WITH BACK PLU# 794



\$1.19
LB.

FRESH HALAL (ZABIHA) CHICKEN CUTLETS PLU# 1693 THIN SLICED ... \$5.49 LB.



\$4.59
LB.

FRESH HALAL (ZABIHA) SHOULDER LONDON BROIL PLU# 276



\$6.99
LB.

SEAFOOD DELIGHTS

PREVIOUSLY FROZEN FARMED FROM CHINA TILAPIA FILLET



\$5.99
LB.

PREVIOUSLY FROZEN FARMED FROM INDIA EZ PEELED SHRIMP



41 - 50 CT. ... **\$7.49** LB.
31 - 40 CT. ... **\$8.99** LB.

PREVIOUSLY FROZEN FARMED FROM CHINA IMITATION CRAB MEAT



\$5.99
LB.

FRESH, WILD FROM USA COD FILLET



\$9.99
LB.

CRISP PRODUCE

FROM USA CALIFORNIA LOOSE CARROTS PLU# 4562



\$1.29
LB.

FROM MEXICO KABOCHA SQUASH PLU# 4769



99¢
LB.

FROM CHINA • 5 CT. SLEEVE GARLIC PLU# 3052



\$1.99
EA.

FROM USA • 8 OZ. MUSHROOM WHOLE WHITE



\$1.99
EA.

LOCAL • 3 PKG. YELLOW CORN



\$1.99
EA.

LOCAL EGGPLANT PLU# 4081



99¢
LB.

FROM USA • 2 LB. BAG RED ONIONS PLU# 4667



\$1.99
EA.

LOCAL GREEN LEAF LETTUCE PLU# 4076



\$1.99
EA.

FROM USA MINI RED WATERMELON PLU# 3421



\$4.99
EA.

FROM USA FUJI OR GALA APPLES PLU# 4131,4135



99¢
LB.

3 LB. BAG NAVEL ORANGES



\$5.99
EA.

FROM USA FRESH YELLOW DATES PLU# 4263



\$5.99
LB.

FROM USA PRUNES PLU# 4436



\$2.99
LB.

FROM USA BROCCOLI CROWNS PLU# 3082



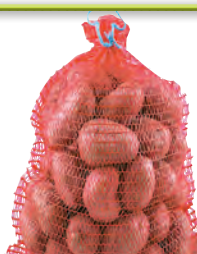
\$1.99
LB.

FROM MEXICO ALOE VERA LEAF PLU# 3064



\$1.29
EA.

FROM USA • 5 LB. BAG RED POTATOES PLU# 4728



\$3.99
EA.

FROM MEXICO CHAYOTE SQUASH PLU# 4761



99¢
LB.

ORGANIC PRODUCE

ORGANIC HOUSE TOFU 12 - 14 OZ.



\$2.99
EA.

ASSORTED BOLDHOUSE JUICE 52 OZ.



\$6.99
EA.

ASSORTED NAKED JUICE 46 OZ.



\$5.99
EA.

ASSORTED, ORGANIC GTS OR HEALTH-ADE KOMBUCHA 16 OZ.



\$3.49
EA.

ORGANIC HARMLESS COCONUT WATER 16 OZ.



\$4.99
16 OZ.
\$9.99
32 OZ.