***I can help you get rid of negativity and step into your own positive power!***

***Make the Impossible, Possible!***

**This form is for you to fill as much out as you wish. Please feel free to add in anything.**

What I would like to get out of my sessions;

What I feel my issue/worry is;

I would like to work with pure EFT?

As well as offering ETF I also offer; Mindset, Focus, Flow status, Confidence building and Visualisation, would you also like to work with these alternative therapies?

Anything I should know about you?