

Taylor County Senior Citizens, Inc. * 52 Trap Springs Road * Grafton WV 26354 * (304)265-4555



Menus subject to change

**Lunch served
Monday - Friday
11:45 am to 12:45 pm**

**For Seniors 60+ a
donation of \$4.00 is
suggested**

**Under 60
years old
Lunch \$7.00**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Broccoli Cheese Soup Ham Sandwich Blend Vegetables Carrot Cake Fruit / Milk	Chicken Pot Pie Beets Fruit / Milk	Meatloaf Mashed Potatoes w / gravy Brussel Sprout Roll Fruit / Milk	Pork Chop Rice Pilaf Broccoli Cauliflower Dessert Fruit / Milk	Chili w/ Beans Cornbread Side Salad Dessert Fruit / Milk
10	11	12	13	14
Chicken and Noodles Peas & Carrots Fruit / Milk	Breakfast Biscuit Potatoes O' Brien Dessert Fruit / Milk	Cabbage Rolls Stewed Tomatoes Cauliflower Roll Fruit / Milk	Fish Sandwich Sweet Potato Puffs Green Beans Coleslaw Fruit / Milk	Oven Fried Chicken Scalloped Potatoes Corn Dessert Fruit / Milk
17	18	19	20	21
Cream of Potato Soup Ham Slice Lima Beans Crackers Fruit / Milk	Stuffed Peppers Sweet Potatoes Bread Fruit / Milk	BIRTHDAY MEAL Beef Stew Roll Dessert Fruit / Milk	Chicken Alfredo Broccoli Breadstick Cherry Pie Fruit / Milk	Cook's Choice Fruit / Milk
24	25	26	27	28
Roasted Pepper & Tomato Soup Turkey & Cheese Sandwich Carrot & Celery Sticks Fruit / Milk	Beans & Cornbread Spinach Sweet Potatoes Fruit / Milk	Salisbury Steak Mashed Potatoes with Gravy Green Beans Roll Dessert / Fruit / Milk	Salmon Cakes Yellow Rice Peas Strawberries Milk	Polish Sausage Sauerkraut Boiled Potatoes Baked Beans Roll Fruit / Milk

February 2025

