

Taylor County Senior Citizens, Inc. * 52 Trap Springs Road * Grafton WV 26354 * (304)265-4555

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



January 2026

Menus subject to change

**Lunch served
Monday - Friday
11:45 am to 12:45 pm**

**For Seniors 60+ a
donation of \$4.00 is
suggested**

**Under 60
years old
Lunch \$7.00**

			1	2
			Closed For Holiday	Chef Salad Breadstick Dessert Fruit / Milk
5	6	7	8	9
Chicken & Bacon Sandwich Peas & Carrots Fruit / Milk	Breakfast Biscuit Potatoes O' Brien Fruit / Milk	Cabbage Rolls Stewed Tomatoes Collards Greens Roll Dessert Fruit / Milk	Beer Battered Fish Yellow Rice Cauliflower Coleslaw Fruit / Milk	Baked Chicken Scalloped Potatoes Succotash Roll Dessert Fruit / Milk
12	13	14	15	16
Cream of Potato Soup Ham Sandwich Lima Beans Fruit / Milk	Chicken Parmesan over Noodles Broccoli Garlic Bread Fruit / Milk	Beef Stew Roll Dessert Fruit / Milk	Beans & Cornbread Spinach Cooked Carrots Fruit / Milk	Pepperoni Pizza Cottage Cheese Raw Mixed Veg Dessert Fruit / Milk
19	20	21	22	23
Tuna Salad Wrap Hard Boiled Egg Beets Coleslaw Fruit / Milk	BBQ Chicken Red Roasted Potatoes Spinach Roll Fruit / Milk	Birthday Day Turkey & Stuffing Sweet Potatoes Green Beans Dessert Fruit / Milk	Salisbury Steak Mashed Potatoes w/ Gravy Brussel Sprout Roll Fruit / Milk	Polish Sausage Butter Beans Saurkraut Roll Pumpkin Pie Fruit / Milk
26	27	28	29	30
Beef Vegetable Soup Grilled Cheese sandwich Cauliflower Fruit / Milk	Meatball Hoagie Tater Tots 3 Bean Salad Dessert Fruit / Milk	Pork Chop Rice Pilaf Broccoli Fruit / Milk	Cook's Choice Fruit / Milk	Grilled Chicken Salad Breadstick Dessert Fruit / Milk