

Taylor County Senior Citizens, Inc. * 52 Trap Springs Road * Grafton WV 26354 * (304)265-4555



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Ham & Cheese Wrap w / Lettuce & Tomato Beets Macaroni Salad Fruit / Milk	Hot Turkey Sandwich Mashed Potatoes w/ Gravy Spinach Dessert / Fruit / Milk	Meatball Hoagie Roasted Potatoes Succotash Fruit / Milk	Cobb Salad Breadstick Dessert Fruit / Milk	Chicken & Cheese Flatbread Cottage Cheese 3 Bean Salad Fruit / Milk
8	9	10	11	12
Soup Beans Cornbread Collard Greens Cauliflower Fruit / Milk	Salisbury Steak Mashed Potatoes with Gravy Carrots Roll / Dessert Fruit / Milk	Pork Chop Sweet Potatoes Corn Bread Fruit / Milk	Cheeseburger Tater Tots Baked Beans Dessert Fruit / Milk	Baked Fish Yellow Rice Broccoli Fruit / Milk
15	16	17	18	19
Pepperoni & Veg Pizza Cottage Cheese 3 Bean Salad Fruit / Milk	Chicken Parmesan over Noodles Garlic Bread Veggie Blend Fruit / Milk	BIRTHDAY LUNCH Meatloaf Scalloped Potatoes Butter Beans Roll / Dessert Fruit / Milk	Chef Salad Breadstick Dessert Fruit / Milk	Closed for Holiday
22	23	24	25	26
Breakfast Biscuit Potatoes O'Brien Fruit / Milk	Pulled Pork Sandwich Sweet Potatoes Baked Beans Fruit / Milk	Spaghetti w/ Meat Sauce Garlic Bread Side Salad Dessert / Fruit / Milk	Ham, Turkey & Cheese Sub Bag of Chips Raw Mixed Veg Fruit / Milk	Shrimp Salad Breadstick Dessert Fruit / Milk
29	30			
Chicken & Bacon Sandwich Tater Tots Peas & Carrots Fruit / Milk	Beef Tips Mashed Potatoes w/ Gravy Green Beans Roll Fruit / Milk			

Menus subject to change

Lunch served Monday - Friday 11:45 am to 12:45 pm

For Seniors 60+ a donation of \$4.00 is suggested

Under 60 years old Lunch \$7.00

June 2026