

Taylor County Senior Citizens, Inc. * 52 Trap Springs Road * Grafton WV 26354 * (304)265-4555



Menus subject to change

**Lunch served
Monday - Friday
11:45 am to 12:45 pm**

**For Seniors 60+ a
donation of \$4.00 is
suggested**

**Under 60
years old
Lunch \$7.00**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
CLOSED for HOLIDAY	BBQ Chicken Sandwich Tater tots Baked Beans Fruit / Milk	Pork Chop Boiled Potatoes Saurkraut Roll Dessert Fruit / Milk	Battered Fish Rice Pilaf Carrots Collard greens Fruit / Milk	Cheese Pizza Cottage Cheese Hard Boild Egg Red Pepper Strips Dessert Fruit / Milk
8	9	10	11	12
Sausage, Egg & Cheese Biscuit Potatoes O'Brien Fruit / Milk	Chicken Tenders Mac & Cheese Broccoli Dessert Fruit / Milk	Pork Chop Arroz con Queso Black Beans Corn Fruit / Milk	Spaghetti W/ Meat sauce Side salad Garlic Bread Fruit / Milk	Braised Chicken and Cabbage Cooked Carrots Roll Dessert Fruit / Milk
15	16	17	18	19
Chicken Bacon Club Sandwich Potato Salad Raw Mixed Veg Fruit / Milk	Fish Sticks Baked Beans Spinach Fruit / Milk	BIRTHDAY LUNCH Hot Turkey Sandwich Mashed Potatoes with Gravy Peas Dessert / Fruit / Milk	Chef Salad Breadstick Fruit / Milk	Sausage & Pepperoni Pizza Cottage Cheese Cucumber salad Dessert Fruit / Milk
22	23	24	25	26
Cook's Choice Fruit / Milk	Pulled Pork Sandwich Tater Tots Spinach Dessert Fruit / Milk	Meatball Sub Potato Chips 3 Bean Salad Carrots Fruit / Milk	Baked Chicken Yellow Rice Asparagus Butter Beans Dessert Fruit / Milk	Hot Dog w/ Sauce Sweet Potato Fries Succotash Fruit / Milk
29	30	<div align="center"> <h1>September 2025</h1> </div>		
Grilled Chicken Sandwich W/ Lettuce & Tomato Stewed Tomatoes Veggie Blend Fruit / Milk	Turkey & Gravy over biscuits Peas Carrots Dessert Fruit / Milk			