

I WILL WIN

Self Check

DATE: / /



S M T W T F S

WHAT ARE YOUR GIANTS?

A GIANT IS SOMETHING YOU FEEL IS TOO BIG TO FACE OR OVERCOME. HOWEVER, THEY CAN FALL AND BE CONQUERED. ARE YOU READY TO FACE YOUR GIANTS?

NAME YOUR MENTAL GIANTS:

ONE GOAL FOR THIS GIANT

A SMALL WIN TOWARDS THE GOAL

WHAT ARE YOU THANKFUL FOR TODAY?
