



Happy Holidays and a Happy New Year, NTAC! This is the last edition of 2018 and kicks off 2019, with a number of NTAC happenings held over this past month. I very much appreciate all the very kind comments, recommendations, and submitted information/photos.

Please continue to send your photos, stories, and information, which might be shared among NTAC residents. I was overwhelmed with what I received this past month and apologize for not including all. Fortunately Debi Rich is doing a wonderful job posting much of the information and activities on our Facebook Page. Please check it out at: https://www.facebook.com/AirstreamCommunity/?ref=br_rs. I will also upload most of the photos to the NTAC Website at www.NTACI.com, where you can peruse at your leisure. All three sources afford opportunity to get the word out, especially for those not always be in the community. They are also a fantastic way to get to know your neighbors.

I must give credit for the great photos received from various members. Douglas Cunningham, Mike Mack, Channing Fell, Jack D'Arte, all contributed. In order to save space, I did not assign photo credits to each one, but if you want to know, drop me a line. We certainly have some talented artists in the community. I will accept photos from anyone who might attend an activity, so please continue to share and I will try to include in future issues. Finally, I changed up the format for this month. There were so many activities and photos; I did not want to leave out much of the fun. So this edition is a little more like a photo album; please enjoy.



From the NTAC President:

Hello Friends and Neighbors,



I hope this letter finds all of you healthy and looking forward to 2019.

I am looking forward to continuing all of the great work started by our community and its' board and volunteers all the way back to 1990 – and carried forward by each president and board and volunteers to the present. We never want to forget our past while looking toward the future.

On behalf of the new Board of Directors of NTAC – we would like to say that we are excited to serve and looking forward to continuing the efforts to improve our community.

You are encouraged to participate this year by signing up for a committee, helping out at an event, or being available to volunteer at the many activities we have here in the park.

Being involved, participating, and contributing to our community all play an important part in keeping NTAC vibrant, caring, and a safe place to live.

Let's keep the momentum rolling, the lines of communication open and be respectful to one another as we look forward to a great year.

Jim Courtney
NTAC President

2019 NTAC Board Meeting Dates

Monday, January 14th

Monday, February 25th

Monday, April 29th

Monday September 16th

Monday, October 21th

Saturday, December 14th

Validation Period For annual Membership Meeting

September 30, 2019 – October 30, 2019

Board Member and Community Notes:

Highlighting December 8th and final **Board Meeting** of the year was. was selection of new board members, and a host of reports. Please visit our website (www.ntaci.com) for all the details.

Jim Courtney will leading the **2019 Board**, supported by VP Operations Carol Fichera, VP Maintenance Steve Woodward, and Treasurer Ray Schmitt. Phil Spruell remains with the board, along with Jim Haddaway, Channing Fell, Charles McFarland, Richard Turner; and joining the board is Ken Mitchell; appointed to replace departing member Margie Riggio. Vickie Courtney is serving as the 2019 Recording Secretary.

Pat Lovelace, Marjie Riggio, and Debi Rich departed the board, certainly deserving a heartfelt thank you from the entire NTAC membership.

The **2018 Membership Dinner** followed the annual board meeting in the clubhouse. If the pictures are any indication, a good time was had by all!



There certainly was no shortage of activities this past month; with the Dec. 4th **“Mistletoe, Margaritas & Merriment” Lunch-Out Tuesday**, The Annual **Ladies Tea** on the 7th, and on the 11th the **Ugly Sweater & Nov/Dec Birthday Pot Luck**. Then on the 13th, over 20 people participated in The NTAC **“Christmas Caroling in the Park”** to our homebound members and the **Ladies Club provided Christmas gifts and clothing for three CPS Foster children this year**. The 18th found residents strolling or riding between a number of homes participating in the **Christmas Stroll and Progressive Dinner**. A few pictures of some of the events follow.

2018 Ladies Tea

Over 130 attended the annual **Ladies Tea**, 93 participating from the community. While a cold and rainy day, the event was a wonderful success and included valet parking, white shirt servers, great food, and wonderful conversation. The theme "Christmas Around the World" featured tables decorated to reflect the customs and sights experienced by many of our ladies during their travels.

The Clubhouse and tables were decorated beautifully, with many of the attendees commenting and sharing praise regarding how much they enjoyed and appreciate NTAC for hosting this event, and reaching out to include the community.



The Ladies Tea is a lot of work to orchestrate, but with the help of so many of the NTAC ladies working together, it never fails to impress and see the successful rewards for the season.

The **NTAC Christmas Stroll** took on a new twist this year with a **Progressive Dinner**. Members strolled or rode to 3 homes enjoying appetizers, salads, Lasagna, and ending up at the clubhouse for coffee & dessert. Many thanks to Debi Rich, for leading and organizing this very enjoyable event. And thanks to each of the hosts and cooks for opening their homes and sharing their talents. Not only did everyone eat more than we probably should have, but all enjoyed the comradery in a festive holiday setting.



The **NTAC Christmas Dinner** was on Christmas Day in the Clubhouse. Nearly 30 families attended with great food, wonderful company, and lots of fun.



In other Community happenings:



Barb Selking helped ring in the season and celebrated a great milestone by “Ringing the Bell”, to signify her last chemotherapy treatment.



A heartfelt Thank You! **Jennifer Nekola**, restored two NTAC deer statues. She does beautiful work, and both deer are currently located on the east end of the pavilion.

The NTAC **Dog Park** serves as a wonderful gathering place for both residents and our furry friends. While the Fall and Winter weather is upon us and certainly is a bit iffy, there are still a few who brave it to enjoy the park every afternoon. Our Dog Park is also a draw for many Winter Texans and guests, who are often seen visiting with us in the Park as well.



The trees were spectacular this year, lots of color. Still hoping the one sick tree in the dog park will live, so we will see in the spring.

As a brief reminder, there are still people who DON'T pick up after their pets; please help us by picking up after your pet; it's unsightly, unhealthy, not to mention really nasty on your shoes! In addition, if residents would pick up in their own yard, it would be helpful for those who read water meters.

Of particular note along Avenue D, the area around the bird feeders is NOT a place to leave dog droppings; PLEASE PICK UP after your pet!! We will put up a sign in this area to remind you to pick up.

Mike Mack passes along his thanks to all who have pitched in to help maintain the dog park this year; it is an attraction for rally guests as well as members. All NTAC pet owners appreciate the time and effort put forth into maintaining the park.

Health and Wellness promotes flexibility, yoga and walking with Charity Miles are activities to keep us moving toward a healthy lifestyle. We recently realized an uptick in participation for flexibility and yoga. Yoga meets each morning with a new yoga tape. Charity Miles now includes 27 participating members. As of November 18th, Bill Lovelace logged the greatest distance, stepping out for 1031 miles. Way to go Bill!

Another function of Health and Wellness is providing information to promote a healthy lifestyle. Thanks to Scott Graham we will be able to use the newsletter for this purpose. Keep an eye out for articles that may interest you.

This Spring we will make our annual collection of medicines needing proper disposal. This is an important safety and health issue serving to keep our homes safe; and reducing environmental pollution. The drive will occur closer to Easter, so watch for more information as the time nears.



But Baby It's Cold Outside! More from Health and Wellness : We have been told seniors need to exercise to stay healthy. The recommendation is about 150 minutes of moderate heart pumping exercise per week. But baby it's cold outside! Wait a minute. We have really good indoor exercise opportunities right here at NTAC. You might also just bundle up and take a nice walk. Two 15 minute workouts can be beneficial if the 30 minutes doesn't work on a busy day. Think NIKE: "Just Do It"!

