

Passover (Pesach) & Feast of Unleavened Bread (Chag Matzos) 2025

“Passover, Feast of Unleavened Bread Challenge”

Event Details

- **Date & Time:** Passover (Pesach) will begin **Saturday, April 12 at sundown (CST)**.
- **Feast of Unleavened Bread (Chag Matzos)** also begins the same evening and continues for **7 days (until Saturday, April 19 at sundown)**.

Preparation

1. **Remove Yeast/Leaven**
 - Before **Friday, April 11 at sundown**, remove all products containing yeast or leaven from your home (bread, sauces, seasonings, etc.).
 - **You DO NOT have to throw away baking powder or baking soda itself. Just remove products baked with them in it already!**
2. **Purchase Unleavened Bread**
 - Look for **Matzos** or **Tortilla Land flatbread** (available at Walmart, Jewel Osco, or similar stores).
 - You can warm these in a skillet or oven.
3. **Get Wine or Grape Juice**
 - **Mogen David Concord Grape** is recommended for wine.
 - For children or those who prefer a non-alcoholic option, use **grape juice**.
 - Have small 2-ounce cups (mouthwash-size) on hand for the wine/grape juice.
4. **Prepare for Shabbat**
 - Friday at sundown is **Shabbath** (the Sabbath), so if you plan to bake your own unleavened bread, do so **before sundown** on Friday.

Communion in Place of the Passover Lamb

Instead of performing the traditional lamb or goat sacrifice (which cannot be done at this time according to prescribed biblical procedures), **we will follow the practice found in 1 Corinthians 11:23–29**, often called **Communion** or the **Lord's Supper**.

- This involves **partaking of unleavened bread** (symbolizing Messiah's body) and **drinking wine** (symbolizing His blood) in remembrance of the ultimate sacrifice.
- We encourage every family and individual to prayerfully partake of these elements, reflecting on the redemptive work of the Passover Lamb fulfilled in Messiah.

The 7-Day Unleavened Bread Challenge

- From **April 12 at sundown** until **April 19 at sundown**, eat **unleavened bread (matzos, tortillas, or homemade) once per day** to fulfill the scriptural call to remove leaven from your diet during this feast.
- This practice serves as a powerful reminder of removing "leaven" (symbolic of sin) and pursuing spiritual purity.

Easy Unleavened Bread Recipe:

For those who love to cook (and have time before Shabbath), here's a simple recipe:

Prep Time: 10 mins
Cook Time: 10 mins
Total Time: 20 mins
Servings: 6

Ingredients

- (Optional) Parchment paper & Gloves
- 1 cup all-purpose flour
- $\frac{1}{3}$ cup vegetable oil
- $\frac{1}{8}$ teaspoon salt
- $\frac{1}{3}$ cup water
- (Optional) 1 tablespoon of Maple Syrup, or to desired sweetness

Directions

1. Preheat oven to 425°F (220°C). Line a baking sheet with parchment paper.
2. Mix flour and salt together in a large bowl, then add oil, and mix together. Add water and mix with your hands (Optional gloves for easy cleanup) or a pastry cutter until dough is soft.
3. Shape dough into 6 evenly sized balls (You may make more or less depending on your needs) and place on the prepared baking sheet.
4. Flatten each dough ball into a disk with your hands.
5. Bake until golden brown and cooked through, about 8 to 10 minutes (watch carefully as oven times vary).

Nutrition (per serving)

- Calories: 183
- Total Fat: 12g (Saturated Fat 2g)
- Sodium: 49mg
- Total Carbohydrate: 16g (Dietary Fiber 1g, Sugars 0g)
- Protein: 2g
- Calcium: 4mg
- Iron: 1mg
- Potassium: 22mg

Join Us!

We invite everyone to participate in this special season—**Passover (Pesach)** and the **Feast of Unleavened Bread (Chag Matzos)**—as we honor biblical instructions and remember the incredible deliverance and redemption we have in the Messiah.

If you have any questions or need further guidance, please reach out to us at 872-760-4264. We look forward to observing these holy days together!