

Gowning

● SKILL SNAPSHOT

Purpose

Apply PPE in a clean-to-dirty sequence that creates an effective barrier before exposure.

When to use

Before entering isolation or performing care with anticipated contact, splash, or sterile-field exposure.

Supplies needed

Correct-size gown; mask or respirator; eye protection; gloves; hand hygiene supplies.

● PREP + PATIENT SETUP

- Verify required PPE from the door sign/order.
- Remove jewelry; secure hair; inspect PPE.
- Select correct gown and glove sizes.
- Perform hand hygiene and let hands dry.

● VAULT TIP

Donning order: hand hygiene -> gown -> mask/respirator -> eye protection -> gloves.

● STEP-BY-STEP

- Perform hand hygiene.
- Put on gown: arms through sleeves; cover torso from neck to knees and wrists; fasten neck and waist ties.
- Put on mask or respirator: secure ties/loops; mold nosepiece; fit snugly. For N95, perform a user seal check every time.
- Put on goggles or face shield over face and eyes; adjust to fit.
- Put on gloves last; extend cuffs over gown wrists.
- Check coverage and mobility without touching the face.
- Enter the care area and keep hands away from clean personal items.

● SAFETY REMINDERS

- Use a fit-tested N95 for airborne precautions.
- Replace torn, wet, or contaminated PPE.
- Do not wear gloves under gown cuffs.
- PPE does not replace hand hygiene.

● COMMON MISTAKES

- Wrong order or missing PPE.
- Gown open in back or wrists exposed.
- Touching face/hair after gowning.
- Skipping N95 seal check.

● DOCUMENTATION

- PPE/precautions used when clinically relevant.
- Education provided to patient/visitor.
- Any PPE breach or exposure.
- Actions and notifications after a breach.