

How to travel in time!

Sorry, kids, we're just kidding 'cause no one has yet figured out a way to actually travel in time. However, you can create something called a "Time Capsule" that you can put away until you're older and then open in another five, ten or even twenty years. That will give you a chance to travel back in time and see what life was like when you were younger!

It's not hard to do. All you need are the basic materials and a lot of imagination to help make your time capsule a reality. Some people like to use a shoe box to hold everything but others get really creative and use other items, including walnuts and acorns to make really tiny time capsules. Besides the container of your choice, you'll need:



1. Some crayons, markers or colored paper to decorate your time capsule with your name and "Do Not Open Before (whatever date you decide)."
2. Include photographs of yourself and the people who are important in your life. Make sure you identify everyone so you'll remember who they are when the capsule is opened.
3. Write yourself a letter that includes the following information:
 - * your name
 - * your parents and grandparents' names
 - * the names of your brothers and sisters (if you have any) and how old the children are
 - * the name of your school, what grade you're in and your teacher's name
 - * the name of your best friend and, if you have one, your favorite pet
 - * what you like to do for fun when you're not in school.
4. If you like to draw, add a picture of yourself or something else like your house.
5. Ask your adults if it is okay to include a small toy, a favorite book or something else that you want to keep.
6. Once you've filled the time capsule, you can hide it in your house in a place your family doesn't usually go (like a basement or attic). Or you can seal it tight and ask if it's okay to bury it in your yard.

Who knows?!? Maybe someday an archaeologist or historian will discover your time capsule (if you don't open it first) and you will help them to better understand life in the 21st century!!

