

<b>Aldeburgh Fun Team Relay Triathlon 10th September 2023 Overall Results</b>															
		<b>Category plate awards</b>													
		First team overall	Teen BOB	Male	Three young lads from the Ipswich area										
		Second team overall	Athletico Hoopers Prima Squadra	Mixed1	One female and two males, two from Leiston one Ipswich, last years winners										
		Third team overall	Gentry Services	male	Previous winner (and course record holder) Liam from the Beccles area										
		Female team winners	Les 3 droles de dame	female	aka the 1977 girls										
		Mixed1 team winners	Team Green	Mixed1	Steve Page and father and daughter from Dorset area										
		Mixed2 team winners	POW Fitness	mixed2	Local runners and triathletes										
		Business team winners	The Last Seconds	male	all work at EDF Sizewell										
		Family team winners	2 farmers and a docker	mixed1	The Greenwell family - Brother, Sister and husband/Brother in law										
		Local team winners	Athletico Hoopers Seconda Squadra	male	1 Yoxford, 1 Leiston and 1 Saxmundham										
		Oldest winning team	3 musketeers (Age 221)	male	ages of 58 swimmer, 81 cyclist & 82 years old runner !										
		Outstanding Team	Flower Power	female	all dressed in flower outfits, bike was decorated with flowers ! All local and live in Aldeburgh										
		Course record – 1.01.33 – 2019 - Rock Estate – Liam Gentry (swim – 10.13), Mark Richards (cycle – 32.59), Lee Cook (run – 18.19)													
Pos	Num	Team Name	Type	Swimmer	Pos	Time	Cyclist	Pos	Time	Runner	Pos	Time	Time	Age	
1	68	Teen BOB	Male	Ben Howlett	1	8:36	Oliver Hitchcock	5	36:13	Brandon Barber	1	17:12	1:02:02	50	
2	10	Athletico Hoopers Prima Squadra	Mixed1	Holly Driver	11	10:42	James Potter	1	33:41	James Wilson	2	18:00	1:02:23	90	
3	30	Gentry Services	male	Daniel Sayer	7	10:17	Liam Gentry	2	34:06	Will Browne	5	19:05	1:03:29	112	
4	7	Alfa Systems	male	Lewis Donovan	2	9:08	Ben George	4	36:09	Thomas Mann	3	18:36	1:03:54	120	
5	6	Alfa 2	Male	Hector Rigby	15	10:58	Adam Memery	3	34:22	Nick Hammond	11	20:21	1:05:42	90	
6	67	Team Green	Mixed1	Ellie Green	17	11:04	Steve Green	6	37:07	Steve Page	15	20:59	1:09:12	143	
7	73	The Last Seconds	Male	Neal Watson	6	10:11	Mark Slnnett	8	37:59	Mike Rowe	17	21:28	1:09:40	140	
8	82	Tri Sudburys dream team	Mixed1	Carlene Hare	31	11:47	Simon Budd	10	39:42	Murray Baker	8	20:02	1:11:32	117	
9	85	Trilobite Y	Mixed1	Hazel Brammer	43	12:51	Robin Hawes	9	38:37	Jamie Hall	9	20:07	1:11:35	129	
10	65	Suffolk n Fast	Mixed1	Mathew Chapple	16	11:02	Elliott Norris	14	40:05	Georgia Humphreys	16	21:02	1:12:10	120	
11	58	POW Fitness Crew	Mixed1	Laura	35	11:55	Lee ali	23	41:29	Lee Barber	4	18:50	1:12:15	135	
12	69	The 3 amigos	Mixed1	Jeanne Denny	26	11:33	Chris Bell	19	41:03	Garry Cullum	12	20:26	1:13:03	90	
13	1	2 Farmers and a Docker	Mixed1	Iain Johnston	18	11:14	Davina Greenwell	7	37:13	Andre Greenwell	39	24:41	1:13:09	120	
14	15	Bryson-Davies Gang	Mixed1	Ben Bryson Davies	5	10:05	Bella Bryson Davies	27	41:36	Fin Bryson Davies	20	21:48	1:13:30	90	
15	18	Cavendish	Male	Russell Brown	41	12:34	Mark Thurston	18	40:50	Kyle Church	10	20:18	1:13:42	135	
16	75	The Parkrunners	Male	Jamie Laverick	23	11:26	Nick Gledhill	22	41:17	Christopher Fuller	18	21:40	1:14:24	89	
17	57	POW Fitness	Mixed2	Alli Carter	24	11:29	Sarah Maidment	33	43:04	Jim Last	7	19:58	1:14:32	128	
18	36	Grundies	Male	Chris Hendry	29	11:37	Ian Nicolson	24	41:29	David Scrivener	19	21:41	1:14:48	129	
19	84	Trilobite X	Mixed1	Mark Sly	30	11:42	Andrew Hawes	26	41:35	Emma Johnson	23	22:34	1:15:52	172	
20	63	Scrambled legs	Mixed1	Rory Hanley	21	11:22	Richard Hanley	13	40:05	Harriet Simm	37	24:23	1:15:52	113	
21	91	Wren and the Budgie Smugglers	Mixed1	Tom Kingery	10	10:39	Graham Coulter	30	42:07	Wren Coulter Sage	27	23:08	1:15:54	166	
22	11	Athletico Hoopers Seconda Squadra	Male	Shane Stannard	8	10:19	Craig Driver	31	42:13	Jake Church	31	23:43	1:16:16	108	
23	20	Little Tinkers	Mixed2	Sarah Kerswell	9	10:22	Ian Cartwright	12	39:55	Zazi Barrell	58	27:12	1:17:30	115	
24	78	The Tri Hards	Mixed1	Edward Redshaw	19	11:15	Ahmed Al Hindawi	21	41:13	Samantha Baillie	42	25:08	1:17:37	107	

Pos	Num	Team Name	Type	Swimmer	Pos	Time	Cyclist	Pos	Time	Runner	Pos	Time	Time	Age
25	38	Haydens Tri-Hards	male	Andy Battle	53	13:00	Chris Jessop	16	40:24	Hayden Welch	35	24:20	1:17:45	105
26	32	Gilmour Piper Legends	Mixed1	Richard Farrar	36	12:00	mark newman	32	42:55	katie card	26	23:02	1:17:58	134
27	50	Miles and Miles and Miles	Mixed1	Laura Miles	57	13:16	Chris Miles	15	40:06	Steve Miles	43	25:11	1:18:35	128
28	74	The Next Challenge	Mixed1	Rachael Walker	71	14:54	William Buchanan	25	41:33	Damian Risdon	25	22:53	1:19:21	165
29	12	Beer Quality Commission	Male	Chris Bally	63	13:33	Tristan Childs	11	39:46	Oli Riches	51	26:08	1:19:27	137
30	35	Great Brittens	Male	Nigel Scrivener	47	12:53	Daniel Nickells	17	40:29	Harry Young	54	26:16	1:19:39	120
31	47	Les 3 droles de dame	Female	Vero Inizan	45	12:51	Liz Cobbold	40	44:39	Sian Kingston	22	22:16	1:19:48	129
32	71	The indestructible team splash wobble limp	Male	Guy Petheram	37	12:04	Douglas Petheram	43	45:20	Ian white	29	23:21	1:20:46	165
33	89	Why not	Mixed2	elizabeth speirs	4	10:05	Siobhan king	70	51:42	James Mallet	6	19:29	1:21:16	116
34	13	Benthill Babes	Mixed2	Lydia Warner	69	14:29	Miles Bogle	20	41:11	Elinor Warner	48	25:36	1:21:17	126
35	41	Kruisers Attractive Team	Mixed2	Kevin Ward	60	13:24	Carissa wyatt	39	44:35	Collete Green	28	23:19	1:21:19	146
36	59	Pumped Up Kicks	Mixed2	Ellie Oxborough	13	10:56	Stuart Oxborough	37	44:22	Sophie Moore	55	26:41	1:22:00	90
37	19	CHALC	Male	Alex Deal	3	9:48	Chris Mann	52	47:46	Callum Watson	38	24:39	1:22:14	88
38	83	Tri-ing	Male	Alan Cooney	14	10:56	Arran baker	50	47:26	Richard Seaman	32	23:58	1:22:21	121
39	9	ASHVALE ASSASINS	Mixed1	William Partington	33	11:49	Lucy Partington	65	50:20	Oliver Fox	13	20:33	1:22:43	96
40	33	Ginger Nuts	Mixed1	Ade Rose Belcher	55	13:09	Sarah Johnson	35	43:48	David Potts	52	26:08	1:23:05	144
41	79	The unicorns	Male	Ben pepperdine	84	18:41	Chris Howard	28	41:40	John Rainbow	24	22:44	1:23:06	132
42	14	Big daddies 6	Male	Nick Alexandrou	22	11:23	Andy Massingham	69	51:21	Alex brunt	14	20:44	1:23:29	143
43	52	My body is telling me NO	Male	Tom Price	74	15:49	Ken Juden	34	43:40	Jack Pyle	33	23:58	1:23:29	117
44	40	I believe I can tri	Mixed1	Char Gavazzi Smith	27	11:35	Gary Smith	61	49:51	Danny Eustace	21	22:05	1:23:32	125
45	22	Drown and out	Mixed1	Stephen Pugh	62	13:29	Leslie Bailey	47	47:18	Elizabeth Bailey	30	23:24	1:24:12	127
46	81	Tri Hard 77	Mixed1	Abigail Pawsey	42	12:37	Rufus Owen	51	47:29	Christian Pawsey	36	24:21	1:24:28	137
47	4	AC Ladies	Female	Sarah Tait	38	12:08	Tracey Holbrook	38	44:25	Laura Collinson	64	27:59	1:24:32	166
48	39	Hazbeanz +1	Mixed2	Amanda Benson Skales	61	13:25	John Patson	45	46:44	Maya Marie Bailey	46	25:20	1:25:31	149
49	70	The Burgundy Boys	Male	Tom Vale	25	11:32	Jack Harrison	55	48:16	Mike Knee	50	25:50	1:25:39	121
50	24	Ellisons Men	Male	Stuart Mills	40	12:22	Ian Seeley	54	48:03	Tim Bacon	45	25:20	1:25:46	159
51	76	The She Shanties	Female	Daisy Franklin	65	13:36	Mandy Moyse	41	44:50	Rachel Aldridge	61	27:44	1:26:12	152
52	29	Forlorn Hope	Male	Philip Everson	68	14:19	Mike Lewis	53	47:51	Mike Moore	34	24:14	1:26:24	163
53	8	Mother, son plus one!	Mixed1	Will Shallish	51	12:57	Maxim Kadera	57	49:17	Geraldine Clarke	44	25:11	1:27:27	105
54	5	Air Manage Suffolk	Mixed1	Annette Mason Gordon	76	15:58	Cameron Wheeler	29	41:53	Harry Embleton	73	29:53	1:27:45	120
55	88	Wake me up before you GOGO	female	Toni ogogo	20	11:16	Leanne Stokeld	64	50:04	Joanne Ogogo	56	26:57	1:28:18	114
56	17	CAT	Mixed1	Caroline Dickinson	56	13:12	Alex Dickinson	60	49:40	Tim Seely	47	25:26	1:28:19	158
57	87	Two Gibbins and a Friendly Fox	Mixed1	Alexander Fox	49	12:55	Christopher Gibbins	59	49:34	Nathalie Gibbins	50	25:55	1:28:25	152
58	56	Potash Performers	Mixed2	Nicco Merrigio	67	13:49	Katy Kuhrt	46	46:49	Alice Beardmore Gray	62	27:54	1:28:32	105
59	90	Worth a tri	Female	Eileen Murphy	34	11:52	Natalie Bass	55	48:32	Diane Parton	66	28:21	1:28:46	156
60	66	Sure-Fires	Mixed2	Shelley Pepperdine	52	12:58	Dan Loveday	48	47:20	Nina Webb	68	28:38	1:28:56	137
61	23	Ellisons Ladies	Female	Wendy Martin	50	12:57	Nicola Weldon	58	49:22	Cerys Gunn	60	27:36	1:29:55	120
62	3	3B	Female	Charlotte Nichols	72	15:37	Andrea Scott	44	45:40	Steph White	71	29:47	1:31:05	139
63	46	Last of the Summer Wine	Mixed2	Gail Ellis	32	11:49	Mark Gibbs	42	45:16	Clare Gibbs	80	34:04	1:31:10	176
64	16	Cambridge Cruisers	Mixed1	Ian Hutchinson	78	16:15	Erika Hutchinson	63	49:55	James Crawford	49	25:48	1:31:58	177
65	27	First time tri-ers	Mixed1	Malcolm Daines Smith	66	13:40	Ella Daines Smith	67	51:02	Chris Parkinson	59	27:24	1:32:07	150

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66	54	Not Fast Just Furious!	Mixed1	Simon Everett	54	13:05	Paul Killett	36	43:50	Ginny Kaknevičiute	83	35:33	1:32:30	143
67	34	Grace Brothers	Male	Conrad Barnard	39	12:10	Jacob Marshall Tierney	66	50:21	Andrew Marshall Tierney	75	30:32	1:33:04	154
68	62	Saxon Tri-ers	Mixed1	Chris Lucas	77	16:12	Joanna White	74	52:44	Richard White	40	24:56	1:33:53	173
69	55	Peerless Pears	Mixed1	Julia Mael	83	18:39	Colin Flindall	62	49:52	David Gibbons	53	26:15	1:34:47	130
70	53	No nuts just guts!	Female	Isabella Mackay	44	12:51	Katherine Manning	71	52:06	Jess Mackay	72	29:52	1:34:50	110
71	48	Little LAMS	Female	Louise Waterhouse Taylor	48	12:54	Andrea Howard	77	54:41	Samantha Fulcher	65	27:59	1:35:36	162
72	51	Minus One	Mixed1	Edward Wischhusen	70	14:37	Jack Wischhusen	49	47:24	Janet Wischhusen	81	34:12	1:36:14	166
73	61	Rookie error	Female	Tess bryson	59	13:22	Sophie King	73	52:33	Eleanor King	76	30:45	1:36:41	75
74	28	FLOWER POWER	Female	Clare Hinchliffe	73	15:49	Jennie Blackbourn	72	52:32	Heather Willis	67	28:23	1:36:46	142
75	26	Famalamadingdongs	Male	Ian Storey	58	13:20	Peter North	79	56:58	Jack Storey	57	27:09	1:37:29	132
76	2	3 musketeers	Male	Seamus Bennet	12	10:44	Richard Johnson	76	54:17	John Willis Betts	79	32:35	1:37:37	221
77	49	Low expectations	Male	Antony Reilly	75	15:50	Haydn Sayward	75	54:13	Alistair Cooper	63	27:57	1:38:02	120
78	43	Lapwing Keep Tri-ing	Mixed2	Will Fletcher	46	12:52	Emma Johnson	68	51:13	Kendra Collier	82	35:14	1:39:19	133
79	86	TRI-ng to finish	Mixed2	Tom Orford	79	16:19	Amanda Smith	81	59:53	Victoria Orford	41	25:03	1:41:16	107
80	60	Red House Rockets	Mixed1	Becky Loftus	81	16:39	David Stark	56	49:09	Colin Davis	85	36:40	1:42:30	90
81	25	Fairweather Law Tris	Mixed2	Deniz Yilmaz	82	17:09	Jack Fairweather	80	59:47	Jasmine Pringle	70	29:15	1:46:12	93
82	42	Lapwing Earth, Wind & Fire!	Male	Shane Ravensdale	85	20:24	Julian Barrow	78	56:18	Matt Leach	77	31:49	1:48:32	123
83	37	Hartfields Hopefuls	Mixed1	Ben Hartfield	28	11:36	Sophie Hartfield	85	1:08:28	Robert Hartfield	74	30:05	1:50:10	159
84	45	Lapwing Learners	Female	Lucy Hazell	64	13:34	Kirsten Theobald	82	1:01:06	Kirsty Burgess	84	35:50	1:50:30	135
85	44	Lapwing Laugh A lot	Female	Emma Murton	86	20:25	Michelle Tingley	83	1:01:36	Lisa Squirrell	69	28:51	1:50:54	132
86	21	Dont chafe - RUN NAKED!	Mixed1	Matilda D'Arcy	80	16:30	Hugh Crofts	84	1:05:35	Will D'Arcy	78	32:32	1:54:38	67