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Cover Photo Credit: Stacey Claus
Her daughter Ellie having some fun on the trampoline

Its SUMMER TIME!!

Break out the floaties and we'll see ya on the dock!

Theres something about sunshine and gathering with friends and family that just resets the nervous system. Getting out in the gardens, having some fun with the kids on summer break - It's magical.

As usual, July sets the stage for TONS of events happening around town.

Fishing Derbies, Music Fests, Euchre nights, Sailing races and the ever popular Apsley Lions Annual Flea Market.

Special mention as well goes to The Apsley Central Public School - hosting its first annual Localish Music Fest - raising funds for a very important cause - a fun playground for the school where the kids can play safely. Tickets are only \$25 each or 2 for \$40 and there will be three amazing performers to enjoy. It's a licensed event and going to be a great time...and...super excited, my son Alex is one of the acts! Let's party together on the 25th!

Check out your local websites or facebook pages for more details on events at Chandos and Jack Lake, or the Township, Library, Community Care and more.

This month I reflect on living a simple life. As Im writing this editorial, Im in the throes of a three day moving sale - some of you may have heard that the McManns are moving to Peterborough - it's a new chapter for us and we are nervously excited to see what things unfold. I'll always be a country girl at heart and don't worry...Ill still do the magazine until I can find capable hands to take the reigns. This move has taught me a bit more about letting go and prioritizing whats important. Moving from a 2500 sq ft home with garage, sheds and storage areas, into a small main floor of a house with NO extra space for things, has been humbling and we have had to get creative with our stuff.



It makes me realize, there is a lot of emotional weight in "things". What are you holding onto that no longer serves a purpose or is "weighing" you down? Im not gonna lie, I've had to be in the mood to purge...cause when I wasnt, you'd find me crying on my kitchen floor over a set of onion soup bowls... Im happy to report that anything that didnt sell in sale, went to the Lions Flea Market, The Compass Learning Centre, Animal Shelters and the F Centre! Happy July everyone!

Helena

Helena McMann

705-761-6213

9927 Highway 28
Apsley ON K0L 1A0

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JULY 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Looking Ahead AUGUST 1 Chandos Regatta & Fireworks 2 Jack Lake Regatta 3 Civic Holiday 23 Car & Bike Show AMHA SEPTEMBER 7 Labour Day					
Fall Prevention Exercise Class (Upstairs) 10 to 11:15am Darts 6:30pm, LEGION Pickle Ball (\$2) 6 to 9pm NKCC 6	Snacks and Euchre/Canasta 12:30pm NKCC Table Tennis 7 to 9 pm NKCC Euchre 7:00pm Woodview 7pm Ping Pong NKCC 7	Fall Prevention Exercise Class (Banquet Hall) NKCC ShuffleBoard 1 pm, LEGION 1	Playgroup 0-6yrs 10am-12 NKCC Pot Luck Lunch Canasta or Darts 12:30pm Woodview 2	Duplicate Bridge 12:30pm NKCC Music Jam Session 4pm, LEGION 3	KIDS FISHING DERBY's Chandos & Jack Lake 4
Fall Prevention Exercise Class (Upstairs) 10 to 11:15am Darts 6:30pm, LEGION Pickle Ball (\$2) 6 to 9pm NKCC 6	Snacks and Euchre/Canasta 12:30pm NKCC Table Tennis 7 to 9 pm NKCC Euchre 7:00pm Woodview 7pm Ping Pong NKCC 7	Fall Prevention Exercise Class (Banquet Hall) NKCC ShuffleBoard 1 pm, LEGION 8	Playgroup 0-6yrs 10am-12 NKCC Pot Luck Lunch Canasta or Darts 12:30pm Woodview 9	Duplicate Bridge 12:30pm NKCC Music Jam Session 4pm, LEGION 10	CLPOA Sailing Club Race 2 11
Fall Prevention Exercise Class (Upstairs) 10 to 11:15am Darts 6:30pm, LEGION Pickle Ball (\$2) 6 to 9pm NKCC 13	Shuffle Board Cornhole,Lunch Euchre/Canasta 10:30am NKCC Table Tennis 7 to 9 pm NKCC Euchre 7:00pm Woodview 7pm Ping Pong NKCC 14	Fall Prevention Exercise Class ABC Senior Craft Afternoon ShuffleBoard 1pm, LEGION LIONS EUCHRE NKCC 7pm 15	Playgroup 0-6yrs 10am-12 NKCC Pot Luck Lunch Canasta or Darts 12:30pm Woodview 16	Duplicate Bridge 12:30pm NKCC Music Jam 4pm, LEGION 17	FLEA MARKET c/o APSLEY LIONS CLUB (SAT & SUN) 5th Annual Jack Lake MUSICFEST CLPOA Summer Social 18
Fall Prevention Exercise Class (Upstairs) 10 to 11:15am Darts 6:30pm, LEGION Pickle Ball (\$2) 6 to 9pm NKCC 20	Shuffle Board Cornhole Lunch, Euchre/Canasta 10:30am NKCC Table Tennis 7 to 9 pm NKCC Euchre 7:00pm Woodview 7pm Ping Pong NKCC 21	Fall Prevention Exercise Class (Banquet Hall) NKCC ShuffleBoard 1 pm, LEGION ABC Seniors Craft Afternoon 22	Playgroup 0-6yrs 10am-12 NKCC Pot Luck Lunch Canasta or Darts 12:30pm Woodview 23	Duplicate Bridge 12:30pm NKCC Music Jam Session 4pm, LEGION 24	LOCALISH MusicFest in support of Apsley Central Public School CLPOA Sailing Club Race 3
Fall Prevention Exercise Class (Upstairs) 10 to 11:15am Darts 6:30pm, LEGION Pickle Ball (\$2) 6 to 9pm NKCC 27	Shuffle Board Cornhole Lunch, Euchre/Canasta 10:30am NKCC Table Tennis 7 to 9 pm NKCC Euchre 7:00pm Woodview 7pm Ping Pong NKCC 28	Fall Prevention Exercise Class (Banquet Hall) ShuffleBoard 1pm, LEGION ABC Seniors Craft Afternoon 29	Playgroup 0-6yrs 10am-12 NKCC Pot Luck Lunch Canasta or Darts 12:30pm Woodview 30	Duplicate Bridge 12:30pm NKCC Music Jam Session 4pm, LEGION 31	

LOCALISH MUSICFEST

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Give Snakes a Chance

July 16 is World Snake Day, which means it is time to talk about one of the most misunderstood animals in Ontario.

Let's be honest. Many people would rather discover they are out of coffee, have a dead phone battery, or accidentally hit "reply all" on a work email than find a snake in their yard.

Snakes make people nervous. They move without legs. They appear quietly and disappear just as quickly. But fear does not make something dangerous.

The Snake Is Probably More Concerned About You

Imagine you are quietly going about your day when a giant thing, 50 times your size, suddenly appears overhead. That is essentially what happens when a snake encounters a human.

Contrary to popular belief, snakes do not spend their time plotting encounters with people. They are not hiding behind rocks waiting to jump out and scare hikers. They are trying to find food, avoid predators, stay warm, and survive another day. In most cases, when a snake sees a person, its first thought is not "attack." Its first thought is, "How quickly can I leave?"

Ontario's Snakes Get a Bad Reputation

Ontario is home to 17 species and subspecies of snakes. Of those, 16 are non-venomous and harmless to humans.

The only venomous snake in Ontario is the Eastern Massasauga Rattlesnake, and even it has little interest in interacting with people. It is shy and secretive, usually choosing retreat over confrontation. If startled, it will often rattle as a warning and attempt to escape.

What many people do not realize is that the Eastern Massasauga is also an endangered species in Ontario. Its remaining populations are restricted to a few areas, including parts of Georgian Bay and the Bruce Peninsula. Most Ontarians will never encounter one in the wild. Bites are extremely rare. The last confirmed human death from a Massasauga bite in Ontario occurred more than 60 years ago in a case where medical treatment was not sought.

The irony is that while many people fear Massasaugas, the snakes themselves face a far greater threat from habitat loss, road mortality, and persecution.

The Rodent Control Team Nobody Appreciates

Snakes provide a valuable service that most people benefit from, whether they realize it or not.

Many species help control rodents, reducing crop damage, unwanted visitors around homes and cottages, and even tick hosts. In other words, snakes are quietly working the night shift while asking for no salary, no vacation time, and no employee recognition awards. That is a pretty good deal.

More Important Than Most People Realize

Snakes are also indicators of environmental health. They help scientists understand the condition of local ecosystems, serve as



prey for many wildlife species, and have even contributed to medical research.

Far from being villains, snakes are important pieces of the ecological puzzle. Remove enough pieces and the picture begins to fall apart.

Who Should Really Be Nervous?

The greatest danger

facing Ontario's snakes is not predators. It is us. Habitat loss, road mortality, illegal collection, and intentional persecution continue to affect snake populations across the province. Several species are now considered at risk. Many snakes never get the chance to defend themselves because they are killed simply for being seen. That is unfortunate because most snake encounters end the same way: the snake leaves, the person leaves, and everyone survives.

Give Snakes A Brake

One of the biggest threats facing many snake species is road mortality. Snakes are often attracted to warm roads and shoulders, which absorb and retain heat.

Unfortunately, this habit can put them directly in harm's way. If you encounter a snake on a road, please do not intentionally drive over it. A snake crossing the road is simply a native wild animal trying to get from one place to another.

If it is safe to stop, many snakes will move away on their own if you simply stand behind them. Often, a reminder that a giant human has arrived is all the motivation they need to continue on their journey. If that is not your thing, the best help we can offer is to slow down, give the animal space, and allow it to move off the road on its own.

A Different Way to Look at Snakes

World Snake Day is not about convincing everyone to love snakes. That may be asking a bit much. It is about recognizing that fear and respect are not the same thing. You do not have to want a snake curled up beside you on the couch to appreciate its role in nature. You simply have to recognize that it has a place in Ontario's ecosystems.

So the next time you encounter a snake, take a breath before reacting. The snake is almost certainly just as nervous as you are, possibly more.

Snakes help control rodent populations, support healthy ecosystems, and ask very little of us in return. The least we can do is give them the space to keep doing their job. After all, we benefit from it every day.

If you find an injured snake or have questions about a snake, turtle, or nest, please call or text Think Turtle Conservation Initiative at 647-606-9537 for assistance.



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Sunday July 19th 9 - 12**

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LIONS COMMUNITY REPORT

by Brenda Lenson,
Apsley and District Lions Club

HAPPY CANADA DAY!

This year it's Wednesday, July 1 and it's always a fun time for the Apsley Lions Club. As usual, we will be hosting the Annual Canada Day Parade starting at 4:00 pm from Apsley Central School and end up at the Lions Park on McFadden Road. We will be having games for the kids, music, a bike rodeo and thanks to Heritage Canada, we will be having a huge fireworks display at dusk. It is a fun filled time for everyone in the family. Last year, we were pleasantly surprised by the number of kids who came with their decorated bikes and joined us in the parade, hope we are that lucky again this year. Maybe they can sign up for the bike rodeo and have a chance to win a new bike.

FLEA MARKET

We started on May 16th accepting items for the Flea Market. We will continue to accept gently used items until Saturday, July 4th at Lions Park from 9:00 am to 12:00 pm. After July 7th, we will accept items at the Zamboni doors of the arena from 9:00 am to noon from Tuesday, July 7th to Saturday, July 11th and then the second week from Monday, July 13th to Thursday, July 16th from 9:00 am to noon each day. Please do not leave items at the park or the arena when we are not there to accept them. The Flea Market will be Saturday, July 16th from 8:30 am to 2:00 pm and Sunday, July 17th from 9:00 am to noon. I'm sure there will be lots of items there that you just can't live without. Just a reminder, this is a cash only event.

EUCHRE

Euchre continues throughout the summer on the third Wednesday of each month at 7:00 pm. Come on out and have some fun and maybe meet some new people. The cost is \$5.00 per person.

GET INVOLVED

Have you ever thought you might be interested in becoming a member of the Apsley & District Lions Club? It is a great way to serve your community and have some fun doing it. Contact our Membership Chair, Ted Topping, at (705)313-5266 if you are interested.

We hope to see you on July 1st.





THOUGHTS From GAYLE

Gayle Davis, Freelance

Broken Road Ahead

Last summer, in accordance with 'Canadian Summer Road Rules', a couple of culverts were replaced on my road.

As the ground settled, small dips appeared in the road surface. Likewise, with the winter freeze up there were significant bumps where the ground heaved. The township put up a sign to be helpful: 'Broken Road Ahead'. Most wise drivers slow down in anticipation of a change in driving conditions to keep themselves and their vehicles safe. Some just ignore it and bounce on through.

It got me thinking, do we have cautionary signs in our lives to keep us safe? And if we do, do we take note and behave accordingly? Or do we choose



to ignore them?

I suppose one could look at life as a journey. I certainly do. We are all on the road to our final destination. There are twists and turns and detours, some expected and others quite surprising. We journey with each other for a time and then things change. Friendships end. People pass away. Health deteriorates. Seasons change.

Would life be easier if we had obvious 'road signs' to guide our way? Or would we just ignore them and proceed to our ultimate destination.

One area where we should heed 'signs' is our health. Ignoring warning signs in our bodies such as pain or difficulty breathing can lead to a much worse condition once a diagnosis is made. We take our vehicles in for oil changes and tire service to keep them running safely and dependably. Why do we shortchange our own health?

Another sign we choose to ignore is that of deteriorating relationships. The warning signs of change are usually there long before we confront the problem, at which point we are forced to make a decision: is this worth repairing or has this 'season' come to an end? As with our health, to allow a situation to deteriorate usually has a very unhealthy outcome.

How far ahead should we look for the warning? Do we live life in fear, never relaxing, afraid that something is about to happen? Again, an unhealthy choice. That can translate into not 'living' but 'existing'. And we lose the joy that a day or season can bring.

And then there's the question: Do we really want to or need to know the final outcome of some of the things in our lives? There's a song called "The Dance" sung by Garth Brooks. A line in the chorus says, "I'm glad I didn't know the way it all would end, the way it all would go". Sometimes the knowing can destroy the joy. Tragedy surrounds us, if not for ourselves, for others in our families, communities and our world. The chorus ends with, "Our lives are better left to chance, I would have missed the pain, but I'd of had to miss the dance." Being omniscient might have its benefits, and while knowing the joys that we will experience might be encouraging, it would rob us of some of the joy and pleasure of the surprises in our lives. And knowing the sorrows that lie ahead would just rob us of the delight of our precious allotment of days. While I don't agree with leaving life 'to chance,' I do think we are better off living each day to the fullest, embracing joy, working through sorrow and seeking peace in all situations, as much as we can. We all have a 'broken road' to travel. It looks different for each one of us. We live in community and each of us experiences our own ups and downs. But we don't have to travel that road alone.

Recently we lost our beloved Golden Boy, Levi. The outpouring of sympathy accompanied by remembrances of him was totally unexpected. The kindness is helping us to move through the sorrow. He was a gentle giant who touched so many hearts and lives. We also recently attended the wedding for a lovely young couple from church where we were invited to share in their happiness. Isn't it a blessing to have those in our lives who will

multiply our joy and lessen our sorrow in any and all circumstances?

Broken roads lie ahead for all of us. But peace and acceptance can be at hand thanks to the love and support of our fellow travellers who help us navigate through the 'broken' roads of life.

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Contributed by Maaik Berg-Nonnekes

It's that time of the year with the hot, hazy and lazy days of the summer season. This signals a change in our routines and we welcome a slightly different schedule to enjoy more outdoor activities and interests: maybe more reading, gardening, time with family and friends, water sports, and perhaps a mini vacation to explore a new place!

It's a good time to give a break to the many dedicated "behind-the-scenes" volunteers who make every Tuesday a welcoming place. Each week there is a team that sets the tables, plans the menu, shops for the needed groceries, prepares the food, serves and cleans up, sets the coffee pot on, corn hole is equipment put out and stored again, the 'Share the Wealth' table is managed, events are researched and arranged and creative Wednesday crafts are made available! Thank you to all who are involved, week after week, to make this happen. This is evidenced by the following statistics that were highlighted at the AGM:

- 104 days of regular programming
- 4200 meals were served
- 50 days of pickleball
- 50 afternoons of Euchre and Canasta
- 40 mornings of Corn Hole
- 25 Craft days and,
- over 13 special events and speakers

Overall, the survey reveals that members find that the Club helps them feel more engaged in the Community and that their participation helps to reduce feelings of isolation.

Even though the weekly lunches are on hold until September, a catered hot lunch will be served on July 21 and there will be one in August! However, , the Tuesday cards will continue to be dealt throughout the summer at the usual 1:00 p.m. start following coffee and snacks at 12:30 p.m. Tuesday morning Corn hole will be replaced with an extra Pickleball session.

During the month of June, members were offered an opportunity to learn to bake several dessert options. Thank you, Lisa, for initiating and leading the delicious workshop. Members also participated in an afternoon of Bingo and many came away with cash prizes. Another annual favourite on June 9 was the picnic lunch catered by the Apsley Lions.

Upcoming events include entering a float in the Lions Canada Day parade on July 1st and a trip to the 4th Line Theatre production, "Schoolhouse" in early July.

The annual Bazaar raffle is underway and the \$2.00 tickets are available from any Club member or you can visit us on Tuesday afternoons at the NKCC to purchase your tickets. The prizes from several local artists include: a twin hand-stitched quilt, a hand-felted shawl and an acrylic painting, "Red Fox Dawn."

If you are interested in joining or learning more about the ABC Seniors Club, please visit us on Tuesdays at the NKCC at 12:30 p.m. or contact: : abcseniorscommunications@gmail.com

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A Free Lake & Community Event!



TREE OF HOPE

By Shirley MacFarlane

What began as a fun project using forks, my imagination went wild as I could not stop thinking about the food these forks would have seen. I began to think about the food insecurities many people face during these uncertain times. 2,600 forks were drill pressed and pull tied by me, which gave me a lot of time to think about my "Tree Of Hope". Thinking if everyone could donate just one item or one dollar to the food banks in our communities, it would keep them full for all who are in need. It really doesn't take much if all who could, would participate. My tree of hope is now located on highway 28 at the home of Andy and Julie McGinn in Apsley for all to see and reflect on its meaning and purpose.



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COMMUNITY NEWS

by Katie Bryck

On May 20th we celebrated both our Apsley & Lakefield volunteers at Burleigh Falls Inn! We had a beautiful & delicious breakfast and awarded multiple volunteers for their years of service.

In Apsley, we awarded:

Carolyn B for 2 Years of Service

Sandra B for 2 Years of Service

Pat M for 2 Years of Service

Maaiké B for 2 Years of Service

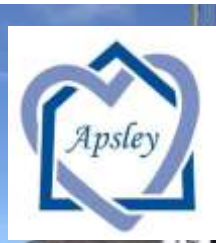
Rick N for 2 Years of Service

Roseann L for 2 Years of Service

Angela M for 2 Years of Service

and Jill D for 5 Years of Service

Congratulations to you all, we greatly appreciate all you do for our clients and community



We're Moving!

**Community Care in Apsley will have a
new home at 91 Burleigh St. as of July 27, 2026!**

**We look forward to welcoming you to our new home. A beautiful and
accessible location for our service office and Apsley Thrift Store.**

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COUNCIL'S CORNER

by Mayor Carolyn Amyotte,
Township of North Kawartha

Please visit www.northkawartha.ca for all things municipal in North Kawartha. If you would like to receive regular municipal updates you may also subscribe to North Kawartha's email alerts via the website as well. If you would like to watch the Council meetings, please subscribe to the Township's YouTube Channel. For those of you that are active on social media please follow me @MayorAmyotte. It is my intent to share positive, factual and timely information about issues, events and happenings that impact our community and residents. To contact me directly, my phone number is (705) 931-1342 and my email is mayor@northkawartha.ca.



Here's a few things that happened since my last update:

- Council held a statutory public hearing for the Official Plan and Zoning Bylaw Amendments for a proposed housing development in Woodview
- We endorsed the draft Peterborough County Joint Community Safety and Well-Being Plan
- Council agreed to participate with the County in Growing Canada's Community Canopies initiative for a residential tree giveaway program
- The Teeny Summit held at the Burleigh Fall Inn was a resounding success
- Council was excited to celebrate the promotions of our following staff. Kelly Pick was promoted to Clerk, Keely-Anne Johnson was promoted to Deputy Clerk, Shawn Tucker was promoted to the Parks and Recreation Supervisor, Jason White was promoted to Public Works Foreperson and Mackenzie White was promoted the Financial Analyst/IT Supervisor
- We were also pleased to welcome the following new staff: Candice McFadden as our Municipal Office Customer Service Representative, Anna Kaschak as our Parks and Recreation Administrative Assistant/Customer Service Representative, Sarah McConnel as our Interim CEO/Librarian, Colin Jones as our IT Support Technician and Shannon Hunter as our Interim CAO
- Last but not least CAO Alana Solman has retired effective June 30, 2026. On behalf of Council and the entire Township we want to thank Alana for her guidance and leadership over the past decade. We wish you all the best in your retirement!

Here's the upcoming meeting schedule:

Regular Meetings of Council are held on the first and third Tuesdays of the month, except in July when Council meets on the second Tuesday
Regular Meetings of North Kawartha Library Board on the fourth Tuesday of the month, except in July and December

North Kawarthans Honoured at Peterborough County Recognition Awards

Shared by Carolyn Amyotte, Mayor

I always say one of the best things about being a Mayor is getting to acknowledge and celebrate the achievements of your fellow community members. In May, we had the privilege to honour several North Kawarthans at the Peterborough County Recognition Awards.

Merle Post- Community Volunteer of the Year
Keegan Perks- Youth

Pat Kemp and Eva Malloy- Act of Heroism

Hermana's Boutique- Business Leadership

Doug Colmer- Environmental Recognition

Molly Moldovan- Leadership in Arts and Culture.

All these folks have made a positive impact in our community and the recognition for their contributions is well deserved. They demonstrate my firmly held belief that the greatest asset of any community is its people. Congratulations and Thank You!

Proud to have hosted the Teeny Tiny Summit right here in North Kawartha

Submitted by Peterborough County
Hope in Action at the Teeny Tiny Summit!

Peterborough County and North Kawartha were proud to host the Teeny Tiny Summit on May 28 in beautiful Burleigh Falls, a day that truly embodied this year's theme: "Hope in Times of Crisis."

From start to finish, the energy in the room was inspiring. Our keynote speaker, Leslie Fournier, reminded us of the incredible power of community - how, when we come together with purpose and positivity, we can create meaningful and lasting change.

The summit also celebrated creativity and innovation, with local artists showcasing unique installations made even more impactful through the support of the North Kawartha tea. Entrepreneurs shared powerful insights on building strong support ecosystems and the role of positive thinking in growing both businesses and communities. We were honoured to hear from our First Nation partners, who spoke about bridging tradition and innovation - especially in advancing food security for future generations.



A thoughtful panel discussion highlighted the importance of community collaboration in times of crisis, including how we rally together when tragedy impacts local employers and livelihoods.

One of the most exciting parts of the day? Seeing attendees actively create and share their own "teeny tiny" ideas, small sparks of innovation they can take home to strengthen their own communities!

Thank you to everyone who joined us, contributed, and helped make this event so special! A special thank you to the Burleigh Falls Inn for hosting, and to Rural Ontario Municipal Association - ROMA for their ongoing financial support.

Together, we are building stronger, more resilient communities - one teeny tiny idea at a time!

Learn more about the Teeny Tiny Summit series here <https://www.roma.on.ca/about-roma/teeny-tiny-summits>





Joyce Honoured

Shared by Harrison Perkins -
Peterborough/ Kawartha Lakes

Joyce Corner inducted into the International Swimming Hall of Fame



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PROUD TO BE LOCAL

Those that remember, Joyce used to submit the Book Nook Column here in the Backroads, and I saw this posted and wanted to share for our readers. - Helena

The late Joyce Corner who started the Kawartha Trent Synchro club in 1980, has been officially inducted into the International Swimming Hall of Fame as an Honour Masters Synchronized Swimmer.

The honour was announced during the organization's 61st Annual Honoree Induction Weekend held May 15 and 16 in Fort Lauderdale, Florida.

According to the official induction program, Corner's contribution to synchronized swimming spans more than five decades as an athlete, coach, official and ambassador for the sport.

She began synchronized swimming at the age of eight before later coaching with the Mississauga Synchronized Swimming Club, where she served as head coach of both the competitive and Masters programs.

A pioneer in Canadian Masters synchronized swimming, Corner helped establish one of the first Masters programs in Canada in 1980 before founding the Kawartha Trent Synchro club later that year. The club went on to become one of the most successful grassroots synchronized swimming organizations in Canada.

Corner's competitive career also saw her earn major success on the international stage. She won four World Championship medals between 1992 and 2008, including one gold, one silver and two bronze medals. She also captured four Masters World Championship medals, highlighted by three gold medals and one silver.

In 2000, Corner was named a Masters World Champion soloist and earned numerous Canadian national titles throughout her career.

Beyond competition, Corner served on the Canadian synchro committee and contributed to FINA Masters Committee initiatives, helping shape the growth of synchronized swimming worldwide.

The International Swimming Hall of Fame honoured Corner alongside several members of its 2026 induction class during the annual ceremony in Florida.

The award reads: "Proudly Inducts Honour Masters Synchronized Swimmer Joyce Corner Canada – May 15, 2026."

Corner died in June 2024 at the age of 97.

Photos: The Corner Family

Joyce Corner (CAN)
2024 Masters Synchronized Swimmer

International Highlights:

- 8 FINA Masters World Championships from 1992-2008
- 14 Masters World Championship Medals—10 Gold, 3 Silver, 1 Bronze
- Numerous Canadian National Championships

Joyce Corner will be posthumously inducted into the Masters International Swimming Hall of Fame, honoring a lifetime of extraordinary contributions to synchronized swimming as an athlete, coach, official, and global ambassador for the sport.



APSLEY LEGION BRANCH #381

Contributed by Lori Brock

July is here, and we are excited to share what is going on at your local Legion Branch 381!

We will be celebrating Canada Day with a BBQ starting at 11 a.m. The Legion is on the parade route, and we love having the opportunity to watch the parade with all of you.

July 4th will be the return of our meat draw. We open at noon, and draws are at 1:00, 1:30, 2:00, and 2:30.

Not only is our branch celebrating the important milestone of 80 years, but the Royal Canadian Legion is celebrating 100 years! July 17, 1926, marks a significant milestone in our history, the day the Legion was officially incorporated by an Act of Parliament. Today, we proudly celebrate that date as our

anniversary. One hundred years of supporting Veterans, building stronger communities, and remembering the men and women who served our country. We will open at 1 p.m. on July 17th to celebrate. As usual, our Friday night jam will start at 4 p.m., followed by our weekly potluck at 6 p.m.

We are overjoyed to be welcoming back Cimarron Canada, Asado in Apsley, on August 1st from noon to 6 p.m. This licensed event brings together incredible South American flavours, live music, and a lively celebration of food, culture, and community. We are looking for sponsors for this event, any interested party can email Sergio at barboza.sergio11@gmail.com.

This is it! Your Royal Canadian Legion Branch 381 executive team for the 2026–2027 election year!

We are excited to serve our members and community over the coming year. Congratulations to everyone elected.

President: Dylinna Brock

Vice President: Brenda Mills

2nd Vice President: Roseann Latchford

Sergeant-at-Arms: Jon McColl

Secretary: Alicia Joyce

Executive Members:

Amber Mather

Dave Smith

Mike Mills

Jack Knowler

Carol Kerr

Here's to a great year ahead at Branch 381



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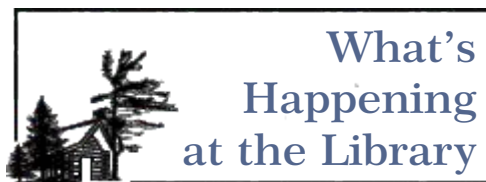
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Saturday August 1
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A FULLY LICENSED EVENT!!

Bring your family and friends for an unforgettable Summer Celebration!



What's Happening at the Library

We have lots happening at the library this month for all ages!

www.northkawarthalibrary.com

Apsley Branch 175 Burleigh St

Woodview Branch 66 Northey's Bay Rd

Splish Splash Story Time

Wednesdays in July, 10 am – 10:30 am - Apsley Branch.

Join us for a story and song group for preschoolers! We'll be in the children's area at the Apsley Branch on July 8th, 15th, 22nd, and the 29th for an engaging water-themed story. This is a great way to spark imagination and early literacy skills in a social setting for your children. Free drop in. No registration required.



Page Splashers

Wednesdays in July, 10:45 am– 11:30 am - Apsley Branch.

Dive into different stories and water-themed activities with a splash! Bring your children aged 6 to 9 years old on July 8th, 15th, 22nd, and the 29th. Free drop in. No registration required. Space limitations may apply.

Tween Scene

Wednesdays in July and August, 2 pm – 3 pm - Apsley Branch.

Calling all Tweens! Chill at the library every Wednesday this summer for an hour of activities, games, or crafts. Make new friends. Ages 10+. Free drop in. No registration required.

Summer Saturday Story

Saturdays in July and August 10:30 am – Woodview Branch.

Bring your kids to the Woodview Branch to sit back and hear an engaging story as a family. All ages. Free drop in. No registration required.



The Art of Bouquet Building!

Wednesday, July 8th at the Apsley Branch: 6:30 to 8:30pm OR

Thursday, July 16th at the Woodview Branch: 10am to Noon.

Join floral designer Sue Rankin of Flowers by Sue for an inspiring hands-on workshop celebrating the beauty of seasonal garden blooms. Participants will learn expert techniques for harvesting, conditioning, and arranging flowers using Sue's simple six-step design formula. Participants will then create their own arrangement to take home in a premium glass vase. This workshop is perfect for anyone looking

to extend the life of their flowers and gain confidence in creating stunning, professional-looking bouquets. Pre-registration is required by calling 705-656-4333 or emailing programming@northkawarthalibrary.com. There is a cost payable of \$45 which includes all materials.

Ukulele is back by popular demand!

Drop in outdoor social strumming Fridays 1:00 pm to 2:00 pm - Apsley Branch.

Join us for a relaxed social hour of ukulele. Beginners and experts welcome. Bring a lawn chair, your uke, and your desire to share your musical interests with your community. Don't own a ukulele? No problem, the library has a few in our Library of Things! Free drop in. No registration required. 175 Burleigh Street. Weather permitting.

Books and Banter Book Club

Tuesday July 28th, 10 am – 12:00 pm – Woodview Branch.

Join our book club at the Woodview Branch. We meet once a month to discuss books we have read that match our pre-selected theme. Come for the book talk, stay for the informal coffee and chat. Bring a friend or meet new ones! Free drop in. No registration required. Call 705-654-1071 for more information.



Connected Canadians Cyber Safety: Understanding the Digital Landscape

Saturday July 18th, 10:00 am to 11:30 am – Wilson Park Community Centre.

North Kawartha Public Library has partnered with Connected Canadians to present this informative workshop to explore the digital

landscape, learn to recognize risks, and gain practical strategies to protect personal information. Connected Canadians is a registered charity focusing on digital literacy and inclusion. Free to attend with registration required. Sign up by calling or visiting the Woodview Branch at 705-654-1071 or email programming@northkawarthalibrary.com.



Mah Jongg Club

10 am – 12 pm,
Both Branches.

Come learn how to play or share your expertise! Bring your card and tile set or just bring yourself. Everyone welcome. Free drop in. No registration required. Tuesday June 30, July 7, and July 21 at the Woodview Branch, or Friday June 19 and July 17 at the Apsley Branch.

Art Salon

Friday July 3 and Friday August 7,
10 am – 11:30 am – Apsley Branch.

Are you passionate about art? Come connect to discuss all things art related. A good chance to meet other creative souls! Everyone welcome. Free drop in. No registration required.



Turtle Guardians

Saturday, August 1st -

Drop in between 10am - 2:00pm - Apsley Branch.

Don't miss this opportunity to come and learn from The Turtle Guardians! They are bringing their LIVE turtles to town to show off and teach families all

about them. While interacting with the turtles you will learn about identifying turtles, their habitats, and other cool turtle facts. Come and learn how you too can best support these amazing creatures! Themed merchandise will be available for purchase from the Guardians. Free drop in. No registration required. All ages.



Annual Book Sale Fundraiser

Apsley Branch.

Friday July 24, 9:30 am - 4:30 pm

Saturday July 25, 9:00 am – 1:30 pm

Rain or Shine! Books, DVDs, puzzles, we will have it all this year! Thank you for all your donations, we

can't wait for you see the great selections we have. If you are interested in volunteering to make this a great event, please call Sarah at 705-656-4333, we would love to have you to help make this event be another great success.



Kid's Club End of the Year Wrap-Up!

A huge thank you to all the amazing kids who brought so much energy and creativity to the library this year.

We wrapped up our last weekly meet this week with lots of treats and free lemonade for all!

We are so proud of everything you made, and discovered, and the kindness you shared.

Have a wonderful summer, we can't wait to see you all for more fun next year!





VIEW FROM THE CABIN

by Rick de Haan

Priceless Memories

"You wanna keep going? Or have you had enough and want to go back?" I asked my granddaughter.

"Oh no, I want to keep going... if that's okay!"

"It's okay with me, I'd love to go as far as we can. There's a nice spot up-river I want to show you. That'll make for a nice paddle before Gramma has lunch ready!"

We had just arrived the day before at a cottage along the beautiful, slow moving river. For a week every July we rent the cottage with my daughter, her husband, and our two granddaughters.

It was mid-morning, the sun wasn't too hot yet, the birds were singing, and the river was like glass. The only ripples on the water were from our canoe. Perfect for a nice relaxing paddle.

My oldest granddaughter, Rhea, who was eleven at the time, stopped paddling and looked up, "What's that bird Grampa? It makes a funny noise when it flies!"

The bird flew from one side of the river to a low

hanging branch over the water on the opposite bank, emitting a rattling call. "That's a Kingfisher! Handsome bird isn't it?"

"Yeah. Does he eat fish?"

Rhea had been asking all kinds of questions about nature. I hoped that I could answer them all. "Yup, he'll sit on that perch over the water and wait till a small fish swims near the surface, and then he'll fly out, hover for a second or two, and dive right into the water to grab it."

"Cool!"

It was nice to see her enjoying the river and the secrets that it revealed. We marvelled at all the different flowers along the shore which provided a colourful bonus to the otherwise green and blue landscape. Ducks flew up ahead of us as we quietly made our way upstream. Rhea wanted to know what kind they were. Catching only a fleeting glimpse, I tried my best to identify them. I knew if I was mistaken, she wouldn't know the difference anyway, but I did tell her what I "thought" they were if I wasn't sure.

I was amazed that at her age she could paddle as well as she did. I told her she paddled better than many of the grown-ups I'd canoed with over the past 50 years. She was happy to hear that, and I'm convinced she made sure to keep up a good paddling rhythm after that. She had her mother's pluck!

The river was wide, and lazily wound its way through some of the most wild and beautiful country Ontario has



to offer. There were very few cottages up on this stretch of the river, and at one point along our journey there were not any buildings to be seen at all. The only signs of "habitation" were a couple of beaver lodges along the rocky shore. Only one had fresh sign of any activity. We stopped paddling and drifted slowly by while I explained some interesting beaver facts and how amazingly industrious they are in building their lodges and dams. I told her how they will make a submerged feed pile nearby consisting of fresh poplar and aspen branches. Then they can grab dinner and drag it up through the submerged tunnel entrance leading to their living quarters inside the lodge. That way they could safely survive the winter without having to expose themselves to hungry predators like wolves and lynx.

At the farthest point upriver that I had planned to go, there was a rocky outcropping, and nestled just inside the woods was an old log cabin that I thought Rhea would find interesting. The run-down front porch would've had a nice view of sunsets across the river. The ancient logs looked like they'd seen better years, making me think that it had been abandoned long ago. In a clearing not far away there were signs of a new and bigger cottage about to be built. The old cabin now stood very lonely and forgotten. There was still an old rickety picnic table out front near the granite shore. I imagined all the memories that the old place still held.

The trip back was a little easier since we were now paddling down-river, carried along by the slow flow of the current. I told Rhea that she could stop paddling if she wanted and just sit back to enjoy the views. I did the same. It wasn't a race. Lunch could wait. Chickadees and ruby-crowned kinglets flitted along the shore, red-tailed hawks soared in the vast blue skies above, and those handsome kingfishers rattled as they flew, then dove with a splash into the calm waters.

Jack pines competed with white pines along the shores, their reflections rendered perfectly on the glassy surface of the water. Wild roses, their bright blooms now opened to the warming sun, dotted the river's edge like pink dabs of paint on nature's canvas.

When our canoe glided in and gently bumped the dock, we had been gone just over two hours and had not seen a living soul. Rhea was all smiles after she climbed out of the canoe and looked back over where we had gone. Lunch was almost ready. As we came through the door, the delicious aroma of frying fish that had been caught that morning made my stomach rumble.

Cottage life was good!

A few days before writing this article and as we prepared for this year's trip to the cottage, Rhea asked me if we could go canoeing again. I smiled . . . she already knew the answer. I looked as forward to it as she did!

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“I’m Hooked and Hoping You Will Be Too”

Submitted by Juliet Campbell



Last spring I received a call from an acquaintance asking if I would be willing to give some time to a volunteer driven, not for profit organization’s annual fundraiser. At that moment, I was introduced to the North Hastings Community Fish Hatchery, an amazing initiative with an extraordinary story. I began fishing for some information and was immediately hooked!

The North Hastings Community Fish Hatchery (NHC FH) was hatched by a passionate couple, 20 years ago, who believed local lakes in need of rehabilitation should be stocked with local fish, “local fish for local lakes”. Realizing local fish hatcheries were declining they took action. Dennis and Mary LeFeuvre felt so strongly they donated 18 acres and this project began.

In 2001 the NHC FH was created with the support of many sponsors and partners. By 2007 construction of a state-of-the-art facility began. This hatchery raised a unique strain of trout, The Jewel, that has been adapted to conditions in our area providing a yearling with a better survival rate for local lake trout rehabilitation. To reinforce this approach, yearlings raised at NHC FH are more mature than some others being released at 18 months old with a length of approximately 10 to 12 inches , once again, increasing the survival rate further to approximately 80%.

Once introduced to this enterprise I received a call from the president of the hatchery. His enthusiasm was infectious. He said “you know the trout is the canary of the lake”, they indicate lake health. That comment caught my interest and I was reeled in.

Each year the Ministry of Natural Resources meets with the NHC FH board members to supervise stocking locations. This process stocked 18 lakes this spring, quite an amazing contribution! On a personal note, this hatchery has stocked our lake, Eels Lake, more than once during our rehabilitation stages not to mention many other lakes in the area. Over and above this contribution the North Hastings Community Fish Hatchery is an environmental steward at heart and collaborates with the Bancroft Stewardship Council, Watersheds Canada and local cottagers associations.

Yearly, this remarkable organization runs special events to support its financial commitments with limited government support. They host a Fish Fry & Pig Roast and extensive silent and live auction in July serving upwards of 300 people, a Valentine’s Day Dinner and Dance and assist with the Baptiste Lake Association Pike Derby. I encourage you to visit their website: fishhatchery.ca., take a tour, purchase tickets to an event. You just might be lured in and want to cast some support in their direction.



A couple of Maple inspired recipes for Canada Day!

Chicken Drumsticks in a Maple Barbecue Sauce

Ingredients

BARBECUE SAUCE

1 cup canned crushed tomatoes
1/4 cup maple syrup (preferably dark syrup)
1 tbsp maple vinegar
3 tbsp cider vinegar
1 clove garlic, finely minced
1 tsp Dijon mustard
1/2 tsp Worcestershire sauce
1 tbsp Mexican chili powder
1 orange, for its zest
1 tsp onion powder
1/2 tsp smoked paprika

DRUMSTICKS

12 chicken drumsticks, skin on
1 tbsp sesame seeds
5 sprigs fresh chives, snipped

Method

BARBECUE SAUCE

Combine all sauce ingredients in a small saucepan and bring to the boil. Reduce heat to low and simmer uncovered for 30 minutes, stirring regularly. Allow to cool before mixing with the chicken.

DRUMSTICKS

Place chicken in a dish or sealable plastic bag. Pour in half the sauce (or a bit more, if needed) and toss to coat all the drumsticks. Cover the dish or seal the bag and marinate in the fridge for at least 2 hours.

Preheat barbecue to high and oil grill.

Turn heat down to medium-low. Place drumsticks on the barbecue and grill for 20 – 25 minutes, turning regularly, until the meat easily pulls away from the bone or internal temperature reads 74° C (165° F). The barbecue sauce is sweet, so the drumsticks tend to caramelize quickly. If this occurs, move them to indirect heat to finish cooking and prevent them from burning.

Sprinkle drumsticks with sesame seeds and chives just before serving them with the remaining sauce.



Chipotle Maple Shrimp Tacos with Mango Salsa

INGREDIENTS

For the Shrimp

3 tablespoons Maple syrup
2 tablespoons adobo sauce from a can of chipotle peppers
1 chipotle pepper, chopped
2 cloves garlic, minced
1/2 teaspoon lime zest
Juice from half a juicy lime, about 1/2 tablespoon (reserve the other half of the lime for serving)
1 lb medium or jumbo shrimp, peeled and de-veined
Salt, to season

For the Mango Salsa

2 mangoes, diced, about 1/2 cup
1 avocado, diced
1 jalapeno, seeded and finely chopped
1 small shallot, chopped, about 3 tablespoons
2 tablespoons lime juice, from about 1 juicy lime
Salt, to season
6 soft corn or flour taco shells
1 tablespoon vegetable oil
Cilantro, to serve (optional)
Scallions, chopped, to serve (optional)



In a medium mixing bowl, stir the maple syrup, adobo sauce, chipotle pepper, garlic, lime zest and lime juice together. Toss in shrimp and season with salt. Set aside.

While the shrimp marinates, prepare the salsa. In a medium bowl toss the mangoes, avocado, jalapeno, shallot and lime juice together. Season with salt. Taste and adjust accordingly. If you're a big fan of maple, add a teaspoon or two to boost the sweetness! (It'll be nice with the smoky heat of the chipotle!)

Heat your taco shells in a small skillet until warm. Stack under a tea towel to keep warm.

In a large skillet over medium-high heat add the vegetable oil. Heat until it's shimmering. Add the shrimp with the marinade and cook for about 1 minute until the shrimp begins to curl. Flip the shrimp and cook the other side until the shrimp is cooked through, about another minute. When the shrimp is done it should be pink and the tails will have curled in. Remove from heat and prepare your tacos!

Add shrimp to the taco shells, top with salsa, cilantro and scallions. Squeeze the reserved lime over the tacos.

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**AROUND
THE
LAKES**

Chandos Lake Fireworks Show Returns for the Civic Holiday Weekend

The Chandos Lake Property Owners Association (CLPOA) is pleased to once again present the annual Chandos Lake Fireworks Show, one of the highlights of the summer season on Chandos Lake. This event is open to everyone in North Kawartha. Whether you're a year-round resident, seasonal cottager, visitor, or guest, we invite you to join us for an exciting evening celebrating our community.

Everyone is welcome on Saturday, August 1, 2026, for an exciting evening of family-friendly entertainment. The fireworks display will begin at 9:30 p.m. and will be launched from Chandos Beach, creating a spectacular show visible from both the shoreline and the water.

In the event of inclement weather, the display will be postponed to Sunday, August 2. If weather conditions prevent the show from proceeding on either date, every effort will be made to reschedule it for the Labour Day weekend.

This year's display is once again being produced by Supernova Fireworks of Peterborough, whose professional team has earned a reputation for delivering outstanding fireworks shows throughout the region.

Chandos Beach and its parking area will be open to the public. Attendees are reminded that parking on the shoulders of Highway 620 is prohibited and may result in enforcement action. Please plan accordingly and allow extra time for arrival.

The CLPOA extends its sincere thanks to the businesses and individuals whose generous support makes this event possible. We are grateful for the continued sponsorship of Clark Breuls – RE/MAX Country Classics Ltd., Apsley Home Hardware, Tuckers Marine, Ash-Tec Roofing & Construction, Cottages4Sale Team – Bowes & Cocks, Kawartha Docks, Sayers, Conlin Premier Construction, Cottage Toys, Anthony Halcovitch / Kawartha Fun on the Water, Kawartha Heating Solutions, R & J Machine – Marine Docking & Lifts, Shield Construction Management Ltd, Tania Rightmyer – Ball Real Estate Inc. Brokerage, Waddell Custom Homes, and the members of the Chandos Lake Property Owners Association.

We look forward to welcoming residents, cottagers, and visitors for another memorable evening celebrating our community. We hope to see you there.



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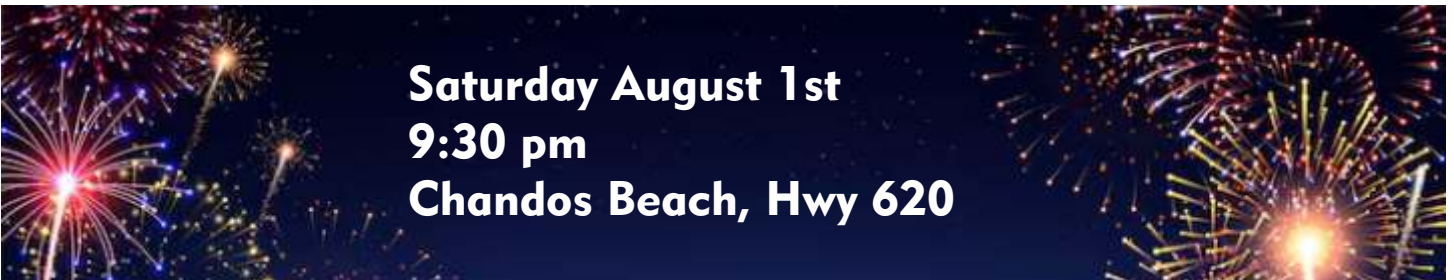


CENTURY 21

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Saturday August 1st
9:30 pm
Chandos Beach, Hwy 620





<https://www.bancrofterusaders.ca/>

On June 13th, I had the honour of speaking at the Relay For Life event at Millenium Park in Bancroft.

This annual event put on by a VERY DEDICATED group of volunteers was one of the most humbling and inspiring events I've attended in a very long time. The Survivors Walk hit me in my core and to be able to share my story and give hope to even a few people filled my soul. In the last 20 years they have raised an impressive \$ 1.25 million for the Canadian Cancer Society.

"Your contributions play a crucial role in funding the brightest minds in cancer research, helping to improve and save the lives of individuals battling all types of cancer.

When you donate to the Canadian Cancer Society (CCS), you are not just making a financial contribution; you are empowering a compassionate national support system that ensures no one faces cancer alone.

Thanks to supporters like you, today approximately **64% of Canadians diagnosed with cancer** will survive at least five years after their diagnosis—an incredible increase from just **25% in the 1940s** when CCS began funding research. This progress is a direct result of advances in early detection and innovative treatments, including more precise and less damaging surgical, radiotherapy, and drug therapy options."



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Life truly is a circle....

**As seen on the Burleigh Falls Inn Facebook Page



Today, shortly after booking a room for a grandfather whose Granddaughter is getting married here at the Inn this October, He sent me this photo...

It's his mother (the Bride's Great Grandmother) vacationing here at the Falls with her family in the 1930's.

What a special memory to share - and we are looking forward to hosting him & his entire family this coming fall as we celebrate another milestone with them. The Grand Old Lady - still stands proudly! You can see the outline of the Inn as it is now in this photo.

Shared with Permission from Barry P.

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peterborough

Need help finding services?

Peterborough County Hubs can help connect you to the services you need.

Free Drop-in

Get information on services and programs:

- Healthcare services
- Mental Health services
- Addiction services
- Developmental services
- Employment
- Housing
- Income
- Services for Seniors and more.

Visit your local County Hub

Apsley
Community Care - Apsley
126 Burleigh Street, Apsley
1st and 3rd Wednesday | 10 am-3 pm

Need help now?

Local Services Helpline Dial 211
Mental Health Helpline Dial 988
Social Services 855-738-3755

peterborough.ca/hubs | hubs@peterborough.ca

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free experience to achieve the best possible results. Every listing receives professional marketing attention, including high-quality photography and drone imagery to showcase your property at its very best.

Call for your Free Market Value Estimate!"



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