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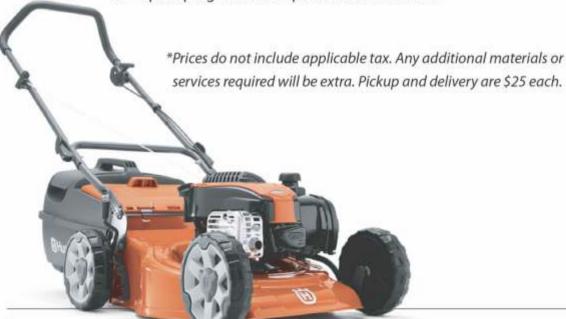
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From The Editor's Desk MAY 2025

This is a free magazine that publishes 8 times a year. Copies are distributed by Canada Post and for local pickup from Lakefield to Bancroft, Paudash, Cardiff and Coe Hill region including all of the Apsley area. If you don't receive one in your mail box, you can pick up a copy at one of several local merchants

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Subscriptions are available for \$55.37 (HST included). Makes a great gift! Mailed to your door, Eight times a year.

With the wicked Ice Storm behind us, we can finally pack away our winter cozies and start to enjoy the sights, smells and tastes of Spring. Winter fiercely held on and there is still much cleanup from the damage. Our community, once again pulling together to help those in need: clearing trees, sharing gas and generators, offering warm places,

hot showers, etc.

One blessing I found from the power outage and no internet was a chance to detox from my phone and screens. We had no power for a couple days, and no internet for almost a week. My 17 yr old and I dusted off the old DVD's and didnt binge watch Netflix like we normally do. Reducing screen time also helped me appreciate refocusing on things that didn't require technology reading, painting, drawing and getting outside. My son, on the other had was "devastated" over losing his "streak" in Snap Chat with his friends—first world problems..ugh. I actually took three days after we got sorted from the power outage to go to a friends off grid cabin—just me, my thoughts, four walls and a woodstove. Something I'd recommend every person do as often as you need it. Sit still with your thoughts, get back to nature, rest and recharge.

On that note, I'm excited to share a new Backroads column focusing on things that get us back to our roots and inspire living a "Backroad Lifestyle". Gardening, Homesteading, Natural foods, Healing and more. It will feature different contributing authors (young and old) each sharing something they are passionate about.

With our first warm weather long weekend coming up, we welcome cottagers back to our lakes and dive back into what makes our wee town so special friends, events and making memories. I'm also excited to be back to 6 months straight of the magazine: (May through to October) to help get the word out about our local business services and community events.

Soak in the sunshine and have an amazing May!!

Cover Photo Credit:Unsplash.com

Helena

Helena McMann

Publisher, Editor, Owner

705-761-6213

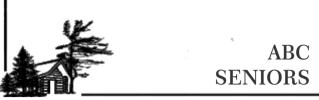
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THURSDAY FRIDAY SATURDAY **MONDAY TUESDAY** WEDNESDAY Playgroup Looking JUNE 15 Fathers Day 0-6yrs JUNE 21 National Indigenous Day 10am-12pm JULY 1 Canada Day **NKCC JULY 19 Lions Flea Market** Ahead **AUGUST 4 Civic Holiday** Pickle Ball (\$2) 6pm to 9pm **NKCC** 1st, 3rd, 5th 1 2 3 Thurs Fall Prevention Shuffle Board Fall Prevention **Playgroup Duplicate MOTHERS** Exercise Class Cornhole, **Exercise Class** 0-6yrs Bridge **DAY IS** 10-11am NKCC Lunch. 10-11am NKCC 10am-12pm 12:30pm NKCC TOMORROW!! Darts Euchre/Canasta Pickle Ball **NKCC** Starts 10:30am 6:30pm, LEGION Music Jam 11:15am-2pm **NKCC** Craft Class Session Pickle Ball (\$2) 2-4 pm. NKCC 4pm, LEGION 6 to 9pm NKCC **Table Tennis** (not Stat 7 to 9 pm NKCC **ShuffleBoard** Holidays) 1 pm, LEGION 7 8 9 10 **Fall Prevention** Fall Prevention **Shuffle Board** Playgroup **Duplicate** 0-6yrs **Exercise Class Exercise Class** Bridge Cornhole. 10-11am NKCC Lunch. 10-11am NKCC 10am-12pm 12:30pm NKCC **Euchre/Canasta** Pickle Ball **NKCC Darts** 6:30pm, LEGION Starts 10:30am 11:15am-2pm Music Jam Craft Class **NKCC** Pickle Ball (\$2) Session Pickle Ball (\$2) 2-4 pm. NKCC 4pm, LEGION 6pm to 9pm 6 to 9pm NKCC **Table Tennis NKCC** (not Stat 7 to 9 pm NKCC 1st, 3rd, 5th ShuffleBoard 1 pm, LEGION 4 15 16 17 Holidays) 12 Thurs **Shuffle Board EUCHRE 7pm Duplicate VICTORIA** Playgroup \$5 Lions Club. Cornhole. 0-6yrs Bridge DAY **NKCC** 12:30pm NKCC Lunch, 10am-12pm Euchre/Canasta **Fall Prevention NKCC** Starts 10:30am **Exercise Class** Music Jam **NKCC** 10am NKCC Session 4pm, LEGION Pickle Ball11:15 **Table Tennis** Craft Class 2pm 7 to 9 pm NKCC **ShuffleBoard** 1 pm, LEGION21 20 23 19 22 24 **Shuffle Board** Fall Prevention Fall Prevention Playgroup **Duplicate** Exercise Class Cornhole. **Exercise Class** Bridge 0-6yrs 10-11am NKCC Lunch. 10-11am NKCC 10am-12pm 12:30pm NKCC Euchre/Canasta Darts Pickle Ball **NKCC** Music Jam 6:30pm, LEGION Starts 10:30am 11:15am-2pm **NKCC** Craft Class Pickle Ball (\$2) Session Pickle Ball (\$2) 2-4 pm. NKCC 6pm to 9pm 4pm, LEGION 6 to 9pm NKCC **Table Tennis NKCC** (not Stat 7 to 9 pm NKCC ShuffleBoard 1st, 3rd, 5th 1 pm, LEGION₂₈ Holidays) Thurs 26 29 30 31 27



Contributed by Maaike Berg-Nonnekes

We are looking forward to the month of May! The snow should be gone and flowers, buds, birds and, even the bugs, are welcome signs of the warming weather.

Activities in the past few months included a successful afternoon Bingo, several Wednesday crafty sessions to make Easter favours and beaded bracelets, and an Easter Luncheon at the Burleigh Falls Inn! The weekly lunches continue to be a favourite, alternating between catered full course lunches and soup/sandwiches combinations. Many dedicated volunteers work alongside the board members to make this happen. Thanks!

On Tuesday, April 29 from 11:00 a.m. - 11:45 a.m. we hosted a book signing event at NKCC with our own local Bob Cottrell and Sean Eyre. Bob is the author of "Sunshine Sean - The Life and Times of Sean Eyre." Eyre was coined 'Sunshine Sean' as a reference to his CHEX TV career as a broadcaster and on-air personality. The 90-page book features many photos and stories such as, his move from Timmins to Peterborough in 1960 to become the weatherman at CHEX, being named the town crier of Peterborough and his induction to the Pathway of Fame in 2023.

"Should I Stay or Should I Go?" is the title of a timely presentation by Jane Culbert. Age-Friendly Peterborough, in partnership with Community Care, invites anyone who may be facing challenges living in





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their own home to attend. Learn about a decision-making tool that can be applied to help you think about the right places for you, what supports are needed and available and some different settings that you may want to consider. Everyone is welcome on Wednesday, June 11 from 1:30 p.m. - 3:30 p.m. at the NKCC Banquet room. Send a message at the email below to let us know if you are planning to attend.

LEFT: Also, a warm welcome to the newly elected 2025/2026 ABC Seniors Club Board members: (from left to right). Lois, Maaike, Denise, Gayle, Lucy, Gail, Ingrid, Pat B. Myra. Pat C is absent.

If you are interested in learning more about the ABC Seniors Club, please visit us on Tuesdays at the NKCC at 10:30 to find out!

Contact:
abcseniorscommunications@gmail.com



by Rick de Haan

A Season of Rebirth



View from the cabin in spring

Spring is the season of rebirth when winter's tenacious hold is slowly loosened, making way for the glorious warmth of summer.

The very word "spring" suggests something that is about to happen, a potential energy perhaps, or a force that is ready to strike. Warmer air currents begin to blow in from southern climes and act as a catalyst to make this season such an exciting time of change. It is light longer each day as the earth tilts inexorably toward the sun, which has a different, almost friendlier feel to it as it warms the earth. In the woods, dripping and trickling can be heard as the white weight of winter melts into overflowing puddles, forming streams that leap and wind their way through the woods into creeks and rivers.

There are other, smaller miracles that are happening everywhere you look. One of the earliest signs of spring is the forming of melted rings around the bases of trees that gradually expand outward to reveal decomposing leaves from the previous fall. These dark aprons act as veritable nurseries for newly emerging trout lilies and wild leeks that worm their way up through the tree roots and leaf litter to seek the warming sun.

Soon the deciduous trees are festooned with enlarged buds that, at their appointed time, pop open to reveal fresh infant leaves that slowly unfold to absorb the sun's rays, creating a light green haze throughout the forest.

Here and there splashes of colour begin to

appear on the forest floor as tiny flowers like hepaticas and violets begin to bloom. Then, our provincial flower, the trillium carpets the woods. Slowly but surely, the cheerful colour of spring replaces the melancholy grey and white of winter.

During the earlier part of spring, furry balls of mischievous energy emerge from their dens as black bear mothers begin teaching their curious cubs about a mysterious new world. A world full of strange scents and sounds: what's good to eat, which smells are worth investigating, and which ones should be avoided; since a bear spends a lot of its time ambling along using mostly its nose to search for food.

This is also the time when newborn fawns begin life on wobbly legs and start their education in the necessary survival habits of a white-tailed deer. The white spots on their fur create effective camouflage in the dappled light on the forest floor as the sun's rays filter through the burgeoning tree canopy. In addition to a marvelous ability to blend in to their surroundings, young fawns have no scent as they lay perfectly still in the warm grass, waiting for their mothers to return from feeding elsewhere. Not only can predators not see them, they can't smell them either. How perfectly wondrous is God's creation!

The sound of music then begins to resonate through the spring woods as robins, warblers, finches, tanagers, and sparrows bring welcome colour and song to the season. One of



Great blue heron detail of a painting Rick did in 2019

my favourite sounds is sung by that melodious harbinger of spring, the red-winged blackbird. "Well, here we are!" can be heard in a clear voice from the tops of dead snags or bulrushes around any swamp or pond, and always makes me smile.

The rivers and lakes will soon swell with flotillas of ducks and geese as they search for suitable hiding places for their nests; some among the cattails near the shore, and others like

mergansers, goldeneyes, and buffleheads will find old woodpecker cavities in trees close to the water's edge in which they can lay their precious eggs.

There are two iconic bird species that I am always thrilled to see on the lakes in the spring: the loon, and the great blue heron. I've always loved the sound of a loon calling day or night—that lonely, haunting yodel that carries great distances over the water. He is a handsome bird that I can quietly paddle by while he regards the canoe with mild curiosity. If I stop paddling and just watch, he will unconcernedly go about the business of preening, stretching his wings, or dipping his head under the water's surface to look for fish. I admire the great blue heron for her slow grace and infinite patience. She asks little of anyone, except some privacy to do just what she likes to do—relax on a rock in the warming rays of dawn, or wade in the shallows to fish for minnows, frogs, and crayfish.

Naturally, there is a downside to every season, and spring is no exception as millions of blackflies and mosquitoes infiltrate our woods with their annoying presence. But, they are a major food source for birds, amphibians and fish, and are therefore an important part of the ecosystem. Kim and I wear bug nets over our heads and repellant on our hands and wrists when we go for walks in the woods.

Later we'll sip hot coffee and talk about our hike along the lake and through the woods where we've discovered new changes almost everywhere. Maybe a colourful wildflower that bloomed overnight, or perhaps a new bird that stopped by on its way to its northern breeding area. We never know what we will see.

There is always something new and exciting in spring after a long, cold season. After finally releasing its icy grip on the landscape, winter has reluctantly passed the torch to the welcoming warmth of a new season. Spring is truly a time of hope, rebirth, and promise.



By St Olas and Helena McMann

St. Ola's Station strives to bring excellent customer service to everyone who visits. Their little country store truly is a "one stop" shopping experience!

The exciting vision of a group of friends: John and Michelle Vandesheur, Jim and Tia Alexander, Scott Vermeersch and Jo-Ann Hanson - they have always wanted to bring something incredible to the area. Approaching their second anniversary in July, this little shop has everything you need with the friendly smile to go along with it.

They carry groceries, including high quality meats and seafood, frozen prepared

meals, lunch, lottery and are also a Liquor Convenience Outlet store.

Don't forget during the Summer, you can also enjoy scoops of your favourite Kawartha Lakes ice cream, and pick up locally sourced fresh fruits and veggies!

Recently they added gas to their list of offerings, and have installed a pizza oven. Customers will now be able to order full size pizzas for takeout to home or cottage!

12 St Ola Road, Gilmour (Coe Hill) 613-474-1635.

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By guest contributor, Rebecca Sue Dickey Planning a Horticulture Garden

My name is Rebecca Dickey, also known as Nelipot, "a barefoot soul" I'm a stay at home mom of 3 incredible children, wife, homesteader and herbalist. I absolutely love growing and preserving food and medicine for my family. If I'm not in my garden, you can find me foraging in the forest or searching for beautiful lake glass. I enjoy everything nature has to offer.

Considering building a garden or expanding? There are many things to consider maintaining a healthy productive garden. Choosing the right location and crops that benefit your family and align with your hardiness zone is a great place to begin. Picture your garden as a blank canvas, awaiting creativity. Sketch a plan to help visualize, organize and ponder. Stick to a comfortable size that will be easy to maintain while also, leaving proper row spacing to ensure your plants get access to water and sunlight. This will also make weeding and harvesting effortless.

Crop rotation and companion planting can be very beneficial. Rotating crops from different plant families lessens your chances with pests, plant diseases and loosing nutrients in the soil.

Companion planting is worth researching as it can enhance production allowing you to get the most out of your garden. The three sisters' system is a useful method that maximizes space. It consists of planting corn, beans and squash together. The corn acts as a trellis for the beans while the beans release nitrogen in the soil. The





squash plant will provide shade over the upper layer of earth locking in moisture and keeping weeds down. This technique has been used for centuries by Indigenous people. It also holds a spiritual and cultural importance. The plants were seen as three sisters who cared for each other and the value of cooperation and balance.

Planting native wildflowers, herbs, perennials, fruit and vegetables attract pollinators while providing healthy habitats for other species. Pollinators play an important role in the garden by helping plants reproduce. The work they do will have your garden thriving with richer yields. To prolong these benefits plant flowers that bloom at different stages. Be sure to have a water source for the tiny creatures.

Using natural fertilizers help improve soil structure while keeping the environment clean. I have found Epson salts, fish, cow or hen manure, eggshells, wood ash and rock minerals to be effective in gardens. Eggshell fertilizer is a favorite on our homestead. Once you have accumulated enough eggshells, you will need to bake them at 400°f for 10 minutes then grind the shells to a fine powder. Plants thrive when you sprinkle the powder to the bottom of a planting hole, it provides calcium, potassium and magnesium which are essential for healthy growth. This method also prevents blossom rot. Crushed eggshells are also useful, there sharp texture keeps slimy slugs from crawling onto your plants.

In Apsley, our gardens soil sparkles due to quartz and biotite mica minerals. Mica has been a gift in the garden, its high potassium content is not only disease resistance, but it helps stalks grow straight and sturdy and increases root growth. Leaving our root crops perfect conversation pieces. My grandfather, Frank Wakeford pulled a 37" long parsnip from his Apsley Garden back in

the 80s. Just imagine that Bringing back harvest experience. When the cabin garden working our Apsley Garden, my hands shimmer leaving me feeling powerful and radiant.

There is bliss in hard work.





By Denise Dunford, Helena McMann

Get your Kids in the Kitchen this Spring!



Banana Raspberry Breakfast "Tacos"

Ingredients
3/4 cup all-purpose flour
3/4 cup whole wheat flour
3 tablespoons sugar
2 teaspoons baking powder
3/4 teaspoon ground cinnamon
1/2 teaspoon salt
1 large egg
1 cup 2% milk
2 tablespoons canola oil
1 teaspoon vanilla extract
1/3 cup cream cheese, softened
3 tablespoons vanilla yogurt
1 small banana, sliced
1 cup fresh raspberries

Whisk together flours, sugar, baking powder, cinnamon and salt. Combine egg, milk, canola oil and vanilla; stir into dry ingredients just until moistened. Preheat a griddle over medium heat. Lightly grease griddle. Pour batter by 1/2 cupfuls onto griddle; cook until bubbles on top begin to pop and bottoms are golden brown. Turn; cook until second side is golden brown.

Directions

Meanwhile, beat together cream cheese and yogurt. Spread over pancakes; top with banana and raspberries. Fold up.

Pinwheels/Roll Ups



"Turkey and Ham"
Ingredients
3/4 cup mayonnaise
2 Tbsp.
ranch seasoning
8 (10") flour tortillas

8 oz. sliced cheddar cheese 1 lb. deli-sliced baked ham 1 lb. deli-sliced turkey breast 16 butter lettuce leaves

1. In a small bowl, mix mayonnaise and ranch seasoning.

2. Lay tortillas flat. Spread each tortilla with 1 Tbsp mayo mixture. Place 2 to 3 slices cheese on bottom two-thirds of each tortilla. Top with ham and turkey, then lettuce leaves and tightly roll up.

3. To serve right away, slice into 1" rounds To make ahead, place seam side down on a baking sheet and refrigerate up to 6 hours. Slice when ready to serve.

"Chicken and Bacon"

Ingredients

1 can (9-3/4 ounces) chunk white chicken, drained

1 carton (8 ounces) spreadable garden vegetable cream cheese 1 cup salsa, divided

4 pieces cooked bacon, crumbled 6 Flour Tortillas

Mix chicken, cream cheese, 1/2 cup salsa and bacon; spread over tortillas. Roll up tightly; wrap. Refrigerate at least 1 hour. Just before serving, unwrap and cut tortillas into 1-in. slices. Serve with remaining salsa.

Bee My Honey Fruit Dip

Ingredients

1 pkg (8 ounces) cream cheese, softened

1 jar (7 ounces) marshmallow creme

1 tablespoon honey

 $1\,teas poon\,grated\,orange\,zest$

1/4 teaspoon ground cinnamon 1/8 teaspoon ground nutmeg

Assorted fresh fruit

Directions

In a small bowl, beat the first 6 ingredients until smooth. Serve with fruit. Refrigerate leftovers.



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Contributed by Kim Tucker and Lisa Mace

Story time at the Woodview Branch-Every Saturday April / May 10:30 am

Bring your kids to sit back and hear an engaging story. This is a great way to spark imagination and literacy skills, make connections with others and create as sense of community for your children! Drop in, no registration required. All ages. Come for the story and stay for the fun! 66 Northey's Bay Road. 705-654-1071

Kid's Club – Every Thursday, from 3:15pm to 4:15pm

Kids up to Grade 6 are welcome to join us at the Apsley branch after school for a snack, a story, and a fun activity. We've got a wide range of exciting things planned for May, as it's the last few weeks of the program before we switch things up for kids' programming from June to August.

Not Your Average, Read This or Die, Book Club Tuesday, May 6 @ 6:30pm.

*Note due to a scheduling conflict it is being held on a Tuesday evening, instead of a Thursday. Join us at the Apsley branch to discuss the last book you read. It's a lovely coming together where you can meet new people and, find out about different author's and genres. Apsley Branch



Woodlot Management and Tax Incentives with Keegan McKitterick—Saturday May 10, 2025, 2:00pm-3:30pm, Apsley Branch

Local ecologist, arborist, and environmental consultant Keegan McKitterick will be hosting a free public presentation this May 10th at 2:00pm on two important land conservation programs: the Ontario Conservation Land Tax Incentive Program (CLTIP) and the Managed Forest Tax Incentive Program (MFTIP). These programs

offer property tax savings for landowners committed to conserving natural heritage and managing forests sustainably. McKitterick, principal ecologist of McKitterick Consulting and a professor at Fleming College, will explain eligibility requirements, application processes, and the long-term benefits of participation. Whether you're a landowner or simply interested in conservation, this session is a great to learn and ask questions.

Learn To Knit - FOR KIDS!



Wednesday, May 14th AND Wednesday May 21st 3:15pm to 4:30pm.

Our weekly Apsley Kniterary group has offered to teach the craft of knitting to the next generation of knitters! Open to children 8 and up. Children will be partnered with an experienced knitter. As a group, we will go through the steps of learning to knit. After two sessions, kids will have produced their own Dude Doll! No Cost. S

mall snack included. Limited spaces. To register please call Lisa at 705-656-4333 or email I.mace@northkawarthalibrary.com.



KNITERARY Every Wed 3:00pm

KIDS CLUB
Thursdays 3:15pm

SPRING UKUELE SESSIONS 1st and 15th 6:30 - 8pm

MAY

Tuesday 6th BOOK CLUB Apsley Library 6:30pm

Saturday 17th
TIME TO GO CAMPING
WORKSHOP
11:00am

Saturday 10th
Woodlot Management and
Tax incentives w/Keegan
McKitterick
2:00pm to 3:30pm

Saturday 24th
Grief – Understanding &
Healing: A Conversation with
an Author and a Therapist.
2:00pm

JUNE

Saturday June 7th
Meet the Author Event
Priya Ramsingh "The Elevator"
11:00 am to 12:30 am,
Woodview Branch



Experience? No Problem! Saturday, May 17 th @ 11am.

camping adventures. Topics include, but are not limited Spring Ukulele Sessions No cost. No pre-registration.



Grief – Understanding & Healing: a Therapist. Saturday, May 24 th @ calendar and drop in. 2:00pm.

others during difficult times. What you can expect:

- grief through the author's heartfelt memoir.
- works with clients facing grief and loss.
- 3. Practical Tips: Take home tools for managing grief, supporting loved ones, and healing over time.
- 4. Q&A: Open the floor for questions and discussions to help everyone feel heard and supported. This is a free workshop; no pre-registration is required.



Meet the Author Event Saturday June 7, 2025, 11:00 am to 12:30 am, **Woodview Branch**

Join us as author, Priya Ramsingh, shares her inspiration for her second novel, The Elevator. Her first novel, Brown Girl in the Room was published

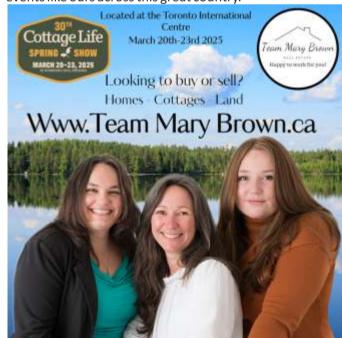
in 2017 with great reviews. Her story Pies for Lunch was short listed for Best Short Story in the annual literary journal of The University of the Virgin Islands in 2021. In 2018 Priya was asked to be part of the Ask Inspirational Women Series established by Photographer Lisa McIntosh. Priya is a former reporter and columnist for

It's Time to go Camping! - No Metroland Media and continues to write op-eds for the Toronto Star. Priya spends time in North Kawartha and surrounding area photographing wildlife in her spare Join us at the Apsley branch of time. Refreshments will be served, and we will have a the library to learn from local draw for a copy of her book. Free drop in event, contact outdoors woman, Britney Kim 705-654-1071 for more information. Hope to see you Brown and her extensive solo in Woodview! 66 Northey's Bay Road at Wilson Park.

to, wildlife awareness, set up of a tent, equipment Thursday, May 1 st, May 15 th 6:30pm - 8:00pm, Apsley recommendations, what and how to pack, how to load a Come out to the library for a casual evening of ukulele kayak, what food to bring, how to cook over a campfire. strumming and join in on the fun. This gathering is for all ages and skill levels. It's also a great way to meet people, have some fun little ukuleles. If you don't have an A Conversation with an Author and instrument the library has a few to spare so mark your

Grief can be a deeply isolating Apsley Garden Club, Seedy Sunday - Silvia Strobl

experience, but you don't have to go We would like to extend our sincere thanks to the Apsley through it alone. Join us at the Apsley and surrounding community for an amazing Seedy Sunday branch for a special workshop that event; our nine vendors, who were flexible and able to brings together personal stories, come a week later than scheduled; the Apsley Garden professional insights, and practical Club, Charmed Nails by Tina, Lori's Favourite Homegrown tools for navigating the complexities of grief. We will be Veggies, and the Worm Wrangler for providing door welcoming best-selling author, and local cottager, prizes; presenters Sharon Sidaros, Jennifer Guertin, and Margo Sage, to share with us her book Ordinary Lucy Martin-Johnson for their engaging and informative Miracles: Life After Loss. As well, Lorie Blundon, a talks; Over the Fence with Peterborough Master Registered Psychotherapist whose passion is helping Gardeners—Emma, Jennifer, and Carol—who provided gardening advice and kept the seed exchange table 1. Personal Storytelling: Gain a deeper understanding of organized; volunteers Wendy and Gillian, who kept everyone supplied with coffee, tea, and cookies; and 2. Expert Advice: Learn from a licensed therapist who Seeds of Diversity Canada for supporting seed exchange events like ours across this great country.





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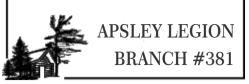
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Contributed by Lori Brock

We are looking forward to hosting you at our Mothers Day Brunch on Sunday May 11th at 10am.

We will also be having elections on May 27th at 7pm, it's important that all our legion members come out and have their say!

We are excited to announce we have moved the pool table upstairs and we are ready to play! Are you interested in utilising the pool table? How would you like to see the pool table used?

We have been keeping busy since the last issue, we hosted & judged speeches as well as judged the posters poems and essays from Remembrance Day. Congratulations to all our winners and a special thank you to the staff at Apsley Central Public School for facilitating this important part of our legion traditions.





The St Patrick's Day Dance was a blast and we are already looking forward to next year. We hosted our inaugural bingo event, after having to postpone due to the ice storm. We still had a decent turn out and lots of fun. We thank everyone who attended for submitting feedback but want to encourage those who

could not attend to let us know your thoughts as well. Feel free to submit any feedback to

Apsleylegion381@gmail.com or to our Facebook page

Intermediate
3rd Molly Cotnam
2nd Lilybeth Caya
1st Eve Kaschak

Junior
3rd Parker Howran
2nd Avery Tucker
1st Zack Halcovitch

14

Veteran Banner Project

We would like to provide an update on the Veteran Banner Project. Many of you likely had the pleasure of seeing the sixteen banners honouring our fallen Veterans along Burleigh Street in the fall of 2024. This initiative was led by Bill Roter, with input from Dylinna Brock (Legion President), Kim Tucker-Debbie



Hall (North Kawartha Public Library), and Susan Northey. Gary Geraldi presented the project to Council for funding, which was unanimously approved. Parks and Recreation staff then installed and properly stored the banners.

Looking ahead to 2025, we aim to honor the remaining 10 Veterans listed on the Cenotaph. We are still seeking photographs of the following Veterans:

Ernest W. Bentley
Frank Bolton
Roy Coones
Gerald Forbes
Thomas Coones
John Gifford
Nicholas Scott
Fred Tanner
J.J. Lang Thompson
William Bronson

Questions? Call Bill Roter 705-875-4552

If photographs are not available, we are considering displaying the Veterans' names and regiments on the banners. These can be updated if pictures become available in the future.

We have secured funding to complete this phase. Pending additional funding, we plan to move into Phase II, which will honor surviving Veterans with ties to the Apsley area. At that time, we will be reaching out for your Veteran's information. Thank you for your support.







Information submitted by Amber Dragisic, organized by Helena McMann

Home Hardware

What would a small town in cottage country be without a great building supply store! The Home Hardware and the Dunford Family have quite a history to share! Here is an article written by Steve Metrow that was previously published.



Writtenby Steve Metrow Norman H. Wilson. The Apsley and local area.

his cottage.

Lumber from major North American mills was purchased through brokers and delivered to Lakefield by rail. Rail cars of lumber were unloaded by hand and trucked to Apsley by Norm's





Apsley Home Hardware Building Centre (AHHBC) is an independently owned and operated company and was purchased in 2003 by Kim and Joyce Dunford under its previous name, N.H. Wilson Building Supplies. At the time of purchase, N.H. Wilson Lumber was the company had been in operation for just over 50 years as a founded in 1952 by lumber and building material supply store and served the

building supply Drawing on generations of local family business experience business grew as an offshoot of Norm's dating from 1902 to their own operation of a successful trucking company, which operated as contracting company for 25 years, Kim and Joyce proudly built Apsley-Peterborough Transport, on the N.H. Wilson tradition within the Apsley community by when Norm began to sell lumber that expanding and modernizing the business.

he had sawn from his own logs to build It was a member of the Home Care and Timber Mart buying group. In 2007, the Dunford's signed on with Home Hardware In the early days of the company the Store's Ltd and became a Home Building Centre and in 2009 lumber was purchased from local mills transitioned to a Home Hardware Building Centre. That same but as the number of cottages and year, a new store was built at 18 Tucker Street to assist with the homes being built increased, local mills expansion of offered products and services.

could not keep up with the demand. Since 2009, additional land acquisitions, improvements and



business expansions were made, including indoor lumber storage in 2011 (formerly the Apsley Community Centre), the Apsley Outdoor Power Equipment & Rentals Shop in 2013 and the Four Seasons on Wellington Gift Shop & Apsley Outdoors store in 2017 (formerly Wellington Street Gift Shop)



Currently, Apsley Home Hardware Building Centre and its departments are situated on over five acres in downtown Apsley on adjacent properties. The primary retail offering of premium lumber and building materials is accompanied by a Beaver Homes and Cottages division, Kitchen and Bath design department, paint department, Outdoor Power Equipment Sales and Service, Contractor Sales & Service, Equipment and Tool Rental, Seasonal Garden Centre, Camping, Fishing & Hunting Supply Store and an eclectic Gift Shop. Each year AHHBC continues to add new products and services while remaining true to it's small-town, independent roots.

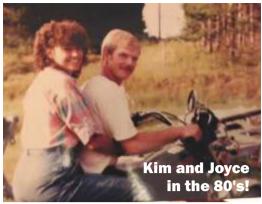
Editors Notes:

When my family moved to Apsley in 2018, we did so because we loved it's small town feel. We purchased our property in Apsley that needed A LOT of renovations to be liveable. We weren't sure if we were going to flip the house or make it our home. One of the first things that made us feel "at home" here was how welcome we felt when we went into Home Hardware. I remember my partner coming back from a "trip to the hardware store" and saying - "The hardware store just remembered my name! I've only gone in a couple times in the last couple months and they remembered my name. Were moving here!". The rest was history, as we ran a growing construction company for a

five years here in Apsley (and I can't express enough how patient the construction desk was when I needed to order materials I knew nothing about - it was like going to a mechanic and just making the noises - hoping they would figure out what I needed).

Our kids became amazing friends with the entire Dunford/Perk Family through hockey and church and I remember after Covid hit, Home Hardware made the decision to close Sundays permanently - that took courage and I admired that: Family is so important and I can't wait to see what the next generation has in store.











by Kelly Wallace

Want to Help a Turtle But Not Into Touching One?

That's Fine—Here's How You Can Still Make a Huge Difference

If you've ever pulled over to help a turtle cross otherworldly—you're not alone."

snapping, hissing, scratching, or letting loose a and don't rush them. They're not built for speed. confronting a human is stressful for a turtle)

highways.

The Season of Turtle Travel

food. Sadly, this often means crossing roads.

Even if that direction seems silly to you (like direction. priority when stopping to help a turtle.

You Don't Need to Touch a Turtle to Help One harm's way:



the road and suddenly found yourself frozen, Gloves: Sometimes, wearing sturdy gloves to avoid touching struck by the unexpected feeling that you're the turtle can make you more comfortable handling it. Rose standing before something ancient and almost pruning gloves are another option, with an extended cuff that protects your arms from scratching back legs.

Helping a turtle in the wild can be unnerving, The Snow Shovel Shuffle: Keep a snow shovel in your vehicle especially if you're unsure what to expect. during turtle season. A wide, plastic shovel is ideal. You can Turtles don't know you're trying to help. From use it to gently scoop up the turtle (keep it low to the ground) their point of view, a giant two-legged beast or guide it across from behind if the turtle is too large. Be suddenly appears out of nowhere and reaches careful when positioning the turtle on the shovel; for them. Naturally, they respond -by sometimes, it may crawl on the shovel itself. Just be gentle,

mighty stress-pee. (A compelling reminder that The Car Mat Method: Car mats are great because almost every vehicle has at least one. If you have a floor mat in your So, if you're among the many good-hearted car, that is perfect. Carefully slide it under the turtle from people who would rather not get hands-on with behind, then gently drag the mat with the turtle aboard a turtle, fear not. You can still play a vital role in across the road in the direction it was heading. This method helping them safely cross roads and avoid works especially well for larger turtles, like snapping turtles, becoming another sad statistic on Ontario's with whom extra care is required. Used in the same way, a piece of cardboard, a tarp, or a blanket will also suffice.

The Human Crossing Guard: Sometimes, all a turtle needs is From April to October, turtles in Ontario are on someone to watch its back. If it's safe, pull over on the road the move. Spring brings them out of their shoulder as far as possible, put on your hazard lights and a winter brumation (hibernation), and once safety vest (highly recommended!), and keep a respectful they're up and about, they're heading off to find distance while the turtle journeys across the road. Your mates, seasonal habitat, nesting spots, and presence might be enough to make other drivers slow down and give the turtle space. If it's safe, you can gently If you see a turtle on the road, the golden rule is: encourage the turtle by standing a few feet behind it, though let it keep going in the direction it's headed. be careful not to startle it and cause it to head in a different

walking away from water), that turtle knows Signal for Backup: Pointing out a turtle to other drivers can where it's going. Turning it around is a surefire literally save a life. If you're on the shoulder, point, wave, or way to have it turn back and try again—right use a bright object to alert drivers approaching the turtle. into traffic. Please always make your, You'd be surprised how many people are willing to stop and passengers', and other motorists' safety your #! help, especially if you're signaling something important on the road.

Old-timers deserve Respect (and Patience): Don't rush if you Here are some tried-and-true, hands-free, and come across a big old snapping turtle trudging across the minimal-contact methods to get turtles out of road like it's been doing this for 100 years (and maybe it has). Make sure traffic sees what's happening, and let the turtle do

its thing. Sometimes, just being there to keep it safe from traffic is the most helpful thing you can do.

Keep It Low-Tech and Creative: People have used impromptu tools to help turtles safely cross the road: tarps, sleds, pizza trays, cardboard, wagons, and even police escorts. Whatever works—as long as it's safe for the turtle and safe for you and doesn't involve picking them up by the tail or convincing them to clamp down on something.

Just Don't...

There are a few things to avoid. Never pick a turtle up by the tail—this can seriously injure its spine. And skip the old "bite-the-stick" trick with snapping turtles. Offering a turtle something to clamp onto (a branch, hockey stick, golf club, etc.) and then dragging it across the road may look clever in videos, but it can result in serious neck and spinal injuries for the turtle. It's one of those ideas we now know better than to repeat.

Final Thought: Turtles Are Wild

You might've seen videos of calm, agreeable snapping turtles being easily carried across roads. Those are often educational turtles used for training purposes. A wild turtle is likelier to do a full 180° spin, hiss like a teapot, and lunge at your shoelaces. And that's okay! They're not being mean. They're just scared and trying to survive. So don't take it personally.

Your actions matter whether you're using a snow shovel, a car mat, or just your presence and a good sense of timing. Every turtle that makes it safely across the

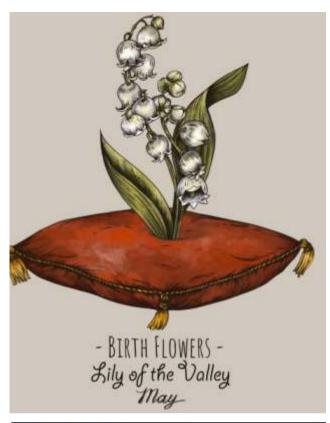
road is an important victory for Ontario's atrisk species.

If you're unsure what to do or having

difficulties, call or text Think Turtle Conservation Initiative at 647-606-9537 while you're with the turtle. For more info, visit www.thinkturtle.ca.

Thanks for being a turtle ally—even if you never touch one.







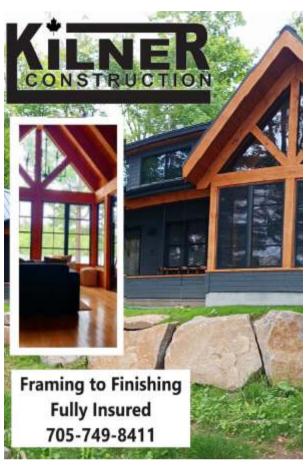
DAWN ARMSTRONG Sales Representative

Office: 705-655-2255 CELL: 705-768-3296













THE BEAST

by Roy Anderson Chapter 7

The previous paranormal occurrence was not my fault. Well not as I figured anyway.

It was shortly after the noon hour that the family, with the family being Mom and Dad, my three brothers and myself tucked in the car. The car being a 1956 Chrysler 2 door Hardtop, supplied by Dad's employer, a company car. Boy of boy it was a beauty. Dark maroon and plenty of chrome. A sun visor painted to match, chrome wheel covers and whitewalls.

That day was the best part being I was sitting in the front seat between Mom and Dad. My three brothers in the back seat, looking sort of like the three apes. See no evil, hear no evil and do no evil.

The ride was very quiet, the Chrysler rode over the country road like a cloud, spraying trails of dust clouds behind her.

Dad every now and then looking in the rear view mirror and muttered, "well all this dust, the car will need a wash."

Silence once again settled over the car.

If now you understood my characters and personally you will understand what happened.

Sitting in the front seat of our new Chrysler, and with the radio playing early country I glanced upwards into the rear view mirror, then for whatever reason an in a instant, without so much as a thought, reached out with my right hand, placed it on the on/off volume knob and my left hand on the station search knob.

In a matter of seconds, a voice came from the back seat, the older brother who had berated me in the house over the ghost spoke, "don't change the station."

Then on cue, I cranked the volume knob on high, and at the time cranked the stations knob up then down, running thru all the stations that produced a high garble, again to a high squeal to dragging your fingernails on a chalkboard. The sound very much as follows "good ba baggoes ouch efrog ettleuns, resting short music at high volume, then turned off the radio.

Dad was a top quality driver and after a sudden jerk on the steering wheel managed to pull the car out of a skid, maintaining control.

Glancing to my right I knew from the look on my mother's face that the question before she even asked, "What in hell do you think you are doing?"

Been prepared and with a puppy dog look, wide open eyes, watering of course, I used my patented answer as, "I am what I is, so therefore I is what I am, or is am or a am is. Then settled back in the seat and remained silent. Now three brothers who

were treated to a too and fro jerky, the one in the middle who for some reason always had some reason to berate me started and not finding anyone, I heard voices from in. Speaking in a rather harsh tone. Being a polite person I upstairs. I called out "Is there anyone here?" gave him three or four minutes and just as mother turned to tell him enough I sensed the fire was burning down, I spoke voice, "come upstairs and see the bedrooms and quite loudly, "If you don't quit, I'm going to tell mom about bathroom." you and Karen in the woodshed."

I knew by the eyebrows on my mother's face now forming with natural light from a very large window, at the an inverted "v" and the glare towards the rear seat, the fire far end overlooking the front verandah. Bedrooms was out.

The rest of the ride was silent until mother noticed a guilty look on dad's face, then snapped "why are you looking bedrooms, I would have to share one with my guilty?"

"Well, you know dear," after a pause "a father should talk to rooms, she must have read my mind she explained. his son's about the birds and the bees." Now dad probably "You boys will have your own rooms. The summer thought is explanation was sufficient, it probably was until I kitchen downstairs will be remodelled into a with my puppy dog look spoke, "there are no birds or bees in bedroom for your dad and I." the woodshed, just Ken and Karen."

The silence that engulfed the interior of the car was very go to the farm. Just as we walked down the thick, carried on for most of the journey to Brooksmill until verandah stairs, brother Ken spoke, "At least there the house came into view, when mother exclaimed "there it is, won't be a old man standing in the hall." our new home."

Travelling down the main street of the village, thru the "Did you not see the old man standing in the shopping district, I was amused at the different stores and doorway of the bathroom? restaurants in the historical village. The entire district reminded me of the downtown of the larger city, we lived in intervened between us. In a harsh voice said, "he before the farm.

For a brief minute my sadness was set aside, and excitement of a new home became the issue. Dad steered the Chrysler into the laneway. As we exited the car I notices the curtains on the windows of the surrounding houses flitter. So I guess they borough, and try out that new chicken take out knew the new owners had arrived.

The house was an older two-story clapboard, with a large agreement off we go for take out. wrap around verandah with a peaked gazebo at the one end. The former owners left a lawn swing and several wicker chairs backed up to the porch. I recognized the truck and settee.

Mom unlocked the front entrance door, that had two large helped on his farm. Looking at my parents with a glass panels on the sides. As we entered the house, I stood puzzled look that my mother picked up there spellbound. The house was immaculate complete with immediately to which she explained. "Your older fireplace, hardwood floors, and window cushions on the brother is going to load up all the furnishings oversized window sills. ceiling, wainscotting, indoor plumbing and a bathroom. The is not needed. After next weekend we move to kitchen had wall to wall cupboards, a electric cook stove. Brooksmill. Sitting beside the electric cook stove was a wood burning realizing the coming two weeks will be last on the cook stove. Then beyond belief a oil furnace.

After a full inspection of the house, the yard was next on the agenda. The yard was normal in front of the house, however areas of my past experiences. Yes including the the back yard lot line traversed from east to west on angle to dead animal disposal. the west. The lot line was enclosed by a bramble of bushes, some apple and some thorn. Then in a area towards a row of locked door, after I did I did regret. double cedar tree was rough grass and more trees covered in wild grape vines. It hought to myself, "I can clean that up in a whatever way I could to get out of school for the hurry."

Going back into the house and looking around

Dead silence from the upstairs then mom's

Ascending the stairs the hallway was well lit a total of four plus a large bathroom.

At first my thought were with only four brothers. Turning to ask mom about sharing the

Completing the tour of the new house, we left to

"I rather than let him have his," Mom replied,

Noticing Ken stumble and glare at me, Dad is just yanking your chain Ken. Let it go."

With those words of wisdom and more words of wisdom from Mom, looking at father suggested "We are altogether in the new car, lets go to the "Canadian Fried Chicken." With a unanimous

Arriving back at the farm there was a large truck belonged to another neighbour my older brothers The windows almost from floor to through the week. The furniture, clothing etc that My heart sank to rock bottom farm. Im my mind I formed a bucket list.

a long walk on the farm to visit the

I would get into that room with the SECOND

THIRD Whine and pretend sickness or last two weeks. That idea never worked either.

shut up."

slowly entered the farm house.

After our take out treat for Sunday supper. I murder of crows finding fresh carrion.

The light switch for the upstairs hallway was at the hallway was very dim. Almost as if the light with out fear I entered the Death Room. was very low wattage.

I then just excepted the fact I was going to I turned and sat down on the stair, thinking the light would school so as mom said "put a cork in it, meaning become brighter after a while. A cold draft moved down the stairs making me shudder from the chill. Sitting in silence, the After a very exciting Sunday until arriving warmth returned. Almost simultaneously I heard the distinct home to the disappointment of moving soon, I sounds of a padlock being unlocked then the eerie creak of rusty hinges.

My first thought was call out, however fore reasons unknown left the table to go upstairs to my room. But for to myself I made my way slowly up the stairs. Arriving at the some reason I hesitated climbing up the stairs. top step, just before the hallway, I stopped in both shock and By the way the noise of my three siblings at the puzzlement. Both the door locks on the "Death Room" were dinner table was not a factor although it did unlatched and the door half ajar. In the dim light of the remind me when the farmer slopped the hogs or a hallway and with the door opened a weird glow flittered out into the hallway.

For some reason which I will never understand. I walked to the bottom of the stairs, as I turned in on I noticed the door and pushed it open, then stared inside. And once again





With the idea of fighting breast cancer and now fighting all cancers, the ladies of this team are determined to make a difference.

"We all know someone, are someone or love someone affected by cancer."

Since COVID we don't walk all night instead we do Relay My Way and host a day of local music, Bucket Raffle Draws, and a Silent Auction indoors of the local high school. There will also be a BBQ on Site.

We do fundraising from September to June by holding Euchre Parties with Silent Auctions, Bingo Games, Yard Sales, 50/50 Draws and a Hockey Pool along with an on-going used book sale, all while enjoying a great friendship. Check out our fundraisers on www.BancroftCrusaders.ca

We have awesome support from our community, family and friends and have raised over \$155,000 in the last three years.

If you are interested in any of our events, joining our team, donating items for the Yard Sales, or supporting us then join us at The Relay For Life event on June 7, 2025 from 11:00 am to 6:00pm or please email me at info@BancroftCrusaders.ca



All Proceeds to the Canadian Cancer Society.



COUNCIL'S CORNER

by Mayor Carolyn Amyotte, Township of North Kawartha



Please visit

www.northkawartha.ca for all things municipal in North Kawartha. If you would like to receive regular municipal updates you may also subscribe to North Kawartha's email alerts via the website as well. If you would like to watch the Council meetings, please subscribe to the Township's YouTube Channel. For those of you that are active on social media please follow me @MayorAmyotte. It is my intent to share positive, factual and

timely information about issues, events and happenings that impact our community and residents. To contact me directly, my phone number is (705) 931-1342 and my email is mayor@northkawartha.ca.

I headed up a mayors delegation with the Ministry of Transportation at ROMA in January regarding safety concerns on Highway 28. The MTO has agreed to undertake a comprehensive safety review of the highway and to work more closely with our communities to address our concerns

Council approved the municipal budget at a 5.69% tax rate increase

We updated our animal control bylaw and are moving from annual to lifetime dog licenses

Council passed a resolution calling for provincial regulations to restrict the keeping of non-native (exotic) wild animals

We updated our road naming policy
Council provided a letter of support for Community
Care's upcoming Casino Night

Here's the meeting schedule for May 2025

May 6, 2025- Regular Meetings of Council May 13, 2025- Short Term Rental Advisory Committee

May 20, 2025- Regular Meeting of the Library Board May 27, 2025- Library Board Meeting









Denis' Renovation & Handyman Services

Drywall, Plumbing, Flooring, Painting, Siding, Eavestrough, Decks, etc. Property and Landscape Maintenance Odd jobs of any kind, trips to landfill Satisfaction Guaranteed Quotes and hourly rate available Serving Apsley, Coe Hill Area.





289-251-3910

Breakfast Café &

All day breakfast, baked goods, smoothies, diner favourites and scooped ice cream

905-933-5073

5548 Hwy 620, Coe Hill themonarchandthemilkweed@gmail.com



by Jim Empringham, Apsley & District Lions Club

Spring certainly arrived with a bang! The severe ice storm left lots of damage and many without power for extended periods of time. Our community came together with neighbours helping neighbours to return to some kind of normalcy. The responses were a demonstration of what makes our community so special. With warmer weather on the way we can all celebrate and enjoy the beauty and friends around us.

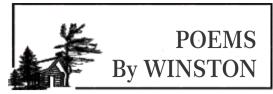
Euchre nights returned in March and will continue into November. They are always on the third Wednesday of each month and take place at the NKCC. Admission is \$5 and play starts promptly at 7pm. The next three dates are May 21, June 18 and July 16. Come out and enjoy a fun night with friends new and old! Everyone is welcome.

The Easter Bunny arrived in Apsley April 19. Fun was had by all. This event is always a great opportunity for community involvement. Thanks to Lion Linda Patterson and Lion Jody Topping and their team for organizing the day.

Canada Day planning is underway. This year July 1 falls on a Tuesday. The parade starts at 4:00 pm, leaving from the school and winds its through town to Lions Park. There will be food for all at the Park, games for the kids and music for adults. Of course, the traditional Canada Day cake will be there for all to enjoy. Fireworks will begin at dusk. The whole day is made more special by the involvement of individuals, groups and businesses in the parade. If you want to be part of this celebration of our great country please call Lion Brenda Lenson (705-656-9254). Let's make this the best Canada Day ever!!

The Lions Annual Giant Flea Market is always the third Saturday of July. This year that is July 19. Doors of the NKCC open at 8:30 am for the sale. Sunday, July 20 will be an opportunity for bargain hunters to look through what remains from the Saturday sale for special treasures at bargain prices. We rely on our community for donations of gently used items. Drop offs for items begins Saturday, May 17. They can be brought to Lions Park every Saturday from that date to July 5. After July 5, drop offs can be made at rear of NKCC daily July 9 to 18. Drop offs accepted from 9 to noon. The sale could not happen without volunteers. This is also a great opportunity for high school students to accumulate volunteer hours needed for graduation. We need volunteers for set up from July 9 to 18, 9:00 am to noon and for the day of the sale from 8:00 am to 1:00 pm. If you would like to be part of this fun event contact Lion Brenda Lenson (705-656-9254).

The Lions Student Awards are made available to students graduating from high school and going on to post-secondary study and students continuing post-secondary study. Each award is \$1000. Applications are available at the reception desk at NKCC or by calling Lion Jim Empringham (705-761-9591).



By Winston E Ralph, Bancroft, ON

It's Springtime

Its good to see the trees start to bud in early May Because its then we know summer is on its way In this area we are about three weeks behind But to see green grass gives me a happy state of mind After all the cold weather of ice and snow Its nice to be able to have some place to go People plant flowers which will start to bloom Some now in May but others in the month of June I'll plant a garden to have good food to eat It sure is a good way to get the grocery bill beat And its nice each day to see the blue sky But it disappears quickly when the clouds roll by The lawn mower is started as the grass grows quick If it isn't cut often it will get real thick Whenever we go out to take a wander around Heavy clothes on our body sure won't be found Its good once again to see farmers working their fields And I know they are hoping for another good yield The traffic on the roads will be heavier each day As folks go to the cottage or go travelling farther away Wood is hauled in cut and piled up to dry And should be dry for winter after a few months go by Museums and other places will be open for people to see Yes folks will visit once again including you and me Snowmobiles are put away until later in the year Its boats and ATVS we now have around here Motorcycles are out and bicycles will be too So may you get some cycling or walking its good for you Sideroads are dried up there is no mud anywhere So we can go where we wish without a worry or a care You'll hear wild geese honking up there in the sky But it won't be long until they go south saying goodbye The trilliums are blooming in the bush as they always do And there are millions of leeks so may you get a few Beaches will be crowded and bonfires will glow So may there be no accidents or other sorrow or woe





APSLEY & AREA

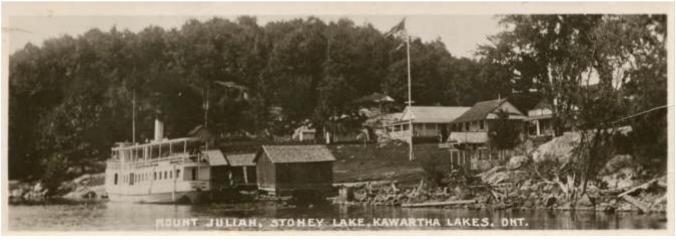
Transportation Post Cards About a 100 Years Ago

his series of post cards depicts the various methods of transportation required to reach the Apsley area from over one hundred years ago and range from 1906 to 1915. These post cards include real photographs that were produced through developing the image from a negative onto photo paper with a preprinted post card backing. The use of photographs to create post cards was so popular that Kodak invented a camera in 1902 that used film that was exactly the same size as a typical post card. If you have a collection of old post cards and would like to determine if post cards are real photos or are printed photos, use a magnifying glass to examine the image, if you see dots it was printed where as if the image is solid (i.e. no dots) then it is a photograph.





Prior to the 2020-21 pandemic, the Victoria Day Weekend in May was the typical start of the tourism season in the Apsley area. Cottagers and seasonal residents returned from their homes across North America to the area after the ice covered lakes had melted to open their cottages and the tourism operators would start to receive guests. Depending upon where the guests originated from, various methods of transportation were required to come to Apsley that included large steamer ships to travel across Lake Ontario, trains from Toronto or Port Hope to Lakefield, or if travelling along the Trent Severn waterway they may have had to use the Peterborough lift lock or one of the numerous locks along the waterway or cross one of the bridges,





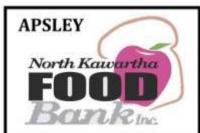
Grow a Row for the Food Bank

Does using your green thumb and big heart inspire you to support our local Food Bank? At the Seedy Sunday event (April 6th 2025) the North Kawartha Food Bank gave a presentation about how gardeners can donate their surplus produce to help feed the hungry in our community.

During the presentation one of the attendees commented that one local resident would be planting a raised bed dedicated to the food bank. It was suggested that some gardeners might also want to join this effort to grow food for their neighbours in need. The "Grow a Row" initiative

https://www.growarow.org/ started in Winnipeg in 1986 and has since been taken up by other Canadian

communities in Edmonton (Alberta), London (Ontario) and the Laurentians (Quebec).



The Apsley Garden Club encourages all local vegetable gardeners to consider growing an extra row of any vegetable crop and donating the harvest to the North Kawartha Food Bank. Let's show those big cities what our small

community can do!

While any fresh produce is greatly appreciated, the following have a good shelf life and stand up to handling:

squash zucchini root vegetables kale

herbs

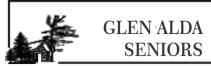
cucumbers

No special packaging is required!

Deliveries can be made to the Food Bank (135 Burleigh St.) Tuesdays and Fridays from 10:00

until noon. Please call 705-656-1748 if you need to make alternate arrangements to donate your produce.



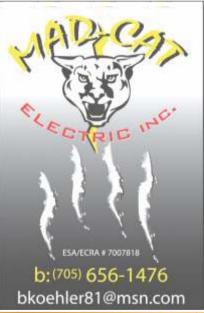


by Barry Rand Meetings and Luncheons



We meet the 2nd and 4th Wednesday of each month at 11:30 am at the Glen Alda Community Centre, 3723 County Road 620

Upcoming dates are: May 14 and 28 June 11 and 25





Jim Alexander
Sales Representative
613-202-1495 (Cell)
jim@teamalexander.ca







Down the Road and Over the Fence

THE LEGEND HAS RETIRED

Celebration of Life for Shirley Shaver

Please join us to remember and share memories of the life of Shirley Shaver.

Date: May 31, 2025 Time: 12:00 - 4:00 pm

Location: NKCC

Address: 340 McFadden

Road, Apsley Light lunch and refreshments will be

served.



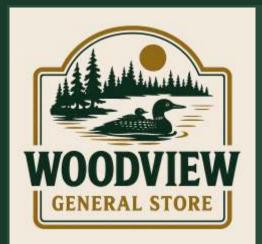




owners, Peterborough County representatives and North Kawartha Township Members got together to discuss the importance of sustainable tourism. Listening to local businesses and organizations about their struggles, concerns and ideas to create a plan for a strong economy within our community.

The weekend of March 30th 2025, an ice storm rolled through many communities. Despite the breathtaking beauty of glimmering ice encasing entire landscapes - it very quickly turned to mass destruction causing damage, injuries, power outages and cell distruptions for over a week in some areas. Here are a few captures of the beauty. Our thoughts go out to the families and businesses affected by the damage and loss from the storm.





Open Daily 7 AM to 9 PM Now Under New Management!

Proudly serving the community for over 40 years, we offer fresh pizza, wings, sandwiches, Country Style coffee, groceries, M&M Food Market items, LCBO & Beer Store products (at Ontario-wide prices), fishing gear, propane, Kawartha Dairy ice cream, baked goods, and everyday essentials and as always, a trusted Post Office



\$10 Receive \$10 off a purchase of \$20 or more (before taxes) at Local Eats. Valid until June 30, No cash value. Must present this coupon at the time of purchase. Limit of one coupon per customer.

LCBO

705-654-4224

6220 Highway 28, Woodview www.woodviewgeneralstore.com

Mechanical Shop Clearance

Everything must go! Save \$\$\$, all items listed at 2023 prices!









And SO MUCH MORE! Email for the full inventory and price list



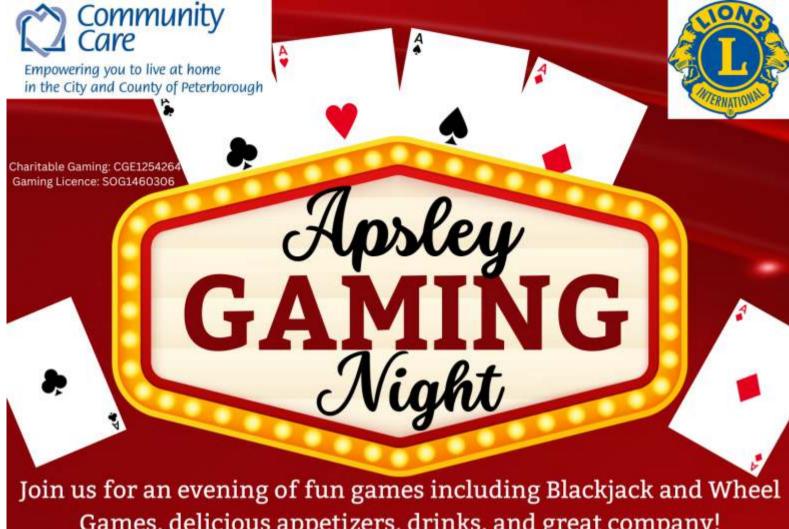












Join us for an evening of fun games including Blackjack and Wheel Games, delicious appetizers, drinks, and great company! 50/50 Draw, Cash Bar, Amazing Prizes Tickets \$20/per person

Saturday June 7th, 2025

Social 6 - 7pm

Event 7PM - 12 AM

North Kawartha Community Centre, Banquet Hall 340 McFadden Rd, Apsley ON KOL 1A0



Questions and sponsorship opportunities or to volunteer please contact Katie at 705-656-4589 All proceeds to Community Care & Apsley Lion's Club



Fresh Bouquets

available at 645 Jack Lake Rd. at the flower stand and at The Grape & Wedge

First Bouquet Bar of the Season

At The Grape & Wedge, Apsley Saturay May 10th, 10am - 1pm Build your own bouquet

> ready made also available for info call 705 656 2235

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Need help finding services?

Peterborough County Hubs can help connect you to the services you need.

Free Drop-in

Get information on services and programs:



- Healthcare services
- Mental Health services
- **Addiction services**
- **Developmental services**
- **Employment**
- Housing
- Income
- Services for Seniors and more.

Visit your local County Hub



Community Care - Apsley 126 Burleigh Street, Apsley 1st and 3rd Wednesday | 10 am-3 pm

Need help now?



Local Services Helpline Dial 211 Mental Health Helpline Social Services 855-738-3755

peterborough.ca/hubs | hubs@peterborough.ca

















613-334-0496



sales@brlifestyles.ca



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Starting Victoria Day to June 22nd

** SAT and SUN 9:30 - 5pm**



Homemade Smash Burgers, Loaded Nathan's Hot Dogs Poutine, Onion rings

億



Breakfast
Sandwiches
and Burritos
AND
introducing
French Toastl

June 23rd - Labour Day

Breakfast Saturday and Sunday 9 - 11:30am Sunday - Thursday 11:30 - 5pm Friday and Saturday 11:30 - 7pm