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From The Editor's Desk JUNE 2025

This is a free magazine that publishes 8 times a year. Copies are distributed by Canada Post and for local pickup from Lakefield to Bancroft, Paudash, Cardiff and Coe Hill region including all of the Apsley area.

If you don't receive one in your mail box, you can pick up a copy at one of several local merchants in and around Apsley, along the delivery routes or sign up for a paid subscription!

You can catch up online at apsleybackroads.com

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Subscriptions are available for \$55.37 (HST included). Makes a great gift! Mailed to your door, Eight times a year.

Welcome SUNSHINE!

In putting together this months edition I am humbled and grateful for so many community members, businesses and contributors that keep this small town magazine rolling full steam ahead. Without all of you we wouldn't be celebrating our tenth year this Fall...I'm slowly working on some fun things behind the scene for that edition!

June seems to be the month that everyone has dusted off the cobwebs and community events are in FULL SWING - every weekend there is something to do: Gaming Night (in support of Community Care), Bouquet Workshop (collaboration between Fresh Flower Fridays by Sue and Hermanas Boutique), Fathers Day Brunch (put on by the Legion), Live Music (Woodys restaurant) and Music Jams (Fridays at the Legion) and to round out the month - our annual Apsley Artisan Festival (formerly the Chandos Lake Art Festival) at the NKCC.

I hope to see you there!! (Especially at Woodys on the 13th - my son Alex is playing - see article page 26/27) - I'm one proud mama!

This month (our already popular) "Backroad Lifestyle" column has one of our youngest contributors sharing her experience with raising chickens. 9 yr old Joni Mae is an amazing young lady and wrote the article by herself (pg 15)

The Marinas are open and in full swing and the Lions Club has begun accepting donations (every Saturday) for their annual Flea Market in July.

This month I reflect on Joy. Finding joy in the little things - maybe, instead of cursing at the mosquitos and black flies, be blessed we live in an area with so much water, trees and beauty around us. Be mindful of the small things that bring you joy - a smile, making memories, summer drinks and get togethers.

Have a "joyful June" everyone!

Cover Photo Credit: "Baltimore Oriole" Joy Parker, Local Apsley Resident

Helena McMann

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Publisher, Editor, Owner

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Helena

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JUNE 2025

events from Hermanas



| D CT (L) Z O Z D | | | | | MAGAZINE |
|---|---|---|---|--|--|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| Looking JULY 1 Canada Day JULY 19 Lions Flea Market AUGUST 4 Civic Holiday SEPTEMBER 1 Labour Day SEPTEMBER 5-7 Creekside Music | | | | | |
| Fall Prevention Exercise Class 10-11am NKCC Darts 6:30pm, LEGION Pickle Ball (\$2) 6 to 9pm NKCC (not Stat Holidays) 2 | Shuffle Board Cornhole,Lunch, Euchre/Canasta Starts 10:30am NKCC Table Tennis 7 to 9 pm NKCC Euchre 7:00pm Woodview | Fall Prevention Exercise Class 10-11am NKCC Pickle Ball 11:15am-2pm Craft Class 2- 4 pm. NKCC ShuffleBoard 1 pm, LEGION 4 | Playgroup 0-6yrs 10am-12 NKCC Pot Luck Lunch Canasta or Darts 12:30pm Woodview Pickle Ball (\$2) 6-9pm NKCC 1st,3rd, 5th Thurs | Duplicate Bridge 12:30pm NKCC Music Jam Session 4pm, LEGION | APSLEY GAMING NIGHT 6pm to 12AM Tickets \$20/pp NKCC |
| Fall Prevention Exercise Class 10-11am NKCC Darts 6:30pm, LEGION Pickle Ball (\$2) 6 to 9pm NKCC (not Stat Holidays) | Shuffle Board Cornhole,Lunch, Euchre/Canasta Starts 10:30am NKCC Table Tennis 7 to 9 pm NKCC Euchre 7:00pm Woodview | Exercise Class 10-11am NKCC Pickle Ball 11:15am-2pm Craft Class 2- 4 pm. NKCC Mtg & Luncheon 11:30amGlenAlda ShuffleBoard 1 pm, LEGION 11 | Playgroup 0-6yrs 10am-12 NKCC Pot Luck Lunch Canasta or Darts 12:30pm Woodview | Duplicate Bridge 12:30pm NKCC Music Jam 4pm, LEGION LIVE MUSIC @ WOODYS Alex McMann 5-8pm Tickets \$10 | BOUQUET WORKSHOP Hermanas and Flowersby Sue 6-9PM Hermanas Boutique |
| *SUNDAY 15th* FATHERS DAY BRUNCH Apsley LEGION 10am-1pm | Shuffle Board Cornhole,Lunch, Euchre/Canasta Starts 10:30am NKCC Table Tennis 7 to 9 pm NKCC Euchre 7:00pm Woodview 17 | EUCHRE 7pm \$5 Lions Club, NKCC Fall Prevention Exercise Class 10am NKCC Pickle Ball11:15 Craft Class 2pm ShuffleBoard 1 pm, LEGION18 | Playgroup 0-6yrs 10am-12 NKCC Pot Luck Lunch Canasta or Darts 12:30pm Woodview Pickle Ball (\$2) 6-9pm NKCC 1,3,5th Thurs | Duplicate Bridge 12:30pm NKCC Music Jam Session 4pm, LEGION | NATIONAL INDIGENOUS DAY |
| Fall Prevention Exercise Class 10-11am NKCC Darts 6:30pm, LEGION Pickle Ball (\$2) 6 to 9pm NKCC (not Stat Holidays) 23/30 | Shuffle Board Cornhole,Lunch, Euchre/Canasta Starts 10:30am NKCC Table Tennis 7 to 9 pm NKCC Euchre 7:00pm Woodview 24 | Exercise Class 10-11am NKCC Pickle Ball 11:15am-2pm Craft Class 2- 4 pm. NKCC Mtg & Luncheon 11:30amGlenAlda ShuffleBoard 1 pm, LEGION25 | Playgroup 0-6yrs 10am-12 NKCC Pot Luck Lunch Canasta or Darts 12:30pm Woodview | Duplicate Bridge 12:30pm NKCC Music Jam Session 4pm, LEGION | APSLEY ARTISAN FESTIVAL 10am to 4pm NKCC SOUTH AMERICAN BBQ Noon to 7pm Apsley LEGION 28 |



POEMS By WINSTON

By Winston E Ralph, Bancroft, ON

Lang Pioneer Village

Go east of Peterborough to hwy 28 and thirty-four Turn south to Lang and the village from days of yore Parking is free but you must pay to get in You'll see how folks lived without honoring sin The Fife cabin is how they lived after coming here Back years ago when things weren't so dear The Fitzpatrick house was the settlers second home Bigger with more room and water pails froze left alone The garden to the south had vegetables and many flowers Which the women and children tended it over many hours In the Milburn house there was a pump and coal oil lamps And for water to the well you didn't have to tramp A picket fence at the front and a flower garden too Out back a garden and tasks hidden from view Rooms at the Keene Hotel cost 75 cents to 10 d a night And no one was turned away as it wasn't right The cheese factory to our Mathers Corners is as it was years ago Yes there were many in Ont in case you don't know The tin shop made things from lanterns to bread pans The carpenter shop made furniture and buggys all by hand In the print shop he printed the paper flyers and bills While the blacksmith made household things and the farm to till There are three hand powered looms in the weavers shop Yes the shingle mill ran day and night as it couldn't stop In the general store you mailed a letter and got tea or nails And you got credit which you paid without fail Over behind the general store sits the old school Where you were taught to do right and not act the fool The town hall and church are nearby but not side by side And the preacher gave a good sermon when he was inside Barns were for animals or for things used for transportation While others hold things like butter making across our nation The smoke and ice houses kept meat all year And with stone and stump pullers the fields were clear The windmill pumped water for the cattle and the home And the cider mill made cider which you draw alone Things are added to help bring the old days back to life There with the slow pace you suffered a lot less strife

The Babbling Brooke Daycare utilizes places like Lange Pioneer Village for learning and fun days of play. Thank you Winston for your Poem and Thank you Em Warren for sharing some beautiful pics of the kids. Keeping the Tradition Alive! _

















COUNCIL'S CORNER

by Mayor Carolyn Amyotte, Township of North Kawartha

Please visit <u>www.northkawartha.ca</u> for all things municipal in North Kawartha. If you would like to receive regular municipal updates you may also subscribe to North Kawartha's email alerts via the website as well. If you would like to watch the Council meetings, please subscribe to the Township's YouTube Channel. For those of you that are active on



social media please follow me @MayorAmyotte. It is my intent to share positive, factual and timely information about issues, events and happenings that impact our community and residents. To contact me directly, my phone number is (705) 931-1342 and my email is mayor@northkawartha.ca.

Here's a few things that happened since my last update:

- Council recognized our Fire Chief Jesse Lambe for 15 years of dedicated service.
- We approved the expansion of our Community Improvement Plan boundaries
- Council agreed to extend our surface treatment contract with Miller Paving another year
- We authorized the purchase of a large commercial woodchipper to support on going storm clean up and ongoing Township property maintenance
- Council approved the Apsley Legion's Patio extension for the summer
- We approved the telephone and internet voting methods for the 2026 municipal election
- Replacement signage is being installed in various locations with the Township's new brand and logo

Here's the schedule for June 2025

June 3, 2025 Regular Meeting of Council



June 11, 2025
4 Mayors Breakfast brought to you by the P&K Chamber

June 17, 2025 Regular Mtg of Council

June 24, 2025 Library Board Meeting



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by Jim Empringham, Apsley and District Lions Club

Life in our community is getting busy with a myriad of activities filling the calendar.

continue with the next being June 18. year that is on Tuesday, July 1 with Saturday until July 5. After that, Play begins at 7:00 pm at NKCC. the parade starting at 4:00 pm donated items can be dropped off at Admission is \$5. Come on our and followed by fun and food at the Lions the rear of the arena daily from July 9 enjoy a fun night with friends, new and Park. There will be games and a to 18 between 9:00 am and noon. The old. Euchre night is always the third bicycle rodeo for the kids and music generosity of our community in Wednesday of each month. The two for the adults. Of course, the Lions making donations and also in following June will be July 16 and food booth will be offering a range of purchasing items has made this event August 20.

Lions Student Award is June 15. There involvement of children and their community in many ways. This day is more than one \$1000 award bicycles will be sent home through and the lead up to it could not happen available to high school students the school. This is a new addition to without the support of volunteers, If planning on pursuing post-secondary our Canada Day celebrations. We you would like to give a few hours in education and to students continuing hope parents and kids will join in this the lead up or on the day of the sale their post-secondary studies. part of the day. A range of prizes will please contact Brenda Lenson (705-Applications are available at the NKCC be part of the fun. Our parade is made 656-9254). This is a great way for high reception desk or by contacting Jim so much more exciting with the school students to gain hours Empringham (705-761-9591).





members, groups and businesses. If requirement for graduation. you would like to be part of the the parade organized.

The Lions Annual Giant Flea Market is coming up Saturday July 19 at the NKCCC. Doors open at 8:30 am with sales running until 2:00 pm. Plan to be there early to get the best choice of items. Sunday, July 20 will be a great day for bargain hunters to select from remaining items at rock bottom prices. Doors open at 9:00 am on the Sunday. Drop offs of gently used items for the sale began at Lions Park on the Saturday of the May holiday The monthly Lions Euchre nights Canada Day is fast approaching. This weekend and will continue every taste treats, including our famous a great success in the past. Your fries. Fireworks will begin at dusk, continued support will help provide The deadline for applications for the More information about the funds that will come back to our involvement of community towards the volunteer hour

> parade, please contact Brenda Thanks to all for their continued Lenson (705-656-9254). Participants support of Lions and our efforts to should be at the school by 3:30 to get help make our community a great place to live.







By Provincial Constable Dan Gay, Community Safety/Media Officer

Boating Safety in the Kawarthas

As the ice clears and warmer weather returns, Peterborough County and the Kawartha Lakes become a magnet for outdoor enthusiasts, especially boaters and cottagers eager to take advantage of the region's pristine waterways. At the Peterborough County OPP, we welcome the seasonal return of visitors from across Ontario—but we also want to ensure that everyone who enjoys our lakes and rivers does so safely and responsibly.

Each year, Peterborough County sees a surge in boating traffic, especially from those visiting from urban centres who may be unfamiliar with the unique challenges of boating in cottage country. While our waterways offer incredible recreational opportunities, they also demand caution, preparation, and respect. Here are a few essential safety tips and reminders as you gear up for boating season:

1. Know the Local Waters

Unlike large lakes in more urbanized areas, Peterborough County and the Kawartha Lakes are made up of interconnected lakes, rivers, and channels that often feature narrow passages, variable depths, and sudden shoals. Always consult local marine charts and navigation apps. Know where you're going before you leave the dock—and tell someone else your planned route and return time.

2. Wear a Lifejacket—Always

Every person on board must have a properly fitted, Transport Canada-approved lifejacket or PFD (Personal Flotation Device). Even experienced swimmers can quickly get into trouble in cold or fast-moving water. Statistically, most fatal boating incidents involve people who were not wearing a lifejacket.



3. Don't Boat Impaired

Alcohol and boating are a deadly mix. The same laws that apply to impaired driving on land apply on the water. Boating while impaired can result in criminal charges, license suspensions, and devastating accidents. Save the drinks for when you're safely back on shore.

4. Be Weather-Wise

Weather in cottage country can change rapidly. Before heading out, check the forecast—and keep an eye on the sky while on the water. Storms can move in quickly and create dangerous conditions. If you see dark clouds, high winds, or hear thunder, get off the water immediately.

5. Be Prepared

Make sure your boat is equipped with all required safety equipment, including a whistle or horn, flashlight, bailer or pump, paddles, and a fire extinguisher. Carry a fully charged cell phone in a waterproof case and consider having a marine radio for areas with limited reception.



6. Respect Other Water Users

The waterways are shared by all-paddlers, swimmers, anglers, and motorboats alike. Keep a safe speed, watch your wake near docks and shorelines, and always yield to non-motorized vessels.

7. Take a Boating Course

If you're new to boating—or it's been a while—consider taking a certified boating safety course. It's a great way to understand the rules of the water and become a more confident, responsible boater.

The Peterborough County OPP will be patrolling local waterways throughout the season to promote safe boating practices and enforce boating laws. Our goal is simple: we want everyone-residents and visitors alike-to enjoy the Peterborough County and Kawartha Lakes area safely and return home with only good memories.

Let's work together to keep this boating season accident-free. Enjoy the beauty of cottage country—responsibly.



Contributed by Lori Brock

After a successful mothers day brunch we are looking forward to doing the same for the dads! June 15th we will be hosting Fathers Day brunch 10 am to 1pm.

APSLEY

LEGION

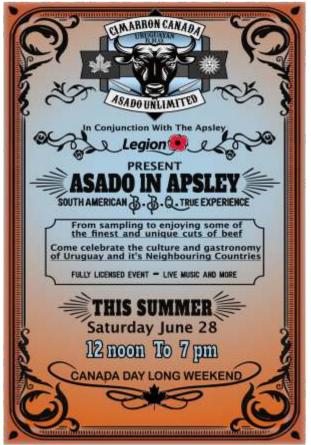
We have partnered with Cimarron Canada Asado Unlimited to host a South American BBQ experience on June 28th noon to 7pm (See Ad next page)

For the summer we will be going back to hosting our Saturday Social- July 16th and July 26th the legion will be open at 11am.

Our patio will be open, we are working hard to get our horseshoe pits in working order and we will have the pool table and dart board readily available in our air conditioned lounge.

We will also be open Canada Day 11am to 3pm.

As always stay tuned into our Facebook for the most up to date information!





THE BEAST

by Roy Anderson

Chapter Eight

In my mind I expected a stark forbidden room. The bare essentials complete with a hospital bed, a bed pan dated from the 1800's.

The warm glow that filled the room cast a eerie glow on a different scene.

The farther I walked into the room and the soft amber glow showed a different setting. The floor was in most part covered hardwood coated in varnish.

The area surrounding the bed and most of the floor was covered in oriental carpet. The bed was a large four poster with a canopy. The sides fitted with velvet dark red drapes, all pulled back and tied with gold ropes, with fringes on a large knot. With the drapes pulled and tied exposing the mattress area cover again with a red velvet blanket.

Being curious I walked to the bed and pushed down on the mattress that was very soft. With overstuffed blankets, I imagined what it would be like sleeping in the bed in a cold winters evening, with the winds blowing and heavy snow falling.

Continuing with the inspection of the "Death Room", I was confronted by the wallpaper, dark red with a gold flower, plenty of silver and greens and yellows textured to a garden profile. The sofa and all the side chairs were antique Victorian, button tufted backs and seats with high polished walnut frames and trim. Nestled on the wall was portraits of previous owners. I recognized the family portrait as the one on the headstones of the graves in the cemetery. I wondered if their passing was in this room.

As I turned to leave a large opening in the far wall with a glint of silver caught my eye. Moving across the room to investigate the opening, I passed by a life size painting of a young girl, ten or twelve. I stopped to study the portrait. the appearance of her clothing was definitely out of the fashion era of the eighteen hundreds. Very crisp, the shades of black and white, high button shoes, pleated skirt and a neck hugging white blouse once again plenty of frills down the front. The tone of her skin was quite natural. Her brown eyes almost sparkled. Long brown hair that flowed out over both shoulders. The look on her face was sultan and firm.

After a few moments of staring at the portrait, I continued on to inspect the arched opening in the wall. To my surprise it contained a hospital bed on wheels. the style that could the infirm about. Sliding the grilled

gate open, looking inside The floor was not attached but was a platform.

My eyes became accustomed to the dim light of the cavern, then I realized that the platform was a elevator, looking up the shaft, the lights from a setting sun filled the room above.

Turning to leave the elevator and the room a door caught my attentions, so me being me, I had to open it. When the door swung open a stairway greeted me. One made of high quality hardwoods and a varnished finish almost the same as you would expect in a church or cathedral. Standing there in silence, staring upwards at the top, trying to make up my mind should I go up or should I leave.

My better sense suggested I leave, but who at twelve years old listens to their better sense. So I made my way up the stairs, all but very gingerly. After what seemed to be forever, the floor at the top of the stairs appeared. Soon I was greeted by a room wide open, with a multitude of windows on all the outside walls. Walking across the floor to look out the nearest one, I was treated to a new view of the farm, looking over the old cemetery. If I approached to look out the other windows, depending which ones, all the areas of the farm could be viewed. The sun now setting farther down, the room took on a eerie glow, which made me decide to leave.

Making my way down the stairs, then exiting the elevator room to go out, I passed the large portrait of the girl. Glancing at her as I walked by, I noticed the portrait had changed. The girl was dressed in black including a hat with a veil. The veil was pulled to one side, the sultan face, with the lips pulled down and the eyes closed was crying. Large tears flowed over her cheeks, and fell to the bottom of the portrait.

For me, I don't know why, I had to reach out and touch the tears in doing so I stood back in horror, the tears were wet. At the sight of the portrait, then scared out of my wits, I headed quickly to exit the room. When saying rather quickly, I guess what I mean is really quickly. Reaching the door, I expected it to be opened or unlocked, so I could exit the room. To my horror, the door was closed and locked. Pulling on the door knob, to no avail, now starting to panic, the room began to darken. Whether it was my imagination or not, a fragrance began to fill the room, then came the footsteps. A female voice, very faint almost in a whisper spoke, "Richard, please don't leave. Stay and live with me, in this room it will be forever.

At this time, I am about to start screaming for help. A second voice very stern interrupted, "Patricia Anne, open the door now."

A silence now filled the room, that was now in full darkness, then in a whimper, "please Dad."

The second voice spoke again, "Now."

My hand still on the door know felt the lock move, then a click the door opened. Losing no time I quickly exited the room. Coming face to face with my mother, who as all mothers would ask, "what in heavens name are you doing in that room and how did you get in?"

Standing there, staring at mom with no explanation, nor could my mind think fast enough to make one up. I just stammered and stuttered. Mom had previously mentioned Guardian Angel. If it was true, the angel was there now.

As mom and I stood there the door latch clicked close and the clasp moved shut on the cleaves. The latch that was laying on a hook beside the door moved silently and clicked shut on the clasp, locking the door. Mom and I stood staring at the door for a minute or so, then keeping our integrity, left.

Myself and my mother never mentioned this incident to any one.

That night after sitting around the table and discussing the day's events, the three older siblings finished off the take out meal. A calm settled over the room, not even the wind made sound over the pine tree needles when in the distance the eerie faint sound of a train whistle echoed, followed by the steam piston exhaling and then the unmistakeably crying of a bell. The first remark from Ken, both a question and a answer was, "is there a train track near here?"

The answer came from dad remarking, "there are train tracks all over the place."

Then mother said, "for some reason this evening is very still, perhaps the sound carries farther." As usual the simple answer is the best answer.

It was not long until the evening became bedtime. As I made my way upstairs passing the now locked door, on my way to bed, if I said "not nervous" would be a lie.

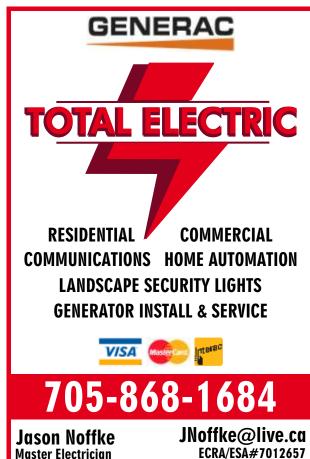
This being the last week of the month of school year. June was always exciting to myself. To me it signaled the return of warmer summer months. Walking around the farm with-out heavy clothing. The hum of farm equipment and the birth of farm animals and wild animals. I however, did not like the loneliness of July and August. This year I looked forward to "life" in the "village". However the farm was not done with myself "yet".

Laying in bed trying to sleep after the excitement of the day was a effort. My mind would not let go of the "death room." Over and over again. the entire episodes replayed. Every outside noise and movement caught my attention. The shadow cast on the walls by the pine trees, because of the full moon cascading thru the window. The lace curtains probably as old as the farm house offered no reprise. Suddenly I thought of Bethany and Sunday School, pleasant thoughts of that part of my day.

As the evening moved deeper into the night, the darkness in the room became heavy and black, although the moon was in full bloom. Lying in bed, half asleep when the first whimper filled the old farm house. The type of whimper you would hear from a child with an illness. Then quiet a long silence almost if the entire house was a vacuum. A long drawn out wail started low and reaching a high pitch crescendo, then tapering off to silence. The sound once again started this time calling my name. The voice was low and hollow the same sound one would get if speaking into a barrel only very clear calling out "Richard" then the voice rose a higher and louder demanding in its tone. "Richard"

The hair on the nape of my neck now a brush, I jumped from the bed and rushed out into the hallway to be greeted by my parents and brothers. All turned towards myself glaring.

My one brother Ken spoke questioning, "you had to didn't you. The grave yard and the death room, now this." Ken then muttering beneath his breath profoundly and returned to his room.



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Apsley & Area Artisan Festival

North Kawartha Community Centre



Please check our facebook and Instagram pages (Apsley Artisan Festival) or email aaafvendors@gmail.com for more information New vendors welcome

KICK OFF SUMMER WITH THE APSLEY & AREA ARTISAN FESTIVAL!

We're back again this year with the Apsley Artisan Festival at the North What: Kawartha Community Centre (NKCC).

We have so much artistic talent in Apsley and surrounding communities to celebrate, and we want to show it off. With new vendors this year as well as your old favourites, we are excited to see you again this year!

We are also excited to announce that THE GRAPE AND WEDGE will be preparing a special menu as a vendor, so bring your appetite!

This year we will have multiple artists with individual booths showcasing

- painting
- wood working
- glass art
- visual art
- fibre art
- pet portraits
- jewelry
- stained glass
- pottery
- natural body & skin care products
- hand made wearables
- and more!

This is a great venue to meet and chat with our local artists and artisans, learn about their craft, and maybe even purchase something that turns out to be the perfect gift, treat, or proudly displayed in your home or cottage. All are welcome, and we hope to see you there!

APSLEY & AREA ARTISAN FESTIVAL 2025

Where:

North Kawartha Community Centre (NKCC)

When:

Saturday June 28, 10 am - 4 pm



Check us out on Instagram and Facebook by searching Apsley Artisan **Festival**



BACKROAD LIVING

Guest contributor, Joni Mae Charlebois

There's More to Chickens than Meets the Eye



Apsley area. I have been tending to my to my chicken tending experience! have learned a lot about chickens in that around. I'll share a few with you. time. In this article, I will cover the Chicken Myths: benefits of free-range eggs, chicken Allroosters are mean.

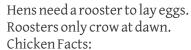
breeds and some chicken myths and facts.

Backyard, free-range eggs are often richer in Roosters only crow at dawn. nutrients - especially omega-3 fatty acid, vitamin Chicken Facts: Dand beta carotene. They're lower in cholesterol Roosters are not always and saturated fat. Free-range hens have a varied aggressive with humans. If they diet including insects, vegatation and kitchen knowyou are not a threat, they scraps which leads to deeper orange yolks and are typically non-aggressive. firmer, clearer whites. Store-bought eggs may be Hens will lay eggs without a weeks or months old by the time you purchase rooster. A rooster just makes the them, whereas back yard eggs are fresher and egg fertile for hatching. may be sold to you the same day they were laid. Roosters crow throughout the Backyard hens typically have better living day. They crow for various conditions than commercially raised hens.

Even in "cage-free" or "free-range" systems, territorial behaviour and their commercially raised hens may still live in biological rhythms. crowded barns with limited outdoor access.

There are many different chicken breeds. These range eggs are fresher than are the breeds that I currently have: Black Sex- store-bought and the hens live a Link, Red Sex-Link, Irona, Silver, Azure Blue, healthier life. If you choose to Olive and Noiran. I'll tell you a little bit about each start your own back-yard flock, I breed. My favourite breed is Black Sex-Link suggest starting with Red or because they are very friendly. I have a Black Sex- Black Sex-Link hens. They lay an Link hen named Shiny who always runs over and abundance of eggs per year and greets me. Black and Red Sex-Links are hybrid are great with people. If you're breeds (not a pure breed). "Sex-Link" means you not into owning your own flock, can tell males from females at hatching by their support your local chicken colour. Both breeds lay between 250-320 eggs per farmer and buy some farm fresh year. Irona and Silver breeds are dual-purpose eggstoday! which means they are egg layers and meat birds. I When you think about chickens, what recently added 3 new breeds to my flock. They are often comes to mind is their eggs, but Azure Blue, Olive and Noiran. I got them because there's more to chickens than most they lay different coloured eggs. Azure Blues lay people realize. My name is Joni Mae. I am light blue eggs, Olives lay green eggs and Noirans a 9 year old homeschooler from the lay dark brown eggs. This adds more egg-citment

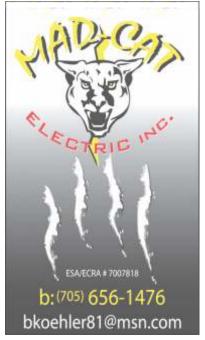
backyard chicken flock for 2 years now. I There are many chicken myths and facts floating



reasons. For communication,

In summary, backyard, free-









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by Kelly Wallace

Turtles on a Mission

Turtle nesting season in Ontario is in full swing—and the turtles are on a mission. This is one of the most critical times in a turtle's life, especially for the females who take years to reach sexual maturity (e.g., Blandings and snapping turtles 17 to 20 years) for their chance to lay eggs in hopes of a successful hatching. Driven by ancient instinct, quiet determination, and a race against time to give the next generation a fighting chance, nesting season is truly high-stakes.

From mid-May through mid-July, especially in June, turtles across Ontario leave the safety of their wetlands and ponds to search for the perfect patch of sandy or gravelly ground to lay their eggs. The problem? The roads often run right through their routes, and what we see as a gravel shoulder or roadside ditch, turtles see as an ideal linear beach. They're not being reckless. They're just following instincts that predate roads by a few million years.

Nesting takes a toll. After the exhausting process of digging, laying, and carefully covering their nests—sometimes with decoy test nests thrown in to fool hungry raccoons—females are left tired, shaky, and more vulnerable than usual. That's when they often have to cross roads again. So if you see a turtle on the move, especially a big snapping turtle that looks like it's had a rough morning, hang back and give her space. If it's safe to help her cross, guide her in the direction she's heading—but watch closely. Some turtles do a dramatic 360° turn after laying and head back the way they came. Snapping turtles are especially prone to this intriguing move.

Every nesting turtle you help across a road, every nest you protect on your property, and every turtle you report could make a significant difference. Your actions matter because only a small percentage of turtle eggs survive predators, bad weather, or being accidentally disturbed. Nature is full of checks and balances, but now, turtles need us to help balance the odds.

Nest protection matters. Ontario allows you to protect turtle nests on your property—an opportunity not every province offers. If you're lucky enough to have a turtle choose your yard for her nursery, you're part of something hopeful. But if you see one nesting elsewhere, like a roadside or park, ensure you have permission before installing a nest protector. It's not just about being respectful—it's also about avoiding accidents and liabilities.

Turtles Love Wet Weather

As for rainy days? You may see them as an excuse to stay in, but turtles see them as the perfect time to move. Wet ground is easier to dig. Moisture keeps them from dehydrating. And rain helps wash away the scent trail predators might follow. So when the rain hits, keep your eyes peeled—turtle traffic may spike.

And for the late summer crowd, while nesting peaks in June, 60 to 80 days later, hatchlings emerge from those nests mid-August through October. Some species even overwinter in their nests and make their debut the following spring. Turtles are nothing if not patient.

And if you find an injured turtle, especially a female, during nesting season, don't assume all hope is lost. The Ontario Turtle Conservation Centre (OTCC) in Peterborough is like the ER for turtles, equipped to help with broken shells, internal injuries, and even egg extraction if necessary. Call OTCC at 705-741-5000 to report an injured turtle when you are with the turtle. They even have a Turtle Taxi volunteer network that helps get these shelled patients where they need to go. You can help too—if you are interested in volunteering if you have time, e-mail volunteer@ontarioturtle.ca; if you don't, please share the information with someone who might need it.

So yes, turtle nesting season is about survival—but it's also about community. It's about paying attention while you're behind the

wheel, giving turtles a break when they need it most, and respecting nature's ancient rhythms. Because when a creature that's been around since the age of dinosaurs lays a clutch of eggs beside your driveway, you're not just witnessing biology. You're part of a conservation story that's still being written—and it's a story where every turtle counts. Your involvement is crucial in this collective effort.

If you have a question about a turtle or nest, please phone or text Think Turtle Conservation Initiative at 647-606-9537. For more information about turtles and actions that help, visit our website at

http://www.thinkturtle.ca or follow us on Facebook.



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MEMORIES SHARED by MARJORIE

By Marjorie Wilson, Freelance

End of World War 2 80 Years Ago



By May 1945 fighting had stopped in Europe. This did not mean that suffering for Europeans had come to an end. Many people in Europe had lost their homes. They were called DP's or Displaced Persons. One such person described to me her experience. Irmgard remembered the American soldiers going house to house in their village in Germany advising them to leave their home as the flame throwers would be coming to burn all the houses. Her family sought refuge in an old mill. Along with other families they felt safe inside the stone walls. Sheets were put up between families to give a sense of privacy.

As a child, Irmgard remembered being very hungry. Years later in Canada I showed her an antique glass water pitcher I had just acquired. Her look of sadness puzzled me. She said it reminded her of "beer soup". Her husband, Martin, looked very solemn, while commenting, softly, "You had beer soup?" Irmgard then



War Two Archives

explained that she would take a pitcher to get beer which her mother would heat. If they could find a potato that would be added. Warm beer made their stomachs feel full.

In another memory Irmgard described her family's escape from East Germany to West Germany. Apparently the Russians were looking for, and picking up the men in her town. Her father went into hiding. I do not think she saw very much of him ever again. Irmgard was a young child and remembered

the family's escape as high adventure. The attempt to cross the border into West Germany was made at night. During the first attempt they were caught and sent back. A few nights later the attempt was successful. Irmgard, her siblings, and her mother made their way to a town on the Rhine.

Irmgard's husband Martin had a different experience. Before the war ended Hitler was having difficulty finding enough young men in his war effort and so teens were used. Martin was fourteen when the war ended. Earlier he had been used to operate antiaircraft guns. Martin was captured by the French as the war ended. He remembered that while in detention there was no food. He noticed that even his captors had very little food. He was in an apple orchard and tried to eat bark from those trees. Eventually he escaped and made his way home walking at night while hiding during the day.

Life was scarcely easier in England. Mother continued to send parcels to her cousins until about 1950. During this period there was a family wedding. Mother shipped to England all the ingredients for the wedding cake. Later when we saw the first nylon stockings we sent some overseas. What excitement that created!

How did life change for us in Canada? There were gradual changes such as the end of rationing. Throughout the year members of the armed forces began returning home. We saw a lot of new houses being built to accommodate those servicemen and for refugees arriving in Canada. Check the Facebook page of the Bancroft North Hastings Heritage Museum to find the opening times.



THOUGHTS From GAYLE

Gayle Davis, Freelance

The Only Constant is Change

June is here and the year is half over! Once again, where did the weeks go?

As we look back on the past few months, it leaves one breathless. Not sure what's going on in your neck of the woods, but the world around us is certainly in 'turbulent mode'.

The past six months have given us a new President south of the border, a new leader of the Liberal party, a return to office of both the Federal Liberal party and the Provincial Conservative party.

Recently, ice storms, copious amounts of snow, and a very destructive windstorm have challenged our area. But we've made it through, despite power outages and roads that at times were unnavigable due to flooding and tree debris.

The one thing these times highlight is our resilience as human beings. As we navigate through catastrophes, we unearth strengths that we have either forgotten or have never been called upon to use. One thing it proves is that human beings are adaptable to just about any situation. We pick up and mop up and carry on. Are you proud to be a Canadian? You should be!

Uncertain days lie ahead. The world is going through an economic transformation that this generation has never experienced before. The tables have been turned on the old order of things. It's a scary shake up, but perhaps a necessary one.

Lulled into a false sense of security, human beings grow lazy and complacent. Unquestioning reliance on others is never a good thing. Our nation was very comfortable with the way things were. Many of us have never entertained the possibility of dramatic change before the current situation. As Canadians, we are accustomed to letting others take the lead. But as we've seen recently, this can be a deadly mistake. When you hand over your autonomy to others, you can find yourself in a dark place, scrambling to stand up and resist.

When I was a child, I hated change. Starting a new school year in a new class made me so anxious. My reluctance to go to school was so overwhelming that my mother had to walk me to school almost every day. I would set out alone, dissolve in tears halfway there, and run back home. And my mother would make me turn around and walk with her to school. Once I was there, the day usually went well. It was the 'getting there' that was the challenge.

As much as we all hate change, in the grand scheme of things it is a necessary evil. And it will happen whether we want it or not. Progress and growth would never happen if we just remained in the same place. We would become stagnant and overconfident. Liken change to childbirth. It is painful but the results bring, a new

CHANGE

beginning to our tired old world.

Consider your own life changes. As with all of us, there are many good changes along with some you would rather not have experienced. Good or bad, the end result has reshaped your world, and has made you who you are today.

The journey may have been painful, but the results transformed your life. Getting there is the challenge.

Life is not static. What we are experiencing right now may be unpleasant and scary. However, the path to the future, with all its ups and downs, will take us where we need to be. The constant of change, as unsettling as it may be, shapes us and our future.









By Helena McMann, AMHA Board Secretary

Due to the Ice Storm this year, the awards portion of the Skating Show was postponed to Early May.

Congatulations to all the winners and thank you for the tireless effort of all coaches, volunteers and families that make a successful skating program here in North Kawartha

Forest Glen Marina Award

Hadleigh Perks & Abi Benedetto





The Everett Family Award Most Memorable Moment in Ice Show Avery Tucker & Alyssa Shee



Cindy Whitmore
Memorial Award





Nicole
Dunkerley
Memorial
Award
Erin Post



Steen Memorial Award

Thomas Evan

Lyla Bolton





VIEW FROM THE CABIN

by Rick de Haan

Never Goose a Moose!

If you've ever spent much time in the wilds, you've either seen a moose or crossed paths with one at some point.

In the north it's common to see them along the sides of the road—especially in winter, when they like to lick up road salt. Unfortunately moose aren't too bright when it comes to traffic and as a result there are injuries and even deaths when cars and these 800 to 1300 pound animals cross paths. Furthermore, during the rut, a testosterone-infused bull will attack anything standing in his way including people, cars, trucks, and even trains. A cow, when she is protecting her calf, will charge a human as well, using her front legs and hooves as twin battering rams.

In the evening when the light fades, moose are active and will cross roads to get to areas where they feed. This is when motorists in moose country need to slow down and be vigilant. The difference between hitting a deer and hitting a moose with a car is pretty obvious. Due to the fact that a moose is essentially an enormously heavy body supported by four long legs means that a moose tends to come to rest on or in the passenger area of a car, all but obliterating it. The carnage inflicted upon both the car and its occupants does not need to be explained here to be understood.

But, there are more positive, and yes, even humorous dealings between the majestic moose and we humans that I'd like to focus on in this article.

I remember a time back in the eighties when I was duck hunting with Bob, a friend of mine from church. Bob owned a hunt camp on 200 forested acres north of Marmora. We had hunted on the main beaver pond near the cabin in the morning and had shot a couple of mallards as well as several wood ducks. In the afternoon we parted ways to see if we could scare up some ducks on the smaller ponds to the west and north of the main pond. When we met up later, he said that during his wanderings, he'd spotted a 'horse' standing with its butt towards him on the trail. I thought that rather odd since we were at least 20 miles from the nearest farm, and the likelihood of there being a confused and wayward horse that far back in bush was highly unlikely. Then he grinned and said, "Well that's what I thought at first, but then I noticed a smaller 'horse' in the brush

off to the side. When they turned around to look at me, I realized it was a cow moose and her calf. I was only about 50 yards behind them, but they didn't seem too concerned and walked off into the bush. So, I continued on to the far pond where I shot these two ducks." He proudly held them up with a big grin. It was apparently the first time he'd actually seen moose in that area.

Back in 2007, when I was in the military, our unit was at the Connaught Ranges just west of Ottawa for an exercise. It was a weekend where several hundred army cadets and staff were to compete in various army style activities. I was the officer in charge of R&Q (Rations and Quarters). It was a two-day, two-night affair where the cadets pitched "hooches" (a low green tarp/tent affair under which two people could "comfortably" sleep) and heated up IMP's (Individual Meal Packets) on camp stoves.

Parts of Connaught consist of thick woods with swaths of open areas which were used for navigation and various other types of training by Canadian Forces personnel. The woods alongside one of these open areas was where the cadets had been tasked to set up their camps.

On Sunday after all the activities were completed, and everyone was about to break camp, a couple of wide-eyed cadets ran up to me and said there was a moose hanging around their site, and that it wouldn't go away.

A bull moose can be over seven feet high at the shoulder and run at an impressive 35 mph—it's really big and potentially dangerous, especially during the rut. This was October; prime rutting season. So, armed with an aluminum pot in each hand, I along with two young officers—who seemed a bit apprehensive—went to investigate. I suppose I could have radioed "Range Control" and had several armed personnel look after the situation for me, but that thought didn't cross my mind until later.

Sure enough, there was a large moose standing amongst the hooches and scattered personal belongings, wondering what all the claptrap was. When I moved in a bit, I realized it was a grizzled old cow. My young officers held back while I carefully stepped closer, banging my pots together in hopes that my raucous presence would scare the thing into the next county. The moose just turned its head for moment or two and looked me over as if to say, "What do you want?" Even when I stood near her rear flank, she refused to move.

Looking back, it was probably a dumb thing to do, but being on a strict schedule, I needed to get rid of this darned moose one way or the other. So I did what seemed quite natural at the time; I smacked the old girl on the rump with one of my pots. The moose lurched ahead a few feet and then stopped to crane her head around again and glared at me. So, I walked over, turned the pot around and jabbed her in the butt with the handle. She didn't like that very much. And with a huff she jumped forward and started galloping toward a nearby cedar swamp. Banging my pots, I ran after her to make sure she went as far away as possible.

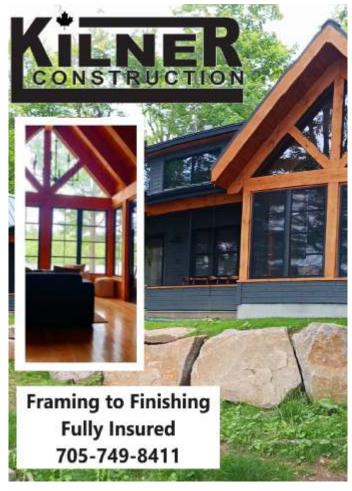
When I got back to my officers, who were standing there in shocked disbelief, one of them said the only thing he could think of, "WOW ... Sir!" I then quietly told them that this little adventure WOULD be kept to ourselves, especially when it came to Range Control!



That might have been one of the stupidest things I have ever done, but seemed to be the most viable option at that time. It all ended well for both myself and the moose, but this is definitely not recommended, since moose are considered by many to be the most dangerous animal in the woods.

Well, I hope that all your associations with moose provide you with good memories. So far they have for me. I've never hit one with a car, at least I haven't yet ... and hope I never will. I've admired them in their natural habitat from my canoe and from a vehicle. However, the memory of that stubborn moose at Connaught will stick with me forever.

But, if I have any advice at all, it's that you should never, ever goose a moose, as tempting as that might be!





Contributed by Kim Tucker and Lisa Mace

Invasive Species Threats to North Kawartha June 4th, 6:30pm, Apsley Branch





some of the major invasive threats to register call Lisa at gardeners may unknowingly plant, such Meet the Author Event

suited for your garden.

before they spread.

Quick Reference Guide—a practical tool for identifying plants while gardening or hiking. Each page features a photo, description of an invasive species, and tips on how to distinguish them from similar-looking plants. No registration required to attend Wednesday June 3 rd, 6:30pm, Apsley Branch.





Empathy Explorers! In a world where you can be anything, be kind. June 5, 12, 19 th from 3:15pm to 4:30pm, Apsley Branch

Join us for stories, snacks, crafts, and games as we explore what it means to be kind! Through fun activities like rock painting, role playing, and

creating a kindness chain, kids will learn how empathy and small acts of kindness can make a big difference. Let's build a kinder community Join us in welcoming Mackenzie together—one good deed at a time! This is a three-week series at the Moxley, Invasive Species Project Apsley branch, running June 5 th, 12, and 19 th from 3:15pm to Specialist at OFAH, as she highlights 4:30pm. Open to kids aged 8 to 12. No cost, limited spaces. To pre-

the Apsley area—many of which 705-656-4333 or email l.mace@northkawarthalibrary.com

as purple loosestrife and Japanese Saturday June 7, 2025, 11:00 am to 12:30 am, Woodview Branch

knotweed. Her presentation will cover Join us as author, Priya Ramsingh, shares her inspiration for her how to identify these species, second novel, The Elevator. Her first novel, Brown Girl in the Room understand their potential impacts, and was published in 2017 with great reviews. Her story Pies for Lunch learn safe methods for prevention or was short listed for Best Short Story in the annual literary journal of removal. Mackenzie will also suggest The University of the Virgin Islands in 2021. In 2018 Priya was asked native plant alternatives that are better to be part of the Ask Inspirational Women Series established by Photographer Lisa McIntosh. Priya is a former reporter and In addition, she'll introduce a few invasive pests, like columnist for Metroland Media and continues to write op-eds for the jumping worms, and explain how to spot and stop them Toronto Star. Priya spends time in North Kawartha and surrounding area photographing wildlife in her spare time. Refreshments will be Everyone who attends will receive a Terrestrial Plant served, and we will have a draw for a copy of her book. Free drop in event, contact Kim 705-654-1071 for more information. Hope to see you in Woodview! - 66 Northey's Bay Road at Wilson Park.

Do-It Yourself Sewing Workshop

Friday, June 6th. Drop-in between 10am and Noon, Apsley Branch

Bring in your well-loved clothes or fabric items that need a little TLC and learn how to repair them yourself! Whether it's patching holes, darning socks, sewing seams, or fusing fabric—this hands-on workshop will guide you through basic mending techniques. You can also get to know your own sewing machine and how to use it more confidently. Cost: \$10 for minor fixes; more complex repairs may be priced on site. Friday, June 6th. Drop-in between 10am and Noon. No pre-registration required.

Contact Lisa with questions at l.mace@northkawarthalibrary.com or by calling 705-656-4333

Love is in the Air! - Pollen and Spores - Everything you have always wanted to know, and more!

Saturday June 14th, 10am, Apsley Branch

Join us for a fun and fascinating hour with biologist Susan Chow from Trent University! Through stunning photos and real-life examples, we'll explore the tiny but mighty world of pollen and spores—how they look, how they work, and how scientists collect and study them. Discover how these microscopic clues help us unlock ancient environments, solve mysteries in archaeology and forensics, and even help keep honey pure and people healthy! Saturday June 14th, 10am, at the Apsley branch. No cost and no pre-registration.

True Colours Workshop - Thursday June 19, 2025 night-flying creatures. As they arrive, 10:30 am to 12:30 pm, Woodview Branch

Register today for this informative and engaging species, contributing our workshop program designed to help participants observations to our own group on better understand themselves and others. Join Naturalist.ca as part of a citizen Sue Millar at the Woodview Branch for this science effort. interactive 2 hour introduction to True Colors* This is our own mini bioblitz—an and take home a booklet containing all the exciting opportunity to count and information covered. The workshop will help you identify as many moths as we can, identify your most dominate and natural while learning about their habits, personality type. As you delve into the traits, host plants, and the surprising strengths and potential challenges of each diversity that comes out after dark. personality type you will gain valuable insights Whether you're a curious beginner or into your own behaviours, as well as those of a seasoned nature lover, this event is others, fostering communication and a fun way to explore, learn, and empathy. Sue is a Certified True Colors* connect with the natural world. Don't Facilitator with over forty years' experience in miss this chance to experience nature Human Resources and Executive Management. In in a whole new light! All ages. This is a her retirement Sue's mission is to help colourize free event but donations are the world to enhance peoples' self- esteem and welcome. For more information 705confidence by introducing a vocabulary through 656-4333 or these workshops. Cost is \$30.00. Call 705-654-1071 to register today!



Rocha

Branch

to protect fishermen and farmers from rain and extras you can borrow. So mark your sun. Over the years, bucket hats have evolved into calendar and drop by to strum with a popular fashion accessory worn by people of all this friendly group! ages for practicality and style. In this hands-on workshop, you will sew a reversible, 100% cotton bucket sun hat as a gift - or for yourself - guided by Joan Rocha, an avid sewer who has made over 100 hats. The cost is \$10. Limited spaces. To preregister, please call Lisa @ 705-656-4333 or email I.mace@northkawarthalibrary.com



Join Us for a Moth **Night Adventure with** Mothman Baz Conlin Wed June 25th, 9pm, Apsley Branch Step into the night with Baz Conlin and discover the hidden

insects! We'll be setting up black lights, UV lights, and a white sheet to attract moths and other

we'll photograph and record each

k.tucker@northkawarthalibrary.com Noonshine Ukulele –Wednesdays in Bucket Hat Sewing June, 1:00pm, Apsley Branch

Workshop with Joan Join us for a relaxed hour of ukulele strumming under the library gazebo! Saturday June 21st, This welcoming gathering is open to 10am to 1pm, Apsley all ages and skill levels—whether you're just starting out or have Whats a Bucket Hat? been playing for years. It's a fun way It's a soft, brimmed hat to connect with others and enjoy the that resembles an music together. Don't have a ukulele? inverted bucket created in the early 20th century No problem—the library has a few





LET'S GO TO THE LIBRARY...

KNITERARY Wed 's 3pm NOONSHINE UKUELE Wed 1pm

JUNE

*Wed June 4th **INVASIVE SPECIES THREATS WORKSHOP** 6:30pm, Apsley

*Thurs June 5th, 12th, 19th **EMPATHY EXPLORERS** 3:15pm to 4:30pm, Apsley

*Saturday June 6th **DIY SEWING** (Drop in between) 10am and Noon, Apsley

*Saturday June 7th **Meet the Author Event** Priya Ramsingh "The Elevator" 11 am to 12:30 pm, Woodview

*Thursday June 12th **BOOK CLUB** 6:30pm, Apsley

*Saturday June 14th **POLLEN and SPORES** 10am Apsley

*Thursday June 19th TRUE COLOURS WORKSHOP 10:30am-12:30pm Woodview

*Saturday June 21st **BUCKET HAT SEWING** 10am to 1pm, Apsley \$10

*Wednesday June 25th **MOTH NIGHT ADVENTURE** 9pm, Apsley



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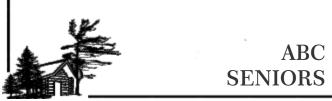
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at the North Kawartha Community Centre 340 McFadden Road in Apsley





Contributed by Maaike Berg-Nonnekes

There's nothing like a good mystery with a twist! One of the highlights of our May program was a return of the Loop Troupe from Wilberforce. The Banquet Hall was transformed into a 50th Anniversary celebration dinner of the Oak Hills Retirement Home. And, where was Purscilla Bing? Delightful and colourful characters provided an entertaining luncheon. Many thanks to our Craft coordinator, Gail, for planning, purchasing and leading us in a variety of wonderful finished projects. We have completed beaded bracelets and terra cotta turtle plant stands!





Regular programming continues until the end of June, making June 24 the last lunch before the summer break. This also includes a BBQ lunch on June 17th, catered by the local Lions.

Even though the Tuesday lunches will be on a reduced schedule, corn hole and the afternoon card games (Euchre, Canasta, Bridge and Chess) will be sure to continue on a weekly basis throughout the summer. Pickleball will carry on throughout the summer months.

The annual ABC Seniors Christmas Bazaar on November 1 is, again, including a raffle! The three prizes are: a double hand-stitched quilt, a wood framed stained glass "Cardinal in the Birch Trees" and a regulation size corn hole set.



Tickets are \$2.00 each and will be available for sale on Tuesdays at the NKCC or from ABC members.

"Should I Stay or Should I Go?" is the title of a timely presentation by Jayne Culbert. Age-Friendly Peterborough, in partnership with Community Care, invites anyone who may be facing challenges living in their own home to attend. Learn about a decision-making tool that can be applied to help you think about the right places for you, what supports are needed and available and some different settings that you may want to consider. Everyone is welcome on Wednesday, June 17 from 1:30 p.m. -3:30 p.m. at the NKCC Banquet room. Send a message to the email below to let us know if you are planning to attend.

If you are interested in learning more about the ABC Seniors Club, please visit us on Tuesdays at the NKCC at 10:30 a.m. to find out! Contact:

abcseniorscommunications@gmail.com





by Barry Rand Community Centre, 3723 County Road 620



Honey Mustard Chicken

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Wednesday of each month

at 11:30 am at the Glen Alda



RECIPES

Denise Dunford & Helena McMann

Fire up the BBQ for Dad! **Grilled Pineapple**



Ingredients

1 pineapple top, skin removed ¼ cup brown sugar 2 Tablespoons maple syrup 1/2 teaspoon sea salt, to taste Instructions

Preheat. Set grill to 350 degrees F. Mix glaze. In a small bowl, combine the brown sugar and maple syrup.

¼ cup brown sugar,2 Tablespoons maple syrup

Cut and season pineapple. Slice the pineapple into 3/4 inch thick round slices. Use a spoon to put a dollop of the brown sugar mixture on each pineapple slice. Use the back of the spoon to evenly distribute the mixture over both sides of the pineapple.

Grill pineapple. Place on the grill grates and cook for 4-8 minutes per side or until you have nice char marks from the grates and the pineapple is heated through.

Salt, serve, and enjoy. Serve as a side dish, or top with ice cream

Ingredients

1/4 cup country dijon mustard 1/4 cup honey

1/4 cup yellow mustard

3 Tbsp. olive oil, divided 2 Tbsp. apple cider vinegar

2 garlic cloves, finely chopped

1 tsp. chopped fresh rosemary leaves, or 1/2 teaspoon dried rosemary

1/2 tsp. kosher salt

1/2 tsp. smoked paprika

1/2 tsp. ground black pepper

2 Tbsp. mayonnaise

8 boneless skinless chicken thighs or breasts

Directions

In a medium bowl, whisk together the country Dijon mustard, honey, yellow mustard, 2 tablespoons of olive oil, apple cider vinegar, garlic, rosemary, salt, paprika, and pepper. In another medium bowl, place 1/3 cup of the marinade and whisk in the mayonnaise. Cover and refrigerate dipping sauce until ready to use. If using chicken breasts, put the chicken breasts between 2 pieces of plastic wrap and pound with the flat side of a meat mallet or a heavy skillet so they are of uniform thickness.

Place the chicken thighs or breasts in a gallonsized plastic zip-top bag. Add the remaining marinade, seal the bag, and refrigerate for 30 minutes (or up to 4 hours).

For the the grill: Preheat a grill to medium heat, around 350°F. Oil the grill grates well.

Remove the chicken from the marinade and pat dry with paper towels. Discard the remaining marinade. Place the chicken over the grill. Cover and cook until grill marks appear and the chicken easily releases, 6 to 8 minutes.

Flip the chicken and continue cooking until it is no longer pink in the middle and the internal temperature reaches 165°F, 2 to 3 minutes more. Let rest for 5 minutes and serve immediately with the dipping sauce.

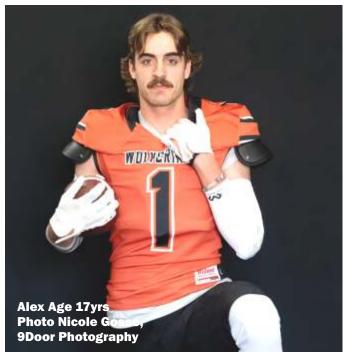




SINGING SLOTBACK

Contributed by Judith Manary

Local Teen, Alex McMann is rising in both Football and Singing Ambitions...



Alex McMann has been an athlete since he could walk – starting on a baseball diamond and recently trading in his bat and glove for some shoulder pads and a football. When at home, his family can hear him lighting up the shower walls with his singing voice.

2025 has been an exciting year for Alex as both his sports and music are taking off.

"Music has been my therapy, my outlet and a way to connect with people and their feelings" says Alex. He only picked up a guitar less than two years ago, following in his brother Jackson's footsteps. Some of you may remember, Jackson held a fundraising concert here in Apsley a few years ago at the legion that helped him fund his tree planting adventures (he's now living in BC full time, enjoying his 6th year and has planted a million trees).

Self taught, Alex has found comfort and inspiration in song writing. His family went through some big changes in 2022 and this past April, at a local talent show, he debuted his first original song. The song, titled "Broken Home" is written about his father's struggle with addiction and him leaving for another relationship. It was a way for Alex to get out some angry feelings about those



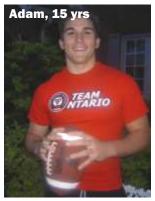


couple of years of change. "My dad is my best friend and biggest supporter, but we went through some really hard times. I'm glad were working through things now. This song is about those times".

Peterborough's Got Talent, put on by Kawartha Home and Health Care celebrated it's third year of supporting local community organizations and youth

talent. Alex's song brought the judges to emotional tears and the crowd to a standing ovation. Earning first place in the show, Alex won an eight hour recording session with local producer Michael Phillips. Another friend of the family, Matthew Clulow helped Alex record "Broken Home" which has since been released on all music platforms. On Spotify alone, it has generated almost 2000 monthly listeners and almost 3000 plays in less than two weeks.

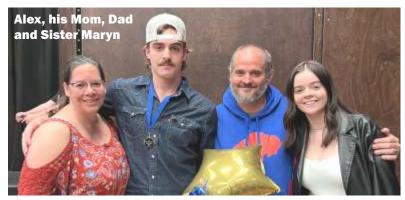
During all this music excitement the nerves were dancing on the football field, while Alex fought for a spot on the Team Ontario Men's U18 Tackle team. Initial tryouts started in January of 2025, and in March Alex found out he made the cut to 250 athletes (down from





almost 900). Then in March, the second phase of tryouts happened in Guelph and he earned a spot in the Top 90. These 90 players were divided into two teams that played in Waterloo the weekend of May 3rd. At press time, Alex is still waiting to hear if he made the team that will train in early July, then have the honour of representing Ontario in a week long tournament in Nova Scotia mid July.

It takes a village and Alex has the support of not only his local Football team, (Wolverines U18 out of Peterborough), but also a previous Team Ontario Alumni and local business owner, Adam Dragisic. Back in the day, Adam played four years with Team "O" (age 14-17). Playing the same position then that Alex plays now, Slotback (receiver). He had some great advice for McMann. Adam, who is a local building rep for Home Hardware and owner of Shield Construction



Management, has seen a few career paths over the years. A shoulder injury derailed his football plans early in his sporting adventures, and he now lives in Apsley with his wife Amber, two sons, Slate and Hawk.

Alex knows injuries are part of the game and while he was navigating playing both Elite Baseball and AA Football last season, he sustained a shoulder separation on the football field four days before he was set to leave for Atlanta Georgia with his baseball team. Even though the X-ray showed only a minor injury, Alex couldn't throw the ball..he played Outfield and was a Pitcher, but he was determined to go to Atlanta. "After my mom said we had to cancel Atlanta, I thought I was going to throw up. I was sad, angry, but dammit if I was going to miss my last baseball tournament of my Baseball career. I ran downstairs, grabbed my bat and tried to swing. It didn't hurt. I could swing, so I could hit. I came in crying and said, I'm calling coach - I want to go". So with the green light from his coach, Alex and his mom packed up the car, hit the road, and drove 16 hrs straight to Atlanta so Alex could be designated hitter for his team that week.

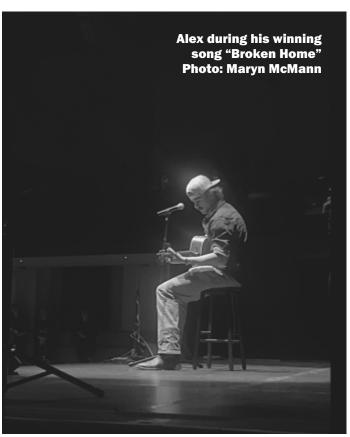
That same grit helped Alex work through some stinking thinking at Football - first time away from home and staying in a dorm in at the University of Waterloo for the Top 90 Evaluations - he called his mom after a huge panic attack during the first morning practice. Feeling overwhelmed and insecure about whether he deserved to be there, he dug deep, refocused and got back on the field.

The same courage it takes to get up on a stage is what it takes to fight for a spot amongst seasoned players for Team Ontario, Alex knows how to work through his fears.

Meanwhile, his singing opportunities are a bit less injury prone, but the same emotional investment. His songs are mostly about his personal experiences but he has also woven some lyrics about country living and positive relationships. Alex remembers writing his first song (with his brother Jackson's help) about a girl he liked when he was only 11yrs old. To date he has almost a dozen songs written and one has been recorded and two more are on there way.

What's next for Alex?

Alex hopes to earn some money to help fund his football opportunities by playing some music gigs. We will also post in next months Backroads whether he makes Team Ontario Football. In the meantime check out Alex singing both original and cover songs at the following places around town:



Friday June 13th Woody's Restaurant 328 Burleigh St. Apsley 5:00pm to 8:00pm. Tickets only \$10!

Grab some delicious food and a cold drink, while Alex entertains in his very first community gig with both originals and country cover songs.

Stay tuned for more venues being booked over the summer months: dates to be confirmed Apsley Car Show in August, Graz in Bobcaygeon, Creekside Music Festival in September and more!







Exciting News from the CLPOA!

We're thrilled to announce the 2025 CLPOA Board of Directors and extend a warm welcome to our new President, Elspeth Gaukrodger — the first woman to hold this role in our association's history!

Elspeth brings a wealth of experience, passion for the lake, and a strong commitment to our community. Her leadership marks a new and exciting chapter for the CLPOA. We're also pleased to share that our Executive now includes:

Debbie Kirton, continuing in her role as Secretary Dave Hill, remaining as Treasurer

Lyn Turnbull, returning to the CLPOA board as Vice President at Large

We're also excited to welcome our new board members — bringing fresh perspectives and energy to the team. You can find the full list on our website; WWW.CLPOA.CA Thank you to outgoing President Dave Taillefer for his dedicated service and continued support in his new role as Past President.

Here's to a strong season ahead — united by community, stewardship, and the love of our lake!





AROUND TOWN

Down the Road and Over the Fence





Should I Stay or Should I Go?

Wednesday June 11th, 1:30pm-2:30pm

North Kawartha Community Centre, Banquet Hall Presentation by Age-friendly Coordinator Jayne Culbert

You may be facing some challenges living in your home.
You may be wondering, "should I stay in my home or is this
the time to move?"

Our decision tool will help you think about the right place for you, what support is available to help you age in place, and some difference housing models.

In partnership with Age-friendly Peterborough, ABC Seniors Club and Community Care Apsley Office No registration required



PHOTOS from around Chandos Lake Credit to Sam Moffatt and Helen Dawson





Starting Victoria Day to June 22nd

** SAT and SUN 9:30 - 5pm**



Homemade Smash Burgers, Loaded Nathan's Hot Dogs Poutine, Onion rings

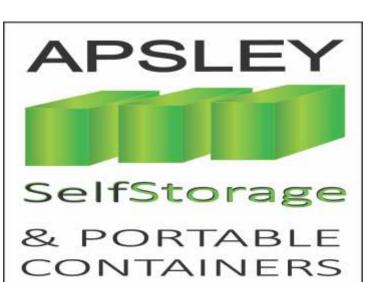
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Breakfast
Sandwiches
and Burritos
AND
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June 23rd - Labour Day

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- Mental Health servicesAddiction services
- Addiction services
- Developmental services
- Employment
- Housing
- Income
- Services for Seniors and more.

Visit your local County Hub



Apsley

Community Care - Apsley 126 Burleigh Street, Apsley 1st and 3rd Wednesday | 10 am-3 pm

Need help now?



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Mental Health Helpline Dial 988
Social Services 855-738

Dial 988 855-738-3755

peterborough.ca/hubs | hubs@peterborough.ca



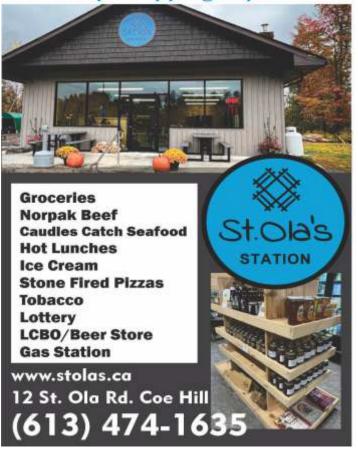








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- Radley Push Lawnmower
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- Stihl Cut-Off Saw TS420
- Stihl Earth Auger
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- Stihl BG56 Handheld Blower
- Stihl BR600 Backpack Blower
- Stihl HT135 Pole Pruner

NAILERS AND STAPLERS

- Crown Maibec 16G Stapler
- Coil Roofing Nailer
- · Paslode Framing Nailer
- Paslode Finishing Nailer
- Dewalt Flooring Nailer
- Bostitch Air Finishing Nailer
- Coil Sheathing Nailer
- Floor Screw Gun

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- Makita Large Hammer Drill
- Makita Small Hammer Drill
- Hammer Drill Drill Bits
- 2" Core Bit
- 3 1/8" Core Bit
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- Makita Right Angle Drill
- Makita Electric Drill

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- 1 Ton U17 Mini Excavator
- 3 Ton E32 Mini Excavator
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- S570 Wheeled Skid-Steer
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- CT2030 Bobcat Tractor
- Extra Bucket or Forks
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- Husqvarna Tile Saw
- Reciprocating Saw
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