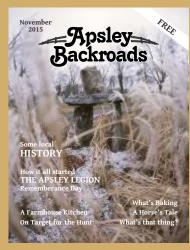
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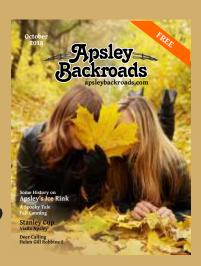


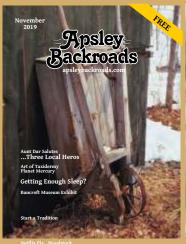
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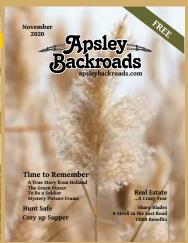


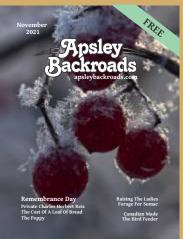


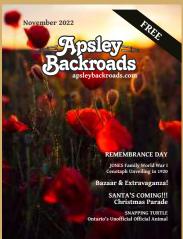
# Celebrating Ten Amazing Years!



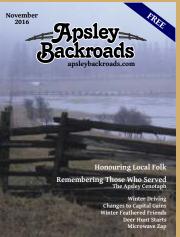


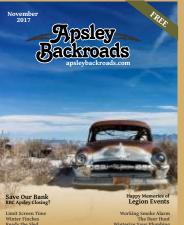


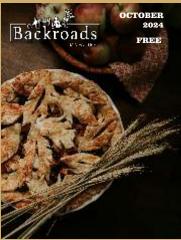












# **GRAND OPENING** NEW MANAGEMENT







### Special for Backroads Readers!

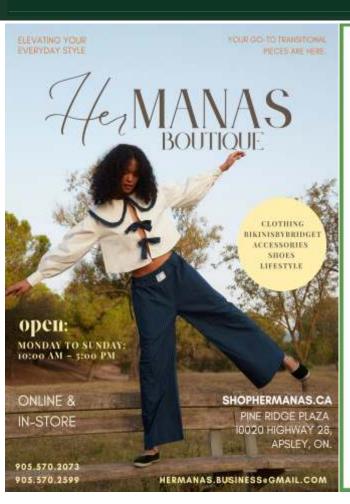
Receive \$10 off a purchase of \$20 or more (before taxes) at Local Eats. Valid until Oct 31st, 2025. No cash value. Must present this coupon at the time of purchase. Limit one coupon per customer.

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### Thanks for a Great Season!

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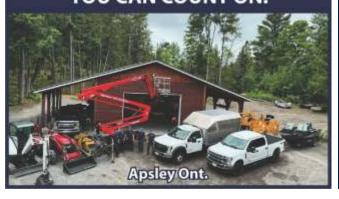
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COLDWELL BANKER BROKERAGE



# From The Editor's Desk

# OCTOBER 2025

This is a free magazine that publishes 8 times a year. Copies are distributed by Canada Post and for local pickup from Lakefield to Bancroft, Paudash, Cardiff and Coe Hill region including all of the Apsley area. If you don't receive one in your mail box, you can pick up a copy at one of several local merchants in and around Apsley, along the delivery routes or sign up for a paid subscription!

You can catch up online at apsleybackroads.com

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# Subscriptions

Subscriptions are available for \$55.37 (HST included). Makes a great gift! Mailed to your door, Eight times a year.

Happy 10th anniversary Apsley Backroads Magazine!

Thank you to Judith Lean for her vision in starting something that brought the

community together through stories, history and anecdotal columns. And being a consistent platform for advertisers to get the word out all year round.

I was honoured to take the reigns back in June of 2022 and continue to navigate the best interests of the magazine and what it can be for our readers. Cheers to 10 more years of connecting us all together in a positive, hands on publication!

This edition includes some blasts from the past, comics from our very missed Jack Lown and shout out to my contributors - I asked for some inspiring articles and they delivered.

Of course it wouldn't be an Fall edition without some fun recipes (thought I'd take a step down memory lane and share the most popular appetizer recipes from the 50's to today!) Start planning that Fall party!

October is also Breast Cancer Awareness Month - Go get those Tatas checked...Its important!

Remember, we take a break for November (no magazine) and we will be back with the popular Christmas/Winter keepsake edition by early December.

Life is to be celebrated!

Helena

Cover Photo Credit: Farrinni G - Unsplash.com

# OCTOBER 2025



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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By Winston E Ralph, Bancroft, ON Winter is Coming



As the leaves color apples fall to the ground We know that winter will soon be around The nights are cool and there is frost at the door So how can anyone say there is no winter anymore We will need heavier clothing and boots for the snow As there will be ice and snow wherever you go Folks will remember the summer that was so hot They'll say its cold now and for heat its not Flowers did bloom in gardens and around our feet But now its just snow and ice like a sheet Things outside that you have time to put them away As we have less day light each and every day Fires are stoked to keep the place warm and nice Otherwise we feel its colder than ice On these cloudy days people may whine As they long for the warm days of summertime Some days it will be icy out so don't fall And the roads will be slippery but that's not all Campers boats and motorcycles will be put away Until spring when there is another fine day The power may go out so have backup heat As after three days in the cold you'll be beat Have extra food in in case you can't get out This way I've no food you won't need to shout Folks will skate and tobogganing without fail While the snowmobiles will go down the trail But after a long cold winter the sun will shine And we will be back to a much warmer time





340 McFadden Rd, Apsley

Government of Ontario





Contributed by Kim Tucker and Lisa Mace

October 19 to October 25 is
Ontario Public Library Week
and the theme is "Libraries For Life."
The North Kawartha Public Library will
be holding a draw and every adult
who fills out a ballot will have a
chance to win kobo e-reader! We will
also have library themed crafts and be
handing out bookish stickers and
tattoos. Refreshments will be served
at both the Apsley and Woodview
branches, so we hope you drop in for a
coffee and stay a while during
this special week.

### Kid's Club

# Thursdays After School from 3:15–4:15 PM - Apsley Branch

Feel free to join us at our fun and creative after-school program for kids up to and including Grade 5!

Each week includes a story and a snack, followed by something new and exciting—like crafts, STEM activities, art, or games.

\*Special Guest: Thursday, October 9 th at 3:15PM\*

We're excited to welcome Betty Robinson, an amateur astronomer and active member of the Royal Astronomical Society of Canada. Betty will be sharing a sneak peek from her soon-to-be-released fourth book in the Elizabeth STEM series: Elizabeth Explores Kitchen Science. Kids will get to enjoy a fun, hands-on kitchen science activity from the book—something simple, engaging, and perfect for young scientists to try themselves! No preregistration needed, just drop in and join the fun!

### **Yarn Tales**

### Every Saturday in November @ 10:00 am - Woodview Branch

Drop-in knitting group for ages 14-99! Enjoy company and coffee while you work on your latest

projects. Let's work on those Christmas gifts early! Beginners welcome. We have needles, yarn and an

expert to guide you! Call 705-654-1071 for more information. 66 Northey's Bay Road.

### Wiggle and Read

### Tuesday Oct 7, Nov 18, Dec 16 @ 10:30am - Woodview Branch

Once a month, bring your little ones for an engaging Story Time in Woodview. This is a great way to spark imagination and literacy skills, make connections with others and create as sense of community for your children! Drop in, no registration required. Call 705-654-1071 for more information.

66 Northey's Bay Road at Wilson Park.

### The Literary Buffet Book Club

# Thursday, October 9th & Thursday, November 13th at 6:30 PM Apsley Branch

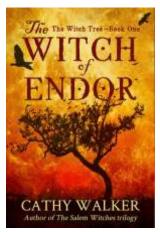
Join us for a relaxed evening of book talk and community! At the Literary Buffet, there's no assigned reading—just bring whatever you've been enjoying and share with the group. All genres welcome, and new members are welcome. No pre-registration required.

#### **Fraud Presentation**

### Tuesday Oct 14, @ 10am - 12pm - Woodview Branch

Can you recognize a Scam? Join us for this informative presentation by the Ontario Provincial Police. Learn how to recognize scams and frauds over the phone and online. Free to attend! Drop in, Refreshments will be provided. For more information call 705-654-1071. 66 Northey's Bay Road at Wilson Park Community Centre, (enter through the library).





### **Author Talk**

### Saturday Oct 25th @ 11:00 am -**Woodview Branch**

Cathy will read an

excerpt from her Witch Tree Trilogy, share her inspiration behind this incredible story and take questions about her creative and publishing journey. Free to attend, no registration required. Call 705-654-1071 for more information.

### From Scratch: A Donut Making Workshop! -Monday, October 20th @ 10:30AM - Apsley Branch

We're thrilled to welcome back Linda Patterson from the Border Town Café in Glen Alda for another delicious workshop—this time, it's all about homemade donuts!

Learn how to make your own apple and blueberry fritters, just like Grandma used to make. Linda will walk us through the process using her portable deep fryer, but don't worry, she'll also share how you can bake these at home in your oven using the same recipe. Note this is an outdoor event so, please dress for the weather. Each participant will go home with a copy of the recipe and at least two donuts, with samples to enjoy during the workshop.

Cost: \$20 per person Limited spaces available. Pre-registration required by calling 705-656-4333 or emailing

I.mace@northkawarthalibrary.com



### Dig Into Geology! - Friday, October 24th @ 10:00 AM to 11:30AM - Apsley Branch, Ages 7 & Up

Hey Kids, on your PA Day, join geologist and environmental educator John Etches for a fun and fascinating look into the world of minerals! Kids will learn how geologists identify minerals based on

their unique properties, explore how these natural resources are used in our everyday lives, and even get the chance to examine real mineral samples. If time allows, participants will also take part in a hands-on mineral identification activity. Perfect for curious minds who love science, rocks, or just discovering how the world works beneath our feet! This is a free event. Limited spaces available. Pre-registration required by calling 705-656-4333 or

emailing l.mace@northkawarthalibrary.com

### **Emergency First Aid with CPR-B Certification**

### Monday, October 27th: 9:30AM to 5:00PM - Apsley Branch

This one-day course provides participants with the essential skills and knowledge to respond to common medical emergencies. You'II learn how to assess a situation, perform CPR, use an AED, and respond to choking, wounds, burns, heart attack, stroke, and more.

Ideal for:

General community members

Small business owners (1-5 employees -As Halloween approaches, lets get into the meets WSIB requirements) Certification spirit with Canadian author, Cathy Walker. valid for 3 years. Instructed by Heffernan First Aid (Lifesaving Society Certified). Cost is \$125, receipts can be provided. Limited spaces. Pre-registration required by calling 705-656-4333 or emailing

I.mace@northkawarthalibrary.com

### Standard First Aid with CPR-C Certification Monday, Oct 27th AND Monday, Nov 3rd 9:30AM to 5:00PM both days - Apsley Branch

This 2-day, in-depth training builds on Emergency First Aid and is required for WSIB compliance in

workplaces with 6 or more employees per shift. In addition to CPR-C and AED training, this course covers spinal and head injuries, seizures, diabetes, environmental emergencies (e.g. frostbite, heatstroke),

broken bones, legal considerations, and more. Ideal for:

Employers with 6+ employees (meets WSIB requirements)

Community members wanting a deeper knowledge of first aid

Volunteers, coaches, youth leaders, and safety-focused individuals Certification valid for 3 years. Instructed by Heffernan First Aid (Lifesaving Society Certified). Cost of both days is \$155; receipts can be provided. Limited spaces. Pre-registration required by calling 705-656-4333 or emailing

l.mace@northkawarthalibrary.com

### **Jack-o'-Lantern Carving Party!**

### Thursday, Oct 30th 3:15 PM - Apsley **Branch**

Hey kids! Join us after school for our annual pumpkin carving event just for kids! We'll provide the pumpkins—all you need to bring is your creativity (and if you are younger than 7, a grown-up helper). Carve your own spooky, silly, or sensational jacko'-lantern to take home or leave it with us to be entered in our 2025 Pumpkin Carving Contest.

Please note: Only pumpkins carved during this library event will be eligible for a prize this year, but everyone is still welcome to drop off pumpkins from home for display and community admiration. No preregistration required—just drop in and carve with us!

### **Explore the History of You**

# Tuesday November 4 @ 10:00 am - Woodview Library Branch

Join us as local resident, Ian Cowie, guides us through the journey of discovering the "History of You".

This will be a good place to start if you have wondered about researching your family tree, finding and scanning old photographs and how to store everything all in one place. Bring your documents and photos to scan. Free to attend, no registration required. Call 705-654-1071 for more information. 66

Northey's Bay Road at Wilson Park.

### **Heads Up for Healthier Brains**

# Tuesday Nov 18 1:00 pm Woodview Branch

Please join us to learn about the importance of challenging our brains, eating a brain healthy diet, managing stress, being socially and physically active, and making good lifestyle choices. This education session, presented by the Alzheimer's Society will discuss the importance of making brain-healthy choices, and what steps we can take as we age, and the ways that we can reduce risk factors for developing dementia. Drop in, free to attend. Call 705-754-1071 for more information. 66 Northey's Bay Road at Wilson Park.





Tween & Teen Maker Series: Macramé Edition! Friday, November 21 st @ 3:15PM – Apsley Branch For Kids in Grades 6 to 12.

Learn how to create your very own macramé plant hanger in this hands-on workshop just for tweens and teens! We'll walk you through a simple design, and then you'll get to make it your own by adding beads or trying extra knots. Each participant will leave with:

- -Their completed macramé plant holder
- -A small plant pot, A small plant, with care instructions

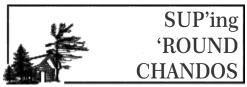
Whether you keep it for yourself or use it as an early holiday gift, this is a great way to try something new! No cost. No pre-registration.

# Reindeer Wreath Workshop! Saturday, November 22 nd: 9:00 AM – 12:00 PM – Apsley Branch

Get into the holiday spirit and craft your very own reindeer wreath! This festive morning workshop is perfect for adults aged 18 to 118, of all skill levels—whether you're an experienced crafter or just looking for some seasonal fun. All supplies will be provided, and there's no cost to attend. Enjoy conversation, coffee, and light refreshments while you create! You don't need to be here for the full three hours—drop in, learn how it all comes together, and feel free to take your supplies home to finish at your own pace. Limited spaces. Preregistration required by calling 705-656-4333 or emailing l.mace@northkawarthalibrary.com

Thankful & Grateful
TODAY & EVERYDAY

Norm



By Article and Pictures gathered from Facebook, courtesy of Tania Rightmyer, Helena McMann and KawarthaNOW



August 24th, local Real Estate Agent, and Chandos resident, Tania Rightmyer, shared the following on her Facebook page:

FINISHED!!!!!!! SUPing Chandos Lake! Paddling the entire perimeter of Chandos Lake, circling every island and gliding past all the cottages, was one of the most amazing and hypnotic experiences I've ever had. From the water, I got to see every inch of shoreline and each unique property in such a different way — some hidden in the trees, some bold and beautiful on the rocks, original log cabins to new modern builds, all with their own charm. Every spot seemed to tell its own the feeling of belonging — how everyone antics off the list here takes such pride in the lake and cares for it. The water was glorious, the scenery The stats: community was undeniable. Chandos 15 hours isn't just a lake, it's a way of life, and I feel 8 Days of bliss!!! so lucky to be a part of it.

no idea how far the word would travel! Love you all, Tania "Hey are you the girl?...", "are you Tania?", "you go girl, you've got this", most massive smile on my face. I hope I shoreline-of-chandos-lake/

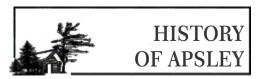


special story. The people I met along the brought the same amount of cheer and joy to you, that you did to me. way were just as special as the places I would like to thank my behind the scenes "crew". My biggest themselves, waving, smiling, cheering me supporters and forever cheerleaders! My girls Taylor and Kennedy. on, and sharing a little of that Chandos Thanks for getting up early, dropping me off and picking me up at my start warmth that we are all oh so lucky to be and stop spots. I couldn't have done it without you both. Forever love familiar with. What struck me most was The three amigos we are and always will be. Another one of mom's crazy

breathtaking, and the sense of 72.57km of shoreline I circled each island with a cottage

When I set out to achieve this goal I had See you soon! Take care of our lake and be kind to one another.

KawarthaNOW did a wonderful article August 26th "stop for a break if you need","can we get https://kawarthanow.com/2025/08/26/tania-rightmyeryou some water?" Everyone put the wraps-up-personal-challenge-to-paddleboard-the-entire-



Contributed by Clifford Couch on behalf the Apsley Women's Institute, (an article from Tweedsmuir history), first published in the first edition of the Backroads Magazine, November 2015

### A History of the Village of Apsley 1936

About the year 1885, as we can remember the village, there were two hotels, one dept by Thomas Prat who was a bit lame and who had a pretty little wife, but no family. The other by McIlmoyl Brothers. There were also two PHOTO CREDIT Norman James, His Grandfathers Cheese stores. One was kept by T. G. Eastland and the other by Maker Certificate, Dated January 1911 Ratcliff and Son. Our earliest recollection of a stage driver was Hughie Sutherland, who came from William Wilson, which was a great help to the farmers of Peterborough on Monday, returning on Tuesday and so the surrounding country. on through the week, making 3 mails per week. The old house built up on Mr. McColls property (Mill Lake Road) teams and wagons. We were just as happy sitting on a was built by an Englishman by the name of Vizzard. It board across the box as we are today sitting in the front was the first house in this locality. He also named our seat of a "Limousine". village "Apsley" after his hometown in England. There was a grist mill on the same property owned by James two hotels, three stores, two churches, one blacksmith Golborne who ground our flour by stone process, which shop, a Post office, ten dwelling houses, town hall was more healthy than the present process. Duncan (Presently the Royal Bank. The hall burned March 31, Anderson then "Crown Land Agent" built near the Good Friday 1961) and orange hall (presently the Apsley village, now known as the United Church Manse (United Pharmacy). Today there are four stores, two hotels, two Church parking lot), which was once considered a barber shops, two garages, one butcher shop, two beautiful home. The Andersons owned a black horse churches, a parish hall, one town hall, an orange hall named Jack, which always won the races at our fall fairs. one forestry hall, a Red Cross outpost, two saw mills, a The race track being from the bottom of the church hill to new school, three service stations, agricultural Brown's corner, back and forth as many times as required buildings, thirty three dwellings. The streets are to make a mile. At our fair the stock was tied to the fence lighted by electricity, also the churches and dwellings inside the town hall yard. The other exhibits were inside the town hall. We venture to say there was more grain About 1910 it was not considered necessary to keep it in exhibited in one year than there would be now in 10 repair and last year it was done away with completely. years. Just inside the gate there was a tent and a man inside taking pictures. There were family groups taken as well as other styles. Some of us are proud possessors of those heirlooms today.





The first cheese factory was built in the village by

Then we had good picnics which we drove to with our

In 1917 there were fifty two inhabitants of the village,

In 1885 Apsley boasted a jail under the town hall.

A wonderful asset to our country is the new highway

form Peterborough. We have five transport trucks in the village and have daily mail and telephone service. There is a population of one hundred and fifty six. Also, a daily bus runs from Apsley to Peterborough and return.

PHOTO CREDIT: Apsley Backroads, Nov 2015 Cheese Maker (Man Unknown)



### COUNCIL'S CORNER

by Mayor Carolyn Amyotte, Township of North Kawartha

Please visit <u>www.northkawartha.ca</u> for all things municipal in North Kawartha. If you would like to receive regular municipal updates you may also subscribe to North Kawartha's email alerts via the website as

well. If you would like to watch the Council meetings, please subscribe to the Township's YouTube Channel. For those of you that are active on social media please follow me @MayorAmyotte. It is my intent to share positive, factual and timely information about issues, events and happenings that impact our community and residents. To contact me directly, my phone number is (705) 931-1342 and my email is mayor@northkawartha.ca.

Here's a few things that happened since my last update:

Council approved the carryover of the EV charging station project into next year to be located at the North Kawartha Community Centre

We authorized getting an updated hydrogeological study for the 65 acres on Balmer Road to assess potential water supply for residential development

Council requested that the County conduct a speed audit on Burleigh Street with consideration to reduce the speed limit to 40km

Back by popular demand the Township has expanded our FoodCycler program with more units available for residents this fall. This program offers counter top composters at a subsidized cost to help reduce food waste and promote sustainable household practices

Council received an update from the Peterborough Family Health Team and the challenges and opportunities for healthcare in our community

We updated our Memorandum of Understanding with the Ontario Federation of Snowmobile Clubs to continue snowmobile access on Winter's Bay Road

Council completed a municipal properties tour, including our public parks and beaches, as well as creek access points and potential development properties



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Here's what's coming up in October 2025

October 7, 2025 Regular Meeting of Council October 21, 2025 Regular Meeting of Council October 28, 2025 North Kawartha Library Board Mtg October 29, 2025- Council Capital Forecast Meeting



### **ABC SENIORS**

Contributed by Maaike Berg-Nonnekes

### Congratulations on the 10th year of Backroads!

provide an informative magazine at a time. Such resilience, hard work,

kindness, commitment and love are Years'evenmore golden!" exemplified in their personal stories that triumphs!

commitments!

How quickly the journey can change!

Our grandson, who is now 11 years old, came to live with us at the age of 4. After teaching for 30 years, I am once again packing daily school lunches, attending parent- teacher interviews and tutoring when needed. Both my husband (and I) try our best to be on time for hockey practices and games and we desperately try to arrive at the school bus stop on time!

Much to my surprise, I find myself engaged in these activities with a renewed sense of optimism and, at times - energy!

I am sure that as grandparents our situation isn't unique. The experience can be challenging, yet rewarding. Life is full of ups and he work and expertise continues to downs, but our hope is to enjoy more ups than downs! We take one day

that is dedicated to serving the Our friends and family members tell us that our grandson is so lucky Apsley area community. It's a good time to to be living with us here in Apsley. However, I tell them - No, we are highlight and celebrate our local Seniors. the lucky ones! He has become an integral part of our daily lives and continues to enrich our retirement journey making our 'Golden

may resonate with many. Thank you for Let me also introduce you to Lois, who embodies a quiet, insistent, sharing on behalf of others who have never-give-up inspiration! She continues to vibrantly demonstrate experienced similar challenges and her sense of community and strong work ethic that were learned at an early age. Lois lost her Mother at the young age of 15, went into the work force with no opportunity to complete her education and was a "Life is a journey, and for my husband & I, wife and mother soon after! From the demands of a Dry Cleaners job, our journey now consists of what many to Zellers as a cashier and on to a 12-hr/day job at a Photo Lab, she refer to as 'The Golden Years of retired (temporarily) with her husband in the Apsley area. Once the Retirement.' We looked forward to this home renovations were completed, she began her 25 years at Sayers, phase of our journey to enjoy traveling, teaching the needed skills to the next generation.

sleeping in and not having daily Even when her day job at the grocery store was done, Lois had lots more to give and she hasn't slowed down: President of the Women's Institute, VP of Lions, Dance classes, ABC Seniors Board and always a









helping hand to those in need. Her genuine concern for others and her experiences and skills keep her going. Thank vou!

The ABC Seniors Club is another success story. Over the past five years, the membership has more than doubled! The regular seating for Tuesday's lunch is up to 80 seats from 50. There are many more outings and options throughout the year and the first Golf Tournament was well received this past August.

Folks are finding a place to meet new friends, to be a

friend and to welcome those looking for social connection. Thank you to the Board members and other volunteers who help to make this happen.



**Apsley** 





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Contributed by Mike Watt and Helena McMann

## Bill Watt earns Lifetime Achievement Award, Ontario Fur Managers Federation





On a beautiful day in August, Bill Watt, his son Mike, grandson Eli, and Friend Steve took to the road and headed to North Bay for a big surprise!

Mike told his dad they were just getting out to enjoy the annual conference with the Fur Managers Federation.

It was a memorable moment when Bill heard his name called for the award. As you can see by the picture, Bill was filled with pride!

Here's what local member of Kawartha Haliburton Trappers Association, Kim Dunford had to say (both Kim and Steve were instrumental in nominating Bill for the award):

"Bill is a founding member of the Kawartha
Haliburton Trappers Association (1973)
and president for 47 years
As president he was the driving force
behind the creation of the KHTA's annual Trappers
Carnival (1975 to present) the theme always about
public education and encouraging youth interest
and participation in the fur industry. He continues
that roll as past president.

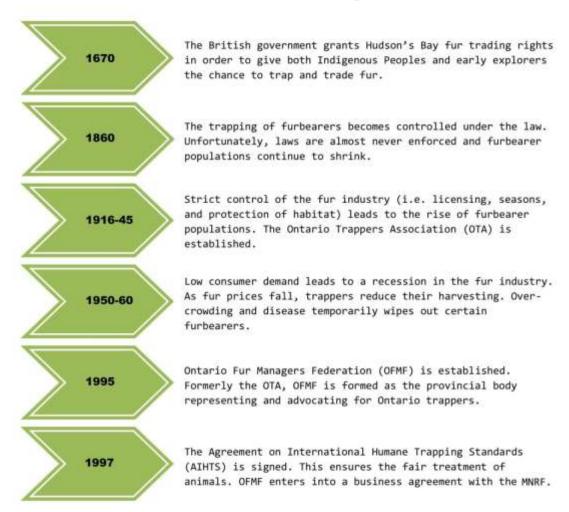
Took over Registered trapline NO124 in 1974
Served as secretary/treasurer of the
former OTA for two years
For eleven years he picked up fur for the OTA in
Apsley, Bancroft, Haliburton and Minden"

Bill first started trapping when he was around 18 or 19 years old. He learned from his Father in law Don McAuley.

His son Mike remembers his dad going in wearing snow shoes and doing 1/2 of the line checking, the traps and picking up furs. He would stay at small cabin in the woods, then he would make his way out the next day by snowshoe.

The camp has grown over the years and as he had children, they would join him on the trap line. There is a quota to meet every year in order to retain rights to the trap line. It's a group effort each year and they always meet their goal and over the years have earned a reputation for high quality furs.

# More information available on https://furmanagers.com/





Without the younger generation learning



Kawartha Haliburton
Trappers Association
has confirmed the
Trappers Carnival
for next year on:
Saturday, March 7th 2026.
at the North Kawartha
Community Centre, Apsley.

As always, this family friendly event has free admission and will be a day filled with live demonstrations, competitions, raffles and vendor booths



### APPETIZERS THROUGH THE YEARS

"If it ain't broke, don't fix it!"
This Magazine has stood the test of time for 10 yrs...
these appetizers have stood the test of time for 70!!

By Denise Dunford and Helena McMann

### 50's Favourite: Deviled Eggs

### **Ingredients**

1/2 cup mayonnaise

2 tablespoons 2% milk

1 teaspoon dried parsley flakes

1/2 teaspoon dill weed

1/2 teaspoon minced chives

1/2 teaspoon ground mustard

1/4 teaspoon salt

1/4 teaspoon paprika

1/8 teaspoon garlic powder

1/8 teaspoon pepper

12 hard-boiled large eggs

Minced fresh parsley and additional paprika

### **Directions**

In a small bowl, combine the first 10 ingredients. Cut eggs lengthwise in half; remove yolks and set whites aside. In another bowl, mash yolks; add to mayonnaise mixture, mixing well. Spoon or pipe filling into egg whites. Sprinkle with parsley and additional paprika. Refrigerate until serving.

1 stuffed egg half: 73 calories, 6g fat (1g saturated fat), 108mg cholesterol, 81mg sodium, 0 carbohydrate (0 sugars, 0 fiber), 3g protein.



### 60's Savoury Party Go-To: Cheese Ball

Yield 2 cheese balls

### **Ingredients**

1 pound (2 blocks) cream cheese, softened

8 ounces sharp cheddar cheese, grated

1/2 cup minced green bell pepper

4 scallions, minced

2 tablespoons fresh lemon juice (about 1 small lemon)

1 tablespoon Worcestershire sauce

1 teaspoon garlic powder

1 cup chopped pecans, for rolling

To serve:

Crackers, Fresh vegetables, Chips

#### Method

Make the cheese ball:

In a large bowl, add the cream cheese, cheddar cheese, bell pepper, scallions, lemon juice, Worcestershire sauce, and garlic powder. Mash the ingredients together using a big fork. Taste and adjust flavors to your liking.

# 70's Scrumptious Appetizer: Grape Jelly Meatballs

### Ingredients

32 oz frozen fully cooked meatballs 1 cup grape jelly, we like Smuckers brand 1 1/2 cup barbecue sauce, we like Sweet Baby Ray's brand 2 Tbsp chili garlic sauce

### Instructions

Add the frozen meatballs, grape jelly, barbecue sauce, and chili sauce into the base of the slow cooker. Mix until well combined. Cover and cook on low for 3-4 hours (larger meatballs may take 4-5 hours on low), stirring halfway through cooking. Keep covered and on the warm setting until ready to serve. Garnish with parsley or chives if desired.





### 80's "Every party had one": Bread **Bowl Spinach Dip**

### **Ingredients:**

1 large round bread. (You can use sourdough, black bread or a round rye. Hollow it out so there is about a 2-inch thickness to the entire bowl.)

16 oz. sour cream

1 small package of chopped spinach, thawed and completely drained

½ cup of finely grated carrots

3 tablespoons of chopped red onion

½ cup of grated cheese (cheddar, Swiss or Parmesan)

½ teaspoon of fresh or dry parsley

½ teaspoon of pepper

½ teaspoon of paprika

### **Directions:**

Just mix all your ingredients together and chill. We suggest you put the dip in the bread bowl just prior to serving. Don't be surprised at the end of the night if the bowl disappears, too.



### 90's Noshin' Teens Fave: Pizza Egg Rolls

### Ingredients

mozzarella cheese

1 pound bulk Italian sausage,

cooked and drained

chopped

1 medium green pepper, finely chopped

1 medium sweet red pepper, finely chopped

1 medium onion, finely chopped

2 jars (14 ounces each) pizza

sauce

32 egg roll wrappers Oil for frying

Additional pizza sauce for dipping, warmed, optional

#### **Directions**

In a large bowl, combine the cheese, sausage, pepperoni, peppers and onion. Stir in pizza sauce until combined.

### 2000's "Asian Lettuce Wraps

### **Ingredients**

1 pound ground chicken

1 Tablespoon peanut oil

½ onion (finely diced)

½ Tablespoon minced garlic

1 cup red or green pepper (finely diced)

8 ounces water chestnuts (drained & finely diced)

For the Sauce:

3 Tablespoons soy sauce, 3 Tbsp hoisin sauce

1 TBSP each of sesame oil, rice vinegar, peanut butter, honey

2 teaspoons sweet chili sauce

½ teaspoon garlic powder

¼ teaspoon powdered ginger

¼ cup peanuts (crushed), ¼ cup sliced green onions

Lettuce or your favorite Asian salad

### Instructions

Whisk together sauce ingredients until well combined. If you use a firmer peanut butter you may need to microwave the mixture for 30-60 seconds in order to melt it and ensure everything is wellmixed. Heat 2 Tablespoons peanut oil in a frying pan. Once hot, add ground chicken, onion and minced garlic.

Cook until chicken browns and the onions are translucent, cook for 5 to 10 minutes.

Add the peppers and water chestnuts and cook about 5 minutes or until peppers are slightly soft.

Add the sauce and simmer on low heat until the chicken and 4 cups shredded pizza cheese veggies are evenly coated and everything is heated through.

blend or part-skim Serve in lettuce leaves, on top of your favorite Asian salad, or over noodles or rice!

Place about 1/4 cup filling in the center of each egg roll wrapper. 2 packages (3 ounces each) sliced pepperoni, Fold bottom corner over filling; fold sides toward center over filling. Moisten remaining corner with water and roll up tightly to

> In a Dutch oven or deep cast-iron skillet, heat 1-2 in. of oil to 375°. Fry pizza rolls until golden brown, 1-2 minutes on each side. Drain on paper towels. If desired, serve with additional pizza sauce.









Jim Alexander Sales Representative 613-202-1495 (Cell) jim@teamalexander.ca



Roz Jones Sales Representative 905-259-6687 (Cell) roz@teamalexander.ca



by Jim Empringham, Apsley and District Lions Club

future efforts to continue that support.

thanks for the support we receive.

Wednesday of the month.

enjoy a night of fun with friends new and See you there!! nights such a success.

The annual Santa Claus Parade and Children's Christmas Party is rapidly approaching. This year the celebration is scheduled for Saturday, November 29. By popular demand, the parade is returning to the Night Time format. The parade begins at the school at 6:00 PM with the children's party following, after the parade and Santa arrive at NKCC. There will be gifts

for children age 10 and under. We welcome If you, your and encourage any individuals, groups and businesses to be involved in the parade. Please

contact Brenda Lenson at 705-656-9254 if you want to take part in the parade. Participants are reminded that since this is a night time event the use of lighting is essential. In the recent past we have had some Fall has arrived leaving Lions summer community members generously support this event financially. If you fundraising efforts behind and providing would like to be a partner, we welcome your participation. The Lions time for use of those funds in support of community Christmas Tree will be in place across from Sayers about a our community and also planning for week before the parade. This is another contribution from Lions towards the Christmas spirit we can all share.

All Lions activities are not fundraising The Lions Club is planning to host a HOME & COTTAGE SHOW on the focused. We are an organization that weekend of May 2 & 3, 2026. The show will be take place on Saturday, believes in serving our community in a May 2 from 9:00 to 4:00 and Sunday, May 3 from 9:00 to 3:00 at

variety of ways that all help make North the NKCC. This is an effort to give wide exposure to those who provide a Kawartha a great place to live in. These range of services for seasonal and permanent residents in our area. include euchre nights, Christmas events Specific details for participation will soon be out including on a variety and Easter fun, all at no or low cost to of social media platforms. Anyone interested can get information from participants. Such things are ways to say the following Lions members: Blair Wilson 705-931-0946 or blairwilson74@gmail.com, Ted Topping 705-313-5266 or

Monthly Euchre nights continue at the ttoppingfarm1@gmail.com, and Richard Burns 416-709-6196 or NKCC. These always occur on the third burnsri14@gmail.com. As service providers plan their marketing budget for 2026 consideration of this event could provide real value for The next two are on October 15 and money. The Early Bird deadline for registration is December 31, 2025 November 19. Admission is \$5 and play and provides opportunities for savings. We are hoping this new venture begins promptly at 7. Come on out and will provide a real boost to our community. Stay tuned for more details.

old. Euchre nights will be discontinued As 2025 draws to a close, the Lions Club would like to say thanks for the over the winter and resume in the spring. generous support we receive from our community. We are all here, Thanks to everyone who has made these whether a Lions or supporter, to make this the best place for us all to live in!





Guest contributor, Rebecca Dickey

## Boost Your Immune System



Fall has arrived and with winter slowly approaching, it's time to prepare a powerful tonic, fire cider! This herbal tonic prevents and treats colds and flus. It's immune boosting, helps with digestion, improves blood circulation and has anti-inflammatory properties. Everyone should have this folk remedy in their home. I recommend taking 1-2 tablespoons daily as a preventative during cold and flu season.

If you find yourself with a sore or scratchy throat, take a shot straight, or try gargling. For a cough, try mixing half and half with honey. Fire cider isn't for everyone, that "fire kick" can taste unpleasant to some. Diluting it into a hot beverage, water or even juice will make it more enjoyable. You can also use it as a salad dressing, marinade, in soups and so much more. My kids never

notice when I throw a splash or two in a meal. Fire cider spice is great to add to dishes as well. Stay healthy this winter and try my personal recipe below. If you'd like less "fire" reduce the hot peppers, and be sure to use organically grown herbs, fruits, veggies and roots. Have fun and enjoy.

### Nelipots Fire Cider Recipe

### Ingredients

Apple cider vinegar (with mother) 5% acidity Handful of fresh thyme or 1 TBSP of dried

3 heads of garlic, peeled

1 large onion

2 jalapeño peppers

3 cayenne peppers

1 ginger root chopped

1-2 horseradish roots, peeled

1 teaspoon black peppercorn

1 teaspoon dried elderberries

1 tablespoon dried calendula petals

2 cinnamon sticks

1 orange or lemon

1 cup of honey





### Instructions

Step 1. In a sterilized quart jar, place vegetables, herbs, fruits, roots and spices. Fill the jar with apple cider vinegar until everything's submerged.

Step 2. Seal your jar tight. If using a metal lid, be sure to place parchment paper between the lid and jar top to prevent the lid corroding. Shake well.

Step 3. Place in a cool dark spot. Shake daily.

Step 4. After 2-4 weeks your fire cider will be ready. Strain the plant materials from the vinegar into a jar and mix in 1 cup of honey, taste test.

Step 5. (Optional) Nothing wasted! Pre heat oven to 110-115°f. Place leftover plant material on baking tray. Dehydrate until completely dry. Remove from oven, let cool. Grind into a fine powder, this spice is great to use in many dishes.

Step 6. Refrigerate and use within a year.







by Rick de Haan

### Found, But Not Lost

Bob was a fifth-grade teacher at a King Edward Public School in Peterborough. He was also an avid hunter, trapper, and woodsman. Once in a while I would accompany Bob for a day's hunting or trapping. It was always an exciting time for me. He knew a lot about the woods and had an uncanny ability to know where he was at all times...without map or compass. I don't ever remember him getting lost. I had no idea where we were half the time, but I followed Bob with confidence, knowing he'd always get us safely back to the truck.

He told me a story one time about taking his class out on a hike in the woods somewhere north of Marmora. It was the deepest woods you'd ever find in Southern Ontario, but Bob knew it well. One thing he had not considered was the fact that ten and eleven-year-olds were not as quick in the bush as he was, especially city-bred kids, with their adult parent chaperones.

Bob had a route planned in his mind that he knew well, a circuitous hike that would lead them all back to the bus at an appointed time. Kids being kids, would stop here and there to ask questions, or they would have to pee, or they would complain they were tired and needed to rest. Bob, who was used to travelling through the bush at a mile-eating pace, was greatly slowed and distracted by all this, and realized probably a bit too late that they were not going to make it out

before dark! This was well before the advent of cell phones, so no one had any way to let someone from the outside world know of their predicament.

Bob didn't let the kids in on any of this, but made the parents aware of their plight. He told them it would be too risky to travel in the dark in that rough terrain. He was able to assure them that they would be okay, and make the best of their situation. Even if it meant spending the night in the woods.

When they didn't get back to the bus on time, the bus driver decided to radio his dispatcher, telling them that they hadn't arrived back at the bus, and that he didn't know what to do. He was told to stay there in case they came out in the dark, and that the authorities would be called.

After an hour of waiting in vain, the OPP was called and a search and rescue team was then dispatched to try to find them. After tracking the group for a few miles (which was probably not too difficult with 30 kids and adults traipsing through the woods leaving tracks and sign in a broad sweep). When they were within a halfmile of the class, they started smelling woodsmoke and heard happy singing. All the kids were safe and sound, with smiles on their faces, sitting around a blazing fire singing songs and telling stories.

Everyone made it back with an incredible story to tell! The OPP team told Bob that he did everything correctly, especially the loud singing which allowed the searchers to find them. Bob had kept his cool, told all the kids that they were on a great adventure, and made the best out of a bad situation.

I'm sure each of those kids has a story they can tell to their kids even now!



Gayle Davis, Freelance

### Small Actions can have Immeasureable impacts

It was our anniversary, and we hadn't been away for quite some time. So, my husband surprised me with a weekend get-away to Kingston for a two-night stay and a dinner cruise on Lake Ontario. We are retired but busy, and we don't get to spend a lot of down time together, so this was a very special weekend!

While away, we had leisurely meals together, explored a bit of the city of Kingston and had some good 'sleeps' in a very comfortable bed. We were well-fed, well-rested, safe, and secure.

The city buzzed with activity. The university students were out en masse. It was Friday night after the first full week of classes. Groups of young adults roamed many of the streets in two's or three's, building on the new friendships that had begun just a few short days earlier. Traffic buzzed on the streets. Restaurants and pubs were full as people relaxed, making enjoyment their first priority,

Everything was perfection – the weather, the hotel, the food, the cruise. We explored the Thousand Islands, had a delicious gourmet meal during which were serenaded by a musician who sang a varied repertoire that bathed us in music and a bit of nostalgia. We even did a little dancing! Perfect.

The following morning, we walked to a restaurant for breakfast. We left feeling satiated and content. As we walked back to the hotel to pick up the car, an unhoused person stood on the street corner right in our path, his few meagre belongings in a bag slung over his shoulder. His shoes were badly scuffed. His clothing had seen better days. He was also visibly grey and unwashed. No one paid much attention to him as they rushed by,



trying to avoid the obvious unpleasant reality that so many people face today.

As we walked by, he asked, "Do you have any spare change?" I am ashamed to say that I blurted out a quick 'no' and continued walking. As we crossed the street, my husband began to slow his pace. "Perhaps we could buy him a meal," he mused out loud. The next thing I know, he handed me the car keys and asked me to wait for him. I turned and saw him cross back over the street and speak to the man who seemed truly surprised and gave a nod and the briefest of smiles. My husband and the man then walked a few paces together and disappeared into the restaurant.

When my husband returned to the van, he just said simply, "I bought him a breakfast. He looked hungry." And he didn't say much more about it. I must admit I teared up, feeling certain once again that I had married the right man so many years ago. We saw the unhoused man a few minutes later crossing the street with his breakfast in a take-out container, clutching a hot coffee as he scurried away to enjoy what might be his only meal that day.

One simple act of kindness can have an immeasurable impact. Like a stone dropped in a pond, the rings of kindness move out to touch others. We do not live in a vacuum. Every act or word or deed impacts others. While we cannot solve the problems of the world, perhaps we can take a moment or two to ease the burden of someone who is lonely and struggling. A kind act, a supportive word, or just a smile can change the course of someone's journey, whatever their circumstances. After all, it doesn't cost much to be kind.

The greatest book ever written tells us, "As you did it to one of the least of these my brothers, you did it to me."

(Matt 25:40).

My wish is that, more often than not, we put this teaching into practice in this increasingly hostile and lonely world.

Happy Anniversary Apsley Backroads!



by Kelly Wallace

### A Hospital for Ontario's Turtles

On August 22, 2025, the Ontario Turtle Conservation Centre (OTCC) celebrated the grand opening of its brand-new facility. It was a fantastic day, as supporters, community members, staff, and volunteers came together to mark this milestone for Ontario's turtles. It was also a chance to reflect on everyone who made this achievement possible.

Located in Peterborough, the new facility houses a state-of-the-art turtle hospital. It includes a larger ICU, a dedicated hatching area, and an expanded education centre. Driven by exceptional inspiration, this is a significant breakthrough for turtle conservation in Ontario.

The OTCC is more than a wildlife hospital; it's a lifeline for some of the province's most at-risk animals. Every year, turtles arrive after being injured by cars, boats, fishing gear, or other human-made hazards. Here, they get the care they need to heal and, hopefully, return to the wild. It's a place where science meets compassion, and every turtle's recovery is part of a healthier ecosystem.

OTCC is Ontario's only dedicated turtle hospital. It operates year-round with a dedicated team of veterinarians, technicians, conservation staff, and volunteers. What began as a modest effort with a big heart over twenty years ago has grown into a provincial hub for turtle rescue and recovery. Currently, over 1,900 turtles are in care, many of which are recovering from injuries sustained earlier in the 2025 season. As fall approaches, those that are



recovered and ready will be released back to the wetlands, rivers, and ponds where they belong.

### **Incubating the Future**

This year alone, OTCC has incubated over 9,000 turtle eggs, most of which were rescued from injured or deceased mother turtles. Rather than allowing those eggs to be lost, OTCC's medical team carefully extracts and incubates them. Once hatched, the young turtles are released near the original site, preserving genetic diversity and keeping them tied to their natural range. Because turtles take years to reach breeding age, every nest saved helps secure the species' future. In some cases, hatchlings are overwintered or "head-started," particularly for vulnerable species like Blanding's turtles, to give them a stronger start in life.

### **Education That Connects**

Outside the hospital walls, OTCC is a leading voice for turtle conservation through education and outreach. From school programs and webinars to public presentations and community outreach, they're helping people of all ages connect with the world of turtles.

And it's working. One school visit or public event can spark a lifelong advocate. The more people understand the threats turtles face and how to help, the stronger the movement becomes.

### Turtle Taxi: A Network on the Move

One of OTCC's most remarkable successes is its "Turtle Taxi" volunteer network. These drivers, from all over Ontario, play a vital role in transporting injured turtles and rescued eggs to the Peterborough hospital. Without them, many turtles simply wouldn't survive the wait for care. Anyone with a car, a bit of free time, and a love of wildlife can become a Turtle Taxi volunteer. Training and coordination are provided, and the impact is huge. To get involved, email

volunteer@ontarioturtle.ca or call 705-741-5000.

### A Village of Support

OTCC doesn't work alone. It collaborates with over 30 first responder organizations, including wildlife centres and independent rehabilitators across the province, to provide emergency triage and stabilization. This network ensures that turtles can receive care quickly, regardless of where they're found.

### **A Future Worth Protecting**

While we celebrate the progress made by OTCC and its partners, we must also remain focused on the challenges ahead. Road mortality remains a major threat. Wetlands are vanishing. Illegal collection for the pet trade puts more pressure on fragile populations. But these problems aren't insurmountable. The solution lies with people: veterinarians, teachers, volunteers, and anyone willing to care and take action. OTCC proves what's possible when compassion, expertise, and community come together for a shared cause.

With thousands of turtles on the mend and thousands more already hatched and released this year, there's so much to celebrate. But there's also more to do. Whether you're driving a turtle taxi, protecting a nest, attending a school talk, or simply spreading the word, it all matters.

Thanks to OTCC and the growing network that supports it, Ontario's turtles have a real shot at recovery and a much brighter future.

### Visit and Support the Work

If you're in the Peterborough area, the Ontario Turtle Conservation Centre is well worth a visit. Located at 2785 Television Road, the public education centre offers guided tours where you can see turtles in care, meet the dedicated staff, and get a firsthand look at how this unique hospital works.

The Education Centre is open daily from 9:00 a.m. to 5:00 p.m. It's best to check the website or call ahead, as it occasionally closes for private events. Don't forget to stop by the on-site gift shop; every purchase supports the ongoing conservation work, and the items help share the story of Ontario's turtles.

To learn more, schedule a visit, or make a donation, visit www.ontarioturtle.ca or call 705-741-5000. Every visit, every gift, and every shared story helps carry this important work forward.

If you have a question about turtles or nests please phone or text Think Turtle Conservation Initiative at 647-606-9537 or email thinkturtle@yahoo.com. Visit our website at www.thinkturtle.ca or follow us on Facebook.











### **POETRY**

By New Contributor Doy Jacobson



Jaffa Orange Leaves Did you see My maple leaf Shrivel and unfurl As north winds chill and swirl In sunlit bursts Of cloud explosions? Lesser light Brings down Change Green to red Russet to orange And yellow to Canada gold Leaves Fall Like soldiers Sheltering for a time

In tax free havens Lining leeside lips of rock Lingering in drive aways While generals strive To make history and survive As senior partners to war On the long walk home Leaves decorate me Kissing my cheek For times at risk. Weighed down By biblical burdens That shimmer like shadows Below a clear lake surface INF trees don't remember Three Arab villages Emmaus, Yalu and Beit Nuba Named in rubble Memories erased By Canada Park Don't tell me It was just Under raising For a treed cemetery That hides their graves

Like I didn't know Who discovered America Silly me, I still worry

About the nature of truth What is it? Bronze plagues Honoring patrons of Canada Park Tree grove or forest Depending on how much We didn't know Of these communities In Latrun's Salient Disappeared away In June of '67 No bronze plagues Mark their place Like outlaw spirits They live in loneliness Near Canada Park And mon ass tree vineyards. Family plagues Are tourist itineraries Trees commemorate Tax free dollar Investment funds See how they grow Amid Jerusalem Tel Aviv Picnickers But Mommy, Mommy What's this? Please Mommy, tell me Why it's here





A handle that sticks out From under a quarried cornerstone Like a resurrected Sinai cross Black and broken back Daddy's dickee Scorched the hand That reached out From a sand filled tank turret To touch Devorah's burning bush "Don't take up that handle, Son" For I did shake that charcoaled hand Caressing Death In get acquainted dance A stranger no more Buried in sand as well Like this old brass finjan A muktar's house Once stood amid Ancient olive trees Forced to abandon And domiciled no longer USS Modi'in now proxies oil For Temple lamps Gone out. Relentless winds anger

D'em dry bones

And as we once were Now are they Exiled and dispersed Diaspora bound To wander In search of Ishmael's home Bulldozed to death Cousin Achmed's Fine stone house Sprouts existential meaning In post modern Deconstructed dust Of destroyed villages Living memory pain Enfranchises him again We whora dance defeat Make victory scent repeat So mount my Scopus well Kiss Devorah's lips to hell For love's a virgin power And when Jaffa orange leaves Just sweet sharmuta please Till blossoms come again









Down the Road and Over the Fence



## The Burleigh Road Historical Society

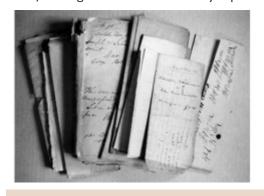
A message from Robert Pratten:

"The Burleigh Road Historical Society has been inactive for a couple of years. If any people are interested in continuing this group please contact me at robert.pratten@sympatico.ca So a date for a meeting can be arranged.

For those interested in hearing more about this important group - please head to the North Kawartha website and read more!

https://www.northkawarthalibrary.com/e n/off-the-

shelf/burleighroadhistoricalsociety.aspx





### **SAVE THE DATE**



For Information Contact: Blair Wilson 705-931-0946 blairwilson74@gmail.com

Ted Topping 705-313-5266 ttoppingfarm1@gmail.com

Richard Burns 416-709-6196 burnsri14@gmail.com

MAY 2nd 2026 9am to 4pm MAY 3rd 2026 9am to 3pm NKCC, Apsley.











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peter borough

# Need help finding services?

Peterborough County Hubs can help connect you to the services you need.

Free Drop-in

## Get information on services and programs:



- Healthcare servicesMental Health services
- Addiction services
- Developmental services
- Employment
- Housing
- Income
- Services for Seniors and more.

### Visit your local County Hub



#### Apsley

Community Care - Apsley 126 Burleigh Street, Apsley 1st and 3rd Wednesday | 10 am–3 pm

### Need help now?



Local Services Helpline Dial 211
Mental Health Helpline Dial 988
Social Services 855-738-3755

peterborough.ca/hubs | hubs@peterborough.ca

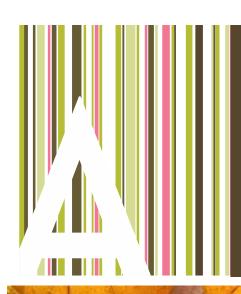












# Accurate

ACCOUNTING AND TAX SERVICES

5584 Hwy 28, Woodview 705-656-1200

admin@accuratetax.ca

accuratetax.ca

# Third Annual siveaway

26 11 - 1 PM NKCC 340 McFadden Road, Apsley

FREE PUMPKINS . FUN ACTIVITIES. TRICKS AND TREATS

Come find the perfect pumpkin at our annual pumpkin giveaway! We're celebrating fall and supporting our local food bank. Bring a monetary donation or non-perishable food itemsit's a great time to clear out your pantry after the cottage season. Your generosity will help local families!

THE BURTON GROUP

Please Join Us For The

# APSLEY HOLIDAY EXTRAVAGANZA

An explosion of sophisticated, locally created items featuring 40 artisans & makers



\$2 ADMISSION OR FOOD DONATION TO NK FOOD BANK

Saturday, November 15, 10am - 4pm

North Kawartha Community Centre

Apsley



(705) 656-8727 335 McFadden Road

# **Apsley Outdoor Power Equipment & Rentals**

# WINTER IS COMING!

### WITH OUR SNOWBLOWER SERVICE PACKAGE

### \$115.99\* Includes:

Oil Change, new sparkplug, inspection of belts, shear pins and cables. Our technicians will check over the entire machine and notify customer of any findings.

\*Prices do not include applicable tax. Any additional materials or services required will be extra. Pickup and delivery are \$20 each.





**Pasiode** 











