



# 152 CLUB VOLLEYBALL LEAGUE RULES

## PLAYER/TEAM CONDUCT

- *Sportsmanlike conduct is expected of all players.* The referee has the power to eject any player or spectator for inappropriate behavior. First ejection is a warning for one night of play. Second ejection is for the remainder of the season.
- There should be no yelling from either team until the serve is in play, other than to indicate an errant ball on the court. Any shouting that interferes with the serve will be considered unsportsmanlike conduct.
- Waiver: All players must sign the waiver prior to playing.
- Honor calls are expected at all times.
- Only team captains are allowed to address the referee regarding calls, score or to request a time-out.
- No players may make profane or vulgar remarks to referees, opponents, spectators or 152 Club staff. This is enforced on and off the court before, during and after games. Harassment will not be tolerated. A team or player's fee is non-refundable if they are ejected from the league for inappropriate behavior.
- No outside food or beverage allowed. Food and drink are available at the bar & grill. There is a zero tolerance policy for outside liquor and any players violating this are subject to removal from the league for the remainder of the season.
- No smoking or drinking on the courts - please throw your cigarettes in an ashtray or garbage and not in the sand.
- This is an 18+ adult league however minors may play on a team as long as their guardians are on the team with them and have signed waivers. Minors are not allowed in the building after 10pm.

## GENERAL SAND VOLLEYBALL RULES - BASED ON USAV RULES WITH 152 CLUB MODIFICATIONS

- **Weather Cancellations/Rainouts**
  - We aim to avoid calling rainouts or weather cancellations too early in the day since weather can change quickly. If we cancel too soon and conditions improve, teams may be upset that we didn't wait. Conversely, if we wait too long and the weather worsens, this can also lead to dissatisfaction. While we know we can't please everyone, we make decisions based on the best information available.

- In the event of nearby lightning, we will take a 20-minute break indoors. After 20 minutes, we'll reassess the situation and may cancel the remainder of that match while waiting for the next one.
- If you ever feel unsafe on the courts due to weather, please prioritize your comfort and safety. This is a personal decision and we respect your judgment.
- If we cancel the leagues, it's for the safety of our referees and players. If you choose to continue playing without referees, that decision is entirely up to you and your team. Please send your scores to the league director when you are completed.
- **Volleyball Life Software**
  - We use the Volleyball Life software for our leagues and tournaments. Our referees update the scores directly on the software during your match. You are able to see the scores, standings, schedule etc from the 152 Club's homepage on Volleyball Life. If you see a discrepancy, please contact the director.
- **Match Format:**
  - Matches will be 3 games to 21 points in a 45-50 minute period with a cap of 23 points. On the 3rd set, the teams will switch sides at 11 points.
  - Matches will start at the scheduled time. 1st, 2nd and 3rd games will be forfeited at 10 minutes, 15 minutes and 20 minutes late, respectively.
  - The referee will have captains paper, rock, scissors prior to the 1st and 3rd games to determine which team chooses their preference for side, serve or receive.
- **Schedules:**
  - League schedules will be completed and sent out via email however they are always considered tentative and can change. It is always recommended to double check your schedule before planning your arrival.
  - Double headers: We try and scheduled double headers as much as we can but please understand if your league night/division is full, then we will not be able to give double headers each week.
- **Communication:** We send out messages in many different formats to try and reach our intended audience but everyone prefers a different avenue.
  - Facebook Group: [🌐 152 Club Bar & Grill Volleyball Leagues | Facebook](#)
  - Email: [152clubvb@gmail.com](mailto:152clubvb@gmail.com)
  - Volleyball Life: [🌐 152 Club Beach Volleyball](#)
- **Timeouts:** Each team can use a 30 second timeout per set.
- **Serves:**
  - Let serve will be in effect at all levels of play. If the served ball hits the net and goes over, playable.
  - No blocking or attacking of serves (if you connect with the ball above the plane of the net, it is illegal on a serve). Serves may be set.
- **Ball Handling:**
  - Players can double hit on a serve or a driven ball. (Exception: Doubles)
  - The ball cannot come to rest on any part of the player's body. Catching, lifting, pushing or throwing the ball is an error and will result in a sideout.
  - Three touches are allowed to return the ball over the net. A blocked ball does not count as one of the three touches.
- **Referees:**

- The referee makes all decisions and calls on double hits and lifts. Decisions will be based on the type of league and division level of play.
- Only the captain can approach the referee to dispute a call, score or request a timeout.
- **Net Faults:** Contact with the net is a fault. It will be at the referee's discretion to determine contact.
- **Centerline:** A player is allowed to step over the centerline if it does not interfere with the other team's play, contact with the net is not made and contact with an opposing player is not made. It is a foul if it interferes with play. This call is at the referee's discretion.
- **Playable Areas:**
  - Players are not allowed to enter another court to play a ball. When a player or ball enters another court, the play is considered dead.
  - Balls must pass over the net on the inside of the poles. The ball is considered out if it hits the pole.
  - A ball that hits the line is in. If a ball hits the fence, pole or referee stand it is considered out of play.
  - The ball must cross the plane of the net before it is contacted by an opposing player.

## COED 6'S

- Teams must have at least 4 players to play. Teams may borrow subs from other teams during regular season play, but NOT during playoffs.
- A team can play with one more male player than female players however teams with 4 men and 2 women are **not** allowed.
- A female must be one of the contacts before the ball is returned to the other side/team.
- Teams must rotate and serve in turn. A server continues to serve until a sideout is declared. Teams rotate on the first serve.
- Positions may be switched following a serve, however, back row players are not allowed to jump/hit/block within the 10 ft line. Players must return to and be in their rotation positions prior to each next serve.

## COED, WOMEN'S & MEN'S 4V4

- **Net height:** The net height is 7'11-5/8" for men and coed, and 7'4-1/8" for women.
- **Player Requirements:** Must have at least 3 players to start a match. 1 female and 2 males is allowed; number of males cannot be more than 1 over the number of females. (Coed 4's)
- **Setting:** Both women and men can set the ball
- **Ball-Handling Calls:** Sets & ball-handling calls will be adjusted with league level of play and ultimately is up to the referee.
- **Finger Action Over Net / Sets Over Net:** No finger action/tips over the net, including redirecting on a block. If not attacking, the send over the net must be a bump, closed fist/knuckle or a set over where the ball is pushed in a straight line to its destination
- **Rotation:** There is no rotation, but servers must be rotated after every serve.
- All players can attack the ball anywhere on their side of the court.
- No guy/girl rule.

## REVERSE 4V4

- All rules for Coed 4v4 applies
- Play is on a women's height net and only women are allowed to attack & block the ball in front of the 10ft line.
- Male players can only hit from behind the 10 ft line.
- No jump serves for male players

## HI-LO 4V4

- All rules for Coed 4v4 & Reverse 4's applies
- **Nets:** Half of the league is played on a women's height net and the other half on a men's height net. On the women's net, the two women are front row and the two men are back row. On a men's net, the roles are reversed.
- **Playing Rules:** While playing on a women's net, Reverse 4's rules are in play and while playing on a men's net, Coed 4's rules are in play.

## COED DOUBLES (2'S)

- **Serving:** a serve can be made anywhere behind the end line and a 'let' serve is legal.
- **Hand Contact:** Open-hand tipping is not allowed
- **Players:** Can consist of men & women but never 2 men.
- **Ref:** This league is self-officiated and players on the court are expected to follow honor code when calling faults.
- **Setting:** Can not hand set any ball unless it is hard-driven or if you are setting your partner to attack the ball.

## PLAYOFFS

- League standings will be based off win percentage, not number of games due to the potential of rainouts. If there is a tie with win percentage, head to head record will be the next determinant.
- League will use its discretion on the playoff format based on number of teams in the league and will make adjustments if rainouts become necessary.
- A player must have played on a team prior to playoffs and be on the roster to be eligible to play in the end of season playoff tournament. Rosters may be checked at playoffs. Captains are responsible to keep their roster current. All teams qualify for playoffs.