



MBDHA NEWSLETTER

DEC 2024

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MBDHA Members Jackie, Brenda, Andrea and Andra participated in the SeaCliff Street Fair on October 12th. At the Street Fair, MBDHA was able to sell hand-crafted items like candles, cosmetic bags, room sprays, and sage smudge kits to raise funds for the component.

Cabrillo College Dental Hygiene students joined in on the fun and were able to set up a table to recruit patients and let the community know the clinic is open!



FIRST ANNUAL WINE MIXER

The Monterey Bay Dental Hygienists' Association hosted a delightful wine mixer at the beginning of October, and what a success it was! The event brought together an amazing group of dental hygienists, both members and non-members of CDHA, and an aspiring DH student, for an evening filled with laughter, engaging conversations, delicious food, and, of course, excellent wine.

It was heartwarming to see the camaraderie and shared passion for dental hygiene as we connected over our experiences and aspirations.

Thank you to everyone who joined us and contributed to making the event truly memorable. We look forward to more gatherings like this in the future and hope to see even more of you there!



ADHA Issues Open Letter Objecting to ADA Resolutions: Advocating for Collaboration in Dental Care

The American Dental Hygienists' Association (ADHA) has issued an open letter expressing concern over recent resolutions introduced by the American Dental Association (ADA) that affect the role of dental hygienists in patient care. The ADHA argues that these resolutions fail to recognize the full potential of dental hygienists in expanding access to oral healthcare and undermines their expertise and value in the healthcare system.

In the letter, the ADHA calls for greater collaboration and constructive dialogue between the ADA and dental hygienists. The association stresses that policies should reflect the reality of modern dental care, where dental hygienists are integral to improving patient outcomes and addressing the disparities in care, particularly in underserved populations.

The ADHA advocates for a cooperative approach that prioritizes patient-centered care and leverages the strengths of all dental professionals, emphasizing that collaboration—rather than division—is the path forward for advancing the profession and improving oral health for all.

Read the full letter and stay engaged:

- [ADHA Open Letter Objecting to ADA Resolutions and Calls for Collaboration](#)

CDHA has created an online petition rejecting the ADA's proposed resolutions. Please take some time to read the petition and sign to increase our efforts. Click [HERE](#) to view petition.

Now more than ever, it's important that we stand together. Share the benefits of CDHA membership with your colleagues and encourage them to join in supporting and strengthening our profession. Together, we can make a lasting impact on the future of dental hygiene.

Monterey Bay Dental Hygienists' Association

P R E S E N T S



MYOFUNCTIONAL THERAPY: Bridging the Gap Between Oral and Overall Health

Dana Del Valle, RDH, OMT

Dana DelValle, a dedicated dental hygienist and MyoMentor graduate, brings over eight years of dental expertise to her work. Certified by the Academy of Orofacial Myofunctional Therapy (AOMT) and a Myo Munchee Practitioner, Dana is dedicated to raising awareness about orofacial myofunctional disorders and their impact on overall health. Through her role at MyoSpeaks, she empowers patients to achieve optimal oral and systemic well-being.

EMBRACING CHANGE: Let's Make It Happen: How to have fun motivating ourselves and our patients - while creating a positive change!

Brenda Rodriguez, RDH, M.A, CHT.



Brenda Rodriguez earned a master's in counseling/psychology from Santa Clara University and has a background in teaching dental hygiene and hypnotherapy. She has lectured on patient care psychology, focusing on techniques for managing anxiety and fear. In her practice, she combines energy work and hypnotherapy, using a client-centered approach rooted in transpersonal psychology to promote healing through self-exploration.

Registration:

\$75 CDHA Member

\$95 Non Member

Registration Includes:

Light breakfast

Mimosa Bar

Snacks



**3756 The Barnyard,
Suite H23, Carmel**

**March 1, 2025
9AM - 1PM (3.5 CEU)
Check-in: 8:30AM**

UPCOMING DATES/EVENTS

2025

JANUARY

- 18TH - BOARD MEETING - 10AM TO 12PM - 230 HAMES ROAD, CORRALITOS

MARCH

- 1ST - CE COURSE - 9AM TO 1PM - 3756 THE BARNYARD, SUITE 23, CARMEL
- 8TH - BOARD MEETING - 10AM TO 12PM - 626 MCKENZIE AVENUE, WATSONVILLE

MAY

- 3RD - BOARD MEETING - 10AM TO 12PM - DR. HASKIN'S OFFICE 256 GREEN VALLEY ROAD, WATSONVILLE
- 15-17TH - CDA PRESENTS - ANAHEIM, CA
- 16TH - SPRING SCIENTIFIC SESSION - ANAHEIM, CA
- 30TH - CABRILLO COLLEGE DENTAL HYGIENE GRADUATION!

JULY

- 12TH - BOARD MEETING - 10AM TO 12PM - 144 BROWNS VALLEY ROAD, CORRALITOS

SEPTEMBER

- 6TH - CONTINUING EDUCATION COURSE WITH KATRINA SANDERS - CORRALITOS
- 27TH - BOARD MEETING - 10AM TO 12PM - APTOS KNOLLS CLUBHOUSE 600 TROUT GULCH ROAD

OCTOBER

- NATIONAL DENTAL HYGIENE MONTH!

NOVEMBER

- 14-16TH - HOUSE OF DELEGATES - NEWPORT BEACH