



MBDHA NEWSLETTER

JUNE 2025

FOLLOW US ON INSTAGRAM! @MONTEREYBAYDHA

March 1st CE Course Recap – A Day of Learning and Growth

On March 1st, dental professionals gathered in Carmel, CA, for an enriching day. This event offered a unique combination of educational sessions aimed at expanding knowledge and fostering professional growth.

Myofunctional Therapy – Bridging the Gap Between Oral & Overall Health

Presented by Dana DelValle, RDH, OMT, this session focused on the critical role of myofunctional therapy in oral health. Dana is a RDH and Myofunctional Therapist, and has her own MFT practice in Pacific Grove, MyoSpeaks. You can find information about her and services offered at: www.myspeaks.com

Embracing Change – Motivating Ourselves and Our Patients

In the second session, Brenda Rodriguez, RDH, M.A., CHT, inspired attendees with insights on motivating both ourselves and our patients through change. With her background in counseling and hypnotherapy, Brenda shared powerful techniques for improving patient compliance, embracing change, and boosting self-confidence.

Check out the next page for our upcoming CE event!



Our Sponsors:



Monterey Bay Dental Hygienists' Association

P R E S E N T S

Scale All Day, Then Rosé

with Katrina Sanders, RDH, BSDH, M.Ed, RF

This dynamic 3-hour course, designed to empower dental professionals with cutting-edge techniques to control, prevent, and manage disease, get with the tools and knowledge to elevate your clinical practice and enhance patient care outcomes.

SEPTEMBER 6, 2025

9AM - 12PM (3 CEU)

Check-in: 8:30AM

**35 Browns Valley Road,
Corralitos, CA**

As we continue to navigate a post-COVID healthcare landscape, the role of the RDH as a preventive and infection control expert has never been more vital.

After the course, enjoy a flavorful journey through Spain with tapas, paella, sangria, and wine. Don't miss this chance to connect, learn, and indulge.

Reserve your spot today!
First 20 registrants receive a commemorative wine glass.



Registration:

\$95 CDHA Member

\$120 Non Member

Registration Includes:

Lunch

Sangria

Wine tasting with Katrina



RDHAPConnect
Connecting you to better oral health



WHY MEMBERSHIP MATTERS - ESPECIALLY RIGHT NOW WITH NEVADA SB495

If you've been hearing about Nevada SB495 and wondering what the big deal is, it's about **who gets to call themselves a dental hygienist - and how!**

One of the most alarming pieces of this bill (sections 77-79) is that it opens the door to an alternative pathway to licensure that does not require graduation from a CODA-Accredited dental hygiene program. Let that sink in for a second.....

Under SB495, someone could become licensed as a dental hygienist in Nevada without completing the education and clinical training that each and every one of us had to go through. Instead, they could be approved through a pathway developed and overseen by a board dominated by dentists, and then take a dentist-conducted competency exam, written exam, and clinical exam - NONE OF WHICH WOULD BE SUBJECT TO ADA APPROVAL.

It lowers the bar. CODA-accredited programs are the gold standard for ensuring hygienists are fully prepared - clinically, ethically, and scientifically - to provide safe, comprehensive care. Bypassing that is a step backward.

It sets a dangerous precedent. What happens in Nevada, doesn't always stay in Nevada. Other states could follow suit - especially under pressure to "solve" workforce shortages without long-term thinking.

It devalues our profession. We've all worked hard for our education, our licenses, and our expertise. If states allow shortcuts, it sends the message that our training is optional, not essential.

It takes power out of our hands. When licensure requirements are decided without hygienists' input, our profession loses autonomy - and our ability to protect the public suffers too.

SO, WHAT CAN WE DO?

When you join or renew your membership, you're not just investing in CE credits or networking - you're helping fund the advocacy that makes sure our licenses mean something.

This isn't just Nevada's problem. If we don't stand up now, we could be next.

Visit CDHA.org to join or renew.

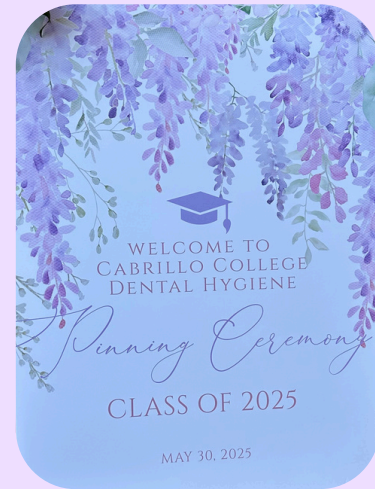
Stay informed, get involved, and help protect the integrity of our profession.

**TOGETHER, WE ADVOCATE.
TOGETHER, WE PROTECT.**

Congratulations to the Cabrillo College Dental Hygiene Class of 2025!



Erica Abrajan
Yarely Aguilera
Brittany Baxter
Karla Blas
Terry Cao
Yailin Fernandez
Clara Funk
Monica Graciano
Brianna Guido
Ana Hernandez
Libby Hidahl
Nancy Lee
Vanessa Medina
Isaiah Osuna
Natalie Salazar
Alejandra Sanchez
Alaina Woodyard
Elza Zamora
Ashley Zierman



Members of Monterey Bay and Santa Clara Valley Components attended the Cabrillo Pinning Ceremony, offering support and welcoming them into the profession of dental hygiene.

Dental Hygiene Oath:

In my practice as a dental hygienist, I affirm my personal and professional commitment to improve the oral health of the public, to advance the art and science of dental hygiene, and to promote high standards of quality care.

I pledge continually to improve my personal knowledge, and skills, to render a full measure of service to each patient entrusted to my care, and to uphold the highest standards of professional competence and personal conduct in the interests of the dental hygiene profession and the public it serves.





Legislative Endeavors

Fourteen hygienists
acquainted twenty legislators
at the Capitol Offices
regarding how the dental
hygiene profession can benefit
with change.

They stressed the hygienists'
role in prevention and
potential savings in health and
dollars for dentistry as a
whole.

Please join us **October 10, 2025** for Lobby Day.
An opportunity to visit legislator at the local office.

UPCOMING DATES/EVENTS

2025

JULY

- 12TH - BOARD MEETING - 10AM TO 12PM - 144 BROWNS VALLEY ROAD, CORRALITOS

SEPTEMBER

- 6TH - CONTINUING EDUCATION COURSE WITH KATRINA SANDERS - 35 BROWNS VALLEY ROAD, CORRALITOS
- 27TH - BOARD MEETING - 10AM TO 12PM - APTOS KNOLLS CLUBHOUSE 600 TROUT GULCH ROAD

OCTOBER

- NATIONAL DENTAL HYGIENE MONTH!
- 4TH - 6TH - ADHA CONFERENCE, LONG BEACH

NOVEMBER

- 14-16TH - HOUSE OF DELEGATES - NEWPORT BEACH