

How to use the Decision Target System - Self Defense Simulator

This is a brief description of how to get started with the Decision Target System, Self Defense Simulator, and how you can use it to improve, your self-defense preparedness.

The simulator contains video depictions of realistic self-defense situations, with real people, playing the roles of threats, victims, and bystanders. The simulator also includes no-shoot scenarios in which the use of deadly force may not be legally justified.

The system is designed to help you prepare for real world self-defense, and some scenarios depict graphic violence and language. For added realism, some scenarios depict threats firing their weapons at you. Before using the simulator, be sure to:

- Read the DRY FIRE TRAINING SAFETY RULES section of this brochure. A video version of the DRY FIRE TRAINING SAFETY RULES is also included on the DVD Instructions and Information menu.
- Review the videos CHOOSING YOUR TRAINING WEAPON and SETTING UP YOUR TRAINING AREA on the DVD Instructions and Information menu.
- Follow all dry fire training, and firearm safety rules and procedures.

HOW TO TRAIN WITH THE DECISION TARGET SYSTEM

You train with the simulator by immersing yourself in each scenario and reacting with your training weapon just as you would if it was really happening to YOU. The ability to adopt this mindset is critical to gaining the most benefit from the simulator.

Your goal is to develop good threat responses, and not make mistakes that in the real world could result in an undesirable outcome for you. The Decision Target System simulator is designed to help you:

- Develop your self-defense awareness, judgment, and decision making.
- Train to move, use cover, communicate, and handle your self-defense weapon effectively under stress.

If you carry concealed, you should try to use training equipment that closely matches your everyday carry equipment.

STARTING A TRAINING SESSION

- When you're ready, and your training area and equipment are properly prepared, start your training session by selecting a Target Set from the main menu.
- Each Target set contains different and unrelated self-defense scenarios, such as assault, road rage, armed robbery, home invasion, active shooters, or terrorism.
- If you are a Concealed Carrier, you should start each scenario, with your training weapon holstered, in your normal carry position.
- When the scenario starts, the camera view is your view. Respond as you would if it was really happening to you. **WARNING:** Some scenarios develop very quickly and move very fast.

- After each scenario ends and fades to black, there will be a 5 second pause before the next scenario starts. If you have drawn your weapon, use this short break to re-holster, move away from cover, and prepare for the next scenario.
- Use your experience, knowledge of the law, and any previous training in your responses to the scenarios in the simulator.

Training points to remember:

- Every scenario is not a shooting scenario. In many cases your first response should NOT be an attempt to draw your training weapon.
- Learn about movement, cover, and concealment, and how to use it.
- Learn to use verbal commands when appropriate for the situation.
- You should be able to explain your actions after each scenario.
- Use the “Fatal Error” system to judge your performance in the scenarios.