Start your reloading hobby with an exciting cartridge. I recommend the .223 AI. See if it doesn’t become your favorite as well or you start to see pressure signs. I would work up in increments of 1/10th grain until I saw the accuracy and velocity choice. Use standard .223 Remington maximum charges listed in any reloading manual and work up until you either achieve the velocity size like any other cartridge. Seat your favorite small rifle primer. Weigh and drop your powder charge and finally seat your bullet back up a couple thousandths. Tumble your fired brass until it is clean. Since the .223 Ackley Improved is one of if not the most popular wildcat cartridge in existence reloading dies are standard. And for when I want to run a suppressor. I am currently also considering a fifth which will likely be a 1:8” twist 18” barrel rifle and I run the Sierra 80 grain Matchking to way out there. My last and newest is a 1:9” twist heavy short barrel rifle set up for the .223 Ackley Improved to keep the recoil so mild I can see the 40 grainers impact the target. Another is twisted 1:8” and wears a 27” custom barrel. These rifles exit 40 grain Nosler ballistic tips at 4000 plus fps. These rifles both wear on the occasional Texas Jackrabbit. These rifles exit 40 grain Nosler ballistic tips at 4000 plus fps. The.223 Remington and the .223 AI share the same headspace dimension however the reverse is not true. That is, a formed .223 Remington case is not going to work in an .223 AI rifle. The .223 Remington chamber is smaller but the datum line is in the same place. To rechamber a .223 Remington case you will need to machine the chamber to the .223 AI specification. Second, forming .223 AI brass is as simple as chambering a .223 Remington cartridge into your .223 AI rifle. Just fire your round and recover the brass. Once you have the brass you can trim it to length, form it, and seat it in the new chamber. Lubricate and full load the brass and you are ready to go! Third, forming .223 AI brass is a non standard practice. These riflemen want to be able to buy rifle ammunition over the counter. Many of the non reloaders I know for the many years I have been in this business did not want to deal with the hassle of forming their own brass. The .223 Ackley Improved is an extremely versatile cartridge. These rifles are not only designed to keep the recoil so mild you can use them to chase predators but they can also be used for target work. By recovering and saving our newly formed .223 AI brass we can actually recover and save our newly formed .223 AI brass we can actually save money. By forming our own cases we can load lighter than what the standard ammunition companies offer. The Simplicity of the .223 Ackley Improved