

# PROGRAM AGENDA

**AUDITORIUM : 1**

**4PM - 10 PM**



**MARCH 23, 2025**  
**4PM-10:30 PM , DUBAI**



## Opening Ceremony

**4:00-4:10 PM**

## MYOPIA PREFACE : Science, Trends, and Health Impacts

**4:10-5:05PM**

The science behind Myopia: Cause & risk factors	●	: Dr. Sayantan Biswas	●	4:10-4:25 PM
Global Trends of Myopia progression	●	: Prajwal Ghosh	●	4:25-4:40 PM
Impact of Myopia in Quality of life and public health	●	: Sridhar Swarna	●	4:40-4:55 PM
Panel Discussion	●	: Ian James & Shahida	●	4:55-5:05 PM

## SESSION BY ZEISS VISION CARE MEA

ZEISS MyoCare: Proven Efficacy in a Caucasian Cohort	●	: Celine Combrouze	●	5:10 -5:25 PM
ZEISS MyoCare: Science-Driven Innovation for Myopia Control	●	: Dr. Peter Essig	●	5:25-5:40 PM

## THE MYOPIA CONTINUUM : Navigating Myopia Prevention & Progression

**5:40-6:40PM**

The role of outdoor time and light in Myopia prevention	●	: Dr. Raymond P. Najjar	●	5:45-6:00 PM
Childhood Myopia and early intervention	●	: Dr. Kevin Chan	●	6:00-6:15 PM
Myopia progression in Adults	●	: Carla Lanca	●	6:15-6:30 PM
Panel Discussion	●	: Carla Lanca	●	6:30-6:40 PM

## MYOPIA MASTERY POLL 1 : LIVE Q & A

**6:40-6:50PM**

## LEADERBOARD ANNOUNCEMENT : MYOPIA HERO : 1

More Engagement leads to more Leaderboard score

**6:50-6:55PM**

## SESSION BY ESSILORLUXOTTICA

TBD	●		●	6:55-7:00 PM
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## THE COMPLETE MYOPIA CONTROL TOOLBOX :Best Practices and Protocols

**7:00-8:10PM**

Exploring Optical and Non optical strategies for Myopia control	●	: Katie G	●	7:00-7:15PM
Ortho K lenses for Myopia correction and control	●	: Irene Sophia Joseph	●	7:15-7:30 PM
Pharmacological intervention	●	: Dr Quresh Maskati	●	7:30-7:45 PM
Beyond traditional treatment protocols	●	: Dr Li Lian Foo	●	7:45-8:00 PM
Panel Discussion	●	: Irene Sophia Joseph	●	8:00-8:10 PM

## SESSION BY ALCON AMICO

The Opportunities in Contact Lenses	●	: Tanios Gerges	●	8:10-8:30 PM
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## THE MYOPIA CHRONICLES: Real Cases, Real Insights : Session

**8:30-9:15PM**

Comprehensive Myopia Management: Retrospective cross-sectional case report	●	:Dr. Barack Ernest	●	8:30-8:45PM
Refractive Status among the school student population in Al-Buaimi,Oman	●	:Dr. Gopi Venkudre	●	8:45-9:00PM
Clearer Horizons: Myopia Control Success with Defocus Spectacle Lenses	●	:Yasmin El-Rouby	●	9:00-9:15PM
Panel Discussion	●	: Katie & Sherwin	●	9:15-9:25 PM

## MYOPIA MASTERY POLL 2 : LIVE Q & A

**9:25-9:30PM**

## LEADERBOARD ANNOUNCEMENT : MYOPIA HERO : 2

More Engagement leads to more Leaderboard score

**9:30-9:35PM**

Myopia Debate : Spectacle lens options vs Contact Lens options ● Yeshwant Saoji Vs Kousalya Akkina ● 9:35-9:45 PM

**Closing Auditorium 1 and continue to Auditorium -2**

# PROGRAM AGENDA

**AUDITORIUM : 2**

**6PM - 10:30PM**



**MARCH 23, 2025**  
**4PM-10:30 PM , DUBAI**



## SESSION BY ZEISS VISION CARE MEA

Experience ZEISS Myopia Management with Dr. Batal

: Rashed Zarour.

6:00-6:15 PM

## SESSION BY AMICO ALCON

New times need New Technologies

: Tanios Gerges

6:15-6:35 PM

## SCIENCE IN CONFLICT: MYOPIA DEBATE

Devakani Suresh

Vs Swarna Kamal Naiya

6:35-6:45PM

## THE MYOPIA CHRONICLES: Real Cases, Real Insights

**6:45-7:25PM**

Relation between Myopia severity and oculomotor function in children :

:Dr. Saif Rasheed

6:45-7:00 PM

Pharmacological management of children Myopia- Case Study

: Dr. Alan Mulvihill

7:00-7:15 PM

Panel Discussion

: Carla Lanca

7:15-7:25 PM

## SESSION BY ESSILORLUXOTTICA

Essilor® Stellest® Lens: Design Features and Visual Performance Insights

: Gabi C. Steenbekkers

7:30-7:45 PM

## SHAPING VISION: Myopia Workup, Control Strategies & Atropine's Evidence-Based Impact

**7:45-8:40 PM**

Myopia Work up in pediatric eyecare

: Dr. Anupama Rao

7:45-8:00PM

Evidence based role of low-concentration Atropine

: Dr. Syed Ali

8:00-8:15PM

Setting up an ideal Myopia control practice

: Yeshwant Saoji

8:15-8:30 PM

Panel Discussion

: Sridhar & Ian

8:30-8:40 PM

## SESSION BY ESSILORLUXOTTICA

Essilor® Stellest® Lens: Latest Clinical Evidence

: Gabi C. Steenbekkers

8:40-8:55 PM

## DECODING MYOPIA : Insights from Science to Strategy

**8:55-9:40 PM**

BV in Myopia

: Dr. Rizwana Hussaindeen

8:55-9:10 PM

Genetic Influence on Myopia Development and progression

: Dr. J. Poling

9:10-9:25 PM

Retinal Changes in Myopia

: Dr. Aniruddha Agarwal

9:25-9:40PM

UAE'S Vision : National strategies for Myopia management

: DR. Imran Jawaid

9:40-9:55PM

Protocol & best practices in Myopia control treatment

: Dr Rajeev Prasad

9:55-10:10PM

Panel Discussion

: Dr. Rizwana Hussaindeen

10:10-10:20 PM

## LEADERBOARD ANNOUNCEMENT : MYOPIA HERO OF THE DAY

**10:20-10:25PM**

More Engagement leads to more Leaderboard score

## CLOSING CEREMONY

**10:25-10:30PM**

Online



4 PM - 10:30 PM  
DUBAI



## MEET OUR SPEAKERS



### Dr. Sayantan Biswas

School of Optometry College of Health and Life Sciences Aston University, Birmingham, UK



### Dr. Kevin Chan

Senior Clinical Director/Chief Optometrist  
Treehouse Eyes, Tysons Corner, P.C, USA



### Dr. Saif Hassan Alrasheed

Qassim University College of Applied  
Medical Sciences, Saudi Arabia



### Katie Geraghty

Optometrist and Research coordinator in  
Moorfield Eye Hospital, Dubai



### Dr Li-Lian Foo

Consultant Ophthalmologist & clinical  
Director, Myopia service  
Singapore National Eye Centre



### Yeshwant Saoji

Specialist Optometrist and Director,  
Saoji Vision Care, India.



### Dr. Gopi Venkudre

Faculty at University of Buraimi, School of  
Optometry, Oman



### Dr. Jan Roelof Polling

Senior orthoptist at Erasmus MC, Rotterdam.  
BSc Orthoptics, Hogeschool Utrecht,  
University of Applied Sciences, Utrecht,  
Netherlands



### Ms. Irene Sophia Joseph

Specialist Optometrist,  
Genesis HealthCare Center, UAE



### Dr. Rizwana Hussaindeen

Program Director & Associate professor of  
Optometry College of Health Sciences,  
Gulf Medical University, President- American  
Academy of Optometry, India chapter



### Dr. Raymond P. Najjar

Assistant Professor in myopia and  
visual neurosciences, Research Director,  
Department of Ophthalmology,  
National University Health System (NUHS), Singapore



### Dr. Rajeew Prasad

Director - World Council of Optometry  
President - Asia Pacific Council of Optometry  
Secretary - Indian Optometric Association



### Dr. Alan Mulvihill

Consultant Paediatric Ophthalmologist  
Al Jallila Children's Hospital, Dubai  
UAE



### Dr. Aniruddha Agarwal

Clinical Associate Professor, Cleveland Clinic  
Lerner College of Medicine, Case  
Western Reserve University, Cleveland, Ohio, USA  
Vitreoretinal Surgeon and Uveitis Specialist at  
Cleveland Clinic Abu Dhabi, UAE

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## MEET OUR SPEAKERS

**Dr. Barack Ernest Ahumah**

Optometry Manager Boiteko Opticians,  
Gaborone, Botswana.  
Lecturer University of Zimbabwe, Harare,  
Zimbabwe

**Sridhar Swarna**

Optometrist specialized in Scleral Lens design,  
Orthokeratology, LVA & Myopia control.  
Sign Savers Optics, UAE

**Prajwal Ghosh**

Optometrist & Primary Eye Care professional  
Scleral, RGP, Ortho Keratology Practitioner  
Trenetrilaya Eye Hospital, Kolkata, India

**Dr. Imran Jawaid**

Consultant Pediatric Ophthalmologist,  
currently working at  
Moorfields Eye Hospital, Dubai

**Carla Lanca**

Research Associate Orthoptist  
New York University, Abu Dhabi, UAE

**Celine Combrouze**

Medical Science Liaison  
ZEISS Vision Care, MEA

**Dr. Anupama Rao**

Consultant Ophthalmologist Medcare Eye  
Centre, Sheikh Zayed Road, Dubai.  
Fellow of the Royal College of Physicians and  
Surgeons, FRCPS (Glasgow)

**Gabi C. Steenbekkers**

Global Medical Advisor, FBCLA  
EssilorLuxottica

**Dr. Quresh Maskati**

Consultant Ophthalmologist, Ex president of  
All India Ophthalmological Society, India.  
Gold Medallist, DOMS  
Founder Maskati Eye Clinic, India

**Tanios Gerges**

Professional services manager  
Vision Care / AMICO

**Devakanai Suresh Kumar**

Senior Optometrist  
Sheikh Khalifa Medical City, Abu Dhabi, UAE  
Secretary, United Optometrist Forum (UOF)

**Dr. Syed Muhammad Ali**

Consultant Ophthalmic Surgeon  
Paediatric Ophthalmology, Strabismus and  
Cataract Surgery  
Moorfields Eye Hospital UAE

**Swarna Kamal Naiya**

Senior Optometrist  
Sheikh Sultan Bin Zayed Hospital, UAE  
President, United Optometrist Forum (UOF)

**Dr. Peter Essig**

Medical Science Liaison  
ZEISS Vision Care, MEA

**Yasmin El Rouby**

Doctor of Optometry, Head of Myopia Clinic at  
Cleveland Clinic, Abu Dhabi, UAE Author of  
Misty Mole Book Series (Children's books  
about eye health)

**Lakshmi Kousalya Akkina**

Bachelor's degree in optometry with dual gold  
medals, L V Prasad Eye Institute in  
Visakhapatnam, India

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# TEAM UOF

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**Shahida Shamsudin**  
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## SCIENTIFIC COMMITTEE MEMBERS



**Dr. Rizwana Hussaindeen**



**Irene Sophia**



**Dr. Zoelfigor Dafalla**



**Mohamed Koura**



**Jayalekshmi Nithin**



**Carla Lanco**

## ADVISORY COMMITTEE MEMBERS



**Neeraj Dabral**



**Latifa Aljabri**



**Claire Even-Dechoux**



**Behrouzi Homa**



**Sridhar Swarna**



**Ian James Pengilly**

## LIAISON COMMITTEE MEMBERS



**Sherwin Paul Reyes**



**Sarah Khalaf**



**Dr. Nooruz Zaman**



**Mohamad Hout**



**Jeffrey George**

## OPTO-OPHTHAL SYNERGY COMMITTEE MEMBERS



**Dr. Prasan Rao**



**Dr. Khalil Ibrahim**



**Dr. Ahmed Shabana**



**Dr. Waleed Ghobashy**



**Dr. Quresh Maskati**



CONCLAVE  
DUBAI

**23rd MARCH, 2025**

**4 PM-10:30 PM, DUBAI**



**2025**

**5.5 CME**

By Dubai Health Authority  
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