The "AZ-LZ"

The Start of a **NEW** Year — What To Do??



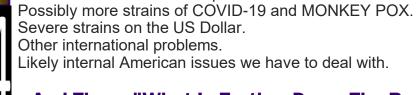
I say this every January of a new year. What is going to happen for the next 365 days? Well who knows? Not me or you! But, here a few "possible" items to consider:

A prediction is that social media spending will continue to rise as more time is spent on these platforms. In 2023, it's predicted that people will spend three to six hours a day surfing through feeds and looking at their friends' lives.

Artificial intelligence has also made significant advancements in the past few years, and it's predicted that in 2023, they'll be more innovative than humans

Technology is evolving at an incredible rate. Some economists have predicted that the future will be run by robots and artificial intelligence. Many of them predict that human jobs will be replaced by robots, which will lead to an economic recession. This could result in a significant financial breakdown because many people won't have any income.

Inflation and recession and possible nuclear war.



And Then—"What Is Further Down The Road"?

Well, the years down the road are getting less traveled which also means as we get older, we go slower, not do very much, and kind of wait for time to pass by.

And **Then**



Well, according to a lot of different experts in the world, inflation and maybe a big recession will likely a problem. Along with a great food shortage. The number of items being the cost of eggs at now are \$8.00 per dozen. Cost of interest is at 7% to go to 10%. Gasoline will be at \$8.00 per gallon and then coffee at \$15.00 per pound. Typical meat items are at 25% more than just a year ago, What to do, stock up, be careful what you use and what you throw away. Be cautious with your money as the banks could fail at the same time as all of this.

Points of Interest

- What is in 2023?
- AZ Hall of Fame
- "Younger and Faster"
- B21 Bomber Coming
- Dan Ross, Ch 106
- · Patton's Thinking
- · Vintage Times
- · WWI Veterans Day
- ASA/NSA in Vietnam
- Mindful Awareness
- Honors To All
- · Who Lives Where?
- Ukrainian Relief
- WWII Atomic Bomb
- What Do You Do in 2023??

Inside this issue:

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You know, once in a while, it is nice to do something for YOU and do it more than once and then do something for someone else as that is important.



The Start of a New Year—2023 — "Make The Most Of It"

The start of a new year is a good time to pause and reflect on both the past year and the year ahead. Despite the many hardships of the past two years, or perhaps even more so because of them, it can be helpful to reflect on the positive events and successes of the year, no matter how small they may seem. It can also be a good time to think about habits, behaviors and projects you would like to continue and take with you into the New Year. It is also an opportunity to, perhaps more importantly, think about what you want to let go of.

Many people set New Year's resolutions, for things they resolve to continue, stop or change. Oftentimes these lists include things like lose/gain/or maintain weight, go to the gym, get more sleep, or cut down on screen time.

Intentions on the other hand, come from the heart. Intentions help your heart and mind come into alignment, and can help reconnect us to our mission, aspiration, and purpose. While different from a specific goal or resolution, intentions can help us realize our goals. For example, you may consider setting an intention to live a healthier lifestyle vs. a resolution to walk or take a chair yoga class five times a week.

While living a healthier lifestyle may include getting in some power walks or classes; it may also include weeks where you are unable to make it out for a walk five days, but perhaps you focus on getting quality sleep, eating healthy meals, or increasing the amount of water you drink.

In preparation for reflection and intention setting, take a few minutes to answer these two questions, either writing it down or just thinking about it in your mind:

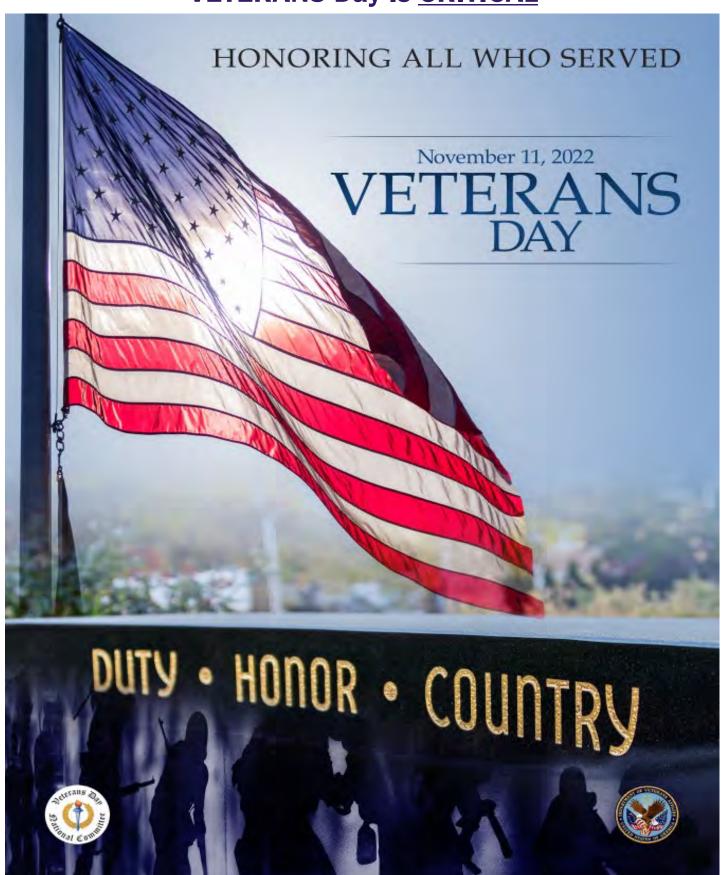
- What REALLY matters to you in your life?
- What brings you a sense of joy and happiness?

Do your 2023 intentions and goals include making changes related to your health and well-being?

This new year, try intentions rather than resolutions



VETERANS Day Is <u>CRITICAL</u>



VETERANS Day Is <u>CRITICAL</u> (Cont'd)

Veterans Day originated as "Armistice Day" on Nov. 11, 1919, the first anniversary of the end of World War I. Congress passed a resolution in 1926 making it an annual observance, and it became a national holiday in 1938. Sixteen years later, then-President Dwight D. Eisenhower signed legislation changing the name to Veterans Day to honor all those who served their country during war or peacetime. On this day, the nation honors military veterans -- living and dead -- with parades and other observances across the country and a ceremony at the Tomb of the Unknown Soldier at Arlington National Cemetery in Virginia. The following facts are possible thanks to the invaluable responses to U.S. Census Bureau surveys. We appreciate the public's cooperation in helping us measure America's people, places and economy.

WHEREAS, the contributions and sacrifices of the people who served in the Armed Forces have been vital in maintaining our freedoms and way of life; and

WHEREAS, tens of millions of Americans have served in the Armed Forces of the United States during the past century; and

WHEREAS, hundreds of thousands of Americans have given their lives while serving in the Armed Forces during the past century; and

WHEREAS, our state is home to more than 539,000 veterans, 62,000 Active Duty military, 18,000 National Guard and Reserves, and their families; and

WHEREAS, our veterans are brave and selfless individuals who, when duty called, willingly put themselves in harm's way to defend the lives and liberty of others; and

WHEREAS, their abiding patriotism and enduring devotion to the ideals on which the United States is founded never fail to inspire us; and ·

WHEREAS, our veterans understand the important task before the American service members now keeping watch; and

WHEREAS, all Washingtonians must strive to ensure that ours remains a land worthy of the dedication our veterans have shown to it;

NOW, THEREFORE, I, Jay Inslee, Governor of the state of Washington, do hereby proclaim November 11, 2022, as Veterans Day in Washington, and I encourage all people in our state to recognize and honor the contributions of our veterans to the principles of democracy, individual freedom, and human rights. Signed this 31st day of October, 2022

Memorial Day is a time to remember those who gave their lives for our country, particularly in battle or from wounds they suffered in battle. Veterans Day honors all of those who have served the country in war or peace — dead or alive — although it's largely intended to thank living veterans for their sacrifices.

<u>World War I</u> officially ended when the Treaty of Versailles was signed on June 28, 1919. However, the fighting ended about seven months before that when the Allies and Germany put into effect an armistice on the eleventh hour of the eleventh day of the eleventh month. For that reason, Nov. 11, 1918, was largely considered the end of "the war to end all wars" and dubbed Armistice Day. In 1926, Congress officially recognized it as the end of the war, and in 1938, it became an official holiday, primarily a day set aside to honor veterans of World War I. But then <u>World War II</u> and the <u>Korean War</u> happened, so on June 1, 1954, at the urging of veterans service organizations, Congress amended the commemoration yet again by changing the word "armistice" to "veterans" so the day would honor American veterans of all wars.

It is CRITICAL to teach your children and grandchildren the importance of VETERANS DAY.

The Origin of Veterans Day

World War I – known at the time as "The Great War" - officially ended when the Treaty of Versailles was signed on June 28, 1919, in the Palace of Versailles outside the town of Versailles, France. However, fighting ceased seven months earlier when an armistice, or temporary cessation of hostilities, between the Allied nations and Germany went into effect on the eleventh hour of the eleventh day of the eleventh month. For that reason, November 11, 1918, is generally regarded as the end of "the war to end all wars."



Soldiers of the 353rd Infantry near a church at Stenay, Meuse in France, wait for the end of hostilities. This photo was taken at 10:58 a.m., on November 11, 1918, two minutes before the armistice ending World War I went into effect. In November 1919, President Wilson proclaimed November 11 as the first commemoration of Armistice Day with the following words: "To us in America, the reflections of Armistice Day will be filled with solemn pride in the heroism of those who died in the country's service and with gratitude for the victory, both because of the thing from which it has freed us and because of the opportunity it has given America to show her sympathy with peace and justice in the councils of the nations..." The original concept for the celebration was for a day observed with parades and public meetings and a brief suspension of business beginning at 11:00 a.m.

An Act (52 Stat. 351; 5 U. S. Code, Sec. 87a) approved May 13, 1938, made the 11th of November in each year a legal holiday—a day to be dedicated to the cause of world peace and to be thereafter celebrated and known as "Armistice Day." Armistice Day was primarily a day set aside to honor veterans of World War I, but in 1954, after World War II had required the greatest mobilization of soldiers, sailors, Marines and airmen in the Nation's history; after American forces had fought aggression in Korea, the 83rd Congress, at the urging of the veterans service organizations, amended the Act of 1938 by striking out the word "Armistice" and inserting in its place the word "Veterans." With the approval of this legislation (Public Law 380) on June 1, 1954, November 11th became a day to honor American veterans of all wars.



Later that same year, on October 8th, President Dwight D. Eisenhower issued the first "Veterans Day Proclamation" which stated: "In order to insure proper and widespread observance of this anniversary, all veterans, all veterans' organizations, and the entire citizenry will wish to join hands in the common purpose. Toward this end, I am designating the Administrator of Veterans' Affairs as Chairman of a Veterans Day National Committee, which shall include such other persons as the Chairman may select, and which will coordinate at the national level neces-

sary planning for the observance. I am also requesting the heads of all departments and agencies of the Executive branch of the Government to assist the National Committee in every way possible."

America's Wars

America's Wars



WORLD WAR I

(1917 - 1918) Total Forces... Battle Deaths.....

.... 4,734,991 Other Deaths in Service (Non-Theater)......63,114 Wounded... .204,002



KOREAN WAR

(1950 - 1953)

(1930 - 1933)	
Total Forces	5,720,000
Battle Deaths	33,739
Other Deaths (in Theater)	2,835
Other Deaths in Service (Non-Theater)	17,672
Wounded	103,284



GULF WAR

(1990 - 1991)	
Total Forces	2,225,000
Battle Deaths	148
Other Deaths (in Theater)	235
Other Deaths in Service (Non-Theater)	1,565
Wounded	467



WORLD WAR II

(1941 - 1945)

(1241 - (242)	
Total Forces	16,112,566
Battle Deaths	291,557
Other Deaths in Service (Non-Theater)	113,842
Wounded	670,846



VIETNAM WAR

(1964 - 1975)

VOCT 1 INDITE	
Total Forces	8,744,000
Battle Deaths	47,434
Other Deaths (in Theater)	10,786
Other Deaths in Service (Non-Theater)	32,000
Wounded	153,303



Iraq War

(2003 - 2011)

Total Forces	192,000
Killed	4,507
Wounded	
Afghanistan War	
(2001 - 2021)	
Total Forces	775,000 +

Wounded......19,950

Our Branches of Service



How easy is it for you to tell your family what each of these branches of service are for? As of June 2021, the **SPACE FORCE** was the last one to join the Department of Defense branches and one has been gone for many, many years. Question is, which one was it?? Take some time to write out or GOOGLE or something all of the critical info about these branches so your family knows "something" about them. And especially the one you were involved in. Some of us may have been a service member in two or three branches and that in itself should be important to anyone in your family as to why you did and what you did, and how you did it, etc, etc. Below are the U.S. Commands that the United States has in control of the continents throughout the world. If you were ever stationed overseas then you would have been part of these commands. For those of us in Vietnam and Europe, it would be Indo-Pacific and the European Commands. Enjoy reading!!

New Veterans Day 2022 Challenge Coin



Veterans Day at AppleBees in Yuma



This former Marine named Jacob was an excellent server and the restaurant served scores of Veterans a free meal and what you see pictured here is one of the favorites of this writer and many others. They always support veterans from all of the conflicts the United States has been in and their service and meals are simply out of this world. This is what service and being therefor people is all about. Being there for people, why?

Because this world is all about people.

Longest Living Veteran Ever



When we are young, we **NEVER** think about end of life. When we are in our thirties, we really never think about end of life, however when we are in our 70's, we then really, really think about end of life.

This picture was taken in 1900 and this man was born in 1792 and he died in 1909 making him 117 years old.

It was claimed that he was in the following conflicts and wars:

War of 1812 from 1812-1814 Mexican War 1846 Civil War from 1861-1865 Battle of Little Bighorn 1876

It is very, very difficult to find any veteran that has lived as long as he has and been in many battles too.

Can you even begin to imagine living in the 1700's and just finishing the Revolutionary War with England and living in the United States that was not even the way it is today. France owned a large part of the USA until the Louisiana Purchase came through in 1803 and then moving on throughout he entire 19th century.

What he saw in his lifetime was an extreme for anyone living during some of that time. For us, life is short and as we see his life, is appears long. Therefore make the most of your life and do it for others, your family, your friends and people you don't even know. Everyone has a story, make yours like this gentleman who lived in the 1700's, 1800's and 1900's. Pass this on to your grandchildren. They will be enthralled by this one to be sure.

Arizona Veterans Hall of Fame



Unified Arizona Veterans

Post Office Box 34338
Phoenix, AZ 85067
Telephone (602) 799-9480
The Voice of Arizona's Veterans



The Arizona Veterans Hall of Fame will Induct a New Class of 14 Veterans in Ceremonies on Friday, October 14, 2022

For Immediate Release, August 30, 2022

The annual Induction Ceremony of the Arizona Veterans Hall of Fame will take place on Friday, October 14th, 2022, from 11:30 a.m. until 2:30 p.m. at the Talking Stick Resort Conference Center, 9800 E. Talking Stick Way, Scottsdale, AZ 85256. Doors open at 11:30 a.m. The Arizona Veterans Hall of Fame is sponsored and administered by the Unified Arizona Veterans, Inc., Phoenix, Arizona, www.azuav.org. The Induction Ceremony recognizes and honors Arizona veterans who have honorably served their country and who continue to serve and inspire their fellow American citizens with civic deeds and accomplishments outside their military service, including Arizona Medal of Honor Recipients recognized for valor in action against enemy forces in wartime. The Arizona Veterans Hall of Fame is recognized by the Governor of Arizona and the Arizona Department of Veterans' Services, and supported by the Arizona Veterans Hall of Fame Society. This will be the 22nd class of veterans inducted since the inception of the Arizona Veterans Hall of Fame in 2001.

This year's Induction Ceremony will recognize the Class of 2022:

Martha Louise Alderman, Navy veteran, Glendale
William Robert Beecher, Army veteran, Sierra Vista
Larry Michael Cervarich, Air Force veteran, Goodyear
Timothy Townley Day, Marine Corps veteran, Phoenix
Thomas Paul Marrin, Jr., Marine Corps veteran, Glendale
Christine Diane Martinez, Navy veteran, Litchfield Park
Richard Neely Morrison, Navy veteran, Gilbert
Myra Genette Robinson, Army veteran, Sierra Vista
George Daniel Ross, Air Force veteran, Tucson
Dale Robert Schoeneberger, Army veteran, Casa Grande
Rebecca Nanette Seeger, Air Force veteran, Flagstaff
Steven D. Weintraub, Marine Corps veteran, Phoenix
Robert Alvin Wiedower, Marine Corps veteran, Scottsdale
Ronnie Rochelle Williams, Air Force veteran, Mesa

Veterans, military, and the public are invited to the Induction Ceremony, which includes lunch. The lunch entrée will be Herb Roasted Frenched Chicken. Special dietary needs such as requests for vegetarian meals are invited and welcome.

Arizona Veterans Hall of Fame (Cont'd)

Unified Arizona Veterans, page 2

Registration Information: Beginning August 30th, Registration information is available at the Unified Arizona Veterans website: www.azuav.org. Family, friends, and the public may register using a credit card on the website. Or, you can download/print the Registration Form, fill it out, and make your check or money order payable to: UAV. Please mail the Registration Form and payment to Unified Arizona Veterans (UAV), P.O. Box 34338, Phoenix, AZ 85067, Attn: Treasurer.

- Early Bird registration: Tuesday, August 30th to Friday, September 23rd, 11:30 pm; \$60/person
- Standard Registration: Saturday, September 24th to Sunday, October 2nd, 11:30 pm; \$70/person

Registration via the U.S. mail must be postmarked by September 23rd or October 2nd, respectively. Final Registration closes at 11:31 pm, October 2nd. Only registered guests will be allowed to attend the Induction Ceremony. All lunches are pre-paid; lunches will not be sold at the Induction Ceremony event.

Veterans and the public who do not have access to the Registration form on the website www.azuav.org, please contact Carol Culbertson, Secretary, cell (602) 799-9480, to have the form mailed to you.

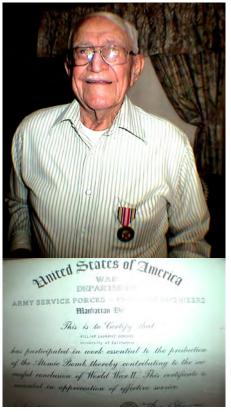
For general information about the Induction Ceremony and luncheon, please contact Carol Culbertson, Secretary, Unified Arizona Veterans, at email: secretary@azuav.org, cell (602) 799-9480.

Points of Contact: Carol Culbertson, Secretary, secretary@azuav.org, cell (602) 799-9480; Reggie Yates, Event Chair, ryates173abn@gmail.com, cell (602) 373-0703





A Little Bit of WWII History



Larry Donohoe resided in Yuma Arizona in his last years. He died in 2004 after a bike accident in his park where he lived for many years, but lived to be 105 years old. He just missed World War I, but was a tremendous help to Robert Oppenheimer in putting together the atomic bombs to end World War II. Larry was the Chief Electrician for this and he was greatly needed for ensuring that "Fat Man" and "Little Boy" would work when they were needed. Larry was an extremely kind man as a person and simply asked people to remember what happened during this conflict from 1939 to 1945. Quite a lot of the younger generation did not want to hear, but the older folks born in the 1910's or earlier were eager to listen. Larry called up one of the Yuma TV stations and he told them about the proposed story he asking them to produce and they did not believe him. **HISTORY** is important and I would ask that YOU pass on to your grandchildren and great-grandchildren as much that you can while you still can. Time is real short.

"Younger and Faster" by Mike Thompson

<u>Younger And Faster</u>", was the Wild Bunch Film Festival, Action/Drama Western Short Western Screenplay of the year. Just shows that you never have to give up when you have a goal says Mike. We offer you our whole hearted congratulations.













VA To Screen Veterans For Related Toxins in Burn Pits

Veterans Affairs physicians will begin screening all department patients for military-related toxic exposures starting in November, the latest step in efforts to understand the scope and severity of injuries caused by burn pit smoke and other battlefield toxins.

The new screening tool, mandated under legislation passed by Congress this summer, has been used at 15 VA medical center pilot locations over the past few weeks.

VA Under Secretary for Health Dr. Shereef Elnahal told reporters Wednesday that of the more than 13,000 veterans who have gone through the screening so far, about 37% said they have "concerns" about possible toxic exposure issues during their time in the ranks.

"That represents a substantial percentage of veterans in our care that may have been exposed to a toxin that we were not aware of," Elnahal said. "That could mean more benefits or a higher medical priority categorization for them. This is clearly already bearing fruit."

The issue of military toxic exposure — particularly poisonous smoke from burn pits — has been a focus of national attention in recent months. In August, Congress finalized and President Joe Biden signed into law the Promise to Address Comprehensive Toxics, or PACT, Act, a sweeping measure to improve the research, care and benefits surrounding those injuries.

Past Department of Defense studies have estimated that nearly 3.5 million troops from the wars in Iraq and Afghanistan may have suffered enough exposure to burn pit smoke to cause health problems.

VA officials said by better screening all department patients, they'll be able to provide more information to physicians about common injuries and a better picture to researchers about the impact on the veteran population.

The screening tool will be expanded to all VA medical sites and the 9-million-plus veterans enrolled in VA medical care just before Veterans Day. Patients will be required to go through the screening at least once every five years, looking for any signs of lingering respiratory problems or emerging health issues. The toxic exposure screening will not initially be available to veterans outside the VA health care system, Elnahal said.

The move comes as VA officials are also urging all veterans to look into whether they are eligible for free health care coverage through the department under benefits expansion included in the PACT Act.

Starting on Saturday, tens of thousands of veterans from the Vietnam War, first Gulf War and Post-9/11 conflicts will be eligible for new health care coverage. Veterans will have one year to enroll and could be eligible for lifelong coverage if physicians find evidence of serious service-connected health problems.



"How many of us **REMEMBER** having a "**BURN PIT DAY**" in Vietnam?

It was <u>not</u> the best day that we had to recall.



The U.S.A.F. 75th Anniversary



For 75 years, American Airmen have excelled as they execute the Air Force mission to **fly**, **fight**, **and win** — delivering **airpower anytime**, **anywhere** in defense of our nation.

Airmen are called to "Innovate, Accelerate and Thrive" as the U.S. Air Force and Department of the Air Force approach their 75th anniversaries on Sept. 18, 2022. Airmen will always be there to provide America with the airpower it needs to defend the nation, deter or defeat our adversaries, reassure our partners and allies, and help diplomacy proceed from a position of strength.





"To catch the reader's attention, place an interesting sentence or quote from the story here."



A NEW B-21 Bomber Coming To Town



The B-21 Raider, the United States Air Force's next stealth bomber, was unveiled to the public for the first time in early December 2022. This is the first time the American Air Force has unveiled a new bomber since the B-2 Spirit's in the year 1988 debut at Air Force Plant in the city of Palmdale, California. The B-2's first flight took place in July 1989.

The new, Northrop Grumman-made bomber has so far only had a glimpse in its concept art. Its first flight is expected to come sometime in 2023, a few months after the rollout. Northrop said in a release after the announcement that the date of the first flight will be set based on the results of ground tests. There are now approximately six B-21 test aircraft being assembled at Northrop Grumman's facility. Northrop said in May the first B-21 finished its first of a series of ground tests at the plant in question. That phase included loads calibration tests, meant to verify the bomber's structural integrity by subjecting it to stress, among other tests. Currently only 10 percent of our nation's bomber force is capable of penetrating advanced adversary air defenses. As our adversaries

have continued investing heavily in sophisticated technologies and weapons platforms that leave them free to act maliciously or extend their reach, a new bomber is critical to deterring potential adversaries, reassuring allies and keeping our nation safe. "The new B-21 will provide the kind of payload, range and penetrability that our current force of B-1s, B-52s and, to a small degree, B-2s, cannot accomplish."



The NEXT War

The United States needs to prepare for a potential future conflict bearing little resemblance to "the old wars" that have long consumed the Pentagon, Defense Secretary Lloyd Austin said Friday in his first significant policy speech.

Austin called for harnessing technological advances and better integrating military operations globally to "understand faster, decide faster and act faster."

"The way we fight the next major war is going to look very different from the way we fought the last ones," Austin said during a trip to the Hawaii-based U.S. Pacific Command.

Just two living generations ago, the deadliest war in human history was fought. Some of the soldiers who fought in that war, and the civilians who survived it, are still alive today.

Thus, no one should think that another war like World War II is impossible, or that the events of our time are somehow immune to history's perennial cycles of war and peace. It's easy to assume that history automatically arcs in the right direction, or that the era of world wars is over. It could never happen again, we want to believe. However, there are hotspots around the globe that are just one "Franz Ferdinand" event away from erupting.

American war correspondent Martha Gellhorn once wrote: "Unless they are immediate victims, the majority of mankind behaves as if war was an act of God which could not be prevented; or they behave as if war elsewhere was none of their business. It would be a bitter cosmic joke if we destroy ourselves due to atrophy of the imagination."

In the end, the only way to prevent the next world war from happening is to believe that it could. With history as our guide, one thing is clear: wars happen. The only question is where and when it will it start.

"We can't predict the future," Austin said. "So what we need is the right mix of technology, operational concepts and capabilities - all woven together in a networked way that is so credible, so flexible and so formidable that it will give any adversary pause."

Preventing a conflict would mean creating "advantages for us and dilemmas for them," he said. U.S. responses could be indirect, he said, outlining a scenario in which cyber warfare could be used "to respond to a maritime security incident hundreds of miles away."

The bottom line that <u>we need to be prepared and trust in God</u> that He will take care of us in all circumstances no matter what.

We Were **ALL** Made For **KINDNESS**

We are all old enough to know what the mouth can do for us and against us. It says in the Bible that the mouth is the most dangerous part of our body. And I don't think any of us needs to read the King James Version to know that. We are all smart enough to realize that scores and scores of times, we have said things that we truly regret. We all need to pass onto our future generations the way to talk, the way to act, keep our heart gentle and understanding. Love people for who they are and help them through tough times and be that kind and gentle person we all should be. Yes, you may have to put on a suit of armor while you go through it, but look at what you're doing for them and you and likely others too.

Some things to consider are:

DO NOT Yell, ever, ever, ever.

DO NOT talk quietly either, but in a normal and nice tone.

Have gentle hand movements to illustrate the kindness in you.

Be careful with your word choice, be eager and since in all you do and say. Listen, smile, laugh and joke.

Never use monosyllabic answers like "OK", "yeah", et al.

Never cut into the conversation while the other is talking.

Know when to cut in and in a very nice and kind way.

Talking requires a complex series of events to occur in exactly the right order. Expelled air runs through the vocal cords in the larynx. The vocal cords vibrate, which produces sound. The type of sound depends on the tightness of the vocal cords and the force of the expelled air. Movements of the tongue and lips help to shape the sounds. Other mouth structures involved in the production of sounds include the hard and soft palates and the nose.

Here is what might happen if we have a "**BAD MOUTH**" and say things that are **not** what we should be thinking or saying:

- Infections such as thrush, herpes (cold sore) or tonsillitis
- Mouth ulcers or mouth cancer
- Cleft palate and cleft lip, halitosis (bad breath)
- Trauma or death
- Dry mouth syndrome and unable to talk
- Tongue problems such as a cracked or coated surface
- Tooth problems such as dental caries (cavities) or impacted wisdom teeth
- Speech problems such as lisping and simply unable to "get any words out".

Most of all, **DO NOT**, think that none of the above might not happen, because it could and just might. It is up to **ONE person** and that is the one reading this article. *Kindness in all respects is the best way to do it* and lets teach it to our children and grandchildren. There is **NO** excuse for being a "bad-mouthed person:, God did not make us that way. He made us like Him.

We, are Vietnam Veterans, from the <u>Great Generation</u> which is the last one called that and we should pass on our <u>adultness and kindness</u> to those we fought for in a war that we did win. This whole world is all about people and nothing else.



What If I Was To Tell You???



* cà phê sữa đá

That <u>VIETNAM</u> is the 2nd largest producer of coffee in the world! And the STARBUCKS company also uses their coffee to sell it throughout Vietnam.

The French introduced the country of Vietnam to coffee in the 19th Century by the French and a huge processing plant manufacturing instant coffee was functioning by 1950. Which was just four years before the French were forced to leave Vietnam after the French-Indo-China War.

Vietnamese Arabica coffee is a medium fullbodied roast with rich and lively notes of chocolate, vanilla, and caramel. Lower in acidity, Vietnamese Arabica is also known for its smoothness, making the bean variety perfect for coffee amateurs and fanatics alike.

Vietnam primarily grows what they call a <u>robusta coffee</u>, famous for its high caffeine content and bitter profile. Arabica coffee, most popular in the U.S. specialty coffee market, continues to grow rapidly in production and export in Vietnam.

Vietnamese coffee is rich, extremely flavorful, and sweet coffee brewed from Vietnamese coffee beans using a special filter. It differs from regular coffee in terms of its flavor profiles and brewing method. In fact, Vietnamese coffee is made with a special metal.

Most Vietnamese coffee at Amazon for about \$12.00 per pound and is truly a very rich and superb coffee. Something much different to drink if you're looking for something unique.





The drinks in these pictures are called: "Australian Egg Coffee"





25 Years of Women's Military History



The Military Women's Memorial will celebrate its 25th anniversary with three days of events and services in Washington, D.C. From Oct. 14-16, servicewomen, past and present and supporters of the memorial from across the country will gather to celebrate the milestone for military women. The memorial, located at the gates of Arlington National Cemetery, was dedicated on Oct. 18, 1997, with approximately 40,000 people present.

The anniversary weekend will feature celebratory events, including branch luncheons, a happy hour-style reunion event, a candlelight remembrance ceremony and the official 25th anniversary program. The official program will include formal military honors, remarks by former and current military women representing each of the services, senior Departments of Defense and Veterans Affairs officials and more.

A highlight from the event will be the debut of a new anthem honoring military women. Guests at the events are invited to attend the dedication of the Vaught Center, named after the memorial's founding president, retired Air Force Brig. Gen. Wilma L. Vaught.

In addition to the formal events, the memorial is hosting a 25th Anniversary 25-Day Challenge virtual race as a way for community members, friends, partners and supporters to celebrate the Military Women's Memorial's 25th anniversary in a fun way from anywhere in the world.

The Military Women's Memorial honors the service and legacy of the 3 million women who have served in the Armed Forces beginning with the Revolutionary War. It is the only historical repository documenting the service of military women and features an education center, interactive exhibitions, a collection of military women's stories, and hosts programs and events for all generations.

The women are supporting the Armed Forces and doing all they can for all.



What Can We Do For Grandchildren?

SERVE THEM

Attend their games. Tie their shoes. Read them a story. Listen to them share about their day or their problems. Children have 1,001 needs. Have a servant's heart that looks for ways to love and encourage. But ye shall not be so: but he that is greatest among you, let him be as the younger; and he that is chief, as he that doth serve. For whether is greater, he that sitteth at meat, or he that serveth? is not he that sitteth at meat? but I am among Grandchild you as he that serveth. (Luke 22:26-27). I know that sometimes children get spoiled and expect everything to go their way. And I'm not suggesting that you cultivate an attitude of complete life's entitlement. But just as children can get spoiled, dads and grandads can be selfish. It's easy for a dad to think, "I work hard all day; it's their mom's responsibility to care for them." I hear dads say things like, "I know my wife wants me to spend more time with the kids, but I just need time with the guys after work."

ENGAGE IN TEACHING MOMENTS

Look for every moment in which you can teach the Word of God to your children and grandchildren. Look for every moment in which you can teach the Word of God to your children and grandchildren. God instructed Israel to teach their children His Word all throughout the day—to talk about it as they went through daily activities and to put physical reminders of it around the house and even on their person. And these words, which I command thee this day, shall be in thine heart: And thou shalt teach them diligently unto thy children, and shalt talk of them when thou sittest in thine house, and when thou walkest by the way, and when thou liest down, and when thou risest up. And thou shalt bind them for a sign upon thine hand, and they shall be as frontlets between thine eyes. And thou shalt write them upon the posts of thy house, and on thy gates. (Deu 6:6–9).

INVEST IN THEM

Lo, children are an heritage of the LORD: and the fruit of the womb is his reward. (Psalm 127:3). Plan time with your children and grandchildren. Be quick to sacrifice for their needs. Make sure they know that, while you may not be able to do all for them you would like, there is no one and nothing you would rather spend time and money on then them. As children get older, you can also invest in them by teaching them the value of diligent work and helping them earn money. Work with them. Teach them the character skills and work ethic that will equip them to support themselves in the future.

BE A PEACEMAKER

Sometimes dads and granddads leave this one to moms and grandmothers. But something great takes place in the heart of a child when he sees his dad or granddad take the leadership to rectify misunderstandings or mend family relationships. Something great takes place in the heart of a child when he sees his dad or granddad take the leadership to rectify misunderstandings or mend family relationships. But, it is up to the father to ensure their children respect **EVERYONE** in their family and that means **EVERYONE**.

PRAY FOR THEM

Prayer is the single greatest investment you can make in the lives of your children and grandchildren. Every day, I pray for my four married children and their spouses and my eleven grandchildren by name. And as I come to each name, I pray specifically for the needs I am already aware that they have. Some of my grandchildren aren't saved yet; I pray that they would understand the gospel and trust Christ. Some of my grandchildren are growing in an area—perhaps leaning to share or having a hard time at school; I pray specifically for these needs. Sometimes children get to the age where they think they know more about everything than their parents or grandparents. Sometimes they go through seasons when they are less open to your direct counsel. But even during these times, when it feels that you can't do much to help them avoid the mistakes you see them heading toward, you can pray for them. So pray daily, fervently, and specifically for them.





As grandparent, sometimes we have mentioned that we should have had those grand -children first as they are #1 in our lives, but then the lovely children are also #1. Mmm. can we have two #1's?









Commissary Shopping Privileges for Veterans

The Defense Commissary Agency (DeCA) has been hard at work spreading the news to Veterans about their ability to shop at commissaries. Working with Veteran Service Organizations to promote, inform and gather feedback amongst the Veteran community about this privilege has proven effective. Engaging with Veterans, DeCA has learned that while many are now utilizing this benefit, others still are unaware. Verify your eligibility for this exclusive benefit.

Commissary shopping privileges are available to the following groups:

- Veterans with any service-connected disabilities documented by VA
- Veterans who are Purple Heart recipients
- Veterans who are former prisoners of war
- Individuals assessed, approved and designated as the primary family caregivers of eligible Veterans under VA's Program of Comprehensive Assistance for Family Caregivers.
- A shopping environment that exclusively serves the military community, with a workforce that understands your needs and strives to save you even more.
- Prices that can save our customers thousands of dollars per year on their purchases, on average, when compared to prices at commercial stores.
- Commissary Store Brands that offer just as much quality as national brands, if not more, and even greater savings. The convenience of using CLICK2GO for online shopping and curbside pickup along with opportunities to save even more with digital coupons.



Relief For the Ukrainian People

None of us ever know what it is like to go through what the people in the Ukraine have gone through. It is the biggest mess and most destructive and mean-hearted that I have seen or heard of since World War II. The cold-heartedness of people is simply terrible and that is not even the word that should be used.



In Ukraine, believers are organizing various ways to provide simple yet nourishing meals for people left in needy straits due to the war. One such project is dehydrated borsch. (Borsch is a hearty, beet-based soup.) By creating packets containing the dried ingredients of borsch, believers are creating lightweight, easily stored meals that can be reconstituted by adding water and then heating. You can view a video "The Dry Borsch Project" here: https://vimeo.com/762324545.



Since October 10, 2022, Russia's aerial bombardment of Ukrainian power infrastructure has knocked out an estimated 30% of Ukraine's powergenerating capacity. As a result, the capital and other major cities have experienced rolling blackouts. In addition, some parts of Kyiv are undergoing

shortages in the city water supply. And who can do without water?

We pray that the warm clothing inside our container that is due to arrive at port in Poland today will aid in keeping the recipients warm as temperatures drop. If the bombardment of Ukrainian power facilities continues, there is concern the lack of heat in the face of dropping winter temperatures might soon spark another exodus of refugees leaving Ukraine. If so, these



refugees would not be fleeing invasion forces so much as the frigid temperatures inside their homes. Our churches in central and western Ukraine will prepare to receive a new wave of needy travelers in case that happens. Praise God that we were able to provide generators for many of our churches. It looks like we might need to provide still more. We always need to provide more as we cannot take it with us when we pass. Let's remember the Ukrainian's.



THE AZ-LZ

Autobiography of George (Dan) Ross

When I was between 18 and 19 years old I was attending a Church of Christ in Christian Union, whose Biblical Doctrine was almost the same as the Nazarene, and the Pilgrim Holiness. I felt a called to the Ministry and I was sacred to death for I had no Biblical Education and verily graduated from high school. So I decided I was join the Air Force and get away from it. On Oct 16, 1963, I enlisted and went to San Antonio, Texas for my basic training. I spent 8 weeks there, went home for a 15 day furlough. While home for Christmas and New Year's my Oldest Bro was a Ministry in the same Church Organization that I was attending in Columbus, he asked where I was going to be stationed at I said Tucson, Arizona. He said I have a good friend from Bible College who lives and pastor's a church out there. He said look him up in the phone book and give him a call and tell him who you are. I came to Tucson, on Jan 2, 1964, and sometime in the middle of February on a Saturday afternoon I looked him up in the phone book (imagine that looking up a number), I called his wife answered the phone, said he was in the shower, I gave her the phone number where I could be contacted and asked him to call me back if he has an opportunity. About 45 minutes later I received a phone call from him and I said Rev Kline, you do not know me personally but you know some of my family in Ohio, and he said who might that be, I said Bill Ross, there was a short pause on his end and he said you don't mean Bill Ross from Circleville, Ohio Bible College, I said yes that Bill Ross, and after short conservation he said if I would be in uniform and get to the main gate at 9 AM he would pick me up for church. Now unknown to me at that time the only church West of the Mississippi River of that Organization was in Tucson. About a month later on a Saturday morning he called me and asked if I could take the bus from the Base to his house and I said yes I can. He said to bring my clothes for Sunday and I could stay at his Sister's home which was two doors down from his house. He said you and I are going out for supper tonight. He took me to restaurant that was on Drachman called Uncle John's Pancake House. While we were waiting on our dinner he said the reason for our get together was that on Thursday Morning about 2 AM, he got woke out of a deep sleep, when he was awake he said I heard three words twice, Dan is running, what could I say to that, just hung my head and set quietly. Now let's fast forward to November 2021, when I started to make a list of Speakers to check on for Oct 16, 2022, as I was about to make the phone call, there was several scriptures appeared before me and I spent two weeks putting them in order and like jigsaw puzzle it was fitting together and I said God, what is the meaning of all of this, He said remember 60 years ago you tried to run from the call I put on you and how you enlisted in the Air Force now I am giving you another opportunity to fulfill that call next Pastor's Appreciation Day. As I being to look at the calendar and seeing that 59 years to the date I enlisted in the Air Force was Pastor's Appreciation Sunday. I said I got that, when I tell Pastor Munns what has been happening and how things were working out in my life, like Gideon I put out the fleece, when I tell him and if he says go for it I will do it. Folks that day changed my Spiritual Life Forever. Forward to August 18, 2022, I received a phone that I had been Nominated, my application was selected and sent to the Governor of Arizona Doug Ducey for his Signature, it came back to the Committee and I am now and Inducted into the Arizona Veterans Hall of Fame on Oct 14, 2022, and I believe it has all happened as I submitted my will to God to fulfill my calling from Oct 16, 1963 to Oct 16, 2022. It's amazing how this has come full circle in my life. So I hope as you read this you will support our service for Pastor's Appreciation Sunday.



THE AZ-LZ

We Fought The Wrong Nation—Patton



U.S. General George S. Patton realized late in the war that the United States fought the wrong country. Patton felt the U.S. should have sided with Germany to destroy Jewish Bolshevik/Communist USSR. This information comes from Patton's diary entries, letters he wrote to his wife, and comments he made to military officers and staff.

World War II was incredibly complex. However, in the final analysis, WWII was essentially a war between two competing ideologies: *Nationalism vs. Jewish internationalism/globalism*. Adolf Hitler and his allies fought to preserve the concept of nationalism, not just for Germans but for all peoples the world over. Nationalism really just means the sover-

eignty of an ethnic people and the right of such ethnic people/nationalists — *within their own bordered country* — to self-determination. What is meant by self-determination? Self-determination just means an ethnic people preserving their unique culture and heritage and pursuing their collective goals *as a unique people*. This applies to any ethnic peoples: Nigerians, Germans, Swedes, Vietnamese, Mexicans,

On the other side of WWII was Jewish (Bolshevik) internationalism (today we simply call this 'globalism'). In the 1920's, 1930's, and of course during WWII, powerful Jewish internationalists were fervently advancing the Jewish worldview of eventually eliminating all nations... except for a Jewish homeland... (what was later to be — after WWII — the nation of Israel in 1948). Today we see that nothing has changed; Jewish internationalism/globalism still works toward gradually "merging" all peoples of the world (particularly in the Western World) into one globalist system with a global government, global laws, consistent global culture, global bank, global currency, etc. In short, Jewish globalism (i.e., the weakening and eventual elimination of all nations) is the exact opposite of nationalism (i.e., a world composed of nations ... specifically, ethnically homogenous and bordered nations). The Allied powers of WWII (led by Roosevelt, Churchill, Stalin, et al) were tools of International Jewry and thus de facto fighting for the Jewish globalist worldview. After the (Jewishrun) Allies won WWII in 1945, international Jewish forces were then free to exercise a Jewish 'Sphere of Influence' over the greater Western World (and as we see today, increasingly over the rest of the world).

Alternatively, if Hitler had won World War II and then exercised a Nationalist 'Sphere of Influence' over the greater Western World, we'd have a more just, fair, and moral Western World today. The rest of the world would have similarly benefited had the Germans been victorious since German influence would have surely spread elsewhere (ideas such as non-usurious banking and strong family oriented culture would likely have spread globally).

Had Hitler won World War II, what would be different in the post-war world? Here are a few examples:

- 1 No USSR (the Soviet government murdered millions of its own people during its 70 year reign to study this topic read the writings of Aleksandr Solzhenitsyn; Hitler would have liberated the USSR, though taking large parts of its Western region for lebensraum, "living space")
- 2 No cold war (because there would be *no USSR*)
- 3 No Communist Eastern Europe/Iron Curtain (when WWII ended, Eastern Europe fell to Communism this was part of Stalin's spoils of war)
- 4 No Red China and Mao's subsequent killing of 40 60 million Chinese (the USSR created favorable conditions for Mao's Communists which ultimately led to Mao's victory over Chiang Kai-shek's nationalists in 1949, thus if no USSR, no Mao victory)
- 5 No Communist North Vietnam (both the Soviet Union and Red China aided Ho Chi Minh)
- 6 No Communist Cambodia and Pol Pot's slaughter of 2 million Cambodians (Red China aided Pol Pot)
- 7 No dividing Korea into North Korea and South Korea (the Allies split Korea after WWII ended, with North Korea becoming Communist... another of Stalin's spoils of war)
- 8 No Communist Cuba (given the previous, what support would Castro have had in the 1950's?)
- 9 No Communism anywhere (Hitler was the world's most fervent anti-Communist)
- 10 Liberalism and multiculturalism wouldn't dominate Western ethos (both are Jewish creations and both have always been heavily promoted/advanced by Jews; thus if no Jewish influence, then no liberalism and no multiculturalism... at least certainly nowhere near the degree we see today)
- 11 No Cultural Marxism and no political correctness (these are social engineering "tools" which came out of the Jewish think tank known as the Frankfurt School)

We Fought The Wrong Nation—Patton (Cont'd)

- 12 No third world immigration into Western nations (Jews wouldn't be in power positions to craft and force through liberal immigration laws; Jews are responsible for each and every Western nation's liberal immigration policy/laws, as all were orchestrated by a consortium consisting of the World Jewish Congress, the Hebrew Immigrant Aid Society, and B'nai B'rith)
- 13 No depraved filth on TV, in movies, etc. (because Jews wouldn't run Hollywood)
- 14 No widespread pornography (Jewish lawyers and Jewish activists were the main challengers of anti-obscenity laws, under the guise of "Freedom of Speech")
- 15 There would still be prayer in public schools (Jewish lawyers were instrumental in banning prayer in public schools under the guise of so-called "separation of church and state," something that appears nowhere in the U.S. Constitution)
- 16 No man-hating radical feminist movement (Jews such as Betty Friedan, Sonia Pressman, and Gloria Steinem, among others, were the key drivers of radical feminism)
- 17 No Israel and all the problems it has brought the USA and the immeasurable misery it has wrought on the Palestinians
- 18 Jews would be living in Madagascar (perhaps) and would be carefully monitored (Madagascar was one place Hitler considered as a Jewish homeland).

Many reading this will ask, "But what about the Holocaust?" The Holocaust has been grossly exaggerated by organized Jewry in order to create sympathy for Jews worldwide and thus help advance the Jewish agenda (i.e., people seen as victims tend to get their way). It is also used as a political weapon to justify Israeli militarism against the Palestinians. Hitler's Final Solution (rebranded in the early 1970's as the "Holocaust") was a plan to remove Jews from Europe, not to kill them. During WWII, just as the U.S. couldn't trust Japanese Americans, thus causing FDR to round many of them up and place them in concentration camps, Hitler couldn't trust Jews since many were partisans sympathetic to the USSR and hence they aided the USSR in various subversive, anti-German activities. Therefore the National Socialists rounded up Jews and placed them in concentration camps.

Somewhere around one million Jews died during WWII (not six million) mostly due to disease and starvation in the final months of the war. Heavy Allied bombing of Germany and parts of German occupied Europe destroyed many roads, rail lines, and bridges making it impossible for Germany to adequately supply the camps with food and medicine. The result is that many Jews died of starvation and disease; and of course many non-Jews also died of starvation and disease (again, due to a massive Allied bombing campaign and its destruction of German transportation infrastructure). Lastly, there were no "gas chambers." Much has been written about this. To study the "gas chamber" subject, read the research papers published by Germar Rudolf and Carlo Mattogno.

It should also be noted that Hitler never wanted to "conquer the world." He simply wanted to safeguard Europe and the greater Western World from all manner of nefarious Jewish influence and, more broadly, safeguard the world-at-large specifically from, 1) usurious Jewish banking and, 2) Jewish-driven cultural degradation.

As previously stated, the Allied heads-of-State (Roosevelt, Churchill, et al) were puppets of International Jewry; each sold his soul for power and prestige. Again, as earlier stated, World War II was a war between two competing ideologies: Nationalism -vs- Jewish Bolshevik internationalism/globalism — unfortunately International Jewry won.

Was World War II "the good war" as is often claimed? No, it was exactly the opposite. The Allied victory marked the beginning of the end of Western Civilization.

Yuma State Veterans Home Opened



The Yuma Veteran Home is opened. The ASVH-YUMA is a planned 80-bed Medicare-certified, skilled-nursing care facility for eligible Arizona veterans, located in west Yuma, south off the I-8 Araby Rd exit.

Care & Features

ASVH-YUMA serves the long-term care and rehabilitative needs of the veterans of southwestern Arizona, with energetic and caring staff whose members provide nursing, therapeutic recreation, and social services to those who have served our nation. The facility provides a free, private, resident-use telephone for local/instate calls at bedside, and free cable TV. Each resident room contains a TV. Residents may enjoy internet access on their own personal electronic devices throughout the building using facility-provided Wi-Fi.

Veteran seniors and their spouses who choose long-term care enjoy a vibrant, independent lifestyle with customized services to fit their needs. Resident veterans enjoy comfort, dignity, and warm social connections. A variety of activities are planned and promoted, enhancing the sense of community for each resident. Caregivers are respectful, well-trained, and extremely attentive.

Counseling Services

A Veterans Benefits Counselor is available onsite to assist the veteran resident in obtaining their veteran benefits/pension. Social Services are available to provide psychosocial support and discharge planning for residents and their families.

Volunteer Opportunities

We are open to those citizens offering to volunteer to support our veterans here at ASVH-YUMA. Please complete a Volunteer Form online and/or call our main facility number to inquire. Find more details online here.

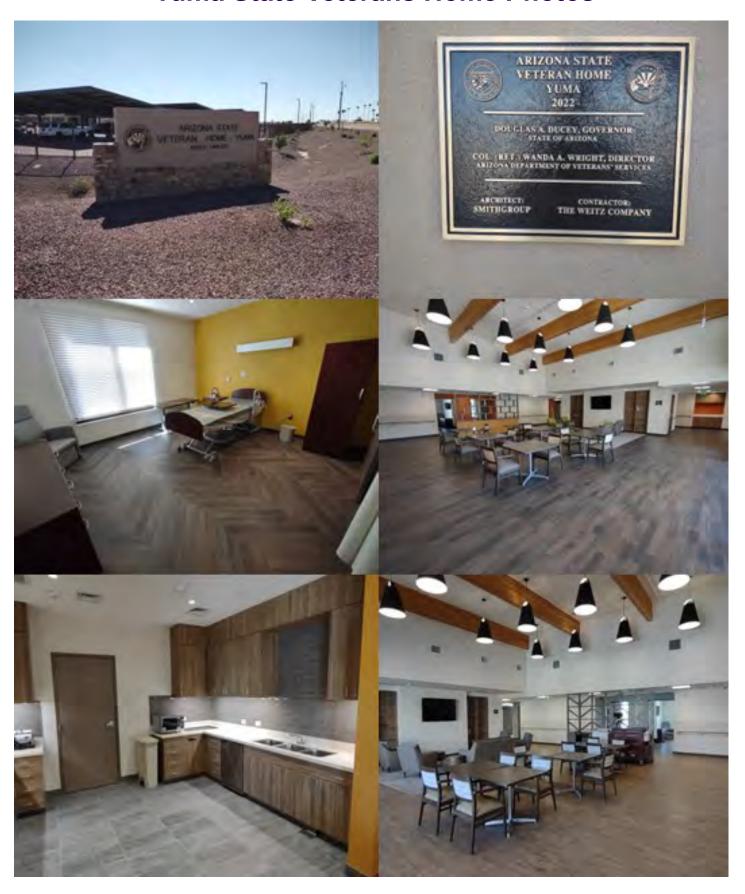
Eligibility

An applicant is eligible for admission if the applicant is an honorably-separated veteran, or the spouse of a veteran. As a pre-requisite, the applicant must require skilled nursing care as determined by a physician. There must be documented evidence of the absence of tuberculosis.





Yuma State Veterans Home Photos



Yuma State Veterans Home Photos (Cont'd)



Vintage in Today's World vs. Yesterday

Inside the vast world of vintage items, you can find photographs, cars, clothing, shoes, books, musical instruments, video game consoles, cameras, comics, toys, sports memorabilia, China sets, lunch boxes, typewriters, etc. As long as these items are found in good quality and are, at least 40 years old, they can be considered vintage. Vintage items can be sought after for a variety of reasons such as monetary value, historical significance, aesthetic attraction, functional practicality, or a combination of all of these things. For example, vintage clothing items from the early 1900s can be sought for their subjective beauty, objective value, and even their usefulness. While vintage items from the last 100 years are popular amongst those who seek out this sort of thing, items from the Roaring 20s and the 70s are some of the most popular. Today, vintage culture is continuously expanding with people across widely different age groups and social groups actively collecting vintage items, and even molding their entire personalities around the concept.

Rooms and even whole houses are decorated in vintage styles, with furniture and other objects from various eras used in conjunction to achieve a particular aesthetic expression. Some people will even go so far as to "move" their entire lives into a vintage world, surrounding themselves in all kinds of vintage bric-a-brac, collectibles, etc.

To me, the most <u>IMPORTANT</u> thing about vintage is how people treated each other. They were much kinder and nicer than today. They spoke pleasantly and sweeter than today. Men respected women and women respected men and looked up to them as that should be the role of men and women that when they are married, the husband loved and protected his wife and the wife looked up and listened to the husband.

Ephesians 5:23 For the husband is the head of the wife, even as Christ is the head of the church: and he is the saviour of the body.

Ephesians 5:33 Nevertheless let every one of you in particular so love his wife even as himself; and the wife [see] that she reverence [her] husband.

1 Corinthians 7:39 The wife is bound by the law as long as her husband liveth; but if her husband be dead, she is at liberty to be married to whom she will; only in the Lord.

None of us will live forever on this Earth, but we all need to know our place and that every human being on this earth is important and critical to God.

I recall so much the kindness and the love towards one another. As you look at these pictures on the right, think about the way things were back then and pass some of this onto your children and grandchildren and have them always respect you (their parents) and you (their grandparents) and if you are so fortunate to have great grandchildren, the same.

We need to exercise some of the "<u>vintage thinking</u>" of yesteryear to have people fully respect others and be there for them, help the homeless and the poor, because all of us are one step away from being poor and homeless.



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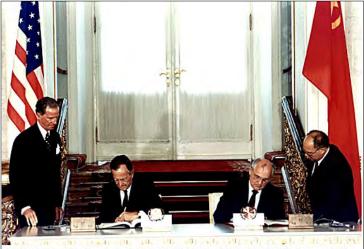
Historical Events From "Yester-Year"

You know HISTORY comes and goes and often times repeats itself in our lives and many, many times, it becomes and is part of our life. We often "SEE IT", and then it <u>comes and goes</u> and then we "SEE SOMETHING ELSE" similar to it again and again. Look at the photos below to see what HISTORY has come and gone on in our life time.





Courtesy of NARA, Nixon White House Photographs.





hildren watch a C-54 Skymaster fly over Berlin, ca. 1948-1949. Henry Ries/The New York Times/Redux







World War I—Veterans Day—1918



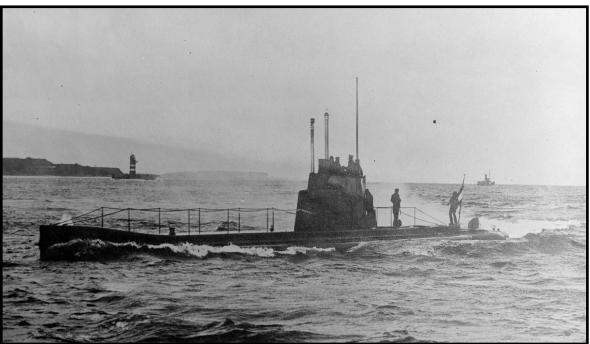
Can you even imagine what World War I was even like? I can't and it was the start of a whole new world when Germany poured their wrath on Europe and changed a lot on that continent and eventually the next 20 years when World War II began. We have all seen enough photos of fighting in the trenches and running forward and the chances of getting killed were more than 75% good. The first Veterans Day was called "Armistice Day," and on this first day of observance in 1918, several Americans lost their lives. We honor their stories in this feature. The last American soldier to die in World War I -- and the last soldier of any of the warring powers to die during the war -- was a member of the 313th Infantry Regiment, made up of draftee soldiers from Baltimore, Maryland.

No one really knows what possessed Sgt. Henry Gunther to charge a German outpost near Chaumont-devant-Damvillers at 10:59 a.m. on the morning of Nov. 11, 1918. The Armistice ending the fighting was to take effect at 11 a.m. -- the 11th hour of the 11th day of the 11th month. But Gunther ignored the orders to stop. He fired at the Germans and kept coming at them with his bayonet fixed. The Germans fired back and killed him. But although it was the last day of World War I, Gunther was joined in death by other soldiers -- about 320 Americans -- including 56 New Yorkers, according to the roster of World War I casualties maintained by the New York State Military Museum. Although the Armistice had been signed at 5:10 the morning of Nov. 11, French Gen. Ferdinand Foch, the allied commander in chief, wanted to give his generals six hours to get the word out to stop fighting. American commander John J. Pershing had wanted to push the Germans back into Germany and force a surrender on Germany territory. He told his generals to keep the pressure on until 11 a.m.

So Corporal Francis P. Bergen, a member of Company H, 9th Infantry Regiment, part of the 2nd Division, who lived at 18981Daly Ave. in New York City was killed in action in the battle of Meuse Argonne. So was 2nd Lt. Alfred Fawkner from Brooklyn, killed while leading a platoon of Company I, 321st Infantry of the 81st Division. And that is how VETERANS DAY started way back in 1918.



World War I German Submarine Located



A hundred years after it sank beneath the waves, the World War I-era German submarine U-111 was found off the coast of Virginia. It's the strange, final resting place for the U-boat that entered into service at the tail end of World War I and then became an American possession.

The wreck of the U-111 was discovered by Erik Petkovic. The news of the discovery, as well as photos and video, were first shared by National Geographic. After months of searching, Petkovic and his associates found it on Labor Day of this year.

Despite being a World War I-era submarine — it was commissioned on Dec. 30, 1917 — the U-111 didn't actually sink until four years after the war ended. After launch, the submarine patrolled around the British Isles, sinking a British cargo ship in April 1918. Two more patrols followed, and U-111 closed out the war while in port.

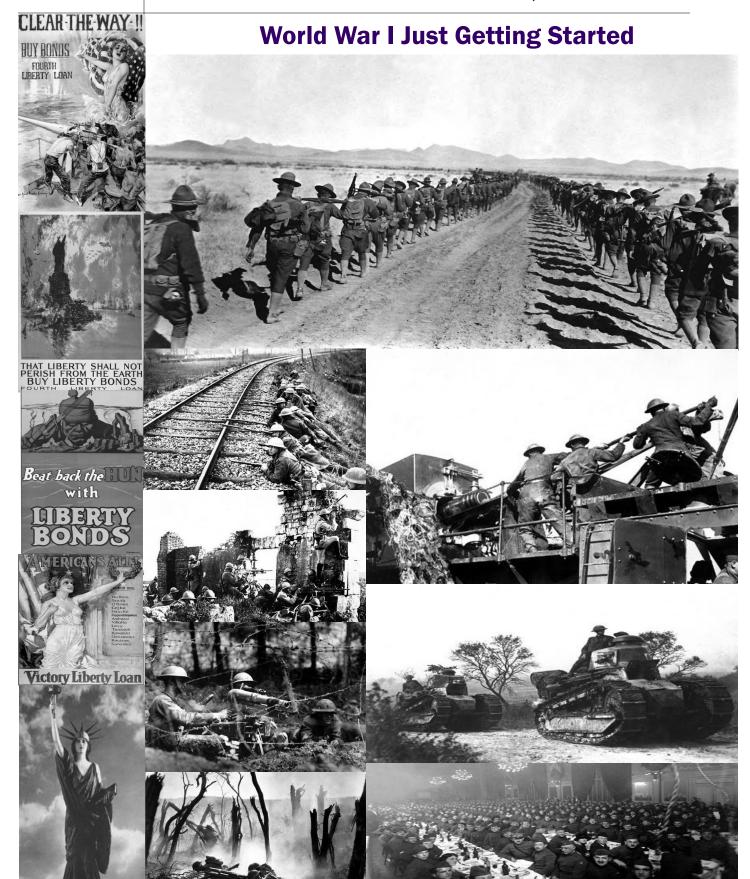
After the war, the submarine was seized by the Allies. It was set to be scrapped along with other captured U-boats, but President Woodrow Wilson had it and a few others kept to be sent back to the United States, both to show off the prizes of war and to raise money for Victory Bonds. That's when U-111 started having troubles. It almost sank on its Atlantic voyage. In 1921, it was put to use as part of Brig. Gen. Billy Mitchell's fleet of expendable ships during his demonstrations on using planes to attack navies.

On its way back it sank, not far off of the Virginia coast. But that wasn't the end. It was rescued and brought back to the naval base at Norfolk. But the military apparently had no more use for it, so on Aug. 31, 1922 U-111 was sent out to sea with open hatches and explosive charges and intentionally sunk.









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Combat Fighting Is Becoming Very Different

Brigade combat teams covered vast areas in counterinsurgency fights in Iraq and Afghanistan. But they simply won't have the manpower to cover the same distance in a large-scale combat operation against Russia or China. "One thing that we should remember is the space in which the Russians are conducting combat operations — it's about 150 times as large as the National Training Center," "The distance from Poland to the frontlines that we'd have to fight is about 1,100 km. Again, that's 50 times the distances we fight at the National Training Center.

Greer said the Russian force in Ukraine is equivalent to two full corps from the Army. That means that units must disperse in non-contiguous fighting, and sometimes, far from help, whether that's resupply or even seeing the common operating picture. Dispersion goes beyond the traditional battlefield concerns. Deputy Undersecretary of the Army Mario Diaz told the audience that dispersion matters at home station and across the nation.

"Any force that has to fight in 2030 or beyond, we need to be prepared for a very active campaign against the homeland," Diaz said. "And dispersion in that sense could be due to an inability to get what we need from our ports or into (U.S. Indo-Pacific Command)." The dispersion of forces across the United States, based at a variety of locations, has been a strength, allowing the Army to avoid massing its units in one vulnerable location.

And those units may have to reform or reconstitute, as Greer and others said, much like the Army had to do during intense campaigns in World War II, echoes of which are seen in Ukraine today. "Reconstitution is absolutely an imperative," Greer said. "It's something we can see both sides doing over and over again because of the destruction — the casualties everyone's taken."

Reconstitution of units has to happen at a division or corps level, which is where the Army's warfighting plans are headed.

Though Greer said the seeds of dispersed fighting exist within the Army, most commanders who've taken units, be they battalions or brigades, to Iraq or Afghanistan have had to operate dispersed, sometimes across an entire combatant command. But those dispersions were at a smaller scale and against a less developed adversary. Lt. Gen. Milford Beagle Jr., Combined Arms Center commander, said the fundamental aspect that undergirds the Army's new doctrine, Multi-Domain Operations, is that it is designed for large-scale combat.

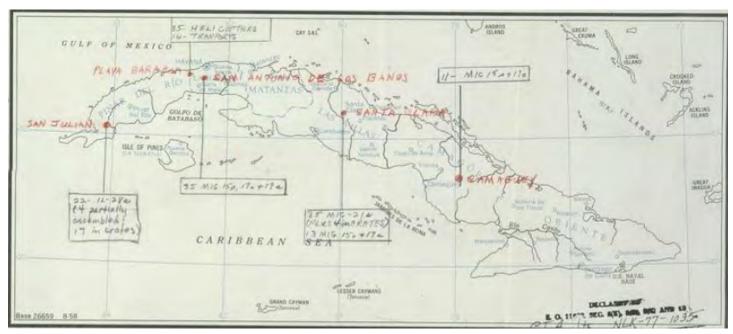
And the force is adding structure, personnel and equipment to enable the division and corps to take on those tasks that were left to the brigade combat teams in recent wars. But brigade commanders won't want for a job to do. "Critics will say you're going backward to go to a division," said Gen. James Rainey, head of Army Futures Command. "First of all, everything we do is threat informed." The quickness with which brigade-level commanders must act in future combat will be unparalleled. "The (large scale combat operation) against a peer threat, the amount of complexity, speed, violence, chaos tells us that our great (brigade) commanders are going to be wholly consumed winning the fight they're in," Rainey said.

Those commanders won't have three days to plan a mission, he added. They won't have a server farm wrapped in concertina wire with a 300-person support staff to give them a common operating picture in a vulnerable command post.

The brigades will get smaller but will fight more frequently with better tools. And they must fight longer.

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Sixty Years Since the Cuban Missile Crisis—1962



At the height of the Cold War, for two weeks in October 1962, the world teetered on the edge of thermonuclear war. Earlier that fall, the Soviet Union, under orders from Premier Nikita Khrushchev, began to secretly deploy a nuclear strike force in Cuba, just 90 miles from the United States. President John F. Kennedy said the missiles would not be tolerated and insisted on their removal. Khrushchev refused. The standoff nearly caused a nuclear exchange and is remembered in this country as the Cuban Missile Crisis. For thirteen agonizing days—from October 16 through October 28, the United States and the Soviet Union stood on the brink of nuclear war. The peaceful resolution of the crisis with the Soviets is considered to be one of Kennedy's greatest achievements.



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Agent Orange Is Making Its Way Back

Agent Orange and Presumptive Conditions

Vietnam Veterans are automatically presumed to have been exposed to herbicides during their service and are qualified for certain <u>VA benefits</u>. There are specific medical conditions presumed to be related to Agent Orange exposure. They are:

- AL Amyloidosis
- Chronic B-cell Leukemias
- Chloracne
- Diabetes Mellitus Type 2
- Hypertension
- Hodgkin's Disease
- Ischemic Heart Disease
- Monoclonal gammopathy of undetermined significance (MGUS)
- Multiple Myeloma
- Non-Hodgkin's Lymphoma
- Parkinson's Disease
- Peripheral Neuropathy, Early- Onset
- Porphyria Cutanea Tarda
- Prostate Cancer
- Respiratory Cancers
- Soft Tissue Sarcomas.

With the Fiscal Year 2021 National Defense Authorization Act, VA added three new conditions to the presumptive conditions to the list:

- Bladder cancer
- Hypothyroidism
- Parkinsonism (also known as Parkinson-like conditions)

<u>Vietnam Era Veterans - Facts And Demographics</u>

- Approximately 2.7 million Veterans served in the Republic of Vietnam out of the 8.7 million Americans who served in the Armed Forces during the Vietnam era.
- Although segregation in the military officially ended in 1948, the Vietnam War was the first major conflict in which military units were fully integrated.
- Approximately 7,500 women were stationed in Vietnam during the war.
- More than 300,000 Veterans were wounded during the Vietnam War.

VA's Veteran Population Projection Model estimates that there are approximately 6.1 million living Vietnam War-era Veterans, as of 2021.

• The median age of Vietnam War era Veterans is approximately 73 years old.

As of November 2020, nearly 1.6 million Vietnam Veterans were being served by the various programs of the Veterans Benefits Administration. An additional 320,000 surviving spouses, nearly 5,000 children, and 542 parents of Vietnam War Veterans were also receiving VA benefits.

NSA and **ASA** Operating Silently in Vietnam



Tan Son Nhut Air Base, Republic of Vietnam

December of 1961 found Specialist James T. Davis of the 3rd Radio Research Unit hard at work. Since his arrival at Tan Son Nhut Air Base near Saigon in May, he and the 92 other members of his unit had dealt with any number of difficult challenges. Life as a U.S. Army cryptologist was never easy, but the 100-degree temperatures and constant flooding in the

old hangar they called home often made their task even more difficult.

In the field, the situation was even more demanding. For decades, the Communist North, led by the resourceful Ho Chi Minh, had battled to establish an independent and united Vietnam free from foreign influence. Ho's forces had met with great success against the Japanese in the 1940s and the French in the 1950s. By the early 1960s, many feared that if Indochina fell to the Communists, then the whole of Southeast Asia might follow. Mao Zedong had once noted that the way to win an unconventional war was to ensure that your forces had the capacity to "swim among the people as fish swim in the sea." Ho's forces had followed his advice and through their efforts had been able to overtake portions of the population of the South.

"Ambitions Unlimited... Fate Unknown..."

The series of events that had brought James T. Davis – his friends called him "Tom" – to this strange and dangerous land were anything but typical. In 1958, he had been pursuing his studies at Tennessee Technological University (TTU) in Cookeville, about 20 miles from his boyhood home of Livingston. The oldest son of a local pharmacist, himself a veteran of the European Theatre in WWII, Tom's childhood resembled a Norman Rockwell print. When he was not excelling on the football field for Livingston Academy, Tom spent most of his free time hunting and fishing in the deep woods that surrounded his hometown. At some point in his senior year at TTU, he made the decision to end his academic studies to join the United States Army.

After enlisting, he was sent first to Ft. Jackson for basic training and then to Ft. Devens for instruction in "direction finding." In May 1961, he received orders to join the 3rd Radio Research Unit, Republic of Vietnam. During high school, Davis had once written that "my ambitions are unlimited, my fate unknown." His words would prove to be prophetic.

The 3rd Radio Research Unit

Davis' unit had a difficult and dangerous job. Since the First World War, the American Army had utilized direction-finding technology on the battlefield. Vietnam was no exception to this tradition. The 3rd Radio Research Unit provided technical advice to South Vietnamese units on locating enemy signals and provided valuable training and guidance on ways to get a "fix" on the insurgents' locations. These Vietnamese PRD teams, as they were called (they were named after the piece of

NSA and **ASA** Operate Silently in Vietnam

equipment used in the operation), hoped to increase the odds of finding the stealthy and quick-hitting Communist units that were making life difficult for the Army of the Republic of South Vietnam.

But while direction finding had proved to be a valuable tool in the past, like any technical process, its success was dependent on any number of external factors. In Indochina, climate and terrain made the art of direction finding extremely tricky. In many areas of operation throughout the world, their mission would have been far less difficult. However, due to the mountainous landscape and the high levels of humidity in the area, it

was difficult for them to conduct their work in a safe and secure location

radio direction finder far from the battlefront. The cold, hard truth was that, like so many cryptologists past and present, Davis and the units he worked with had to "get in close" to be successful.

Ambush at Cau Xang

On the 22nd of December, Specialist Four Davis received orders to lead a Vietnamese PRD-1 team to an area approximately 12 miles from the base in an effort to locate a Viet Cong guerilla force operating in the area. They would move by truck to the area, set up, and in concert with a similar team, attempt to locate the enemy. Even prior to the mission on the 22nd, Tom had understood the dangers of his work, noting in a letter home that "...it looks like the bad guys have gotten the word to start giving us hell...it could become a bit dangerous."

Initially, the operation appeared to be routine; however, 10 miles outside the base, near the old French Garrison of Cau Xang, the hunter became the hunted. The truck carrying the team hit a strategically-placed land mine and was forced off the road. The group immediately came under attack. Davis and his men fought bravely, but eventually succumbed to enemy fire. A patrolling South Vietnamese Civil Guard unit quickly responded to the area, but it was too late. Davis and nine members of his team lay dead. He would be the first American to lose his life in combat, in what would come to be known as the Vietnam War. Two weeks later, in tribute to Davis' service and sacrifice, his unit's headquarters in Tan Son Nhut would be named "Davis Station."

"And Now the Trumpet Summons Us Again"

Even today, the events surrounding the Vietnam War are roundly debated. But there are certain facts about the conflict that remain indisputable. One of them is that during this difficult and painful time - a time full of doubt and controversy - there were thousands of soldiers, sailors, airmen, and Marines, who, like James Davis, remained above the political fray and simply went and did their duty for their country.

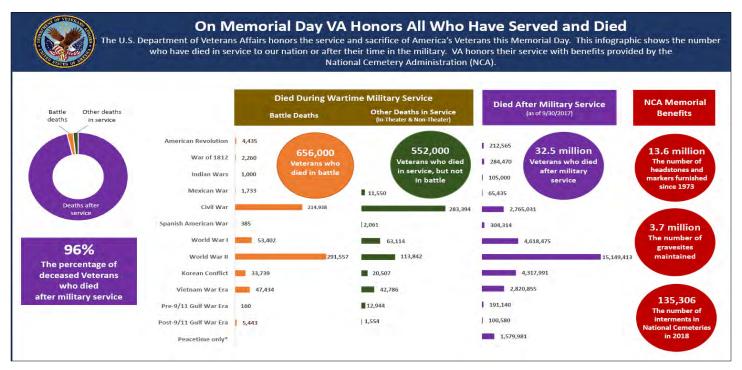
Davis' sacrifice clearly demonstrates that those who defend America do not get to choose when and where they fight. They are given orders and are duty bound to follow them to the best of their ability. Tom and the example he set are stark reminders of this solemn duty and of the fact that the future of our republic rests on the willingness of such men and women to answer the call to arms in defense of freedom.

To those new states whom we welcome to the ranks of the free, we pledge our words that one form of colonial government shall not have passed away merely to be replaced by a far greater tyranny... Now the trumpet summons us again... to bear the burden of a long twilight struggle, year in and year out, rejoicing in hope, patient in tribulation.

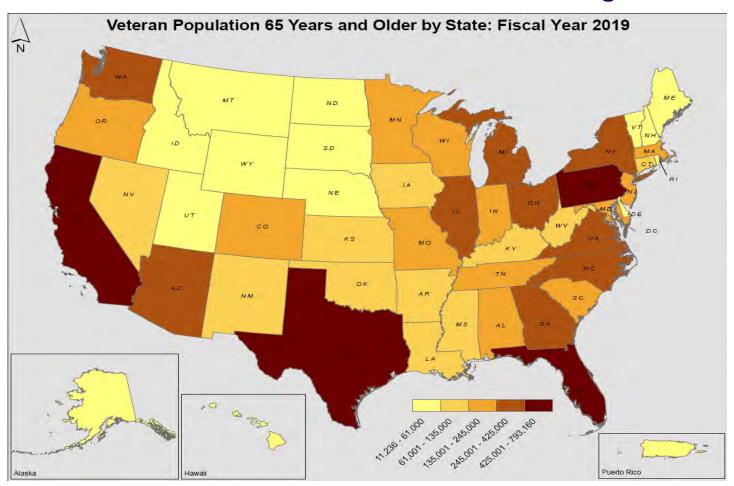
> John F. Kennedy January 20, 1961



Honors For Those Who Served and Died



Where Veterans Are Over 65 Years Of Age



Things To Seriously Think About

Horse riding could help Veterans with addiction

A horse-riding program has potential as a therapy for patients with addictive disorders, found a VA Salt Lake City study. Some evidence suggests that equine therapy can reduce anxiety and depression and enhance quality of life. Researchers conducted a pilot program of recreational trail rides with 18 Veterans with addictive disorders, such as drug or alcohol misuse. After the program, participants showed decreases in anxiety, negative emotions, and cravings. They also experienced increased positive emotions. The rides were carried out with minimal safety risks, although trail riding comes with some inherent dangers. The results show that recreational trail riding is a feasible complementary treatment for patients with addiction.

COVID-19 increases mental health risks

COVID-19 increases the risk of multiple mental health conditions, according to a study by St. Louis VA researchers. The researchers examined data from more than 150,000 VA patients who had recovered from COVID-19. They compared the data to VA data on 5.8 million people who did not get COVID-19 during the pandemic era and 5.9 million controls from before the pandemic. Patients who contracted COVID-19 had a 60% higher risk of mental health disorders one year after recovering. This includes higher risk for anxiety, depression, stress disorders, opioid use, substance use disorders, and sleep conditions, as well as cognitive problems such as "brain fog." Risk was increased even in patients who had less severe COVID-19 and were not admitted to the hospital. But this risk was highest in patients with more severe COVID-19. The results show that tackling mental health disorders among COVID-19 survivors should be a priority.

COVID Brings Cardiovascular Risk

COVID-19 increases the risk of cardiovascular complications, found a study by VA St. Louis researchers. The study included data on more than 150,000 VA patients who contracted COVID-19, comparing them with more than 5 million controls who did not have COVID-19 and more than 5 million pre-pandemic patients. Patients who had recovered from COVID-19 were significantly more likely to have heart and vascular disease a year after infection. Overall, COVID-19 patients had a 4% higher rate of heart disease. Compared with controls, they had a 72% higher risk of coronary artery disease, 63% higher risk of heart attack, and 52% higher risk of stroke. The risk was evident regardless of age, race, sex, or other cardiovascular risk factors. Even those who had mild COVID-19 had higher cardiovascular risk, although the risk increased with disease severity.

Drinking Causes More Than You Know

Trends in problematic drinking after a traumatic brain injury differ based on severity of injury, according to a VA study. Young service members and Veterans are at risk for problematic alcohol use. Research suggests that TBI may increase this risk. The study followed 265 service members and Veterans younger than 40 who had sustained a TBI for a period of five years. Those with moderate-to-severe TBI reported reduced alcohol consumption in the first two years after injury, followed by an increase in alcohol use. Those with mild TBI showed an opposite trend. Many had a period of increased alcohol use after injury, before declining to baseline levels of drinking. The difference between groups may be due to more severely injured patients receiving more advice to limit alcohol consumption as part of their TBI care. The results state 2-5 years to lower alcohol use.

Depression may be linked to genetic cause of Alzheimer's

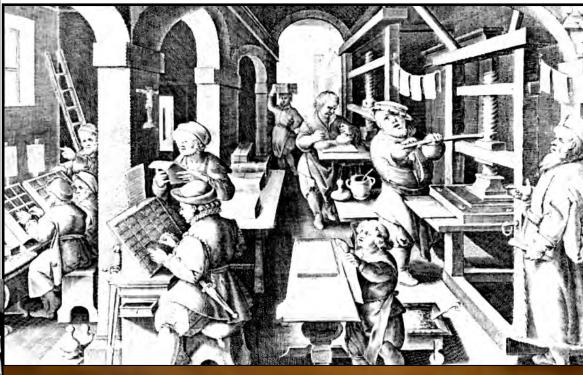
Depression may have a causal role in Alzheimer's disease, according to an Atlanta VA researcher. Depression is known to be associated with increased Alzheimer's risk. Researchers performed a genome-wide association study of more than 800,000 people to examine the genetic link between depression and Alzheimer's. Data suggest that the two conditions have a shared genetic basis. Further, depression appears to add to the development of Alzheimer's, but Alzheimer's does not contribute to depression. They identified 46 RNA molecules and seven proteins previously known to be linked to depression that also contribute to cognitive decline, Alzheimer's pathologies, and diagnosis. Additionally, higher depression genetic risk was associated with faster memory decline.



What Did Johann Gutenberg Do To Change The World?

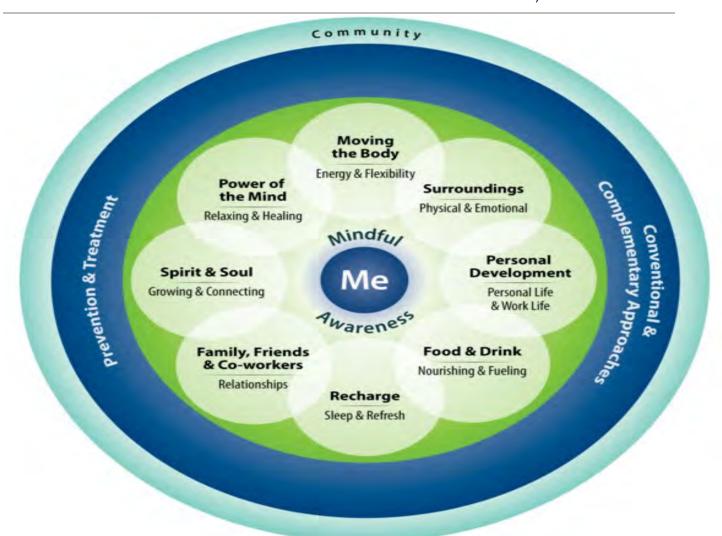
The type of mechanized printing press that Johannes Gutenberg created in the 15th century made it possible for the first time in Europe to manufacture large numbers of books for relatively little cost. Books and other printed matter consequently became available to a wide general audience, greatly contributing to the spread of literacy and education in Europe. Gutenberg did not, however, invent printing with movable type, which occurred in Korea in the 14th century











We have the option of **MOVING THE BODY**, as we are have it stay healthy and strong for us getting around by walking, running, exercise, etc.

We have a **POWER OF THE MIND** to help do what we should do, not what we want. The world encourages us to do things we should not do as it is becoming worse and worse.

We also have a **SPIRIT AND SOUL** to ensure we will sin again God and do the right thing in our life time. Some of us have more time and some have less time, but the ultimate thing is when and where we go after we die.

FAMILY AND FRIENDS are what God gave us to have in our lives and we always should be there for them, just like they are there for us.

RECHARGE is critical and if, we do not get enough sleep, we will suffer over time, so get some sleep.

FOOD AND DRINK is critical, and therefore there are hundreds of differing kinds of things to eat and drink, but do not over do it.

PERSONAL DEVELOPMENT involves our personal life and our professional work life. Do the right thing at work and home and ensure ou are earning your money the right way.

SURROUNDINGS are so important in our life with the physical and emotional things in our life and our family and throughout the world. Watch what you do, think and say.

Statistics About Veterans in Arizona From NOW to 2050

Year 2031 12,570 These are the amount of veterans that will be alive in those years Year 2041 11,258 within Yuma County, AZ from 2031 to 2050. Year 2050 10,421

In USA and Arizona

All Veterans	<u>White</u>	<u>African</u>	<u>Indian</u>	<u>Asian</u>
19,397,344	15,535,892	2,390,248	150,159	343,092
508,157	433,665	26,232	10,305	4,925

FY21 Expenditures in AZ

	FY21 Summary of Expenditures by State Expenditures in \$000s															
County/ Congressional District	Veteran Population*	E	Total spenditure		mpensation & Pension	Co	nstruction	Ed V Re	ducation & /ocational habilitation/ nployment	Loan Guaranty#		General Operating Expenses	surance & demnities	М	edical Care	Unique Patients**
APACHE	2,897	\$	35,500	\$	20,490	\$	-	\$	689	\$ -	\$	-	\$ 84	\$	14,237	1,315
COCHISE	19,939	\$	255,961	\$	154,062	\$	-	\$	10,945	\$ -	\$	-	\$ 826	\$	90,128	7,853
COCONINO	7,426	\$	70,673	\$	33,150	\$	-	\$	6,111	\$ -	\$	-	\$ 329	\$	31,083	2,369
GILA	4,996	\$	53,091	\$	26,483	\$	-	\$	658	\$ -	\$	-	\$ 176	\$	25,773	2,015
GRAHAM	1,760	\$	19,653	\$	9,667	\$	-	\$	677	\$ -	\$	-	\$ 16	\$	9,293	751
GREENLEE	567	\$	4,474	\$	2,330	\$	-	\$	55	\$ -	\$	-	\$ 34	\$	2,055	183
LA PAZ	2,067	\$	22,567	\$	10,973	\$	-	\$	210	\$ -	\$	-	\$ 14	\$	11,371	872
MARICOPA	263,773	\$	2,562,335	\$	1,348,508	\$	9,838	\$	168,312	\$ -	\$	47,226	\$ 15,269	\$	973,182	78,278
MOHAVE	22,390	\$	258,208	\$	130,725	\$	-	\$	3,563	\$ -	\$	-	\$ 982	\$	122,937	9,812
NAVAJO	7,103	\$	73,439	\$	38,874	\$	-	\$	1,759	\$ -	\$	-	\$ 211	\$	32,596	2,702
PIMA	84,966	\$	1,052,621	\$	471,703	\$	11,048	\$	49,394	\$ -	\$	1,958	\$ 5,212	\$	513,308	33,430
PINAL	33,941	\$	341,815	\$	177,996	\$	-	\$	12,405	\$ _	\$	-	\$ 1,536	\$	149,878	12,708
SANTA CRUZ	1,557	\$	21,345	\$	11,566	\$	-	\$	610	\$ _	\$	-	\$ 52	\$	9,117	744
YAVAPAI	25,645	\$	428,053	\$	149,538	\$	14,310	\$	11,999	\$ _	\$	972	\$ 1,758	\$	249,477	13,001
YUMA	14,428	\$	160,188	\$	98,492	\$	-	\$	9,133	\$ -	\$	-	\$ 319	\$	52,244	5,329
ARIZONA (Totals)	493,453	\$	5,359,926	\$	2,684,560	\$	35,196	\$	276,519	\$ -	\$	50,156	\$ 26,818	\$	2,286,677	171,362
CONG. DIST (01)	52.733	\$	549,994	\$	282,670	\$	101	\$	23,673	\$ -	\$	-	\$ 2.397	\$	241,153	19.329
CONG. DIST (02)	77.546	\$	939,208	\$	473.875	\$	23	\$	44,434	\$ -	S	-	\$ 4.359	\$	416,517	29.825
CONG. DIST (03)	37,072	\$	478,473	\$	209,419	\$	10,997	\$	22,326	\$ -	\$	1,958	\$ 1,972	\$	231,799	15,405
CONG. DIST (04)	81,516	\$	1,023,975	\$	468,175	\$	14,237	\$	30,016	\$ -	\$	972	\$ 3,931	\$	506,644	35,538
CONG. DIST (05)	55,173	\$	486,430	\$	282,069	\$	-	\$	35,206	\$ -	\$	-	\$ 3,194	\$	165,962	16,396
CONG. DIST (06)	49,633	\$	443,751	\$	253,746	\$	9,785	\$	31,671	\$ -	\$	162	\$ 2,873	\$	145,515	11,733
CONG. DIST (07)	27,223	\$	323,931	\$	139,173	\$	-	\$	17,371	\$ -	\$	-	\$ 1,576	\$	165,812	9,856
CONG. DIST (08)	70,756	\$	653,552	\$	361,731	\$	-	\$	45,149	\$ -	\$	-	\$ 4,096	\$	242,576	21,305
CONG. DIST (09)	41,801	\$	460,612	\$	213,703		53		26,673	\$ -	\$		\$ 2,420	\$	170,699	11,975
ARIZONA (Totals)	493,453	\$	5,359,926	\$	2,684,560	\$	35,196	\$	276,519	\$ -	\$	50,156	\$ 26,818	\$	2,286,677	171,362
Notes:																

^{*} Veteran population estimates, as of September 30, 2021, are produced by the VA Predictive Analytics and Actuary Service (VetPop 2018).

Prior to FY 08, "Loan Guaranty" expenditures were included in the Education & Vocational Rehabilitation and Employment (E&VRE) programs. Currently, all "Loan Guaranty" expenditures are attributed to Travis County, TX, where all Loan Guaranty payments are processed. VA will continue to improve data collection for future GDX reports to better distribute loan expenditures at the state, county and congressional district levels.

Expenditure data sources: USASpending.gov for Compensation & Pension (C&P) and Education and Vocational Rehabilitation and Employment (EVRE) Benefits; Veterans Benefits Administration Insurance Center for the Insurance costs; the VA Financial Management System (FMS) for Construction, Medical Research, General Operating Expenses, and certain C&P and Readjustment data; and the Allocation Resource Center (ARC) for Medical Care costs.

^{**} Unique patients are patients who received treatment at a VA health care facility. Data are provided by the Allocation Resource Center (ARC)

^{1.} Expenditures are rounded to the nearest thousand dollars. For example, \$500 to \$1,000 are rounded to \$1; \$0 to \$499 are rounded to \$0; and "\$-" = 0 or no expenditures

^{2.} The Compensation & Pension expenditures include dollars for the following programs: veterans' compensation for service-connected disabilities; dependency and indemnity compensation for service-connected deaths; veterans' pension for nonservice-connected disabilities; and burial and other benefits to veterans and their survivors.

Five Keys to Daily Resilience

Everyone needs resilience. Sometimes it's for big, life-changing crises. And sometimes it's for the daily pileup of challenges and pressures. Without resilience, we get stuck. Even if we continue to go through the motions of fulfilling our duties, we become flat—without either creativity or joy. But that's not how God intended our lives to operate. In John 16:33, Jesus told His disciples, "These things I have spoken unto you, that in me ye might have peace. In the world ye shall have tribulation: but be of good cheer; I have overcome the world." So what can we do on a daily basis to live in the overcoming power Christ gives?

Know Your Calling

In more specific terms, we have all been given a calling based on the specific roles and responsibilities God has given to us (1 Corinthians 7:20). Sometimes our trouble comes because we are comparing our progress with someone else's calling. For instance, God has called me to be of a church.

Lighten Your Load

We get weary when we attempt to bear loads God never intended us to carry. We do not have the capacity to carry either the successes or failures of the past. Brethren, I count not myself to have apprehended: but this one thing I do, forgetting those things which are behind, and reaching forth unto those things which are before, I press toward the mark for the prize of the high calling of God in Christ Jesus. (Philippians 3:13–14). God does not give us the strength to carry grudges. Forbearing one another, and forgiving one another, if any man have a quarrel against any: even as Christ forgave you, so also do ye. (Colossians 3:13). We don't have the inner energy to worry.

Engage in Church Body Life

I heard a quote sometime back that really resonated: "Without a community, you are simply a commodity." It was given in a secular context, but it reminded me of the importance of the church family. Even the business world understands that humans are more than their total number of working hours or gross profits on a spreadsheet. By God's divine creation, our lives are multi-dimensional. And one of the key ways God brings refreshment into our lives is through relationships. And let us consider one another to provoke unto love and to good works: Not forsaking the assembling of ourselves together, as the manner of some is; but exhorting one another much the more, as ye see the day approaching. (Heb 10:24).

Stav Focused

Be wary of sidetracks. It's so easy to get distracted from our purpose and responsibilities. I love how both David and Paul expressed knowing Christ intimately as their central focus was. One thing have I desired of the LORD, that will I seek after; that I may dwell in the house of the LORD all the days of my life, to behold the beauty of the LORD, and to enquire in his temple. (Psalm 27:4). Brethren, I count not myself to have apprehended: but this one thing I do, forgetting those things which are behind, and reaching forth unto those things which are before, I press toward the mark for the prize of the high calling of God in Christ Jesus. (Philippians 3:13–14)

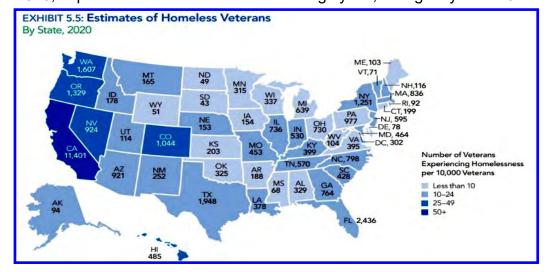
Establish Rhythm

You don't have to read far in Scripture to see that God created us with daily and weekly rhythms. He made us to exert effort during the day and rest at night, to work for six days and replenish on a seventh. And God called the light Day, and the darkness he called Night. And the evening and the morning were the first day. And on the seventh day God ended his work which he had made; and he rested on the seventh day from all his work which he had made. (Genesis 1:5, 2:2). Although we are no longer under the Old Testament keeping of the Sabbath, we are wise to recognize the rhythms God has built into our lives and to submit to His design in creating us with a regular need to replenish. (There are exceptional seasons for all of us when it is impossible to insist on these rhythms. But we should beware of allowing these exceptions to become the norm.

Homelessness is Dropping Over the Past Two Years



The number of veterans experiencing homelessness sank more than 11% from the start of 2020 to early 2022, a dramatic drop after several years of limited progress in finding shelter for those individuals, federal officials announced Thursday. However, the results of the annual national Point-in-Time count still show about 33,000 veterans across the country without reliable housing options. Officials said the progress shows not only the work that still needs to be done to help veterans, but also that targeted efforts to help veterans avoid homelessness can produce positive results. "One veteran experiencing homelessness will always be one too many, but the [new data] shows that we are making real progress in the fight to end veteran homelessness," VA Secretary said in a statement. But the 2022 count — held in January — was the first full exercise since 2020, because coronavirus pandemic restrictions scuttled efforts to hold the in-person surveying. The number of veterans found without permanent housing this year was 33,136, down from 37,252 at the same point two years earlier. Since 2010 — when President Barack Obama announced a new focus on ending veterans' homelessness — the number has dropped by more than 55% (from 76,329). However, from 2016 to 2020, improvement in the numbers was largely flat, falling only about 6% over the four-year span.



According to the statistics in July of year 2022, it was noted by the Arizona Government that the state Arizona has approximately 2,000 homeless men and women. And the amount as of now is about 921. We always need to remember the homeless every time we see them on the street.

Chapter 106 Report To The State Council In October 2022

We have 240 members in Chapter 106 and AVVA 33 Members as of the end of September 2022

Covid-19 Aid to Veterans and Veteran's Assistance year to date is \$4487.75

Chapter 106 has been having the option of attending meetings virtually or in-person to encourage meeting attendance for those that aren't able or don't like to be out at night, 2 to 3 members have joined virtually since June.

In addition, we are offering refreshments to create more camaraderie among members

Chapter purchased a new VSO Computer for <u>Dan Ross</u>' work as the one he had stopped functioning

Received Arizona Department of Veteran Services Grant for **Nam to Sand Jam** of \$4999.00

July 1 had a table at Davis Monthan BX to pass out flyers for Nam to Sand Jam and the Vietnam Poppy

The Chapter received a donation of tools and a Kayak, all valued at \$9900.00 which we then donated to Esperanza en Escalante Veteran Housing to help them take care of the facilities.

Replaced a Board Member in July as one had moved away, thank you Sarge Rodriguez for taking the position

Dan Ross has been inducted to the AZ Veterans Hall of Fame

Chapter participated in POW/MIA Recognition Day which was held on September 16 at Funeraria del Angel South Lawn Chapel

Nam Jam Car Show was on September 17 with 55 cars participating. We do not plan on any future car shows at this time.

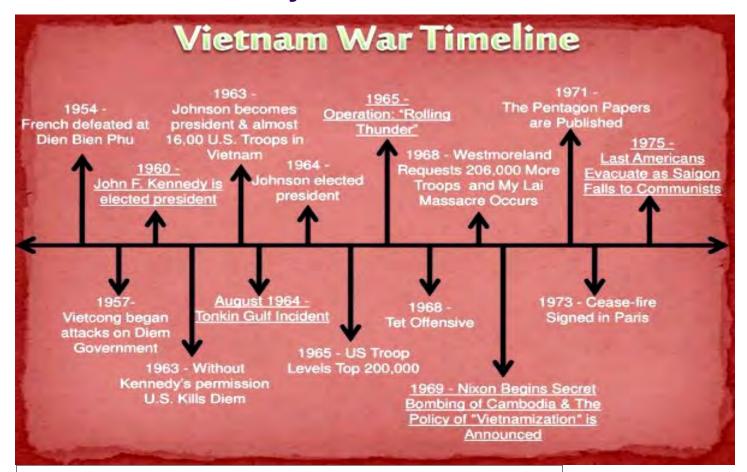
Our 34th Nam to Sand Jam was on October 8 at Rillito Downs Race Track with funds from Sponsor ships of \$11,800, donations of \$930, and the sale of raffle tickets of \$1350 by mail

Except for strong winds, Nam to Sand Jam went well. Attendance was lower than expected and believe it had to do with the weather as there were scattered thunderstorms forecasted. The average number of guests on the field at any time is estimated between 900-1200.

A good turnout of 30+ vendors, many being Veteran organizations

The Chapter is looking for another organization to help with the <u>35th Nam to Sand Jam in 2023</u>. It will be the last one the Tucson Chapter will be hosting.

Some History About the Vietnam War





This the intent of Vietnam was to overtake Southeast Asia and work their way to Oceania getting Australia, New Zealand and the countries and islands throughout the Pacific Ocean region.

> Did they do it? No Did they win? No

How did the War end?

March 29, 1973

Vietnam War Officially Ends

The Vietnam War is officially over for the United States. The last U.S. combat soldier leaves Vietnam, but military advisors and some Marines remain. Over 3 million Americans have served in the war, nearly 60,000 are dead, some 150,000 are wounded, and at least 1,000 are missing in action. The military advisors left south Vietnam in 1975 after training the south Vietnamese to defend themselves and agreeing to a cease fire.

President Gerald Ford, who replaced Nixon, was shown a video in which South Vietnam soldiers mobbed a plane intended to evacuate children. He said: 'That's it. We're pulling the plug on Vietnam'.

Demographics of Vietnam

Population - 92.5 million (14th largest populous country in the world)

Ethnicity - Kinh ethnic group or viet constituted 85.8% of the population. Vietnam is also home to 54 ethnic minority groups, including the Hmong, Dao, Tay, Thai, and Nung.

National language of is Vietnamese. French is the second language About 45.3% of the Vietnamese adhere to Indigenous religion

16.4% to Buddhism, 8.2% to Christianity, 0.4% to other faiths, and 29.6% of the population isn't religious

Literacy- 93.4% (118th in the world)



Some History About the Vietnam War (Cont'd)

I am writing this is BIG letters to illustrate that as we age, there is so much about the Vietnam War that we did not know or wee forgot. And then there are our children who may not know anything about the Vietnam War. As time moves on there is so much to know and remember as we ALL fought in this war one way or another.



Some History About the Vietnam War (Cont'd)

Viet Nam is located in a region considered a cradle of mankind, one of the earliest agricultural centers practicing wet rice farming, where the stone and metallurgical revolutions took place. On the basis of socio-economic development in the Dong Son Era and given the struggle against natural disasters and foreign invasion, the Van Lang State, the first State in Viet Nam was established in the 7th century B.C. With their hard work and creativeness, the Van Lang (and then Au Lac) inhabitants created a civilization that influenced the entire Southeast Asian region. Together with the formation of the first State in Viet Nam's history was the evolution of a diverse economy and an advanced civilization known as the Red River Civilization (or Dong Son Civilization), symbolized by Dong Son bronze drum, a heritage reflecting the quintessence of the lifestyle, traditions and culture of the ancient Vietnamese people.

In the cause of national building, the Vietnamese people had to cope with various foreign aggressions. During 12 centuries from the resistance war against the Qin Dynasty in the 3rd century B.C until late 20th century, the Vietnamese had to launch hundreds of struggles and uprisings against foreign aggressions. The principle of placing the small and weak forces before much larger and stronger ones has become the rule of thumb in the national defense wars of the Vietnamese people.

Since the 2nd century B.C, Viet Nam had been dominated by different Chinese feudal dynasties for more than a thousand years. During this period, the existence of the nation had been challenged, giving rise to the spirit of undauntedness and unyieldingness of the Vietnamese people in the struggle to maintain the nation's vitality, to preserve the quintessence of its culture and to gain national independence.

The Bach Dang victory in 938 opened up a new era in Viet Nam's history – the era of development of an independent feudal state, national construction and defense. As a result, the centralized administrative state was established under the Ngo (938-965), Dinh (969-979) and Earlier Le (980 - 1009) Dynasties. Viet Nam entered the period of renaissance and development under the Ly (1009-1226), Tran (1226-1400), Ho (1400-1407) and Le So (1428-1527) Dynasties. Dai Viet, the name of the country under these dynasties, was known as a prosperous nation in Asia. This period marked the golden age of Viet Nam's history. In economic terms, this period saw the development of agriculture and irrigation (with the construction of the Red River Dike) and the formation of traditional handicraft villages. In religious terms, traditional beliefs, Buddhism and Confucianism were considered the three co-existing official religions.

One important achievement in the Ly-Tran Dynasties was the introduction of Nom scripts, Viet Nam's own writing system based on the reform and Vietnamization of Chinese Han scripts. In addition, this period also marked the splendid development of education, science, culture, art, history and law (establishment of Van Mieu - Quoc Tu Giam, introduction of Hong Duc Code and Complete Book of Dai Viet History). This period was called the Civilized Age of Dai Viet. Thang Long (the old name of Ha Noi) was officially recognized as the imperial capital city of Dai Viet according to the Proclamation on the Transfer of the Capital to Ha Noi in 1010 by Ly Thai To.

From the 16th century, the backwardness and weakness of the feudal regime under Confucius ideology were revealed. Feudalism fell into a decline. While many nation states in Europe were moving to capitalism, Dai Viet was bogged down in civil wars and divisions, which heavily impeded the country's evolution despite certain developments in the economy and culture, the establishment of towns and ports and the rapid growth of domestic and international trade between the 16th and 18th century.

The "AZ-LZ"

Some History About the Vietnam War (Cont'd)

In the early 19th century, Western capitalist countries entered the period of imperialism and colonialism. Through missionaries and trade, the French gradually dominated Viet Nam. For the first time in history, Viet Nam had to cope with the invasion of a Western industrial country. In that context, some Vietnamese intellectuals were aware of the need to carry out reforms, bringing the country out of stagnation and save national independence. Many reform plans were proposed, yet rejected by the Nguyen Dynasty. Subsequently, the country was driven into backwardness and deadlock and became a semi-feudal colony 1848 to 1945.

The founding of the Communist Party of Viet Nam on 3 February 1930 was an important milestone in the Vietnamese history. In August 1945, under the leadership of the Communist Party headed by President Ho Chi Minh, the Vietnamese people successfully launched an uprising to seize power and the Democratic Republic of Viet Nam came into being on 2 September 1945.

The newly founded Viet Nam had to go through another 30-year-long struggle for national liberation and reunification. Dien Bien Phu victory and Geneva Accord in 1954 put an end to the war of resistance against the French colonialists. According to the Accord, the country was temporarily separated along the 17th Parallel North into two territories, North Viet Nam and the South Viet Nam, which were expected to be reunified two years later with a general election. South Viet Nam was ruled by a pro-French and then pro-USA government in Saigon. Though Saigon regime attempted to prevent reunification, it failed to subdue peace and national reunification campaigns. As a result, the National Liberation Front for South Viet Nam was founded in1964.

Between 1954 and 1975, Viet Nam had to stand up for national liberation and unification. To support the South Viet Nam regime, the US sent military aid and over half a million soldiers to Viet Nam, and started bombing North Viet Nam in 1964. To fulfill President Ho Chi Minh's aspiration that "nothing is more precious than independence and freedom", the Vietnamese people experienced untold hardship and sacrifice. In 1973, the Paris Accord was signed for restoration of peace in Viet Nam and withdrawal of the US troops. The war came to an end in spring 1975 as the patriotic armed forces launched an offensive against the Saigon regime, liberated southern Viet Nam and reunified the country. Since then, the unified Viet Nam has ushered into a new era of peace, unification and national construction. Democratic Republic of Viet Nam was renamed Socialist Republic of Viet Nam on April 25 1976. In 1977, Viet Nam became a member of the United Nations. In the first ten years of post-war period, many socio-economic targets could not be achieved due to both internal and external reasons. Viet Nam's economy fell into crisis and stagnation.

At the 6th Congress of the Communist Party in 1986, Doi Moi (reform) policy was launched with focus on economic reform. This marked an important milestone in Viet Nam's new stage of development. Doi Moi policy was consistently reaffirmed throughout later Party Congresses. For over 20 year, Viet Nam, from a food importer, has become the second largest rice exporter in the world. Viet Nam also exports various other commodities with well-known brands. The economy has attained high growth rate during the late 20th century and early years of the 21st century. People's lives have been significantly improved. The legal system has become increasingly improved and social management based on the rule of law has been put into place. Security and national defense have been firmly maintained and international relations have increasingly been extended and deepened.

Throughout the formation and development of Viet Nam, patriotism, self-reliance, tradition of unity and the willpower to fight for the righteous cause of the nation are the most important features and the moral standards of the Vietnamese. The tradition of industriousness, creativeness and patience originates from the life full of hardship of the Vietnamese people. The need to stand united to cope with difficulties and challenges has created close bonds between the people and the nature and among the people, which can be observed in the family as well as the community no matter at home, village or nationwide level. Throughout history, the Vietnamese people are also characterized by traditions of mutual assistance, ethic-based lifestyle, benevolence, hardship sharing in needy times, high consensus, quick adaptation and integration, flexible behavior, eagerness to learn, respect for righteousness, and tolerance. These are the powerful and endless endogenous strengths for the Vietnamese people to embark on the cause of national construction towards the goals of strong country, prosperous people, and just, democratic and advanced society.

The Current Generation And of The Vietnam War

There are always two sides to a story, and if the story is about a war, surely it has various dimensions. For a historian, it is not an easy task to keep track of the motives and intentions behind certain acts of war. There are no two opinions about investigating the causes and effects of a war. However, the insight one could get from those who lived through a war has a distinct position above all other tools of inquiry.

Any professor of history teaching in the United States would tell you that 'Vietnam War' took place to protect the 'good folks' of the south from 'bad people' of the north. Despite losing more than 58,000 troops, and withdrawing after a humiliating defeat in Vietnam, the United States still considers the war in Vietnam as 'just another mistake' in the Cold War.

Nevertheless, America's campaign in Vietnam, which lasted more than two decades, had a profound impact on millions of Vietnamese. For these people, this war is not the Vietnam War: they call it the 'American War'.

There is a whole generation of people with vivid memories of days and nights of war. For a large number of Vietnamese, the war was just another USA campaign, to serve its own interest. People still remember the times when there were non-stop radio broadcasts about how 'American Wolves' were tearing apart their beloved land.

The Vietnamese people lived under war and oppression for a very long time. When asked about their opinion on the war, a common question that comes from many Vietnamese is 'which war?' There is sill a whole generation of people who spent their childhood learning about the atrocities committed by the French, when Vietnam was a colony of France. The dispute with the French ended with a split of the single Vietnam into South and North units. However, different political affiliations of the governments of the two units paved the way for another war, a more deadly war – the 'American War'. After 20 years of grief, a border dispute and China was the instigator of it all.

Although Vietnam is not the only nation on this planet to have been profoundly shaped by wars and chaos, the impact of war on the lives of people was incredible and long-lasting. Caught in a tussle between Communist North and Capitalist South, the common Vietnamese had absolute no idea what were they paying for.

The current generation of Vietnamese youth has very little interest and time to invest in war memories from their parents and grandparents. One primary reason is the mental fatigue after hearing about the war throughout their childhood and teen life. After America had pulled its troops out of Vietnam, the invasion from the North ensured the re-unification of the country. Though the Vietnamese government system is still predominantly communist, it has allowed foreign investments at all levels. Vietnam is currently among the fastest-growing economies of Asia.

The truth about the war is always found in the hearts and minds of those who endured it. The 'American War' for the Vietnamese is still a haunting reminder from the past. A Vietnamese war veteran once said to a journalist that what really hurt him is the fact that the media still show pictures of US soldiers hugging North Vietnamese soldiers, but he has never seen a picture of a South Vietnamese soldier hugging a North Vietnamese soldier. We, as American's know a lot different as the entire Eastern world could have, I say "could have" wound up under Communism, but it did not happen as six countries (USA, South Korea, Thailand, Philippines, New Zealand and Australia) prevented it from happening.

The After-Affects Of The Vietnam War

At The Start of conflict

In the beginning, it was only China for Vietnam. It was China that first traded with Vietnam. It was China that first recognized it as the Socialist Republic of Vietnam. It was China that Vietnam first feared, first loathed, still loathes. The Vietnam War began like any other war between the two of them. Vietnam feared expansion from China; feared its control. Being a smaller country, Vietnam tends to get elbowed by larger countries like China and France all of the time. This time, Vietnam also feared its own people. Northern Vietnam seemed to fall under communist China's influence, and tensions between the North and South came to a boiling point.

The Soviet Union soon joined, as the opportunity to spread communism arose. That prompted America to intervene in an attempt to stop it. The U.S. was determined to contain communism because of the domino theory — the idea that if smaller countries become communist, all surrounding countries will, as well. When all was said and done, over 2 million Vietnamese lives lay dead as the sign of failure. Countless more suffer from the lingering effects of Agent Orange and poverty to this day. Communism was not prevented in the country after Americans left, and Vietnam was forcefully reunified by the North. During the war, about 8 million tons of bombs were dropped on Vietnam by America and its allies. All of the destruction on small villages and supposedly empty jungles were usually fruitless, rarely hitting the intended target. Yet the effects on the natural ecosystem, human life and moral support for the war were devastating.

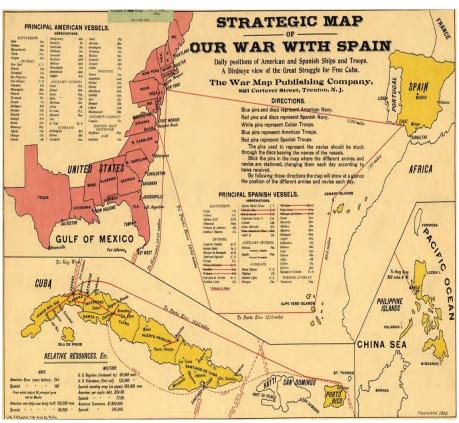
"In 1969 alone, 1,034,300 hectares of forest was destroyed using Agent Orange, a man-made herbicide, Agent Blue was sprayed on crops in an effort to deprive the North of its food supply. Between 1962-1969, 688,000 acres of agricultural was sprayed on paddy fields. Vietnam was ruined.

Great suffering

Today, Vietnam remains one of the poorest countries in the world. Additionally, many elders and children suffer greatly from Agent Orange, which some Americans still tend to downplay. Agent Orange's original herbicide components led to physical and neurological side effects on the human body such as cancer, skin disease, immune system dysfunction, Parkinson's disease, nerve disorders and more. Some research on the effects of Agent Orange in the Vietnam War doesn't even mention the Vietnamese citizens. The U.S. military's actions in poisoning this country and its people still stand as one of the greatest war crimes since World War II. The U.S. was a perpetrator of destruction — but it also allowed for destruction when it ignored the North's ruthless attack on the South to forcefully reunify the nation. Years later, the Vietnamese wrestle with the complicated decision of who to trust. In the early years after the war, Americans were scorned with mixed-ethnicity kids. Today, many Vietnamese people see Americans as a friends and allies, and some idealize the European features of the mixed-ethnicity children. Meanwhile, the feelings for China are not complicated. The anti-Chinese sentiment is prevalent across Vietnam. Some Vietnamese go as far as believing that China has already taken over the country, using false heads of authority in the Vietnamese government.

Younger Vietnamese kids today are haunted by their parents' trauma, but struggle to understand what the war truly was. Their parents usually don't talk about anything other than how much they hate China, and schools refuse to spend more than two pages on the subject. When people do talk about the Vietnam War, they tend to fixate on the mass immigration that followed it. That's ironic, because few choose to speak of the 1988 Amerasian Homecoming Act, which allowed applicants to establish a mixed-race identity by appearance alone and successfully sped up the immigration process.

The Spanish-American War



The Spanish-American War (April 21-August 13, 1898) was a period of armed conflict between Spain and the United States. Hostilities began in the aftermath of the internal explosion of U.S.S. Maine in Havana Harbor in Cuba, leading to United States intervention in the Cuban War of Independence. The war led to the United States emerging predominant in the Caribbean region, and resulted in U.S. acquisition of Spain's Pacific possessions. It led to United States involvement in the Philippine Revolution and later to the Philippine-American War.

The 19th century represented a clear decline for the Spanish Empire, while the United States went from becoming a newly founded country to being a medium regional power. In the Spanish case, the decadence, which already came

from previous centuries, accelerated first with the Napoleonic invasion, which in turn would cause the independence of a large part of the American colonies, and later political instability (pronouncements, revolutions, civil wars) bled the country socially and economically. The U.S., on the other hand, expanded economically throughout that century by purchasing territories such as Louisiana and Alaska, militarily by actions such as the Mexican–American War, and by receiving large numbers of immigrants. That process was interrupted only for a few years by the American Civil War and Reconstruction era.

The main issue was Cuban independence. Revolts had been occurring for some years in Cuba against Spanish colonial rule. The United States backed these revolts upon entering the Spanish—American War. There had been war scares before, as in the *Virginius* Affair in 1873. But in the late 1890s, American public opinion swayed in support of the rebellion because of reports of concentration camps set up to control the populace. The 10-week war was fought in both the Caribbean and the Pacific. As United States agitators for war well knew, United States naval power would prove decisive, allowing expeditionary forces to disembark in Cuba against a Spanish garrison already facing nationwide Cuban insurgent attacks and further devastated by yellow fever. The invaders obtained the surrender of Santiago de Cuba and Manila despite the good performance of some Spanish infantry units, and fierce fighting for positions such as El Caney and San Juan Hill. Madrid sued for peace after two Spanish squadrons were sunk in the battles of Santiago de Cuba and Manila Bay, and a third, more modern fleet was recalled home to protect the Spanish coasts.

The war ended with the 1898 Treaty of Paris, with terms favorable to the United States. The treaty ceded ownership of Puerto Rico, Guam, and the Philippine islands from Spain to the U.S. and granted the U.S. temporary control of Cuba. The cession of the Philippines involved payment of \$20 mil-

This World Is All About—"People and Love"

One of the most surprising twists of John 3:16 is that we are told **God loves the world**. We might be tempted to think that there is much about the world for God to love. After all, what's not to admire about cityscapes and farmlands, fine cuisine and backyard barbecues, classical symphonies and folk ballads, Renaissance paintings and kindergarten squiggles? The world we know is filled with texture, intrigue, opportunity, and cheer. The problem is that for all that is good and interesting and beautiful about the world, it is overrun with **sinners**. Ever since Adam and Eve rebelled against God in the garden, the world has become a wasteland. No matter how wonderful the world may appear, it is not worthy of God's redeeming love. Understanding how undeserving the world is of God's love is the key to John 3:16. Only then will we appreciate the unexpected gift that God gives. "**God's Immeasurable Love**," give the meaning of the term "**world**" in the verse in order to plumb the depths of God's love. How easy is it to love someone? **Easy, very easy if you really want to**.

In the first place, many people believe that "world" means all people without exception. In other words, when John 3:16 says that God loves the world, it means that He loves every person, head for head, equally. The logic goes something like this: God loves every person; Christ died for every person; therefore, salvation is possible for every person. However, this view seems to suggest that God's love is impotent and Christ's death is ineffectual. The natural conclusion of this position would be that every person is actually saved rather than just potentially saved. If God loves every person, and Christ died for every person, and God's love is not impotent, and Christ's death is not ineffectual, then the only conclusion one can draw is that salvation has been secured for every person. Here are some photos about PEOPLE in God's world. We are all different, yet all the same and we need to be there for everyone we can.

We are ALL one step away from being poor and homeless.



Some Beauty About Vietnam

Well, we are in our 70's and 80's and time is doing nothing but flying by and it is going faster than we prefer. So why do I say this? This might, I say might be the last chance you have this opportunity to re-visit Vietnam. Having been there in 2011, it was the time of my life. I went with my youngest son and we had the best time ever. Would I return again? YES, YES and YES. The people, the weather, the food, transportation and everything was nothing but wonderful. Consider going back as you would find it a lot different than in the 1960's and 1970's. Take your family or one child,





I believe we saw more children in Vietnam than we did anything else. And they were everywhere to include the villages, the roads, in the jungle, the villages, the towns and cities, you name it. They were the best too, always needing a handout of food or something to sustain them and how they are adults and maybe in their 50's or 60's by this time and wouldn't it be great to see them again? That is if we could remember them. I say all of this to ask you to consider helping out the homeless ones or the adopted ones that live in a shelter or home that don't have much in their lives. You may never see them again, but what a blessing to do something for them in the lives which would be far different than when you grew up. Kids need adults and adults love kids and they were the sweetest ones ever when they would thank you and hug you for 5 dong.

Well, this Saigon or as some of the Vietnamese call it, Ho Chi Minh City. It most certainly did not look like this back ion the mid-1900's or even when we were there or even saw photos of this capital city of then South Vietnam. We flew into Saigon and stayed the night in a nice small hotel for \$9.00 and enjoyed the soft bed and then ate a \$3.00 breakfast the next morning. Sipped on a cup of later on known as STARBUCKS coffee (was it strong). And then began our trek into the city and saw a lot of it by walking and trying to get across the street was a nightmare, but doable once you knew how. We ran into A LOT of very friendly people who said hello and asked to speak with them and we chatted for a bit with families Many wanted to come up to us and desired to see how tall we were compare to them and they were short and yes, we were tall, fun? Yes!



Some Beauty About Vietnam (Cont'd)



Well, this is downtown Saigon and was it a blast. It is January 2011 and we saw thousands of people walking, riding, enjoying each others company, enjoying a cocoanut drink and some Vietnamese treats and having a good time with each other. Everyone rides a bicycle or motorbike or something with two wheels and can go much faster than walking, but they looked out for each other. They always greeted you in their language and we did them as well. Fun, you have no idea unless you try it. The history of the city and the kindness of the people was tremendous for all of us walking around

As you know Vietnamese people are very short in height. Yes, very short. Me, being 6'6" at the time in Vietnam in 1967, my height now is about 6'5" and I was called the "Jolly Green Giant" and when they came up to me and my son, a full grown Vietnamese person was about 5'2" and believe me that was SHORT. They laughed and laughed. They provided good meals at these little tables (made for them) and we enjoyed their company as well as our own. The food was delicious and very inexpensive, about \$2.00-3.00 each and water was their compliment, but we chose to have our own H20 for we may have drinking the Me Kong River.





Well, if you like history about countries, Vietnam has a lot of it. Did you know that the Notre Dame Cathedral in Paris France has duplicates of it church all over the world? And in Vietnam they are located Saigon and Hanoi each has a copy of the church. The one to the left is in Saigon and while it is different, it is also the same as the one in Paris. It is guite interesting and has a lot of similarities while the one in Hanoi looks more like the one in Paris, France when it comes to color and shape. Long story short, tell your grandchildren about things like this and as many other items of your tour as you can recall. Can't recall? Well, write it down and document your tour in Vietnam while you're still able to, as the first to go is not the hair, but the memory. It could really be important to you and them.

Some Beauty About Vietnam (Cont'd)



The "AZ-LZ"

Out of all of the tourist cities I have been to in Vietnam, the town of Hoi An was the best. Very touristy, friendly, safe and quite unique. The people helped you when you were in need or looking for something special to bring back as a souvenir, the meals were simply wonderful and inexpensive. You can walk and walk and walk and see something different every few moments. We too ka boat trip in the harbor and river area and afterwards we were invited back to the boat owners home to meet his family and that was very enjoyable. He toured us around the area and did it because he wanted to and not for the money.

This is Hanoi. Wow, what a city. It was much different than I ever thought I could imagine. Each street sells the "same thing" just by different vendors. They work on the side walk when it comes to constructing whatever they are selling and were quite good t what they did. The city was quite, very organized and friendly. The food was a little different than down south, but enjoyable. You could rent a bike and they take you anywhere and everywhere. It was safe, fun and you could see a lot with a just a few blocks in sight. A bus tour made its way from top to bottom for \$1.00 (500 dong) and it was quite the place seeing as how it was enemy territory way back when. Go back? Yes! You might consider that last trip sooner than later.





This was our last stop throughout the country of Vietnam going from the Me Kong Delta to Hai long Bay in the northern part of Vietnam. This area was made for a movie and I'm it has been done before. We hired a boat with about 25 other American's, French, German and so forth and we were out in the North China Sea for two plus days and enjoyed it so much. Our view was what you see here to the left of this article. The ship was well built, the food was North Vietnamese style, the workers were very pleasant and it was time of our life. One risky thing some of the customers did was jump in to the water and swim around, not known what was in the water, but it was a GREAT time.

Vietnam Medal of Honor Recipients

WILLIAM E. ADAMS



Branch of Service: U.S. Army Date and Place: Kontum Province, Republic of Vietnam, 25 May 1971 Date of Issue: Tuesday, May 25, 1971

Rank: Major

Unit: 227th Assault Helicopter Company, 52nd Aviation Battalion View Details »

BENNIE G. ADKINS



Branch of Service: U.S. Army Date and Place: Camp A Shau, Republic of Vietnam, 9-12 March 1966

Date of Issue: Monday, September

15, 2014

Rank: Sergeant First Class Unit: Detachment A-102, 5th Special Forces Group (Airborne), 1st Special Forces

View Details »

LEWIS ALBANESE



Branch of Service: U.S. Army Date and Place: Republic of Vietnam, 1 December 1966 Date of Issue: Wednesday, April 03, 1968

Rank: Private First Class Unit: Company B, 5th Battalion, 7th Cavalry Regiment, 1st Cavalry Division

View Details »

WEBSTER ANDERSON



Branch of Service: U.S. Army
Date and Place: Tam Ky, Republic
of Vietnam, 15 October 1967
Date of Issue:
Rank: Sergeant First Class

Unit: Battery A, 2d Battalion, 320th Field Artillery, 101st Airborne Infantry Division

View Details »

EUGENE ASHLEY, JR.



Branch of Service: U.S. Army Date and Place: Near Lang Vei, Republic of Vietnam, 6-7 February 1968

Date of Issue:

Rank: Sergeant First Class Unit: Company C, 5th Special Forces Group (Airborne), 1st Special Forces View Details »

JOHN P. BACA



Branch of Service: U.S. Army
Date and Place: Phuoc Long
Province, Republic of Vietnam, 10
February 1970
Date of Jesus: Tuesday, June 15

Date of Issue: Tuesday, June 15, 1971

Rank: Specialist Fourth Class Unit:

View Details »

NICKY DANIEL BACON



Branch of Service: U.S. Army Date and Place: West of Tam Ky, Republic of Vietnam, 26 August 1968

Date of Issue: Monday, November 24, 1969

Rank: Staff Sergeant

Unit: Company B, 4th Battalion, 21st Infantry, 11th Infantry Brigade View Details »

JOHN F. BAKER, JR.



Branch of Service: U.S. Army
Date and Place: Republic of
Vietnam, 5 November 1966
Date of Issue:
Rank: Sergeant
Unit: Company A, 2d Battalion,
27th Infantry, 25th Infantry
Division
View Details »

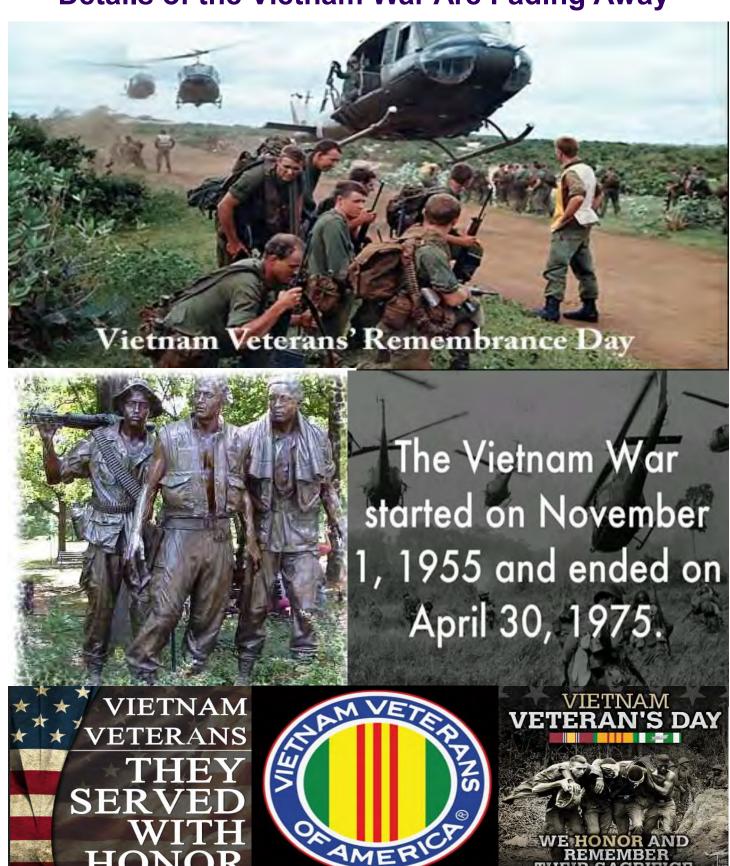




Remembering Those Gone and Those Alive



Details of the Vietnam War Are Fading Away



Where Were **YOU** Stationed?

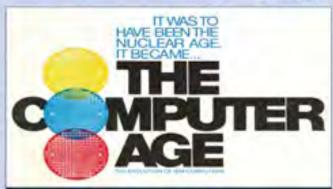




KING the

Public-Private Partnerships and Advancements in Science and Technology from 1955 to 1975

PART 1 OF 4



In the early fifties, it was the DoD that supported transistors by buying them for the guidance systems of its rockets and missiles. The computerization of society, then, has essentially been a side effect of the computerization of mar.

-Frank Rose, Digital Anthropologist

INTRODUCTION

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CONCLUSION

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KING the

Public-Private Partnerships and Advancements in Science and Technology from 1955 to 1975

PART 2 OF 4



Oh little Spatnik flying high with made-in-Moscow beep, you tell the world it's a Commic sky and Unite Sam's asleep.

- Gerhard Mennen Williams, Governor of Michigan

INTRODUCTION

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CONCLUSION

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AKING the

Public-Private Partnerships and Advancements in Science and Technology from 1955 to 1975

PART 3 OF 4



I'm in a military electronics company and I'm starting to write a document saying to myself. How do I write this! This has nothing to do with anything!' So, I made it sound like it applied to whatever the hell it was I was supposed to be doing. The first thing I don't do is call it is toy, But I can call it gaming.

-Ralph Baer, The Father of Video Games

INTRODUCTION

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CONCLUSION.

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MAKING the MODERN WORLD

Public-Private Partnerships and Advancements in Science and Technology from 1955 to 1975

PART 4 OF 4



Science, all by itself, has no moral dimension. The same applies to technology. The knife may save a life when yielded by a skillful surgeon, but will kill if thrust only a few inches deeper.

-Wernher von Braun, Director of NASA's Marshall Space Flight Center.

INTRODUCTION

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SOCIAL HISTORY

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THE UNITED STATES OF AMERICA VIETNAM WAR COMMEMORATION



The Commemorative Flag

Symbolism:

- "The United States of America Vietnam War Commemoration" is the official name given to this Department of Defense program in the 2008 National Defense Authorization Act.
- Background The blue background matches the blue canton in the United States Flag.
- Gold Color Traditional in signifying a 50th anniversary, gold is incorporated in the text of this design and reflects the congressional authorization of this 50th anniversary of the Vietnam War.



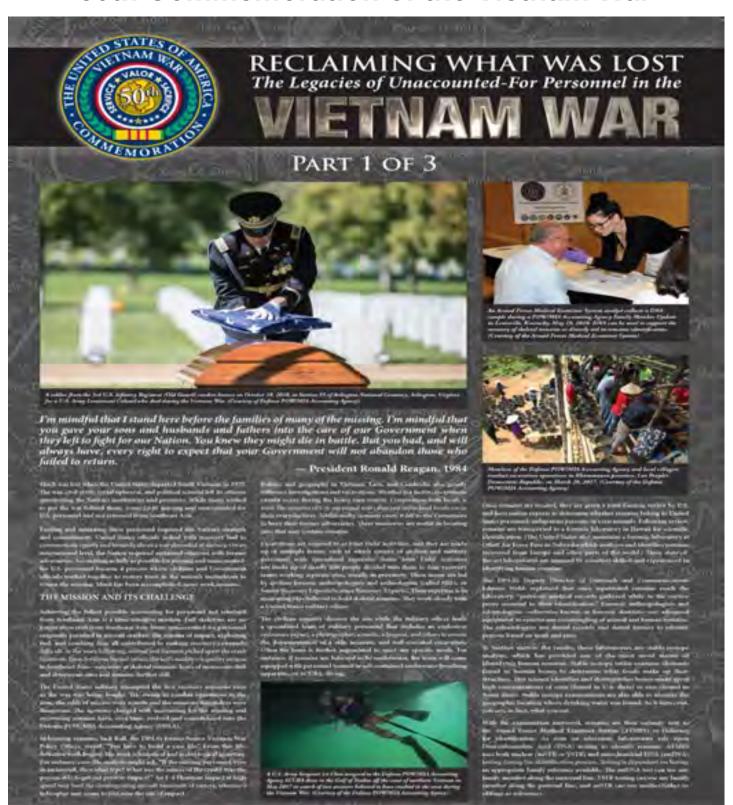
- Inner Rings Red, white and blue rings incorporate colors drawn from our National Emblem and honor all Americans, military and civilian, who contributed to the Vietnam War effort. The words, "Service," "Valor" and "Sacrifice" virtues embodied by our veterans during the Vietnam War are embedded within the blue ring. A representation of the Vietnam Service Medal (ribbon) rests below the rings.
- Outer Ring This black ring encompasses the red, white and blue rings, and serves as a reminder of those
 killed in action or held as prisoners during the Vietnam War. It also represents those who remain listed as
 missing in action and unaccounted for.
- Stars The gold-rimmed white star between the words "Service" and "Valor" represents hope for families of Vietnam veterans for whom there has not been the fullest possible accounting. The gold star between the words "Valor" and "Sacrifice" represents families whose Vietnam veteran paid the ultimate sacrifice during the war. The blue star at the bottom of the inner blue ring represents families of all Vietnam veterans and symbolizes their support from home. At the bottom of the inner blue ring are six white stars three on each side of the blue star that symbolize the contributions and sacrifices made by the United States and its allies: the Commonwealth of Australia, the Kingdom of Thailand, New Zealand, the Republic of Korea and the Republic of the Philippines.
- Center A map of the country of Vietnam outlined in black relief occupies the center of the flag, along with
 the subdued outlines of Cambodia, Laos, Thailand and surrounding waters. This map represents the
 Indo-China area of operations where U.S. Armed Forces served.
- Green Laurel Wreath A time-honored symbol representing victory, integrity and strength.
- "A Grateful Nation Thanks and Honors You" reflects our country's gratitude for each veteran and their family, Department of Defense civilians, and all others who served and sacrificed during the Vietnam War.

Placement:

 When displayed next to the Commemorative Flags of World War II and the Korean War, the Commemorative Flag of the Vietnam War will signify Vietnam veterans taking their rightful place among generations of U.S. veterans.

KIENG PHUOD

Ap Hos Guy May 2022





PART 2 OF 3



The League's single, threefold mission supporting our POW/MIA [s] and KIA/BNR from the Vietnam War is to obtain the release and return of all prisoners, the fullest possible accounting for the missing, and the reputriation of remains of those not yet recovered who died while serving our nation.

- The National Lengue of POW/MIA Families

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THE POW EXPERIENCE IN THE ETNAM WA

(PART 1 OF 4)



And then a Viet [Cong] started beating my side of the bushes. And when he got in front of me he yelled. And I knew-the jig was up.

- Michael Brazelton

Introduction

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THE POW EXPERIENCE IN THE

(PART 2 OF 4)



Torture was not our major enemy. Our major enemy was whiling away the minutes, the hours, the days, the weeks, the years.

- Eugene "Red" McDaniel

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50th Commemoration of the Vietnam War



THE POW EXPERIENCE IN THE

(PART 3 OF 4)



I feel like I'm in a vacuum, a spectator on life.

- Mary Anne Fuller

The Home Front

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50th Commemoration of the Vietnam War



HE POW EXPERIENCE IN THE HETNAM WAR

(PART 4 OF 4)







Getting on that C-141 and having that feeling that you had descended into the dungeons...you've met the dragon, and you've won. You come home.

-Everett Alvarez

Reconciliation

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Conclusion

50th SITREP—Issue #10



THE UNITED STATES OF AMERICA VIETNAM WAR COMMEMORATION





"SITREP" 2022 - Issue 10

Dear Commemorative Partners,

Their Sacrifice, Our Pledge is the theme for this year's National POW/MIA Recognition Day. Established in 1979 by 39th U.S. President James "Jimmy" Carter via presidential proclamation, this observance has been commemorated by each president in the same manner on the third Friday every September. On September 16, we pause to remember the grief and hardships borne by all the families still awaiting news, and especially those of the 1,556 Vietnam War service members still missing in action. Each year, a national ceremony is held in recognition—along with other observances across the country-for those who were held captive and returned, as well as those who remain missing.

The Defense POW/MIA Accounting Agency (DPAA) is the agency that



Thursday, September 1



National POW/MIA Recognition Day

seeks "to provide the fullest possible accounting for our missing personnel to their families and the Nation." As you mark this national day of observance, consider incorporating DPAA's poster in your events. The words investigate, recover, identify, and returned represent the agency's persistent, rigorous search and recovery process for America's unaccounted for. This year's poster (reflected above right), includes these relevant words, befitting theme, and is set against the backdrop of the POW/MIA flag. To learn more about national efforts and the symbolism of this flag, visit POW/MIA Recognition.

DPAA's successful efforts over the years have resulted in the identification and repatriation of 1,061 Americans lost during the Vietnam War period, including two United States Army Vietnam War veterans just this year: Staff Sergeant Sanford I. Finger and Private First Class Thomas F. Green. You can read more of the history during this period for those missing in action as well as the experience of prisoners of war in both of our 3-part poster series "Reclaiming What Was Lost in the Vietnam War" and "The POW Experience in the Vietnam War."



We also pay special tribute each September to Gold Star Mother's and Family's Day. In 1936, Congress set aside the last Sunday in the month to honor Gold Star Mothers, and it has been observed annually ever since. It was expanded ten years ago to include and embody the loss experienced by the whole family. This year, it is commemorated September 25. As you gather during these national observances, remember, respect and honor the ultimate sacrifices that all of our Nation's Gold Star families have endured.

Finally, we encourage you to view and share freely these video tributes in honor of National POW/MIA Recognition Day and Gold Star Mother's and Family's Day.

~ The United States of America Vietnam War Commemoration Staff ~

Join the Nation ... thank a Vietnam veteran!

vietnamwar50th.com











50th SITREP—Issue #13



VIETNAM WAR COMMEMORATION



"SITREP" 2022 – Issue 13

Tuesday, November 1

Dear Commemorative Partners,

Honor, Courage and Commitment are the core values of the United States Marine Corps. It is precisely these embodied values that have produced their familiar Esprit de Corps, or deep, shared sense of loyalty and comradeship. Join with us all this month as we pay tribute to our Marines and celebrate their 247th anniversary on November 10! Last year, in the Marines birthday SITREP, we featured a Commemorative Flag presentation to the Commandant of the Marine Corps, General David H. Berger. This year, highlighted at right, is the flag presentation to their highest enlisted officer, the Sergeant Major of The Marine Corps, Troy E. Black.





Another very real ethos Marines live by is "leave no man behind."

At left, Marines exemplified this conduct during Operation Beau
Charger on May 20, 1967 in Vietnam, when they quickly aided a
wounded comrade. Discover more events and operations Marines were
involved in during the war, from President Johnson ordering their
landing at Da Nang, to mission expansion in I Corps, to the arrival
of the first woman Marine, and deactivation of the last tactical unit.
This wealth of information and more, can be found on our Timeline.

It is widely known, May 15, 1975 represents the right-bookend service date for Vietnam veterans we honor in this Commemoration. What may be lesser known, perhaps, are the actual events that transpired that day and the U.S. Marines' involvement. It marked the end of the battle precipitated by the seizure of the ship SS Mayaguez. Three days earlier, Mayaguez had been seized by the Khmer Rouge, and its captain and 39 crew members were taken hostage. Immediately, a joint rescue operation was set in motion, and nearly 300 Marines were dispatched to support it. This operation, and the subsequent withdrawal of American forces, would be the last combat action of the Vietnam War. Tragically, 14 Marines lost their lives fighting alongside 27 other U.S. servicemen. These 41 members of our military are the final engraved names etched in the black granite of the Vietnam Veterans Memorial. At right, the binnacle of SS Mayaguez is shown preserved, and can be viewed in one



of the 10 display cases of our *Vietnam War Pentagon Corridor Exhibit*. Stay tuned, as November 10, a *special Veterans Day SITREP* is released, announcing access to the full *Virtual Tour* of this exhibit.

To all our Marines, both past and present, we salute you! Thank you for your service, and Oo-rah!

~ The United States of America Vietnam War Commemoration Staff ~

Join the Nation ... thank a Vietnam veteran!

50th SITREP—Issue #14



THE UNITED STATES OF AMERICA VIETNAM WAR COMMEMORATION



"SITREP" 2022 - Issue 14

Special Edition: The Vietnam War Pentagon Corridor Exhibit Virtual Tour

Thursday, November 10

VIRTUAL TOUR

VIETNAM WAR

Dear Commemorative Partners,

It's finally here ... The Virtual Tour of our Vietnam War Pentagon Corridor Exhibit is live! This unprecedented tour offers the opportunity to view this exhibit without actually visiting the Pentagon. The first of its kind, this 360-degree immersive experience provides unique visual access to this corridor space, previously unavailable without a guided tour.



Unveiled on December 20, 2016 by our Nation's 25th Secretary of Defense, the late Honorable Ashton B. Carter

emphasized, "... these exhibits have also sought to ensure we continue to remember the lessons our military has learned along the way.... lessons on how our country must treat our warriors and our veterans, and the shame of how returning Vietnam veterans were treated." Pledging to commit those hard lessons to memory, Carter proclaimed, "Throughout this hallway, and

the ongoing commemoration of the Vietnam War and those who served, future service members and civilians will continue to remember those lessons for years to come."

This museum-quality virtual exhibit includes an introductory video found at the top of the menu. At the beginning on the left side, is a maquette-size version of the Vietnam Women's Memorial in Washington D.C. A timeline of the war ensues, chronicling significant events of the war. The right thematic side reveals more than 300 preserved artifacts and photographs shown in ten display cases throughout the corridor, including the actual binnacle from SS Mayaguez as introduced in Issue 13.

The centerpiece consists of two era UH-1 Huey helicopters flanked by the U.S. Flag and our Seal and Commemorative Flag. The ceiling directly above showcases an oculus depicting U.S. fighter jets with the words,

A Grateful Nation Thanks and Honors Our Vietnam War Veterans.





Finally, the exhibit ends with a tribute to those who paid the ultimate sacrifice. This exhibit's themes of the service and sacrifice of Vietnam veterans and their families are situated in historical context, which should enhance viewers overall experience and perhaps deepen their appreciation. Access all these features and more in this tour, directly via our homepage. We also encourage you to share our press release widely. Thank you, and

to all our veterans, we salute you! Happy Veterans Day!

~ The United States of America Vietnam War Commemoration Staff ~

Join the Nation ... thank a Vietnam veteran!

vietnamwar50th.com













THE AZ-LZ Volume 13, Page 78

The End of The AZ-LZ (Arizona Landing Zone)

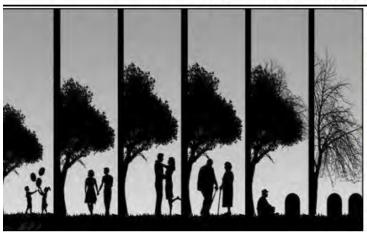
There comes a time for things to end. While I love to write, and write and write, I believe it is time for the AZ-LZ to be put to a rest. It has been alive since 2009 with basically four (4) copies per year consisting of 55-65 pages in each issue. As many of you know it consists of items holding a **HISTORICAL**, **INFORMATIONAL** and **PERSON-AL** point of view in many if not most articles. Looking at the last two articles on this page you will see the major word "**PRIDE**" and look what is cost this world and the lives of billions of people over time. Don't let pride get the best of you as individuals.

Cost of War In Dollars

War Name	Years Fought	Cost Of The War	Total KIA's of American's	
World War II	1941-1945	≈\$296,000,000,000	405,300	
Korean War	1950-1953	≈\$30,000,000,000	35,500	
Vietnam War	1960-1975	≈\$111,000,000,000	58,209	
Gulf War	1990-1990	≈\$61,000,000,000	294	
Cold War	1945-1990	≈\$18,500,000,000,000	≈ 400	
Iraq War	2003-2011	≈\$815,000,000,000	4,487	
Afghan War	2001-2014	≈\$630,000,000,000	2,200	

The cost of war with lives, money involved, the destruction and annihilation of any given economy anywhere in the world has quadrupled this century already as compared to the last 3 to 4 centuries. In other words, we are killing ourselves all because of TRUST.

Want To See Your Life In Pictures??



To all of you Vietnam Veterans reading this article. Life goes by **REAL FAST** doesn't it? May I recommend that you do a few more things for your VVA Chapter or State Council? Try teaching a short grammar school course on Vietnam (what it was like to be there), or how about a short talk on the war (something of interest to the kids). Write your "story" about your tour in Vietnam (you did a lot over there and had some good times, just like I did). How about taking some of your children back to Vietnam for a two week trip. I did and it was wonderful. It cost me \$500 for two weeks, might be more now, but it was trip I will never forget and really, I would do it again.

The End of The AZ-LZ (Arizona Landing Zone) (Cont'd)

Volume 13, Issue 1





The End of The AZ-LZ (Arizona Landing Zone) (Cont'd)



wherever write about visitions, ALMXXS, respect ALMXXS for the control of the con

by global shipping industry.

-The first big world government to replace its census with big-

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The End of The AZ-LZ (Arizona Landing Zone) (Cont'd)

Another Side of Vietnam — Indochina



As you look at the map above which is about 250 years old, please observe carefully with the "odd names" located on the map which, to me anyway, are unusual. There are names that have not been around for many decades of years, along with the country names being different from their known names of today. And something a little unusual to me is that this is our spelling of "SAIGON". Today, the Vietnamese spell it "SAI GON" with a space. Instead of Hanoi, they spell it "HA NOI".

Study the map and pick out the country-name-change, the spelling of cities within Indochina and the regions of various countries within Indochina. You'll find a great lesson in this to be sure. By the way, show it to your family as they too, may be interested in knowing this.

Looking back when I went into the service, you could put in a thimble as to what I knew about Vietnam. However, over the years, I have studied the country and what the area was all about, the military that attempted to make it a free country.

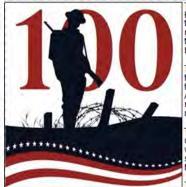
Frankly, it is not a country or region in the world that many know much about. But then there is that time, frankly really, a long time where it was not called "Vietnam", but Indochina and before that it was referred to as something else as was called Indo-China with the hyphen in the middle of the word.

And before that it was referred to as three regions known as: TONKIN, ANNAM and COCHINCHINE and before that it was yet something else.

The pages that follow will illustrate what Vietnam was during the last 600 plus years and all that took place with "Rulers", "Colonizers", the language, the food, infrastructure, ideology and on and on. This is something every Vietnam Veteran should know. Read carefully, you'll enjoy it.

The "AZ-LZ"

The 100th Anniversary of World War I



The U.S. Government and all of the US Amed Forces will pay tribute on November 11, 2018 toward the 100th anniversary of the American military entering World War I, a cost that did in fact, cost the lives of well over 100,000 Doughboys and other military personnel.

The Pentagon will likely hold a special time throughout the entire United States that marks the decision by the United States Congress on April 6, 1917, to dedare war on Imperial Germany for its campaign of unrestricted submarine warfare.

The events will mark the beginning of a national campaign that will culminate Nov. 11, 2018, when the World War I Centennial Commission scheduled to dedicate the National World War I Memorial in Pershing Park in Washington, D.C.

American society volunteered five million Americans entered service. It resulted in more than two million new industrial workers, while women became a major presence in the workforce and joined the armed forces. With over 4.8 million Americans that went into the military, and well over four million served in the Army itself.

By the time the war ended on Nov. 11, 1918, 116,516 Americans had been killed in a year of combat. American Frank Buckles would be the last American Doughboy to pass away in 2011. He was 110 years old. "We are obligated to remember the sacrifice and service of all those who came before us." World War I was a catastrophe. It was a global fight that resulted in over 38 million ovilian and military casualties. And as a result of World War I, the onset of World War II was started and obviously lost by those countries that wanted to overtake the world and have it as it was in the beginning of the 20¹⁰ Century.



"We owe it to every one of U.S. personnel that fought for America. Even though none of those men and women are alive today, we owe it to all of them to clearly and understand what World War I was about, how it started and pledge to the world, especially America that "IT WILL NEVER HAPPEN AGAIN".

From the Editor:

I hope after all of these years, you have enjoyed the AZ-LZ Newsletters. In case you are wondering about the name, former President of VVA-AZ Bill Messer asked me to name it with the name: "THE AZ-LZ". It was good and I decided that is the way to go.

I ended this particular article with the two mentioned above as the **BIG WARS** of the 20th Century started with World War I which cause the rest of the wars of the 20th Century. And then Vietnam was the one we were in. So I ask you to read the World War I story and the History of Vietnam as you and hopefully your family will also enjoy them. None of us ever get enough history and we should **READ**, **READ** and **READ**.

As of approximately January 1, 2023, all of <u>"The AZ-LZ's"</u> are now archived into books, to be sent to the Texas Tech University in Lubbock, Texas for a permanent archive. Along with the entire life of Chapter 835 in Yuma, AZ as well as the Arizona State Council from its origin. This will be important to have your chapter archived as well, It is not a small job but you have to start somewhere. So, in closing, we hope you have enjoyed The AZ-LZ's over these decades and please read them all you can.

The Legacy Of The Arizona State Council and Chapters



In our life time, we have all likely asked ourselves that "WE" would like to be remembered at the end of our time which is drawing more near than we know. And therefore, since I started doing archive work many, many years ago, I thought I too should do all of the Arizona State Council, Chapter 835 in Yuma, "THE AZ-LZ" Newsletters which have won five national awards, and about ten (10) Leadership Conferences and VVA Conventions picture books illustrating what took place at that event. Along with that there is about sixty (60) DVD's of various events within the State Council within Arizona itself. This has been a monumental project of gathering up a lot of papers, documents, photos, records, official-this-andthat, election reports, chapter and states council minutes and the list goes on and on.

I say all of this to kindly remind you to remember yourself, remember your family. Not everyone know about you, the **internal** you, the **external** you, the **personal**

you, the **military** you, the **fun** you, the **serious** you, the **Vietnam** you, the **funny** you, the **family** of you and the list goes on and on.

If YOU, and I repeat YOU do not leave a **LEGACY** of yourself, your family and everything else, how will your children, your grandchildren ever know anything about any of you. Details are important, the little things, the big things, the good things, leave the bad things out and as many details about ALL of you that you can recall. As time goes on, and time will go on, you will not recall or remember a lot fo what happened in your life. Want to know **WHERE TO START**? Look below.

Pen and Paper (and a lot of it)



Your memory (and a lot of it)



Photo Books of VVA Conventions and Conferences



Photo Books of VVA Conventions and Conferences (Cont'd)



These books are available for \$30.00 each and consist of twenty (20) pages and contain full color photos of most all of the events that took place at that particular event and serve as a nice memory for all of that attended and maybe a nice "<u>start of a memory</u>" for those planning on attending these events this coming year of 2023.

For you Chapters and State Council's that have not archived anything of your locations, please make an effort on doing this as it is not as hard as you might think. The longer you wait, the harder it is going to be to begin it much less finish it. Memories are what we can enjoy with family and friends and fellow soldiers in Vietnam. Snap-fish.com is where these books were made.

Legacy Of The Arizona State Council and Chapters

While we were all in Vietnam Veterans of America for so many years, it is important that we archive what we can to leave for our family some memories ofr them to enjoy while we are still around and after we are gone. When it comes to the Chapters and State Councils, we have all been in so many events and sometimes recall them and sometimes we don't, therefore, please leave a archive and legacy for you as well as VVA and your family. Below are the front cover copies of the entire life of all of VVA-Arizona's archived items which include more than I can say. The covers will it all.



Vietnam Veterans of America Arizona State Council Phoenix, Arizona

Archival VVA-SC Records

Accumulative Records From Calendar Year 1990-1999

> Walt M. Schumacher State Secretary 7 July 2016



Vietnam Veterans of America Arizona State Council Phoenix, Arizona

Archival VVA-SC Records For Calendar Year 2000

> Walt M. Schumacher State Secretary 7 July 2016



Vietnam Veterans of America Arizona State Council Phoenix, Arizona

Archival VVA-SC Records For Calendar Year 2001

> Walt M. Schumacher State Secretary 7 July 2016



Vietnam Veterans of America Arizona State Council Phoenix, Arizona

Archival VVA-SC Records For Calendar Year 2002

> Walt M. Schumacher State Secretary 7 July 2016



Vietnam Veterans of America Arizona State Council Phoenix, Arizona

Archived Documents for 2003



Vietnam Veterans of America Arizona State Council Phoenix, Arizona

Archived Documents for 2004



Vietnam Veterans of America Arizona State Council Phoenix, Arizona

Archived Documents for 2005



Vietnam Veterans of America Arizona State Council Phoenix, Arizona

Archived Documents for 2006



Vietnam Veterans of America Arizona State Council Phoenix, Arizona

Archived Documents for 2008



Vietnam Veterans of America Arizona State Council Phoenix, Arizona

Archived Documents for 2009



Vietnam Veterans of America Arizona State Council Phoenix, Arizona

Archived Documents for 2010



Vietnam Veterans of America Arizona State Council Phoenix, Arizona

Archived Documents for 2011

Legacy Of The Arizona State Council and Chapters (Cont'd)



We ALL have to keep records of our own life and we as Secretary's and Treasurer's and the State Council and the Chapter Vice Presidents and even Presidents, we all records to have maintain per the State and National requirements. Let's all make it a point to take, maintain and keep all of our state and chapter records. It will be very worthwhile if we do just that.

Books of The AZ-LZ Newsletters From Inception







Legacy Of The Arizona State Council and Chapters (Cont'd)





Vietnam Veterans of America Arizona State Council Phoenix, Arizona

ARCHIVED

"AZ-LZ Newsletters"

January to December 2022



Vietnam Veterans of America Arizona State Council Phoenix, Arizona

ARCHIVED

'AZ-LZ Newsletters' From January-April 2023 This is my LEGACY and I am leaving all o these newsletters to Texas Tech University in Lubbock, Texas for the future generations to enjoy and learn something about our generation, known as the GREAT GENERATION.

We hope the future generations enjoy these books and learn something from it. May God bless you as take in what we knew and learned.

All of us should leave a LEGACY of us and our life for our family and our family families.

Legacy Of The Arizona State Council and Chapters (Cont'd)



Arizona State Council Phoenix, Arizona

The Creation and Management of A VVA Chapter Within Arizona

Final Documents for Chapter 95, Prescott, AZ

Wait M. Schumacher State Secretary 7 July 2016

Vietnam Veterans of America Arizona State Council

> Springfield, IL July 2015



Pertinent Documents



Arizona State Council

The Creation and Management of A VVA Chapter Within Arizona

Final Documents for Chapter 95, Prescott, AZ

Walt M. Schumacher State Secretary 7 July 2016



VVA-AZ - Chapter 835 Yuma, Arizona

ARCHIVED

Chapter Legal Documents Financial Documents Miscellaneous Documents Official Documents

From March 2000 to July 2021



VVA-AZ - State Council and Chapter 835 - Yuma

> Phoenix, Arizona and Yuma, Arizona

ARCHIVED

Master Plans

September 2001 to July 2021





50" Vietnam War Amsiversary Commemoration

Vietnam Veterans of America Artzona State Council

> Phoenix, Arizona 2012-2025





VVA-AZ - Chapter 835 Yuma, Arizona

ARCHIVED

Chapter Newsletters

From April 2002 to July 2021



Vietnam Veterans of America Arizona Chapter 835 Yuma, Arizona

ARCHIVED

Chapter Minutes

From May 2009 to July 2021

Needless to say, this was not an easy task, but once I got going, it became easier and easier as I went along. There is a lot of data and archived books about VVA-Arizona and it was a very worthwhile task to take on. If you have not started, then start now.

One VERY Responsible Person



I want to do a little bragging here about responsible people and her name is HENRI-ETTA FRANKLIN. She is an employee at the Yuma STAPLES STORE and has worked in the Printing and Binding department of this store for over twenty years. Ever since I have been living in Yuma, she is my main point of contact to do any printing and binding or anything else in that department. She has always been so professional and personal and been extremely responsible for handling all of the books I have ever printed and the binding.

In total, there have been about 90+ 8½" x 11" books over time there that she has handled herself personally and done a superb job in doing so. I have written scores of books for personal reasons as well as archived ALL of the Arizona State Council books since 1990, all of the Chapter 835 books since its inception, one book of Chapter 95, the 50th Commemoration of the Vietnam War and all of the "THE AZ-LZ" Newsletters since 2009 and thanks to Henrietta, she has made this all possible for me as well as Vietnam Veterans of America and Arizona. It is so important to congratulate someone who does a good job in their job and provides nice memories for all of us to enjoy as we age.

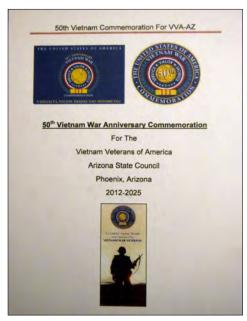


The 50th Commemoration of the Vietnam War—VVA-AZ

NATIONAL VIETNAM WAR VETERANS DAY 29 MARCH



50th Commemorations Events for VVA-AZ





VVA-AZ 50th Events from 2012-2023	Dates of 50th Events
AZ Museum Dinner and Event	October 2012
Yuma Proving Ground Event	November 2012
Arizona Indians Museum	May 2013
AZ Museum Dinner and Event	October 2013
Yuma Proving Ground Event	May 2013
AZ Museum Dinner and Event	October 2014
AZ Museum Dinner and Event	October 2015
Desert Rose Home	November 2015
Yuma Proving Ground Event	November 2015
AZ Museum Dinner and Event	October 2016
VVA Chapter 432	November 2016
VVA Chapter 975	December 2016
VVA Chapter 95	June 2016
VVA Chapter 835	November 2017
VVA Chapter 1043	January 2018
VVA Chapter 1093	January 2019
VVA Chapter 106	March 2022
VVA Chapters 1011-432	July 2022

How Much Do You REALLY Know?



Vietnam Veterans of America – Chapter 835 Yuma, Arizona

Introduction:

This is a test about the Vietnam Era. It will include questions about the war, the political and social culture of America. It will also include questions about military campaigns, selected personalities who were in the spotlight and other various elements which made this era significant as we know it today.

You must answer all questions to the best of your ability, we expect complete <u>honesty</u>. We don't object to your using research as this era was before you were born. However, we do expect you to above all <u>"learn something"</u> about the war that possibly your uncle, father or older friend fought in

As a national organization, history will always be with us. It is imperative that you gain knowledge of this kind of historical time-frame to make you a more well-rounded person. We wish you best in your future endeavors and trust you, will be a more informed person when you complete this examination.

- How long was America involved in the Vietnam War?
 - a. 8 years
 - b. 10 years
 - c. 15 years
 - d. 9 years
- 2. Which of the following allied countries participated in the Vietnam War?
 - a. America, Korea, Australia, South Vietnam
 - b. New Zealand, America, South Vietnam, Korea, Australia
 - c. United States, Korea, North Vietnam, Canada
 - d. America, Canada, South Vietnam, Turkey
- 3. Can you name the military branches that served in Vietnam?
 - a. US Army, US Marines, US Air Force, US Navy, US Merchant Marine
 - b. US Army, US Marines, US Air Force, US Navy, US Coast Guard
 - c. US Army, US Marines, US Air Force, US Navy
 - d. US Army, US Marines, US Air Force
- 4. Name the largest Battleship that fought in the Vietnam War
 - a. USS Iowa
 - b. USS Arizona
 - c. USS New Jersey
 - d. USS Missouri

How Much Do You REALLY Know? (Cont'd)

5.	Who v	vas President(s) during the Vietnam War?
	a.	Presidents - Eisenhower, Kennedy, Johnson, Nixon
		Presidents – Kennedy, Johnson, Nixon
		Presidents – Kennedy, Johnson, Nixon, Ford
		Presidents - Eisenhower, Kennedy, Johnson, Reagan
6	Name	the Commanding General's that headed-up all of the Vietnam Forces
v.	a.	
		General Abrams, General Westmorland
	c.	General Patton, General MacArthur
		General Grant, General Abrams
7	Who	vas the President(s) of South Vietnam during this time?
	a.	(fill in name(s)
	u.	(III III hame(3)
8.	Who v	vas the leader of North Vietnam during this time?
	a.	(fill in name(s)
9.	What	is the difference between the NVA and the VC?
-	a.	They are both from North Vietnam
		They are different peoples from the same country
	Ċ.	The VC were "southerners" and the NVA were "northerners"
	d.	They were the same, but in a different political party
10	The V	iet Cong typically wore "Black Pajamas", why?
10.	a.	This was their uniform
	25.0	It was all they had
		Because they traveled at night
	a.	So they could not be seen
11.		oney of Vietnam was called
		Dollars
		Piasters and Dong
	¢.	French Indo-china Francs
	d.	All of the above
12.	The N	orth Vietnamese Army came via the
	a.	Cambodia
	Ъ.	Laos, Cambodia, Vietnam
	c.	Ho Chi Minh Trail
	d.	From North to South Vietnam
10	TO.	
13.		ost powerful plane the United States had in Vietnam was the B-57 bomber
	a.	1.7-3 / DODINGOT

b. B-52 bomberc. B-29 bomberd. B-24 bomber

How Much Do You REALLY Know? (Cont'd)

14. What	country w	as in Vietnan	n prior to American involvement and briefly	explain what happened
a.	Canada			
b.	Australia	a		
C.	France			
d.	China			
-				
-				
=				
15 Was A	merica in	favor of the	war during this time?	
	Yes	ravor or the	war daring this time:	
b.	About h	alf		
	Most of			
	No	Country		
4.	110			
16. Deterr	nine how	many Americ	can casualties there were during this time	
	Killed		Vounded MIA	POW
			- Milit	1911
17. Can vo	ou name t	he prison that	t the American's were held in North Vietnam	?
) -: 0c:1300-3 -:	and Post loss than		
18. Propas	ganda was	a big part of	the war, what did the American's use?	
	Radio, le		Same and the state of the state	
	Letters,			
c.	The state of the s	o, leaflets		
		el, radio, TV,	leaflets	
		> >>> +/>		
19. The N	orth had a	a personality t	to "talk" to the Americans—	
		is person:		
20. The fla	ag of Sou	th Vietnam is	made up of four colors, name them and their	meaning
		Color1	Meaning1	
		Color2	Meaning2	_
		Color3	Meaning3	
		Color4	Meaning4	
		C01014	wicannig4	-
21. Ho Ch	i Minh fo	rmed what in	1950	
	NATO	inica what in	1950	
		e of Vietnam		
	SEATO	or viculani		
C.				
a.	JATO			
oo Thin -	anatoria f	Corona Iviana d	ofootod in 1054 at this location	
		orces were de	efeated in 1954 at this location	
a.	Saigon Da Lat			
		Disc.		
	Dien Bie	en Phu		
a.	Danang			

How Much Do You REALLY Know? (Cont'd)

23.	The Americ	can's had	to take	certain	medication	in	Vietnam	to stay	healthy,	among	other	things	they
	took												

- a. Aspirin
- b. Vitamins
- c. Horsepills
- d. Vitamin "E"
- 24. Chuck was the name of:
 - a. South Vietnamese soldiers
 - b. American soldiers
 - c. Viet Cong Soldiers
 - d. Australian Soldiers
- 25. He became president of South Vietnam in 1967.
 - a. Le Thanh Tong
 - b. Minh Mang
 - c. Nguyen Van Thieu
 - d. Tran So Lee
- 25. Military strength-wise, what year was the height of the war?
 - a. 1966
 - b. 1972
 - c. 1968
 - d. 1967
- 26. Who was the most loyal peoples in Vietnam that helped the cause
 - a. South Vietnamese
 - b. Montagnards
 - c. Viet Cong
 - d. Koreans
- 27. Name the Division that primarily used helicopters in their operations
 - a. 1st Infantry Division
 b. 4th Infantry Division

 - c. 1st Cavalry Division
 - d. Americal Division
- 28. Name the organization that the Viet Cong belonged to

- 29. What did the VC wear for footwear?
 - a. Ho Chi Minh racing slippers
 - b. Regular boots

a.

- c. They went barefooted
- d. Shower shoes

How Much Do You REALLY Know? (Cont'd)

31. Where	is Vietnam located? (Next to what group of countries)
a.	Australia
b .	Korea
	Cambodia & Laos
d.	Indonesia
20 E 1	1 . T . O
32. Expla	n the Tet Offensive
	vas there a controversy over the draft into this country's military service. Also, name the two y countries that harbored "draft dodgers".
prima	y countries that harbored "draft dodgers". President declared amnesty for "draft dodgers"?
prima	y countries that harbored "draft dodgers". President declared amnesty for "draft dodgers"?
prima 34. Which a, b.	y countries that harbored "draft dodgers". President declared amnesty for "draft dodgers"? President Kennedy
primar 34. Which a. b. c.	y countries that harbored "draft dodgers". President declared amnesty for "draft dodgers"? President Kennedy President Ford
primar 34. Which a. b. c. d.	President declared amnesty for "draft dodgers"? President Kennedy President Ford President Carter President Reagan
34. Which a. b. c. d.	President declared amnesty for "draft dodgers"? President Kennedy President Ford President Carter President Reagan Arizona citizen spent time as a POW?
primar 34. Which a. b. c. d. 35. What a.	President declared amnesty for "draft dodgers"? President Kennedy President Ford President Carter President Reagan Arizona citizen spent time as a POW? John Kyl
34. Which a. b. c. d. 35. What a. b.	President declared amnesty for "draft dodgers"? President Kennedy President Ford President Carter President Reagan Arizona citizen spent time as a POW?

37. During the first six month of the year, it rained daily in the southern most part of South Vietnam and during the next 6 months it rained daily in the Central part of South Vietnam. Why?

explicit, yet concise)

How Much Do You REALLY Know? (Cont'd)

38. Prior 1	to Vietnam becoming a republic, it was referred to as:
a.	Kampachea
	Siam
C.	Viet Minh
d.	French Indo-China
39. Which	n military installation in the United States constructed a "look-a-like" Vietnam village which
	ented an actual "village" in Vietnam?
a.	Ft Ord, CA
	Ft Polk, LA
c.	Ft Leonard Wood, MO
	Ft Bragg, NC
40. Expla	in in narrative form why the United States chose to get into the Vietnam War-
Your Nam	p.
I our Ivalli	<u> </u>
Your Add	ress:

Your Telephone Number____

Your Email:

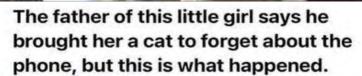
Do You Really Laugh Enough?

If jealousy had a face.



My emotional support dog after I tell him all my problems

"TELL ME THE STORY OF HOW YOU RESCUED ME AGAIN!"..♡





Do You Really Laugh Enough? (Cont'd)



Vietnam Veterans of America Arizona State Council Phoenix, Arizona

VVA Chapter 95 P.O. Box 1343 Prescott, AZ 86302

VVA Chapter 106 P.O. Box 40903 Tucson, AZ 85713

VVA Chapter 432 P.O. Box 10363 Phoenix, AZ 85064

VVA Chapter 975 P.O. Box 184 Kingman, AZ 86402

VVA Chapter 1011 1042 N. Higley P.O. Box 402 Mesa, AZ 85205

VVA Chapter 1093 2871 Palmer Dr Sierra Vista, AZ 85650





The End of Time and LIFE is Coming Faster Than We Think

As we age, we really, really, need to think about things of life and the fact hat life is almost over with and we cannot do much about it is sometimes good and sometimes sad.

None of us that are alive will EVER know while we are walking on Earth know where we are unless we have made a decision.

Over time, a lot has happened in our lives with living for about 70 to 80 plus years, being as member of Vietnam Veterans of America and that was in itself a blessing.

We got married, had children and then we received grandchildren, then many of us were blessed great grandchildren and those loveable nieces and nephews and cousins and the list goes on. We then worked in our career for multiple years and now we are retired. All the while being a part of VVA (Vietnam Veterans of America).

Some of us have passed on, others are in a rest home and others are well....doing pretty good considering our age.

We need to make the most of our life and remember the good in it, stay in touch with family, your son's and daughter's and their families as it is so important to be a critical part of their lives.

Create as many remembrances for you and them as you can as you likely will only have one chance. Take good care of yourselves, eat right, don't drink or smoke any more as it was not good then or now.

Leave the items of importance to your family and document your life along with your family in the past so your entire family will know who is who within the family.

Most of all, live for God, He is the one that made us to start with and we can all be with Him at the end of time. Time is short, but then we all know that. Teach others about your time in Vietnam and show the historical side of things about the war. After all: WE DID WIN!!