

# First Aid Supplies

Item	Used During One Month Period	Amount Needed for 3 Months (family)	Amount On Hand
<b>A</b>			
Acetaminophen			
Adhesive Bandages			
Adhesive Tape			
Alcohol			
Antibacterial spray (i.e. Lysol)			
Antibiotic ointment			
Aspirin			
<b>B</b>			
Baby wipes			
Boric Acid			
<b>C</b>			
Cold Medicine			
Cough Medicine			
Cotton balls/swabs			
<b>D</b>			
Dental Kit			
Diarrhea remedy			
<b>E</b>			
Elastic bandages			
Epsom Salt			
<b>F</b>			
First Aid Book			
First Aid Kit (travel size)			
<b>G</b>			
Gauze pads			
<b>H</b>			
Hand-sanitizer			
Hot-water bottle			
<b>I</b>			
Ibuprofen			
Insect Spray			
<b>J-K</b>			

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Item	Used During One Month Period	Amount Needed for 3 Months (family)	Amount On Hand
<b>L</b>			
Laxatives			
Lip balm			
<b>M-N</b>			
Needle and thread			
<b>O</b>			
Ointments			
<b>P</b>			
Personal Medications			
-			
-			
-			
Petroleum jelly			
<b>Q-R</b>			
<b>S</b>			
Safety pins			
Scissors, small			
Splints			
Sunblock			
<b>T</b>			
Thermometer			
Tongue Depressors			
Tweezers			
<b>U-V</b>			
Vitamins			
-			
-			
-			
-			
-			
<b>W-Z</b>			