

# JABAT DANCE INC.

2024

UNIFORM AND INFORMATION

candid captures  
BY AJ OWNES

CONTACT US

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JABAT  
DANCE



# ABOUT US

Jabat Dance Inc is a not-for-profit dance school in Port Hedland, run by a committee made up of volunteers, parents and community members. JaBat Dance Inc has been running the Pilbara for over 25 years, we at JaBaT are passionate about inspiring our students to reach their full potential building confidence, grace, balance and coordination. We offer tuition in the CSTD syllabus, with students participating in examinations annually.

We are so excited about what 2024 has in store for us at JaBaT and can't wait to have you join the JaBaT Family.

# JABAT DANCE INC UNIFORM

**ALL shoes and tights are available online from:**  
Energetiks (<https://www.energetiks.com.au>) OR  
Bloch (<https://www.bloch.com.au/pages/dance>)



**Boys Drawcord Short**

**\$45.00**



**Crop Top**

**\$40.00**



**Punk Rock Singlet**

**\$30.00**



**Hot Shorts**

**\$40.00**



**JaBaT Top (available in  
Purple and Blue)**

**\$45.00**



**JaBaT Leotard**

**\$50.00**



**Laura Leggings**

**\$50.00**



**Tiny Tot Tutu**

**\$45.00**





# WHAT WE OFFER







# BALLET



We offer ballet from ages 5+, each year level learning the fundamentals of classical ballet. CSTD exam syllabus is taught for students from Primary + with exams available for students wishing to participate.

## Uniform Requirements

**All Grades (Pre-Primary - Grade 6)** –Grade 1-6 require ballet JaBaT Leotard and black chiffon skirt (available from <https://www.energetiks.com.au/wrap/skirt>)

**Stockings** - Salmon Pink Tights

([https://www.energetiks.com.au/classic-dance-tight\\_convertible\\_20](https://www.energetiks.com.au/classic-dance-tight_convertible_20))

**Hair** - Hair should be combed back into a ballet bun for all classes, if hair is too short to be put into a bun hair must be secured off the face.

**Shoes** - Split sole ballet flats can be purchased from Bloch or Energetiks. (<https://www.energetiks.com.au/ballet-shoe-canvas-split-sole>)

# JAZZ

Jazz is an upbeat style of dance that involves strong technique and fast-moving actions. We offer exams for students from 5yrs +.

## Uniform Requirements

**Junior Jazz** – Any combination of JaBaT uniform. Tan Jazz Shoes with elastic. ([https://www.energetiks.com.au/jazzconvertible\\_20-boot-neoprene](https://www.energetiks.com.au/jazzconvertible_20-boot-neoprene))

### **Sub-Intermediate, Intermediate and Senior Jazz-**

Any combination of JaBaT uniform. Black Jazz shoes with elastic. ([https://www.energetiks.com.au/jazz-boot-neoprene\\_27](https://www.energetiks.com.au/jazz-boot-neoprene_27))

**Stockings** - Tan Tights available online from Energetiks. <https://www.energetiks.com.au/essential-dance-tight-convertible>

**Hair** – Either in a bun, ponytail or braid. Hair must be secured off face.



# TAP

Tap is a style of dance that is recognised by the sound generated from metal plates on the bottom of specially designed shoes to create a musical effect like no other. We offer tap exams for all ages.

## Uniform Requirements

**Junior Tap**– Any combination of JaBaT uniform. Tan buckle tap shoe. (<https://www.energetiks.com.au/debut-tap-shoe-low-heel>)

**Senior Tap** - Any combination of JaBaT uniform. Black tap shoe either buckle or laces depending on students' choice. (<https://www.energetiks.com.au/women/dance-shoes/tap-shoes>)

**Stockings** - Tan Tights available online from Energetiks. [https://www.energetiks.com.au/classic-dance-tight-convertible\\_20](https://www.energetiks.com.au/classic-dance-tight-convertible_20)

**Hair** – Either in a bun, ponytail or braid. Hair must be secured off the face with no loose hair hanging onto the face.







# LYRICAL/ CONTEMPORARY

This style of dance combines classical ballet technique, modern and hints of jazz. A style of dance where music and dance combine to tell a story. CSTD exams available in advanced senior contemporary. \*Please note Contemporary exams must be sat in order and are only available for students 12 yrs+

## Uniform Requirements

**Junior Lyrical** – JaBat leotard with either Jabat shorts or leggings and a long sleeve black shirt. No shoes required.

**Inter Lyrical/Contemporary** - JaBat leotard with either Jabat shorts or leggings and a long sleeve black shirt. Knee pads if required.

**Senior Lyrical/Contemporary** - JaBat leotard with either Jabat shorts or leggings and a long sleeve black shirt. Knee pads if required. Plain black socks required for exams.

**Stockings** - Tan Tights available online from Energetiks. [https://www.energetiks.com.au/classic-dance-tight-convertible\\_20](https://www.energetiks.com.au/classic-dance-tight-convertible_20)

**Hair** – Either in a bun, ponytail or braid. Hair must be secured off the face with no loose hair hanging onto the face.

# HIP HOP

Hip Hop is a fun upbeat class working on the core units of street dancing with an emphasis on fun and freedom. No exams are offered for hip hop.

## Uniform Requirements

**Junior Hip Hop** – Any combination of the JaBat uniform. Black sneakers required.

### **Inter Hip Hop** -

Any combination of the JaBat uniform. Black sneakers required.

### **Senior Hip Hop** -

Any combination of the JaBat uniform. Black and White sneakers required.

**Stockings** - Tan Tights available online from Energetiks.

[https://www.energetiks.com.au/classic-dance-tight-convertible\\_20](https://www.energetiks.com.au/classic-dance-tight-convertible_20)

**Hair** – Either in a bun, ponytail or braid. Hair must be secured off the face with no loose hair hanging onto the face.



# ACRO

Acro dance is a combination of core gymnastic and jazz style dance. No exams are offered for Acro. Acro level 2 and 3 require placement. If you believe your child is ready for acro 2 please email us and we can do an assessment.

Acro 2 – Must be able to complete a bendback from stranding, front walkover and bend back kickover.

Acro 3 – Must be able to complete a front and back walk over, hold a handstand and be working on front handspring.

Uniform Requirements

**Primary and Acro 1** - Any combination of the JaBat uniform. No shoes required

**Acro 2** - Either the JaBaT leotard or crop top and either shorts or leggings, no loose clothing. No shoes required.

**Acro 3** - Either the JaBaT leotard or crop top and either shorts or leggings, no loose clothing. No shoes required.

**Stockings** - Tan Tights available online from Energetiks. [https://www.energetiks.com.au/classic-dance-tight-convertible\\_20](https://www.energetiks.com.au/classic-dance-tight-convertible_20)

**Hair** – Either in a bun, ponytail or braid. Hair must be secured off the face with no loose hair hanging onto the face.







# TINY TOTS

Tiny Tots is an introduction into the world of dance for our tiny students. We teach all three main styles of dance - ballet, jazz and tap to ensure that students can fully understand the introductory movements for their age. This genre is great to introduce small students to dance and assist them to decide on their preferences as they grow and move into the older classes.

## Uniform Requirements

### ***Jabat Dance Inc Tiny Tot Leo***

***Shoes*** - Ballet flats AND Tan tap shoes.

(<https://www.energetiks.com.au/girls/girls-dance-shoes>)

***Hair*** – Out of the eyes

***Stockings*** - Salmon pink tights  
(<https://www.energetiks.com.au/premier-convertible-tight>)

# CHEER

Cheer dance incorporates fundamentals of cheerleading and dance into one. Learning fun stunts and tricks.

## Uniform Requirements

**Cheer** - Any combination of JaBaT uniform. No shoes required.

**Stockings**- Tan Tights available online from Energetiks.  
([https://www.energetiks.com.au/classic-dance-tight-convertible\\_20](https://www.energetiks.com.au/classic-dance-tight-convertible_20))

**Hair** – Either in a ponytail or braid. Hair must be secured off the face with no loose hair hanging onto the face.



# ADULTS

Adults is a fun dance class aimed at maintaining fitness whilst learning basic dance to stay active, make friends and have fun. In 2024 we will be offering Jazz and Tap combined adults as well as Ballet and Lyrical combined classes.

## Uniform Requirements

**Jazz and Tap** - Any fitness attire that is comfortable and moveable. Shoes are discussed in class as dependent on end of year number.

**Ballet and Lyrical** - Any fitness attire that is comfortable and moveable. No shoes required

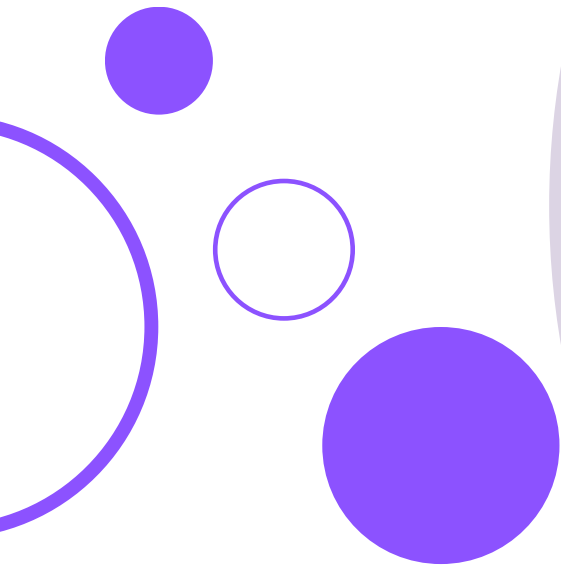
**Stockings** - Tan Tights available online from Energetiks.

[https://www.energetiks.com.au/classic-dance-tight-convertible\\_20](https://www.energetiks.com.au/classic-dance-tight-convertible_20)

**Hair** - Either in a bun, ponytail or braid. Hair must be secured off the face with no loose hair hanging onto the face.







# TECHNIQUE

A new class starting this year with a focus on strength and technique development. Highly recommended for all students. This class will help develop skills core strength for further development in class.

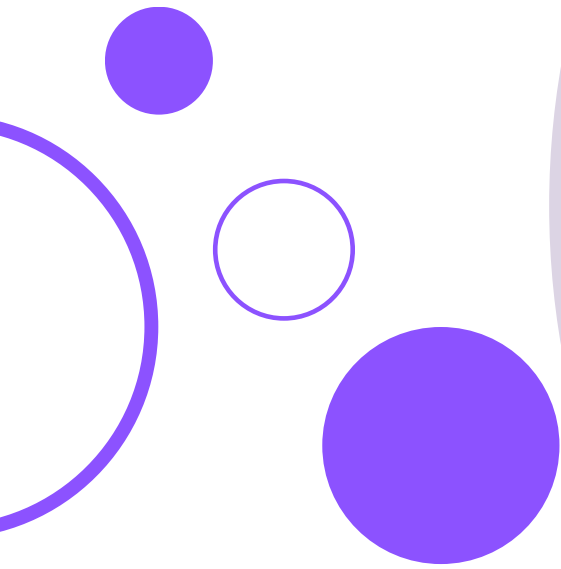
## Uniform Requirements

**Strength and Conditioning** – Any combination of the JaBat uniform. No shoes required

**Technique** - Any combination of the JaBat uniform. Jazz shoes required.

**Stockings** - Tan Tights available online from Energetiks. [https://www.energetiks.com.au/classic-dance-tight-convertible\\_20](https://www.energetiks.com.au/classic-dance-tight-convertible_20)

**Hair** – Either in a bun, ponytail or braid. Hair must be secured off the face with no loose hair hanging onto the face.



# Elite Performance Teams

Troupe students are required to commit to additional classes each week and provided with opportunities to compete in local competitions and perform at local events. Troupe students perform all genres of dance.

## Uniform Requirements

**Uniform** - Any combination of the JaBaT uniform, must have a JaBaT shirt for travel and performances. Jazz shoes required, colour based on performance group.

**Stockings** - Tan Tights available online from Energetiks.  
[https://www.energetiks.com.au/classic-dance-tight-convertible\\_20](https://www.energetiks.com.au/classic-dance-tight-convertible_20)

**Hair** - Either in a bun, ponytail or braid. Hair must be secured off the face with no loose hair hanging onto the face.



# IMPORTANT NOTES

## Important Dates for 2024:

Term 1: Feb 5th – 9th March 2024

Term 2: 14th April – 29th June 2024

Term 3: 14th July – 29nd September 2024

Term 4: 16th October – November 2024

ELITE Performance Teams Try Out Weekend : 24th and 25th of February 2024 (TBC)

STARSTRUCK Dance Comp: 8-9th June 2024

CSTD Dance Examinations – August/September 2024 (TBC)

Proposed 2024 Concert Dates: November 15/16 (TBC)

## Other Information:

- No student is to attend class if they are unwell.
- Please contact us as soon as possible via email or messenger to advise if your child will not be attending their enrolled class.
- Aside from Term 1 dance classes will commence on the first day of each school term with the final class for each term held on the Saturday of the final week of each term.
- Dance classes are not held on Public Holidays or any Saturday during a long weekend.



**IMPORTANT DATES 2024**

Term 1: MON 5 FEB – 29 MARCH

Term 2: 14 APRIL – 29 JUNE

Term 3: 14 JULY – 21 SEPTEMBER

Exams: TBC (Aug/Sep)

Starlight Competition: TBC

Term 4: 16 OCTOBER - November

CONCERT: TBC NOV 2024

**2024****Timetable**CONTACT US: [JABATDANCE@LIVE.COM.AU](mailto:JABATDANCE@LIVE.COM.AU)

DAY	CLASS	AGE	TIME	VENUE	TEACHER	
MONDAY	Tiny Tots	2-5	2:15-3:00pm	Studio 1	Miss JACINTA	
	Pre-Primary Ballet	5-6	3:00-3:45pm	Studio 1		
	Primary Ballet	7-8	3:45-4:30pm	Studio 1		
	MONDAY	Private Lesson	-	3:45-4:30pm	Studio 2	Miss DANA
		Grade 1 Ballet	8-10	4:30-5:15pm	Studio 1	
		Grade 2 Ballet	Graded*	5:15-6:00pm	Studio 1	
		Grade 3 Ballet	Graded*	6:00-6:45pm	Studio 1	
Grade 4&6 Ballet		Graded*	6:45-7:30pm	Studio 1		
TUESDAY	Strength and Conditioning 1	5+ (Juniors)	3:00-3:45pm	Studio 1	Miss ZOE	
	Primary Acro	5+ *	3:45-4:30pm	Studio 1	Miss DANA	
	Acro 2	8+ *	4:30-5:15pm	Studio 1		
	Student Teaching Program	Invitation ONLY	5:15-6:00pm	Studio 2		
	Cheer	5+	5:15-6:00pm	Studio 1	Miss ZOE	
	Strength and Conditioning 2	9+	6:00-6:45pm	Studio 1		
WEDNESDAY	Acro 1	6+ *	3:00-3:45pm	Studio 1	Miss DANA	
	Junior Jazz	5-7	3:45-4:30pm	Studio 1		
	Sub-Intermediate Jazz	7-9	4:30-5:15pm	Studio 1		
	Intermediate Jazz	10+	5:15-6:00pm	Studio 1		
	Senior Jazz	12+	6:00-7:00pm	Studio 1		
THURSDAY	Adults Jazz and Tap	18+	7:00-8:00pm	Studio 1	Miss JACINTA	
	Junior Hip Hop	5-8	3:00-3:45pm	Studio 1	Miss JACINTA	
	Intermediate Hip Hop	8-10	3:45-4:30pm	Studio 1	Miss DANA	
	Grade 2&3 Ballet	Graded*	3:45-4:30pm	Studio 2		
	Senior Hip Hop	10+	4:30-5:15pm	Studio 1		
	Musical Theatre	8+	5:15-6:00pm	Studio 1		
	Acro 3	Graded*	6:00-6:45pm	Studio 1		
Grade 6 Ballet	Graded*	6:45-7:30pm	Studio 1			
FRIDAY	Junior Tap	5-9	3:00-3:45pm	Studio 1	Miss JACINTA	
	Junior Lyrical	5-8	3:45-4:30pm	Studio 2	Miss DANA	
	Intermediate Lyrical	8-11	4:30-5:15pm	Studio 1		
	Senior Tap	10+	5:15-6:00pm	Studio 1		
	Senior Contemp/Lyrical	12+	6:00-6:45pm	Studio 1		
SATURDAY	Tiny Tots	2-5	8:15-9:00am	Studio 1	Miss JACINTA	
	Private Lesson	-	8:00-8:30am	Studio 2	Miss DANA	
	Private Lesson	-	8:30-9:00am	Studio 2		
	Pointe/Pre-Pointe	Invite ONLY	9:00-9:45am	Studio 1		
	Adult Ballet and Lyrical	18+	9:45-10:30am	Studio 1		

	Mini Troupe	Invite ONLY	10:30-11:15am	Studio 1	
	Technique 1	5-9	11:15-12:00pm	Studio 1	
	Intermediate Troupe	Invite ONLY	12:00-12:45pm	Studio 1	
	Technique 2	10+	12:45-1:30pm	Studio 1	
	Senior Troupe	Invite ONLY	1:30-2:30pm	Studio 1	
	Hip Hop Troupe	Invite ONLY	2:30-3:15pm	Studio 1	
	Advanced Acro Troupe	Invite ONLY	3:15-4:00pm	Studio 1	
	PRIVATE	-	4:00-4:30pm	Studio 1	
	PRIVATE	-	4:30-5:00pm	Studio 1	
PRIVATE	-	5:00-5:30pm	Studio 1		

ENROL NOW AND JOIN THE  
JABAT FAMILY TODAY!

THANKYOU FOR READING!  
WE CAN'T WAIT FOR 2024.

CONTACT US FOR MORE INFORMATION

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