



# *Mystical Journey*

[www.inoneheart.com](http://www.inoneheart.com)



# Mystical Journey

June 4<sup>th</sup> to June 14<sup>th</sup> 2018

## MEET YOUR GUIDES

### PAULLO QENTE

Paullo is an amazing guide, dedicated to sharing his ancestry and sacred knowledge with the world. He believes it is our mission to understand and accept the presence of the divine energy in every one of us, and in doing so we will inherit the great presence of this energy in our being, our home, our daily affairs, and in our world. He knows Peru profoundly and is well versed in guiding people from all over the world along the powerful sites of the Andes, while detailing the rich history of the Incan Empire. He is a Master of many sacred rituals and spiritual ceremonies and is a true blessing to both his students and his heritage. We are honored to have him be a part of this journey!



### EVELYN VIVIANA

Evelyn is one of those guides you will meet once in a lifetime! She is a highly accredited ATIH Teacher, certified by Drunvalo Melchizedek's School of Remembering and she knows how to connect with people from all walks of life, as her students come from all over the world to attend her workshops. She is passionately committed to teaching the world how to love itself again, and help us all remember our true connection with nature and Mother Earth. Her workshops and techniques are world renowned for helping people heal all kinds of pain, as well as releasing from any kind of trauma in this life and from past lives. She teaches that the laws of life and creation have been kept alive in many of our indigenous people and ancient cultures, and is now being remembered by all present societies. She dreams of reaching as many students as she can to experience first-hand this incredible journey!





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# MEET YOUR GUIDES

## Joel Gonzalez

Joel is a spiritual mentor, experience alchemist, and travel photographer who is passionate about helping people change their lives for the better. He is a vivid example that the Universe smiles to those who see the good in all things. Creator of The Change Journey, a movement who's purpose is to understand perspectives and to change lives, his mission is to learn about cultures and values, and to instill a vision of the world where people value differences, are aware of global issues, and are empowered to affect positive change.





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## Included In Your Journey:

- 3+ Star lodging in Lima, Cusco, and the Sacred Valley
- Transfers from airports and hotels
- Tours in Saqsayhuaman, Tipon, Chinchero, Moray, Pisac, Ollantaytambo, Machu Picchu and more
- General tourist ticket to visit up to 17 tourist attractions, archaeological centers, and museums
- Roundtrip domestic flights: Lima – Cusco
- Entrances to Machu Picchu
- Elite transportation throughout the journey
- Maestros of ceremony and Spiritual guides
- Guided Meditations and Shamanic breathwork
- Ancient ceremonies and rituals
- Ethereal Body Cleansing & various initiations with the elements of (Fire, Water, Wind, Earth)
- Professional Photography

## Not Included In Your Journey:

- International flights
- Travel insurance
- Lodging before and after the journey
- Meals, except as noted
- Tips

**10 Days 9 Nights**

**\$2,399**

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## What To Bring

1. Original and unexpired passport
2. A comfortable all white outfit for our Ayahuasca ceremony
3. Small backpack
4. Comfortable shoes for trekking
5. Camera, batteries, charger
6. Spiritual objects like crystals, quartz, sage
7. Hat for protection from the sun, rain and cold
8. Sunscreen
9. Cash (ATM's only allow maximum withdrawals of about \$200 per transaction)





# Mystical Journey

June 4<sup>th</sup> to June 14<sup>th</sup> 2018

Day 1 – June 4<sup>th</sup>  
Lima, Peru



Welcome to Peru! Today we will meet Lima, the capital city of Peru. Transportation will pick you up at the airport or your hotel and transfer you to our hotel in Miraflores. This will be a day to absorb the beauty of the city as we gather and celebrate as family with our fellow journeyers.





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Day 2 – June 5<sup>th</sup>  
Saqsayhuaman  
Cusco, Peru



In the early morning we will transfer to the Jorge Chavez Airport and take our flight to Cusco. At the scheduled time of arrival, we will land at the imperial city and transfer to our accommodations at Hotel Llipimpac. Here we will be joined by Paullo and Joel for the rest of the journey. After lunch, we will journey to the Casa del Sol “Saqsayhuaman” the mythical Inca fortress that lies high above the city of Cusco. At Saqsayhuaman, we will have our first meditation ceremony and connection. After connecting and exploring Saqsayhuaman, we will explore Cusco city’s historic center and have an amazing dinner at Greenpoint restaurant.





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June 4<sup>th</sup> to June 14<sup>th</sup> 2018

Day 3 – June 6<sup>th</sup>  
Tipon – Sacred Valley  
Cusco, Peru



In the morning, after breakfast, we will visit Tipon, the ceremonial temple dedicated to the water. A demonstration of the Incas' mastery over their environment, this extensive Inca site consists of some impressive terracing at the head of a small valley with an ingenious irrigation system. Here we will have a special meditation devoted to our sacred water. After connecting and exploring Tipon, we will journey to the Sacred Valley of the Incas for lunch. After lunch we will rest and prepare for a medicinal music concert.





# Mystical Journey

June 4<sup>th</sup> to June 14<sup>th</sup> 2018

Day 4 – June 7<sup>th</sup>  
Sacred Valley, Peru



This will be a day for a Despacho ceremony and meditation as we prepare for our sacred Ayahuasca ceremony by afternoon. A Despacho is a gift to spirit, or the organizing principles of the Universe, and is a ritual of energetic exchange for healing, re-establishing right relationship and protection. Our sacred Ayahuasca ceremony will take place at the Maha Temple with the Sacred Valley Tribe.





# *Mystical Journey*

June 4<sup>th</sup> to June 14<sup>th</sup> 2018

Day 5 – June 8<sup>th</sup>  
Aguas Calientes, Peru



After lunch we will board our train to Aguas Calientes, a secluded paradise right on the foothills of Machu Picchu. Here we will rest and recover, as we prepare to hike the majestic Machu Picchu the following day.





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June 4<sup>th</sup> to June 14<sup>th</sup> 2018

Day 6 – June 9<sup>th</sup>  
Machu Picchu  
Aguas Calientes, Peru



Today we welcome a BIG day of connection, hiking, and exploration. Make sure you get plenty of sleep the night before as our day begins at 3:30 am. Early in the morning after breakfast we begin our journey to Machu Picchu. Elevated at 8,000 feet, Machu Picchu will offer quite an ascent as you enjoy breathtaking views of the Andes and the ancient ruins. Once we reach the top of Machu Picchu, we will be in the main temple of the priestesses and receive in our hearts the magic touch of the Sun's rays, and ignite the flame of love with a meditation ceremony. We will continue to explore Machu Picchu hereon. After lunch, we will return to the Sacred Valley by train and enjoy a beautiful dinner.





# *Mystical Journey*

June 4<sup>th</sup> to June 14<sup>th</sup> 2018

Day 7 – June 10<sup>th</sup>  
Sacred Valley, Peru



This will be a day for a meditation as we prepare for our sacred Ayahuasca ceremony by afternoon. Our sacred Ayahuasca ceremony will take place at the Maha Temple with the Sacred Valley Tribe.





# *Mystical Journey*

June 4<sup>th</sup> to June 14<sup>th</sup> 2018

Day 8 – June 11<sup>th</sup>  
Ollantaytambo –  
Puma Marca  
Sacred Valley, Peru



After lunch we will Journey to the archaeological site of Ollantaytambo.

During the Incan Empire, Ollantaytambo was the royal estate of the Emperor Pachacuti who conquered the region and built the town and ceremonial center. After Ollantaytambo, we will explore Puma Marca. Puma Marca are the remains of a hillside fortress that once guarded the entrance to the fertile Sacred Valley. Built on a steep slope overlooking the convergence of the Patacancha and Yuracmayo rivers, it's prime position, away from any tourist crowds rewards visitors with panoramic views.





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Day 10 – June 12<sup>th</sup>  
Chincheró – Moray  
Sacred Valley, Peru



In the early morning we will Journey to Chincheró for our energy cleansing ceremony. Known to the Incas as the birthplace of the rainbow, this typical Andean village combines Inca ruins with a colonial church and wonderful mountain views. Then we will explore the concentric circles of Moray, six stunning concentric terraces which surround a central circular 'arena' After lunch we will visit and explore the beautiful the Maras salt mines.





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Day 11 – June 13<sup>th</sup>  
Pisac Archaeological  
Sacred Valley, Peru



Today after breakfast, we will explore the Pisac ruins and then have the afternoon to adventure through Pisac's center on your own. This hilltop Inca citadel lies high above the village on a triangular plateau with a plunging gorge on either side. This dominating site guards not only the Urubamba Valley below, but also a pass leading into the jungle to the northeast. Topping the terraces is the site's ceremonial center.





# *Mystical Journey*

June 4<sup>th</sup> to June 14<sup>th</sup> 2018

Day 10 – June 14<sup>th</sup>  
Cusco, Peru



As we return to Cusco from The Sacred Valley this day, those who wish to stay longer will have the opportunity to make arrangements at their own expense. As we say goodbye to our new friends and the memories we created, we will undoubtedly be rejoicing our time together! It is a perfect day to explore all Cusco city has to offer. Transfers to Lima will take place.

