



MYSTICAL JOURNEY: MOROCCO

APRIL 26TH - MAY 7TH 2023

ITINERARY

MYSTICAL JOURNEY: MOROCCO

MEET YOUR GUIDES



Evelyn Viviana, is The Founder of “In One Heart” aka The In One Heart Tribe and is a World Renowned Maestra, High Priestess, Medicine Woman, Teacher, Healer and Facilitator. She was born and raised in Peru with a deep connection to Mother Earth and its elements. She is passionately committed and sharing her wealth of Esoteric Knowledge, Ancient Traditions, Shamanic Wisdom, which she has been initiated from. She is a highly accredited “Awakening The Illuminated Heart” Teacher, of The School Of Remembering, taught and mentor by Drunvalo Melchizedek, author of The Ancient Secret Of The Flower of

She has and continues leading women empowerment circles, plant medicine ceremonies as well as facilitated Mystical Journeys to sacred sites in different parts of the world from Peru to Egypt and more. Her deep connection to Nature, the Esoterics and Plant Medicines have assisted her participants and students who have joined her to reach higher levels of understanding and awareness and stepping into their own power.

It is her personal mission to teach the world how to Love itself again, and to help us all remember our true connection with Mother Earth and our Divine Blueprint.

With her gifts being in such high demand from others around the world, Evelyn considers herself to be extremely blessed, takes nothing for granted, and that her journey in Spirituality and living from the Heart Space, in Love and Authenticity has led her to working with a dynamic team of light workers as she continues to bestow her Love, Light and Laughter upon the Souls of so many.

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Andrea Torrez is an Energy Healer, Certified Yoni Steam Practitioner, Womb Wellness Advocate, Certified Cosmic Sexuality Instructor, Sacred Woman Practitioner, and Certified Homeopathic Healer.

Helping wombyn has been a passion and lifestyle for Andrea since a very young age. At her wellness center, The Golden Rose in NY, Andrea provides womb care and guides women in their journey of womb wellness and to embrace and nurture their relationship with their Divine Femininity both physically and energetically.

Additionally, she is a Sacred Woman Practitioner through Queen Afua's Wellness Institute, ascending through both the 12-week Rites of Passage program and also closely studying with Queen Afua in the Health Practitioner program.

Andrea is also a certified Cosmic Sexuality Instructor through the Cosmic Sexuality institute founded by Shalom Melchizedek and Victoria Leanna. And also a certified Homeopathic healer through the School of Homeopathy in Stroud, England. During her studies, she studied closely with and under the direct supervision of the school's founder, Misha Norton, who personally shared his lifelong understanding and knowledge of Homeopathy.

Since a very young age Andrea has traveled to many lands around the world, always deeply connecting to the rich cultural heritage of each land and discovering the beauty and history of the people all over the world. It is Andrea's personal mission and desire that each life she encounters is enriched with light and love, and that as a healer she can spark the magic and power of inner healing within each of those individuals as well as the conscious collective.



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Included in Your Journey:

- *Pick Up and drop off to and from accommodations*
- *Transportation throughout the country in comfy air-condition private bus with personal driver and guide*
- *Accommodations at stunning riads and desert camps throughout the country*
- *Daily traditional full-spread Moroccan breakfast*
- *8 Nightly Dinners (vegetarians welcome)*
- *Local guide in Fes and Marrakech*
- *Visit Ait Ben Haddou Kasbah*
- *Camel ride and night in glamorous desert camp*
- *Bottled water and scarf for camel trip*
- *Sacred Rapeh Ceremony in the Sahara Desert*
- *Ecstatic Dancing with Bonfire and Drumming in the Sahara Desert*
- *Meditation Time (connecting our spiritual intentions to the practice of meditation, drawing in our multidimensional self)*

NOT INCLUDED:

- *Airfare*
- *Lunches*
- *Drinks and snacks along the way*
- *Souvenirs and Shopping*
- *Tips/Gratuity*
- *Entrance fees to mosques or museums you wish to see (most entrance fees tend to be about \$2 USD)*
- *Travel/Cancellation Insurance*
- *Hotel expenses before and after the journey*

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What to bring:

- *An all-white outfit for ceremony*
- *Spiritual objects like crystals, quartz, and incense*
- *Original passport*
- *Small backpack*
- *Hiking shoes*
- *Camera, batteries, battery charger*
- *Hat for protection from sun*
- *Sunscreen and insect repellent*
- *cash*

the big picture



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DAY 1 – 26TH APRIL

CASABLANCA



Upon arrival at Casablanca International Airport, you will be greeted by our driver and guide who will be waiting for you to begin the 12 days Mystical Journey Morocco tour and desert adventure. This day we will visit the stunning architectural masterpiece Hassan II Mosque, the biggest Mosque in all of Africa. Within the Mosque you will witness Sacred Geometry and architecture in beautiful union and grand scale. After visiting the Mosque, we will check in to our beautiful hotel for dinner and overnight.

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DAY 2 – 27TH APRIL

RABAT &

CHEFCHAOUEN



After breakfast we will continue our journey from Casablanca and travel to the beautiful famous “Blue Pearl City” of Chefchaouen, passing through the capital city of Rabat which is one of the four imperial cities of Morocco. In Rabat we will explore the best attractions of the city and have time for lunch. In the afternoon we will continue to Chefchaouen while enjoying the stunning landscapes of the Rif Mountains along the drive. In the evening we will arrive in Chefchaouen to experience the lively evening atmosphere of this cultural and artistic center and enjoy a delicious dinner and overnight stay in a beautiful traditional Riad.

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DAY 3 – 28TH APRIL

CHEFCHAOUEN / VOLUBILIS / FES



After breakfast we will explore the Blue City, walking around the blue streets and markets where you will have the opportunity to take pictures in every corner and shop the many artisanal goods. Free time for lunch, and then we will travel to Fes via Volubilis. First, we will stop in Volubilis which is one of the best preserved ancient Roman ruins in Morocco. We will explore and learn about this archeological site of Moroccan history that offers impressive displays of ancient architecture dating back to the 3rd century BC.

After the visit we continue our journey to the cultural center of Morocco, Fes. In the afternoon we arrive to Fes to relax, dinner and overnight in a beautiful traditional Riad.

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DAY 4 – 29TH APRIL
FES SIGHTSEEING



After a delicious homemade traditional Moroccan breakfast, we will start to explore the most historical and cultural city in Morocco. Fes “The Spiritual City of Morocco” we will visit one of the oldest medinas in the country with its amazing architecture and design. Our guided tour in Fes includes many monuments such as: the Jewish Quarter (Mellah), and the Dar El Makhzen (Royal Palace). We will also visit the famous Chaouwara Tanneries which is the largest leather workshop in the city built in the 11th century. We will also be able to admire the Kairaouine Mosque – which is the oldest university in the world. Fes is also home to two very famous Madrassas, renowned for their striking Islamic architecture, which we will visit as well. We will also have time to have lunch and shop in the famous artisan markets in the medina full of beautiful goods. We will finish with dinner and overnight in the same Riad.

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DAY 5 – 30th APRIL

CEDAR FOREST/MIDDLE
ATLAS
MOUNTAINS/MERZOUGA

After breakfast, we depart Fes and drive through the magical Middle Atlas Mountains. We will stop in Ifrane city which is known as “the Switzerland of Morocco”, then we will continue to the Midelt (the famous town of Apples) for lunch and will encounter monkeys in the cedar forest along our way. After we will drive to the Sahara Desert towards Tizi N’talghoumte Pass, where we will see incredible Berber (Amazigh) villages and breathtaking views of Ziz Valley. We will arrive early evening in the amazing land of sand dunes of Merzouga for dinner and overnight in a magnificent desert Riad.

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DAY 6 – 1st MAY

DESERT TOUR / NOMAD FAMILIES / CAMEL
TREKING & DESERT CAMPING



After breakfast, we will start our journey around the amazing natural wonder of Erg-Chebba sand dunes. We will explore many fascinating places of the area such as: Merzouga Lake (not always full of water) to see different kinds of birds (ducks and flamingos) that come to live in this lake especially in the springtime. We will visit Khamliya Village where we will listen to and see African musicians perform the beautiful and highly spiritual Gnawa music. We will then continue our

off-road desert tour to the black desert behind Erg-Chebbi sand dunes. We will visit an abandoned village where they mine minerals and fossils, and then drive for a beautiful visit with a traditional nomadic Berber (Amazigh) family and see their way of life. After our visit we will return to Khamliya for a delicious lunch in a local restaurant. Later in the afternoon we will start our camel trekking adventure across the beautiful unique orange sand dunes to a stunning desert camp. We will spend the night in this amazing place to feed our souls, have a delicious dinner in the camp, a campfire with live local drummers, all under the extraordinary desert night sky of a zillion stars.



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DAY 7 – 2nd MAY

TODRA VALLEY &

GORGES / BOUMALNE

DADES / DADES VALLEY

In the morning we will be blessed to observe a beautiful Sahara Desert sunrise and then breakfast at the desert camp. Afterwards we will depart to go explore and shop in the souks of Rissani, which is the famous, traditional and biggest market of the area full of local made goods and arts and crafts. We will also have time to explore an ancient irrigation system from desert wells in Tinghir along the Tafilalt Oasis. From there we will travel to explore the stunning views of Todra Valley and walk along the Todra Gorge with its majestic orange towering cliffs, the canyons of Todra Gorge are almost 1,000 feet deep. We will end our day in Boulmalne Dades with its gorgeous green valley, dinner and overnight in a beautiful Riad with stunning views of the surrounding mountains and valley.

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DAY 8 – 3rd MAY

ROSE VALLEY /

OUARZAZATE /

KASBAH AIT

BENHADDOU /

MARRAKECH



After breakfast we travel to the land of Roses – one of the worlds’ largest agricultural areas for growing roses and for producing rose oil, rose water and all rose-based products. From there we travel to Ouarzazate “the Hollywood of Africa” where many huge Hollywood blockbuster movies are filmed. We will also visit Ait Benhaddou Kasbah in this area – which is a fortified walled city built right on the caravan path between Marrakech and the Sahara and was once a thriving trading post during the 17th century and has appeared in movies including Gladiator and Lawrence of Arabia. After our kasbah visit we will break for lunch in a local restaurant and then continue our tour to Marrakech via the High Atlas Passes. We will arrive in the evening to Marrakech, and overnight in a beautiful Riad in the heart of the medina.

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DAY 9 – 4th MAY

MARRAKECH

SIGHTSEEING

After breakfast we will start exploring the heart of Marrakech, one of the country's Imperial cities, also known as the Red City due to its red sandstone buildings. With a local guide we will visit the most historic sites, museum, and vibrant souks - including the Koutoubia Mosque, the Saadian Tombs, Bahia Palace, and the Jardin Majorelle botanical garden made famous by Yves Saint Laurent that blends art deco with Moorish architecture. We will have time for lunch, as well as time to explore the famous Djemaa El-Fna, the main square buzzing with snake charmers, musicians, henna artists and magicians. In the evening we will have free time to explore the exciting Djemaa El-Fna

Square from a restaurant of our choice. (Dinner is not included this evening.). Accommodations in the same Riad as previous evening.

DAY 10 – 5th MAY

ESSAOUIRA



After breakfast we will leave Marrakech and drive through the land of Argan Oil agriculture and culture. Morocco is the only place on earth where Argan oil is produced. On our way we will have the opportunity to visit the women's cooperative of Argan oil where they extract the oil that is famous for its culinary, cosmetic and medical properties. We will then continue our journey to the famous fishing port city of Essaouira. Essaouira is a World Heritage Site, and city where you can enjoy delicious fresh seafood. We will have time to explore the Jewish Quarter (el Mellah), the Skalla, and the picturesque souks of the city. Essaouira is also known for its incredibly talented artists and amazing musicians who often play in many restaurants and Riads. There is a fascinating atmosphere in the old streets of Essaouira and blessed with incredible sunsets! We will overnight in a beautiful Riad.

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DAY 11 – 6th MAY

OUZOUND
WATERFALLS

After having breakfast in Essaouira we will continue our journey to the breathtaking Ouzoud Waterfalls. This magical hidden gem is in the High Atlas Mountain village of Tanaghmeilt. Ouzoud is considered one of the most special places in Morocco, and is surrounded by green valleys, orchards, and more wild monkeys. The name Ouzoud is an Amazigh (Berber) word which means olive and is named such because the abundant olive orchards situated in Ouzoud. In the twilight people can encounter whole troops of monkeys, also follow a small path descending the gorges to witness the magnificent succession of cascades and permanent rainbows created by the fog thrown up by the falling water. Dinner and overnight will be in a stunning hotel in the beautiful Ouzoud.

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DAY 12 – 7th MAY

DEPARTURE

On our last morning together as a group we will share one more breakfast with the stunning view of Ouzoud before we transfer to Casablanca International Airport. We will reflect upon our adventures, incredible food, great times and laughter and the complete fruition of our magnificent 12-day Mystical Journey of Morocco.