



The Mystical Adventure

MEXICO

March 16th - March 26th 2022

Itinerary

Mystical Adventure: Mexico

MEET YOUR GUIDES

EVELYN VIVIANA



Evelyn is a renowned life coach, healer, and spiritual light energy worker, driven by the calling of inner light in her spirit. She is committed to her own awakening as well as to the calling of Spirit to help humanity awaken to their own powers and inner wisdom, one person at a time. Evelyn is a certified teacher of Awaken the Illuminated Heart (ATIH) and has completed dozens of Vision Quests with guardians of Indigenous knowledge as a seeker and student of spiritual truths for healing, and psychic transformation. She is a leader in imparting shamanic wisdom and esoteric knowledges, much of which are found in Indigenous traditions, through her decades of teaching and leading retreats, meditations, shamanic breath-work, workshops, spiritual and mystic journeys to sacred sites throughout the world. She now works with a dynamic team of shamanic light workers, spiritual teachers, healers, and humble servants of the Divine Spirit to expand on the journeys of many spiritual seekers. She is a direct student of the world-renowned author and esoteric teacher Drunvalo Melchizedek, and is a certified student of his "School of Remembering" She credits the honor of learning directly from him to gaining a deeper understanding of her synergistic gifts and abilities of imparting the teachings learned in her own life's spiritual journey onto her students. Evelyn is a highly intuitive and sensitive eternal student of the light, who has become finely attuned to the voice of inner wisdom and of Spirit. She is a rare teacher of shamanic wisdom and the art of esoteric knowledge. Her greatest delight is in being a witness to the growth of her students as they remember who they really are, and embrace their path of ultimate fulfillment in experiencing the divine rapture found in Spirit, life, and love.

ANTONIO CUEVAS

Antonio Cuevas is Cacique (chief) of a Yucayeke (an Afro-Taino village) in New York City. He is a medicine man with a strong Taino lineage, originally from the island of Puerto Rico. He is best known for his passion for truths and for his hands-on involvement in helping awaken his own community by helping uncover their resilient strengths. Antonio believes in the power of the plant medicine Spirits and the empowering messages they bring to the people of his communities. He highlights the integration of the lessons given by the medicines during ceremonies. He works with people one-on-one, in group settings, social and sacred medicine circles - locally, nation-wide, and internationally. His soul's quest is to continue to be a humble and dedicated vessel for the insights and knowledge of Divine sacred medicines in all communities around the globe.



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WHAT TO BRING

1. AN ALL WHITE OUTFIT FOR CEREMONIES
2. SPIRITUAL OBJECTS LIKE CRYSTALS, QUARTZ, AND INCENSE
3. ORIGINAL PASSPORT
4. SMALL BACKPACK
5. HIKING SHOES
6. CAMERA, BATTERIES, BATTERY CHARGER
7. HAT FOR PROTECTION FROM SUN, RAIN AND COLD
8. SUNSCREEN AND INSECT REPELLENT
9. CASH

THE BIG PICTURE



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INCLUDED IN YOUR ADVENTURE:

- TRANSPORTATION TO AND FROM AIRPORTS, AND DURING TRIP
- LUXURIOUS ACCOMODATIONS WITH BEAUTIFUL SCENERY
- DAILY YOGA PRACTICE
- DAILY BREAKFAST
- TOURS OF CENOTES, TULUM RUINS, CHICHEN ITZA, + MORE
- SHAMANIC BREATHWORK
- BUFO TOAD CEREMONY
- MUSHROOM CEREMONY
- RAPEH & FIRE CEREMONY
- DESPACHO CEREMONY
- GUIDED MEDITATIONS
- INTEGRATION WORK
- CATAMARAN EXCURSION
- TEMAZCAL SWEAT LODGE
- PROFESSIONAL GUIDES AND SPIRITUAL GUIDES

NOT INCLUDED:

- INTERNATIONAL FLIGHTS INTO CHETUMAL OR OUT OF CANCUN
- MEALS, EXCEPT AS NOTED
- TIPS
- TRAVEL CANCELLATION INSURANCE
- HOTEL EXPENSES BEFORE OR AFTER THE JOURNEY

10 DAYS AND 10 NIGHTS

\$3,333.00

ENERGY EXCHANGE

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Day 1-March 16th
Chetumal



Welcome to Mexico! Today we will all arrive in Chetumal, in the southeastern corner of Mexico's sacred Yucatán Peninsula.

When we all arrive, we will share a welcome dinner together before doing a fire ceremony in the evening, to release and let go.



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Day 2-March 17th Lake Bacalar



After breakfast & Yoga, we will depart for Lake Bacalar to explore and enjoy the calm serene waters. We will also be holding a water ceremony in these sacred waters before heading to lunch at the Plaza Square. After lunch we will check into our hotel, and prepare for a Shamanic Breathwork in the evening.



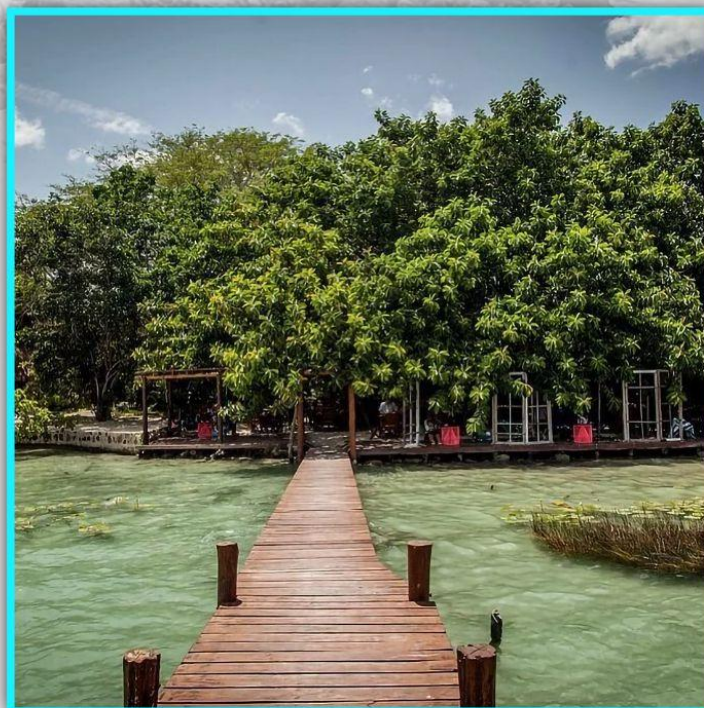
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Day 3-March 18th Bufo Ceremony



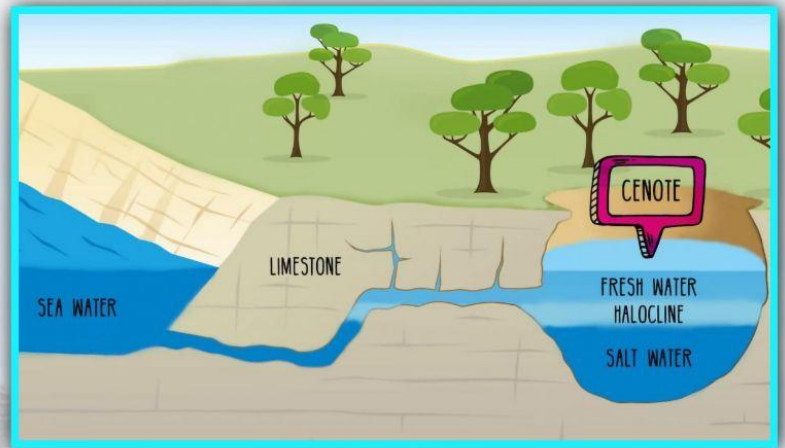
After Yoga & a light breakfast of fruits only, we will start today early in the morning and prepare for our Bufo Ceremony. As we hold space for everyone to share the Bufo medicine, we will allow plenty of time for integration with music, sufi dances, and other shamanic practices to ease back in.

After ceremony, we will have lunch at the beautiful coastal restaurant "La Playita". And in the evening, we will finish with a rapeh ceremony.



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Day 4-March 19th Sacred Cenotes



After breakfast, we will depart to explore the sacred cenotes of the Yucatán Peninsula. There are at least 6,000 cenotes in the Yucatán Peninsula of Mexico, and each one offers its beauty and diversity that is unlike the others. These sacred sites have long been honored by the Mayans, and were believed to be gateways or portals to the afterlife and other worlds. The healing powers of these sacred waters are deeply respected, and we will spend all day exploring!



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Day 5-March 20th Despacho & Mushroom Ceremony



Today is the Spring Equinox, and we will honor this emergence of new energy by starting with a guided meditation after breakfast. We will then practice the Shamanic rite of "Despacho", by preparing an offering to Mother Earth. After the Despacho ceremony, we will prepare for our Magic Mushroom ceremony in the evening where we will use sacred music and chants to awaken the healing powers of the Mushrooms.



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Day 6-March 21st Catamaran Excursion



After breakfast, we will all gather to share deeper about our experiences, as we integrate our adventures as a tribe. We will make our way to the beach today for a Catamaran Excursion off the coast in the beautifully clear waters.

After some fun in the sun, we will meet for dinner and then prepare to head north to Tulum the following day!



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Day 7-March 22nd Tulum Ruins



Happy Birthday Tony!! Today we not only celebrate the birthday of our guide Tony, but we also depart to Tulum to explore the ruins of this Mayan city. After our tour of the Tulum Ruins, we will head to some of the most beautiful beaches that Tulum has to offer, as we settle into this gorgeous coastal city.



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Day 8-March 23rd
Chichen Itza



Today after breakfast, we will head to the world renowned Chichen Itza. Chichen Itza was one of the largest Mayan cities and it was likely to have been one of the mythical great cities of the Mayan empire. We will also explore the Mayan Village, and surrounding cenotes in this area!

All Day Event



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Day 9-March 24th Alma Tulum & Temazcal



After breakfast, we will have another beach day at the breath-taking resort of Alma Tulum. Here we can explore some of the local markets and grab some food, or simply enjoy some of the good vibes this area has to offer.

In the evening we will participate in a Temazcal, a sacred sweat lodge, where we will journey together into a very unique experience!



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Day 10-March 25th Time for Leisure & Integration



In our last full day together, we will truly take time to ourselves and as a group to completely unwind, relax, and integrate all of our experiences together.

Tulum and the surrounding areas offer many opportunities for further exploration and or rest. It is very important when integrating the plant medicine ceremonies, to take your time and ease yourself back into the world.

Before we conclude our journey, we will share in a goodbye dinner to celebrate our time together!



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*Day 11-March 26th
Departure from
Cancun*



Today we will be departing out of Cancun to head back to the U.S.

Though we never really say "Goodbye!" We only ever say, "We can't wait to see you again!!"

