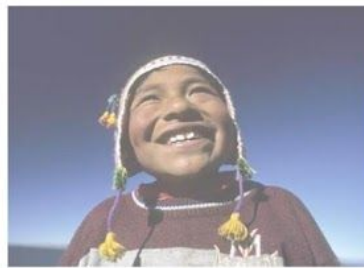


Mystical Journey: Peru
 MARCH 2ND-MARCH 14TH 2020



Mystical Journey: Peru

MEET YOUR GUIDES

PAULLO QENTE

Paullo is an amazing spiritual guide, dedicated to sharing his ancestry and sacred knowledge with the world. He believes it is our mission to understand and accept the presence of divine energy in every one of us, and in doing so we will inherit the great presence of this energy in our being, our home, our world, and in our daily affairs. He knows Peru like the back of his hand, and is well versed in guiding people from all over the world along the power sites of the Andes, while detailing the rich history of the Incan Empire and the practice of many sacred rituals and spiritual ceremonies. He is truly a blessing to both his students and his heritage, and we are honored to have him be a part of our journey!



EVELYN VIVIANA

Evelyn is one of those spiritual guides you will meet once in a lifetime! She is a highly accredited ATIH Teacher, certified by Drunvalo Melchizedek's School of Remembering, and she knows how to connect with people from all walks of life, as her students come from all over the world to attend her workshops. She is passionately committed to teaching the world how to love itself again, and to help us all remember our true connection with nature and Mother Earth. Her workshops and techniques are world renowned for helping people heal all kinds of pain, as well as releasing from any kind of trauma in this life or from past lives. She teaches that the laws of life and creation have been kept alive in many of our indigenous people and ancient cultures, and is now being remembered by all modern societies. She dreams of reaching as many students as she can to experience first hand this incredible journey!



Mystical Journey: Peru

Included In Your Journey:

- Accommodations in Lima, Paracas, Puno, and Pisaq
- Transportation from airport to hotel
- Tours in Paracas, Nazca Lines, and Puno
- General tourist ticket to visit many of the Incan Ruins from Paracas, Puno, Nazca Lines, Pisaq, +more
- All transportation on our journey
- Flight tickets from Lima to Puno and Cusco to Lima
- In depth explanation of Andean & Incan culture and history
Ceremonies of meditation, preparation, and exercises of reconnection with Mother Earth
- Plant medicine ceremony
- Professional certified guide

NOT INCLUDED:

- International flights from U.S. to Lima, Peru and return flights to U.S.
- Meals + Tips
- Taxis
- Travel/Cancellation Insurance
- Hotel expenses before or after the journey

12 Days, 12 Nights

Mystical Journey: Peru

WHAT TO BRING

1. Your Passport - needed at all times
2. Newly printed US Dollars from your bank - many vendors do not accept torn or wrinkled bills at all. Some places accept Visa.
3. Small backpack and hiking shoes
4. Clothes for cold and rainy weather
5. An all white outfit for ceremony
6. Spiritual objects like crystals, quartz, and incense
7. Camera, batteries, and battery charger
8. Hat for protection from sun, rain and cold
9. Sunscreen and insect repellent

The Big Picture



Mystical Journey: Peru

DAY 1 LIMA, PERU



Welcome to Perú! Today you will arrive into the capital city of Perú, home to over 10 million citizens and by far Perú's largest and busiest city. Transportation will be taking you from the Callao District where the airport is located, to the Hotel Leon de Oro in the Miraflores District where we will all meet and prepare for our journey!



Mystical Journey: Peru

DAY 2 PARACAS, PERU



Early in the morning after breakfast, we will make our scenic drive to Paracas. The Paracas Peninsula is a desert peninsula within the boundaries of the Paracas National Reservation, a marine reserve which extends south along the coast. The only marine reserve in Peru, it is a designated UNESCO World Heritage Site.

The peninsula may be best known for the Paracas Candelabra, a prehistoric geoglyph nearly 600 feet tall. The Paracas National Reserve has massive coastal areas and tropical deserts. The reserve is home to many species of wildlife, particularly birds that are largely concentrated at the water's edge and many other exquisite animals. Red sand beaches, Playa Roja, and Playa de la Mina are some of the most beautiful beaches in Peru.

Once we arrive here by bus, we will explore Paracas, las Islas Ballestas, the Candelabra, and then head to the town of Nazca to stay overnight.



Mystical Journey: Peru

DAY 3 NAZCA LINES, PERU



This day we will go to Nazca to take a plane over the Nazca lines to see huge geometric lines in the sand that represent sacred animals of this region. The Nazca Lines are a series of ancient geoglyphs located in the Nazca Desert in southern Peru. They were designated as a UNESCO World Heritage Site in 1994. Scholars believe the Nazca Lines were created by the Nazca culture between 500 BCE and 500 CE. The hundreds of individual figures range in complexity from simple lines to stylized hummingbirds, spiders, monkeys, fish, sharks, orcas, and lizards. Hundreds are simple lines or geometric shapes, and more than 70 are zoomorphic designs of animals such as birds, fish, llamas, jaguars, monkeys, or human figures. Other designs include shapes such as trees and flowers with the largest figures measuring over 660 ft across.

After lunch around 4:30 P.M., we will have the option of sand boarding, and we will stay overnight in Nazca.



Mystical Journey: Peru

DAY 4 NAZCA, PERU



Today we will spend a full day in the town of Nazca as we prepare for a Huachuma ceremony, also commonly referred to as “San Pedro” or known to the local shamans as Abuelo. Huachuma is a lesser-known shamanic medicine, but one that some consider the greatest of all plant teachers on the South American continent. Its history stretches back as far as 1200 BC, when it was used by the Chavín culture on the west coast of South America. Early shamans actually took huachuma themselves in order to heighten their senses to recognize illness in a patient to begin healing. In Peru, curanderos have used huachuma to treat depressive symptoms, alcoholism, and mood disorders. Those who have undergone the ceremony report that they are able to connect to their divine, true self. A feeling of universal belonging—the sense that we are all one—is common. Uniquely, many users report that the huachuma presents them with “tests” that teach valuable lessons. Practitioners often report a deep and heightened perception of the world as it truly is. For those struggling to know themselves or understand others, huachuma presents a unique way to specifically explore your inner psyche and your greater place in the world. Overnight in Nazca.



Mystical Journey: Peru

DAY 5 ICA, PERU



Today we will head to Ica, where we will visit the oasis of Huacachina, which is Quechua for concealed or hidden, literally a hidden oasis in the middle of the desert. Huacachina is built around a small natural lake, and has a permanent population of around 100 people. According to local legends, the water and mud of the area is therapeutic. Both locals and tourists often bathe in the waters or cover themselves with the mud in an attempt to cure ailments such as arthritis, rheumatism, asthma and bronchitis. Legend holds that the lagoon was created when a beautiful native princess removed her clothes to bathe, but after looking in a mirror she saw a male hunter approaching her from behind. Startled at the intrusion, she fled the area leaving behind her mirror which turned into a lake.

Here we will visit the Scientific Museum of Javier Cabrera, which explores a very unique study of our human history. Afterwards, we will sandboard the dunes of the surrounding area. Overnight in Paracas.



Mystical Journey: Peru

DAY 6 PARACAS, PERU



We will head to the National Reserve of Paracas where we will take a tour on ATV's throughout this beautiful ocean side landscape! This is a serene and peaceful area of Peru that is host to desert and marine ecosystems, providing a fertile habitat to the likes of the sei whale, the South American fur seal, the dusky dolphin, the marine otter, the sperm whale, the hump-back whale, the South American sea lion, the killer whale, the common bottlenose dolphin, the southern right whale, the Andean condor, the Chilean flamingo, the spotted sandpiper, the oasis hummingbird, the Peruvian pelican, and many more!

In the afternoon we will travel by bus back to Lima, where we will stay overnight.



Mystical Journey: Peru

DAY 7 LIMA TO PUNO, PERU



After breakfast, we will fly to the city of Puno to the Juliaca airport. Once we get settled in, we will visit the sacred site of Sillustani. Sillustani is a pre-Incan burial ground on the shores of Lake Umayo near Puno. The tombs are built above ground in tower-like structures called chullpas. The structures housed the remains of complete family groups, although they were probably limited to nobility.

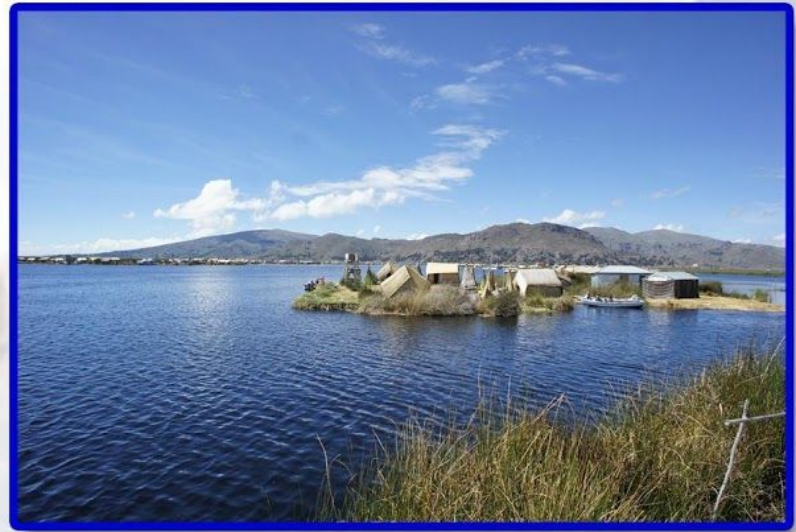


Mystical Journey: Peru

DAY 8

LAKE TITICACA,

UROS & AMANTANI ISLANDS



After breakfast, we will head to the port to take the boat that will take us to the Uros and Amantani Islands. The Uros islands are a group of 70 man-made totora reed islands floating on Lake Titicaca. Its inhabitants, the Uros tribe, pre-date Incan civilization and continue to hunt and fish the plentiful land and waters they occupy. Amantani Island is on the Peruvian side of Lake Titicaca.

It has two mountain peaks, Pachatata ("father earth") and Pachamama ("mother earth"), with ancient Inca and Tiwanaku ruins on top of both. The hillsides are terraced, mostly worked by hand, and planted with wheat, quinoa, potatoes, and other vegetables. At night we will hold a Fire Ceremony, and we will stay overnight in Amantani.



Mystical Journey: Peru

DAY 9 AMANTANI TO PUNO



Today we will have breakfast together in Amantani, and enjoy the peacefulness of Lake Titicaca for a day of relaxation in this magical place. After lunch, we will head back to Puno and stay in Puno overnight.



Mystical Journey: Peru

DAY 10 ARAMU MURU, LAKE TITICACA, & PUNO



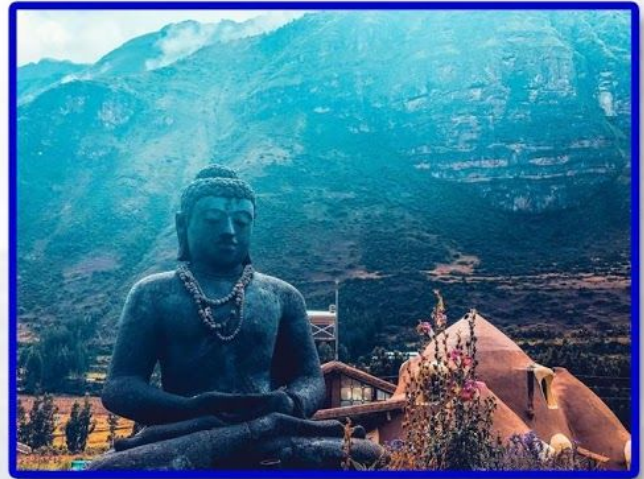
This day we will dedicate to connecting with the sacred energy of the Andes through pre-Inca places, walking on the cosmic snake, discovering altars, and experiencing the bidimensional gate of Aramu Muru. You will feel the energy of the other dimensions pouring through to us. Locals are said to call the doorway the "Puerta de Hayu Marca," or "Gate of the Gods," and local legends apparently speak of people disappearing through the doorway as well as of strange sights, such as "tall men accompanied by glowing balls of lights walking through the doorway."

After the ceremony we will enjoy the fresh water of Lake Titicaca, and we will stay overnight in Puno.



Mystical Journey: Peru

DAY 11 PUNO TO PISAQ



In the morning after a light breakfast, we will take a scenic ride to the Sacred Valley of Pisac. Once here, we will be able to settle in to our hotel at the Royal Inca and grab some food and relax as we prepare for ceremony the following day.



Mystical Journey: Peru

DAY 12 PISAQ



Today we will explore the ancient ruins of Pisac as we have a light breakfast and prepare for our plant ceremony at the Maha Temple in the evening. This will truly be a magical day as we cultivate and culminate all that we have experienced in our journey so far to ensure that we receive the plant medicine completely.



Mystical Journey: Peru

DAY 13 CUSCO TO LIMA



After breakfast, we will all make our way to the Cusco airport where we will take our short domestic flight back to Lima. Here we will all say goodbye to each other as we reflect upon our experiences together and share our favorite memories before taking our international flights back home out of Lima, and saying bye to Perú.

