



Santa Cruz Children's School

Return to Campus COVID-19 Plan

To help protect the safety and health of our students, families, and staff, we have developed this plan of operations that includes safety protocols and practices that are in accordance with guidelines made by the [Centers for Disease Control and Prevention \(CDC\)](#), and the public health officials of the [California Department of Public Health \(CDPH\)](#) and [Santa Cruz County Department of Public Health \(SCDPH\)](#).

We will modify our protocols and practices accordingly to ensure that they remain in compliance with the most current guidance our public health officials provide. We are also aware that exposure at school puts our families at risk. The information in this document will provide clarity around the practices and procedures that Santa Cruz Children's School has established to minimize exposure to our community, but it does not guarantee that a child will not be exposed or will not contract the disease. More than ever, now is the time for our community of families and educators to mutually agree to keep each other as safe as possible by strictly adhering to health and safety protocols at school as well as in the home and outside of school.

FACTS ABOUT COVID-19

WHAT IS COVID-19?

COVID-19 is a disease caused by a new strain of coronavirus. This virus is related to the viruses that cause Severe Acute Respiratory Syndrome (SARS) and some types of common cold. CO stands for corona. VI stands for virus. D stands for disease. The COVID-19 virus was first discovered in China in 2019 and has gradually made its way across the world. It is now present in all 50 states and US territories. Since this new disease can be found worldwide, the World Health Organization (WHO) has declared it a global pandemic.

WHAT ARE THE SIGNS & SYMPTOMS OF COVID-19?

Symptoms of COVID-19 can include (but is not limited to) one or more of the following:

- a temperature of or above 100.4°F;
- a cough
- congestion/ runny nose;
- shortness of breath or difficulty breathing
- chills
- muscle pain
- headache
- sore throat
- loss of taste or smell
- nausea/vomiting/diarrhea.

In severe cases, the infection can cause pneumonia and can also be fatal. These symptoms are similar to other common illnesses such as the flu or common cold. A person who has the virus might also be asymptomatic. This is why testing is required to confirm if someone has COVID-19.

COVID-19 continues to evolve/mutate and there are several new strains emerging that are thought to be more transmissible/contagious than any strains up until now. There is some evidence that some of these strains may also be more dangerous but that is preliminary and needs to be confirmed.

HOW DOES COVID-19 SPREAD?

The research continues to evolve but the virus is thought to spread mainly from person to person via aerosol droplets. When an infected person coughs, sneezes or even talks, their respiratory droplets can land in the mouths or noses of people who are nearby or they can be inhaled into the lungs. The COVID-19 virus may survive on surfaces for several hours, though emerging science suggests that surface transmission is rare. However, it may be possible for an individual to get infected by touching surfaces contaminated with the virus and then touching their eyes, nose or mouth. Studies suggest that asymptomatic individuals can spread the virus.

HOW DO WE PREVENT THE SPREAD OF COVID-19?

To help stop the spread of a respiratory disease like COVID-19, the following measures are recommended and are best when done in combination with each other whenever possible:

1. Stay at least 6 ft apart (about 2 arms' length) from other people.
2. When in public, wear a cloth face covering over your nose and mouth.
3. Cough or sneeze into your flexed elbow or cover your mouth and nose with a tissue and then throw the tissue away.

4. Do not touch your eyes, nose, and mouth.
5. Clean and disinfect frequently touched objects and surfaces.
6. Stay home when you are sick.
7. Wash your hands often with soap and water for at least 20 seconds. When soap and water are not available, use hand sanitizer.
8. Receive an FDA approved vaccine when made available

WHO ARE THE MOST VULNERABLE TO COVID-19?

Older people and people with pre-existing medical conditions, such as diabetes and heart disease, are the most vulnerable to contracting the disease. Based on current data, children are less likely to contract/spread COVID-19 than adults or to become severely ill when they do. There however have been rare cases of a dangerous syndrom associated with COVID-19 infections emerging in some children and the long term effects of infection are still unknown.

HEALTH EDUCATION

STUDENTS

Santa Cruz Children's School will integrate developmentally-appropriate disease prevention and control into daily activities and lessons. This will include instruction on frequent hand-washing, the proper method for effective hand-washing, avoiding touching one's face, and covering one's mouth and nose when sneezing or coughing.

STAFF

School staff must be familiar with and will receive ongoing updates regarding California, CDC and Santa Cruz County recommendations and requirements for keeping students and each other safe during the pandemic. Administration will keep staff informed of any changes in the requirements and associated protocols. In addition, administration will ensure staff are aware of local resources for their own well- being and support those who are exhibiting signs of stress due to the pandemic.

SAFE SCHOOL OPERATIONS

In response to the urgency to keep our community safe and the guidelines provided by national and local public health officials, we developed protocols that will promote the health & well-being of our community as we reopen school. These protocols are described generally in this plan and will be adapted according to the developmental needs of each age group. Many of these procedures were tested during summer programs. It is likely, though, that as we invite more children on campus, we will need to iterate to make our system run more efficiently. The

details (the how and the what) of the methods employed have been reserved for the staff handbook but can be made available to families upon request.

VOCABULARY

The following table includes important terms used in this plan. The terms have been defined using the resources provided by the CDC.

Term	Definition
Clean	The method used to remove germs, dirt, and impurities from surfaces. This method involves using soap and water and it does not kill germs, but lowers the number of them to reduce the risk of spreading infection.
Contact Tracing	A strategy used to determine the source of an infection and how it is spreading.
Disinfect	The method where chemicals are used to kill and reduce the number of harmful germs on surfaces. This process does not necessarily clean dirty surfaces or remove germs, but it can further lower the risk of spreading infection if paired with cleaning.
Exposure	The state in which an individual has been in close contact with an individual with COVID-19.
Isolation	The process of separating people who are sick with COVID-19 and those who have tested positive but are not showing symptoms from people who are not infected. These individuals should stay home until it's safe for them to be around others. In the home, these individuals should separate themselves from others in a designated "sick room" or area and, if possible, use a separate bathroom.
Quarantine	The procedure used to keep someone who might have been exposed to COVID-19 away from others so as to mitigate the risk of unintentionally spreading the disease. People should stay home, separate themselves from others, monitor their health, and follow the directions of their local public health officials.
Close Contact	Any individual within 6 ft of an infected person for at least 15 minutes.

CLEANING & DISINFECTING

Santa Cruz Children's School follows the cleaning and disinfecting guidelines mandated by the California Child Care Licensing program. In response to the pandemic, the school will also adhere to guidelines stipulated by the CDC and Environmental Protection Agency (EPA): [Reopening Guidance for Schools](#).

GENERAL PRACTICES

Santa Cruz Children's School is committed to the following routine cleaning and disinfecting efforts:

- Staff will routinely clean and disinfect high touch materials and areas such as tables and chairs, light switches, keyboards, door handles, countertops, and commonly used educational materials.
- All bathrooms will be cleaned and disinfected daily.
- All surfaces that come in contact with food or are associated with snack and meal times will be disinfected before and after each use.
- Routine janitorial services and disinfection will occur at the end of each day.

CLEANING AND DISINFECTING MATERIALS

- Shared materials will be cleaned and disinfected with an EPA approved cleaning solution regularly or quarantined for 3 days if unable to disinfect.
- Children’s books and other paper-based materials are not considered high risk for transmission and do not need additional cleaning or disinfection procedures.

CLEANING AND DISINFECTING PRODUCTS

Santa Cruz Children’s School uses disinfectants found on the EPA-approved [List N: Disinfectants for Use Against SARS-CoV-2 \(COVID-19\)](#).

HEALTH SCREENING

Daily staff and student health screenings are important for mitigating the risk of transmission of COVID-19 occurring at school. Santa Cruz Children’s School requires health screenings to be performed at home, at arrival, and throughout the day.

STUDENT HEALTH SCREENING BEFORE ARRIVAL

Parents/guardians are encouraged to be on the alert for signs of illness in their children and to keep them home when they are sick. Parents/guardians are required to conduct a pre-screening each day before stepping on campus.

Please do not bring your child to school if you notice any of the [symptoms](#) of COVID-19: a temperature of or above 100.4°F; a cough; congestion; runny nose; shortness of breath or difficulty breathing; chills; muscle pain; headache; sore throat; loss of taste or smell; nausea; vomiting; and diarrhea.

STAFF HEALTH SCREENING BEFORE ARRIVAL

Staff members will conduct self-screenings before coming to school. Staff members who have one or more of the signs and [symptoms](#) of COVID-19 will not come to school, contact the Head of School, and follow the procedures outlined in [COVID-19 Symptoms at School: Staff](#).

STUDENT HEALTH SCREENING AT ARRIVAL

Prior to arrival, Parents/guardians must ensure that it is unlikely that their child was recently exposed to COVID-19. They will do so by answering the COVID-19 screening questions. If a parent answers “yes” to any of the questions, the child will not be permitted on campus and further discussion will ensue.

1. Is this child or anyone in the household showing signs of illness such as a fever of or above 100.4°F; cough; congestion; runny nose; shortness of breath or difficulty breathing; chills; muscle pain; headache; sore throat; loss of taste or smell; nausea; vomiting; or diarrhea?
2. Have you been asked to quarantine because of exposure to COVID-19?
3. Have you come in close contact (within 6 feet for longer than 15 minutes) anyone who has been diagnosed with COVID-19?

Once the child has arrived at school a teacher from the child’s class or an office staff member will take the child’s temperature using a contactless thermometer. If the temperature is below 100.4°F, the child will be allowed on campus. If the temperature is at or above 100.4°F, the temperature will be taken again with a different thermometer. If it is still 100.4°F, the child will be sent home and the parent will be asked to follow the procedures outlined in [COVID-19 Symptoms at School: Students](#).

COVID-19 EXPOSURE: CHILDREN AND STAFF

If a staff member or student has been in close contact with someone outside the school who is diagnosed with COVID-19, that staff member or child will be required to self-quarantine for 14 days per the CDC guidelines. Close contact means being closer than 6 ft or 2 arms’ length to the infected person for more than 15 minutes (masked or unmasked).

STAFF HEALTH SCREENING AT ARRIVAL

Upon arrival at school, each staff member will complete the daily health check, which includes taking their temperature and answering the COVID-19 screening questions outlined above. Any affirmative answers to these questions will relieve the staff member of duty for the day and they will then follow the procedures outlined in [COVID-19 Symptoms at School: Staff](#).

STAFF SCREENING OF STUDENT HEALTH DURING THE SCHOOL DAY

Staff will be monitoring the health of the children during the day by doing the following:

- Taking temperatures at arrival.
- Conducting a visual inspection for signs of illness including flushed cheeks, rapid breathing, difficulty breathing, fatigue, or extreme discomfort. If a child exhibits any of these symptoms at any point during the day, the child will be isolated and

Parents/guardians will be required to pick up their child. See [COVID Symptoms at School: Students.](#)

ARRIVAL & DEPARTURE PROCEDURES

We adapted the arrival and departure procedures to include health screening as mandated by local public health officials. We have adapted pick up and drop off to minimize contact with anyone outside of the stable class group

Class	Arrival Time	Location	Pickup Time	Location
Murrelet Group (K-2)	8:00-8:30am	Blue Gate	2:30-2:45*	Playground
Pelican & Condor (3-6)	8:00-8:30am	Brown Gate	2:30-2:45*	Brown Gate
After Care**			2:30-4:00	Playground

*Half day pickup option available as well (11:30-12:00pm)

**After care available at an additional charge of \$7.50/hour

ARRIVAL: PRIMARY

The following outlines the student arrival procedure for students:

1. Parents/guardians and children wear masks when on the sidewalk in front of campus, by the gate, or on campus at all times.
2. Families maintain 6 feet of distance between other family groups and if arriving at the same time.
3. Parents/guardians review health screening questions posted at entrances.
4. If the parent answers yes to any of the questions on the posted health screening form, their child will not be permitted to come to school..
5. Murrelet (K-2) Parents/guardians may enter blue gate to assist student in drop off and to access the playground for pick up but may not enter the school building and must maintain 6 feet of distance from staff and students outside of their household. Pelican and Condor Parents/guardians should remain outside of the brown gate for pickup.
6. Upon entering campus staff will take the child's temperature before the student may enter the school building. If the temperature is below 100.4°F, the child is permitted to come to school and will enter their classroom.
7. If the temperature is at or above 100.4°F, the staff will use a different thermometer to check the temperature again. If it still registers at or above 100.4°F, the child is not permitted to come to school. Note: If our younger students need additional assistance during drop off, staff will recommend that the parent park in one of the designated parking spaces. Parents/guardians can then use the walk up path to meet a classroom teacher and complete check in.

LATE ARRIVAL

Late arrival should follow this procedure:

1. If a planned late arrival (appointments, etc) alert the student's teacher the exact time of your child's late arrival in advance via email.
2. Upon late arrival, caregivers should conduct the health screening and ring the doorbell on the outside of the gate so a staff member can come take the late student's temperature before the student enters the building.

DEPARTURE: MAIN CAMPUS

1. At their assigned departure time, classroom staff will bring students to the assigned pick-up area.
2. Caregiver puts on a mask and remains masked throughout the pick-up process.
3. Caregivers for Pelican and Condor students wait at the gate and ring the bell if no staff member is present to receive them.
4. Caregivers for Murrelet students will come through the blue gate and make their way to the playground for pickup, maintaining 6 feet of distance from all outside their household.

DEPARTURE: WALKERS & BIKERS

Students who walk or bike to school should be picked up and accompanied by an adult following the above procedures. Parents/guardians who would like their student to be able to walk or bike home from school alone must fill out a provided permission slip.

FACE COVERINGS

Face coverings are meant to protect people from the respiratory droplets that are released into the air when someone talks, coughs or sneezes. Since some individuals are asymptomatic of COVID-19, it's important that all parties wear face coverings to prevent transmission. Governor Newsom and the [CDPH have released guidance](#) requiring that all Californians above age 2 wear a face covering when outside of the home. In adhering to this guideline, Santa Cruz Children's School has created the following policies regarding face coverings.

FACE COVERINGS FOR STAFF

Staff will be required to wear face coverings at all times throughout the day including arrival and dismissal; when performing health screenings; and when assisting an ill child or staff member. Staff may choose to wear a face shield instead of a mask when visibility of mouth is required for instructional purposes, such as language and phonological exercises.

Staff members may remove face coverings only when off of campus and away from the gates and nearby sidewalks, during meal times or to drink water and must remain at least 6 feet from all others and replace the mask immediately upon finishing, or when in a ventilated office on their own with no risk of anyone else entering the room.

FACE COVERINGS FOR STUDENTS

- Masks are required for all students attending school in person during any school related events, functions, classes, etc.
- Masks should be worn at all times indoors and outdoors except when eating. Students may remove their masks outdoors only when they are able to maintain 6 feet of distance from all others.
- Students who have medical conditions or disabilities that prevent them from wearing a mask should participate in the remote learning option. Some exceptions may be made to allow for a face shield in place of a mask on a case by case basis if remote learning is not an option for medical reasons.

FACE COVERINGS FOR PARENTS/GUARDIANS/GAURDIANS AND GUESTS

Parents/guardians/guardians and guests are required to wear face coverings while on campus, which includes the parking areas and nearby sidewalks where other SCCS students and families may be arriving and departing. Face coverings should fit securely and cover the nose and mouth. If arriving on campus by foot, bicycle, or similar forms of transport, face coverings should be on before coming on the property.

HEALTHY HAND HYGIENE

WASH YOUR HANDS WITH SOAP AND WATER

Good hygiene, especially hand washing, helps prevent the spread of infection and illness, including COVID-19. In order to keep students and staff safe, we will require all members of the community to wash their hands^[1] or use hand sanitizer if hand washing is not available at the following times:

- Before arrival to the classroom and after breaks.
- Before and after eating or handling food.
- After coming into contact with bodily fluid.
- After using the bathroom.
- After playing outdoors or in the sand.
- After handling garbage, recycling and compost.
- Before and after touching their eyes, nose, or mouth or mask.

USE HAND SANITIZER WHEN YOU CAN'T USE SOAP AND WATER

Washing your hands with soap and water is the best way to prevent germs. When soap and water are not available, hand sanitizer can be used instead. Touchless hand-sanitizing stations have been set up in each classroom and office. Adults and children above the age of 9 can freely use hand sanitizer. Adults are asked to use hand sanitizer upon entering the office. Children under the age of 9 can use hand sanitizer under the supervision of an adult. Note: Hand sanitizer will not serve as a substitute for hand washing and will only be used when hand washing is not practicable.

FOOD SAFETY

The following protocols for food serving and eating have been adapted into the classrooms at each level:

- Family-style snacks or meals are prohibited.
- Children are prohibited from sharing any food from their snack or lunch with other children.
- Each child will bring their own lunch and snacks from home.
- Staff will ensure children wash their hands before and immediately after eating.
- Staff will wash their hands before assisting children and after helping children at mealtimes and between helping different students.
- Children and staff will be 6 ft apart minimum from each other during meal times.
- All meals will be conducted outside unless circumstances make this completely impossible (i.e. dangerous weather conditions). If conditions are so dangerous that eating outside is not safe (i.e. poor air quality) all on campus participants may be instructed to stay home and participate remotely until conditions improve
- Cooking projects on campus will be suspended.

SOCIAL DISTANCING

Also called “physical distancing”, social distancing is a protocol that requires people to place themselves 6 ft or 2 arms’ length from each other. Based on the recommendations from our state and local health officials, we are incorporating physical distancing into classroom setup where practicable and also allow collaboration where appropriate.

SOCIAL DISTANCING FOR STUDENTS

Santa Cruz Children’s School does not expect young elementary children to be able to maintain consistent physically distance from others at all times while at school. Since it is likely that they will physically engage with each other we will rely primarily on masks, ventilation, hygiene, disinfection and physical barriers to reduce the risk of spread of COVID-19. We will also use

assigned seating, carpet spots, line markers, and reminders to encourage students to maintain physical distancing when practicable.

SOCIAL DISTANCING PRACTICES FOR STUDENTS

- Each class will be considered a stable group.
- On campus groups will consist of up to 12 students and their teachers.
- Children will not mix with other stable groups to reduce the number of people they come into contact.
- Stable groups will not mix on the playground.
- The physical distance between children will be increased when the children are working, gathering as a group and eating.
- Outdoor spaces will be used when possible to offer fresh air and ventilation to the children as well as spread them out.
- Markers will be used to mark where children will sit in circle or line up in the outdoor and indoor classrooms.

SOCIAL DISTANCING FOR STAFF

Staff will adhere to the following protocols for physical distancing while at work:

- Maintain 6 ft distance from other staff members and as much as practicable from students.
- Refrain from hugging, hand-shakes, high-fives, etc.
- Staff is encouraged to eat outside 6 ft apart from others or off campus.
- Meetings and collaboration will take place remotely whenever possible.

SOCIAL DISTANCING FOR FAMILIES

Families will adhere to the following protocols for physical distancing when coming on campus:

- Maintain 6 ft distance.
- Refrain from hugging, hand-shakes, high-fives, etc.
- Parents/guardians/guardians will complete a self health screening before coming onto campus.
- Community gatherings, parent education and meetings with guides will take place via remote meetings.

ACCESS TO CAMPUS

Although interest in our school and volunteerism is very important to our community, access to campus by families and guests will be limited this year to reduce the number of people that come into contact with our staff and students. Remote volunteering options are available.

SCHOOL TOURS

- All school tours will be either virtual or conducted on campus with a school director when no students or other staff are present.

EXPOSURE & ILLNESS

This section provides details and procedures for COVID-19 Symptoms, Exposure, and Diagnoses within the school community. This is also explained in [Annex D: Decision-Making Flowchart for Families](#).

COVID-19 SYMPTOMS AT SCHOOL: STUDENTS

If a child exhibits COVID-19 [symptoms](#), they must be isolated from others and sent home as soon as possible. An isolation location has been designated on both campuses. The isolation location on the main campus is in either the upstairs or downstairs office space depending on what group classroom the student is in. Staff will have limited contact with the sick child while ensuring their safety until they leave campus.

Classroom staff will follow this isolation procedure for a sick child:

1. Classroom staff will notify office staff that there is a sick child.
2. Office staff will record symptoms and call Parents/guardians/caregivers, ask them to pick up their child and share the follow up protocol.
3. Classroom staff will put on an N95 mask.
4. Classroom staff will take the child to the isolation location and wait with the child until a parent arrives.
5. Once a parent has left with their child, the isolation location is cleaned and disinfected by the classroom teacher.
6. Materials and furniture touched by the child who was sent home will be thoroughly cleaned and disinfected by classroom staff.
7. Office staff will follow up with the family to clear the child for return to school and notify the teacher.

Follow-up at home:

Families are encouraged to coordinate decision-making about the child's care with their family healthcare provider. In the case of a child who has symptoms that could be COVID-19 and does not get evaluated by a medical professional or tested for the virus, the child is assumed to have COVID-19 and cannot return to school until the individual has met the criteria for return. Alternatively, a child can return to school if they have obtained a medical professional's note clearing them for return or a negative COVID-19 test, and have been symptom-free for 24 hours.

COVID-19 SYMPTOMS AT SCHOOL: STAFF

Staff exhibiting symptoms of COVID-19 while at school will do the following:

1. Leave the classroom.
2. Contact office staff and confirm they are leaving campus.
3. Office staff will record symptoms and share the follow up protocols.
4. Office staff will follow up with the staff member to clear them for return to school.

Follow-up at home:

Staff is encouraged to complete the [CDC's Self-Checker](#) and follow the recommendations for seeking appropriate medical care. In the case of a staff member who has symptoms that could be COVID-19 and does not get evaluated by a medical professional or tested for the virus, the staff member is assumed to have COVID-19 and cannot return to school until the individual has met the criteria for return. Alternatively, a staff member can return to school if they have obtained a medical professional's note clearing them for return or a negative COVID-19 test, and have been symptom-free for 24 hours.

POSITIVE CASE OF COVID-19 IN THE CLASSROOM: CHILDREN OR STAFF

If COVID-19 is confirmed in a child or staff member, the following actions will be taken by Santa Cruz Children's School:

1. Notify and seek guidance from the SCCDPH (831-454-4114).
2. Notify staff and Parents/guardians that a member of the classroom group has been diagnosed with COVID-19 by text message and email. If a positive case is reported during school hours, Parents/guardians will be asked to pick up children from the pod immediately.
3. Notify the school community that a child or staff member not belonging to their classroom has been diagnosed with COVID-19 by email.
4. Work with the infected individual (or Parents/guardians) to confirm they are under medical care and have a plan to isolate according to the DPH guidelines.
5. Take immediate measures to disinfect the school property impacted by the individual.
6. Follow the guidance (quarantine, classroom closure, etc.) given by the SCDPH and inform the school of follow up plan.

To protect all members of the school community, confidentiality will be maintained during the entire reporting process.

POSITIVE CASE OF COVID-19: RETURNING TO SCHOOL

As per the CDC and Santa Cruz DPH guidelines for when to return to school/work, students or staff with a positive case of COVID-19 or those who have exhibited symptoms and isolated themselves can return to Santa Cruz Children's School when the following criteria are met:

- At least 3 days (72 h) have passed since there hasn't been a fever without the use of fever-reducing medications; **and**
- Cough, shortness of breath and other symptoms have improved; **and**
- At least 10 days have passed since symptoms first appeared.
- Santa Cruz Children's School will follow all SCDPH guidance on clearing individuals to return.

TESTING CENTERS

For a complete list of testing centers in Santa Cruz County, go to [SAVE Lives Santa Cruz County Testing Locator](#).

CONTACT TRACING

Contact tracing is a strategy that has been used by Public Health Departments for decades to identify the source of an infection and how it is spreading. It involves an infected person confidentially reporting who they have been in contact with to a public health official. The public health official then contacts the people who the infected person has been in contact with, cautions them, and discusses next steps. California Connected is the state's contact tracing program.

School staff has been encouraged to keep track of people that they have been in close contact with and participate in [California Connected](#) if they have been in close contact with someone in the community who has tested positive for COVID-19 or if the staff member is diagnosed with COVID-19.

COMMUNICATION

Santa Cruz Children's School will communicate:

- With families, if their child has been in close contact with someone at school who has been tested positive for COVID-19 by text message and email.
- With staff, if they have been in close contact with someone at school who has tested positive for COVID-19 by text message and email.
- With all families and staff, if a child or staff member not belonging to their classroom has been diagnosed with COVID-19 and/or if a classroom has been temporarily closed due to COVID-19 exposure by email.

PLAN FOR CONTINUITY OF LEARNING

In case of temporary classroom or school closures, Santa Cruz Children's School students will participate in the remote learning option until campus can reopen.

TRAVEL POLICY

On November 13, 2020, the California Department of Public Health issued a [travel advisory](#) advising that those traveling out of the state or country should complete a 14 day quarantine after their return. At this time, Santa Cruz Children's School is requiring any staff or students who travel out of the state or country to wait 14 days before returning to in person instruction.

GUIDANCE FOR GATHERINGS

On November 13, 2020, the California Department of Public Health issued [guidance for gatherings](#). Santa Cruz Children's School asks that families follow these guidelines outside of school to ensure the safety and well-being of our community.

MENTAL HEALTH RESOURCES

[CDC: HELPING CHILDREN COPE](#)

[CDC: SUPPORT FOR TEENS AND YOUNG ADULTS](#)

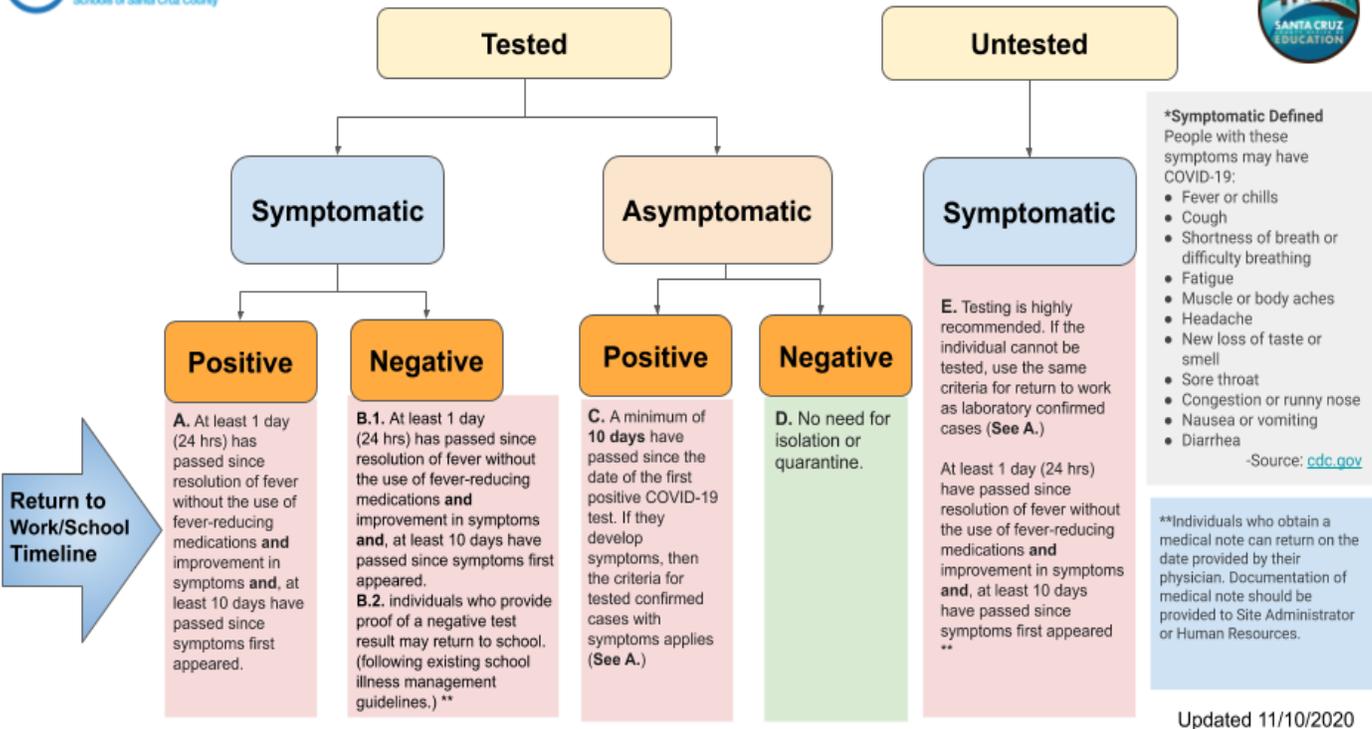
[CHILD MIND INSTITUTE: HELPING PARENTS/GUARDIANS THROUGH COVID-19 AND BEYOND](#)

[CHILD MIND INSTITUTE: HELPING KIDS FACE THE CHALLENGES OF REOPENING](#)

[CHILD MIND INSTITUTE: COVID-19 CHILD AND ADOLESCENT MENTAL HEALTH TIPSHEET](#)

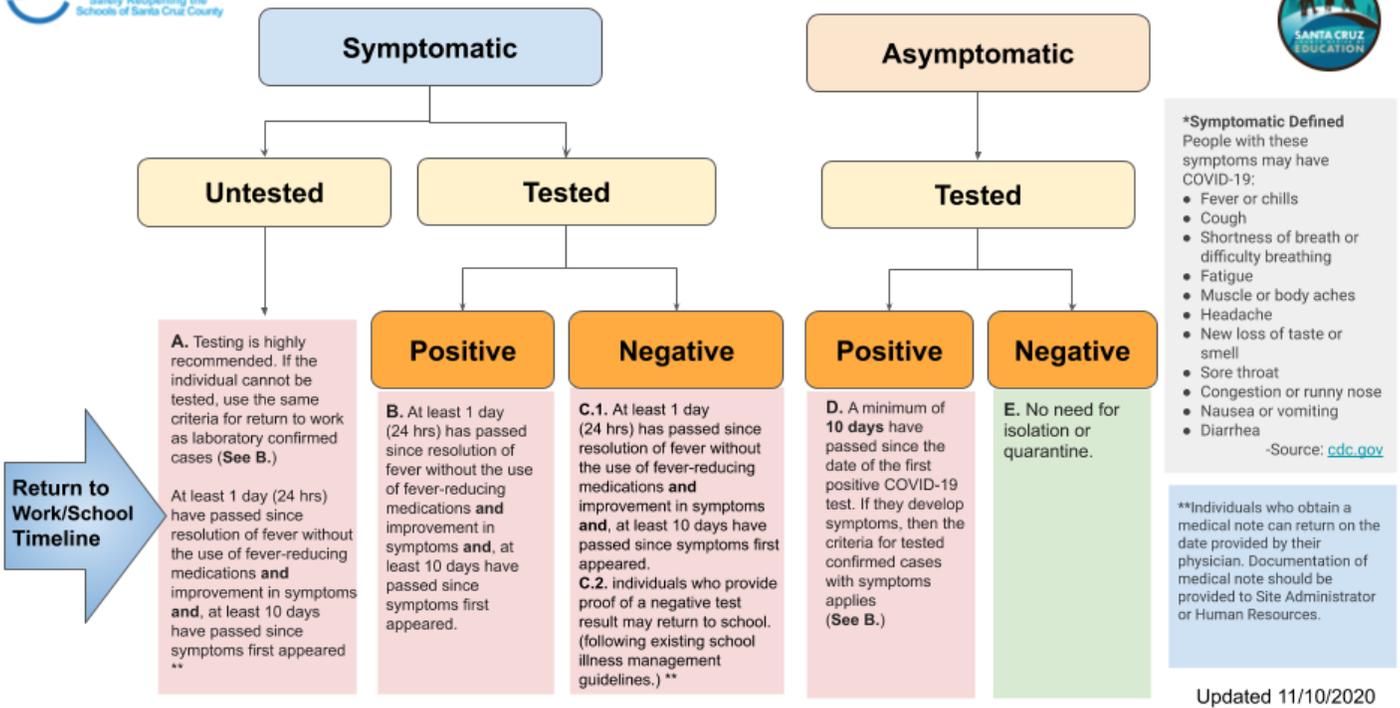
[See next page for flowchart breaking down what to do in different scenarios of symptoms, exposure, or positive tests.](#)

Student or Staff is either Tested or Untested+Symptomatic*



Source: <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Workplace-Outbreak-Employer-Guidance.aspx#>

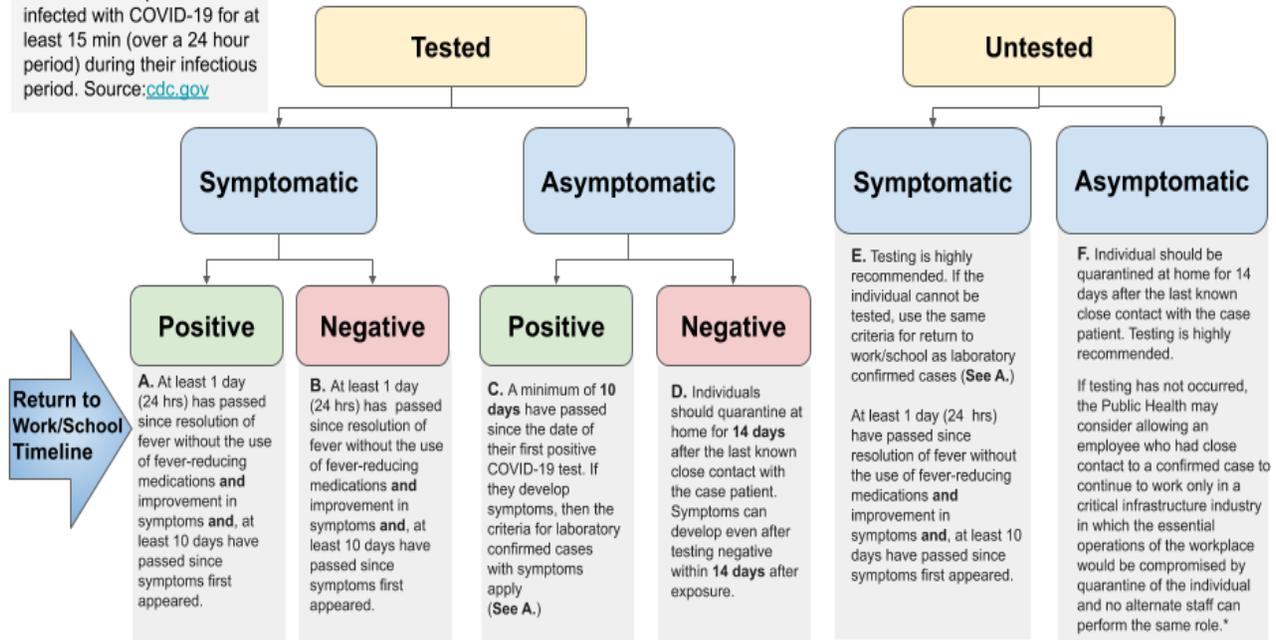
Student or Staff is either Symptomatic or Asymptomatic



Source: <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Workplace-Outbreak-Employer-Guidance.aspx#>

If a Student or Staff has close contact* with a Confirmed Case

*Close contact is being within 6 ft. of a person infected with COVID-19 for at least 15 min (over a 24 hour period) during their infectious period. Source: [cdc.gov](https://www.cdc.gov)



Return to Work/School Timeline

Source: <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Workplace-Outbreak-Employer-Guidance.aspx#>

Updated 11/10/2020

Scenario 2: Symptoms and Isolation

Maria develops symptoms on Monday (cough and fever) and must begin isolation immediately. Day 1 is the day after symptoms begin. Maria must isolate for 10 days. She can return to work/school if she is feeling better and has been fever free (without fever reducing medicine) for 24 hrs.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Symptoms Begin	Day 1	Isolation			Begins Feeling Better	
Isolation		No more Fever	Day 10	Return to Work or School		

Scenario 1: Close Contact and Quarantine

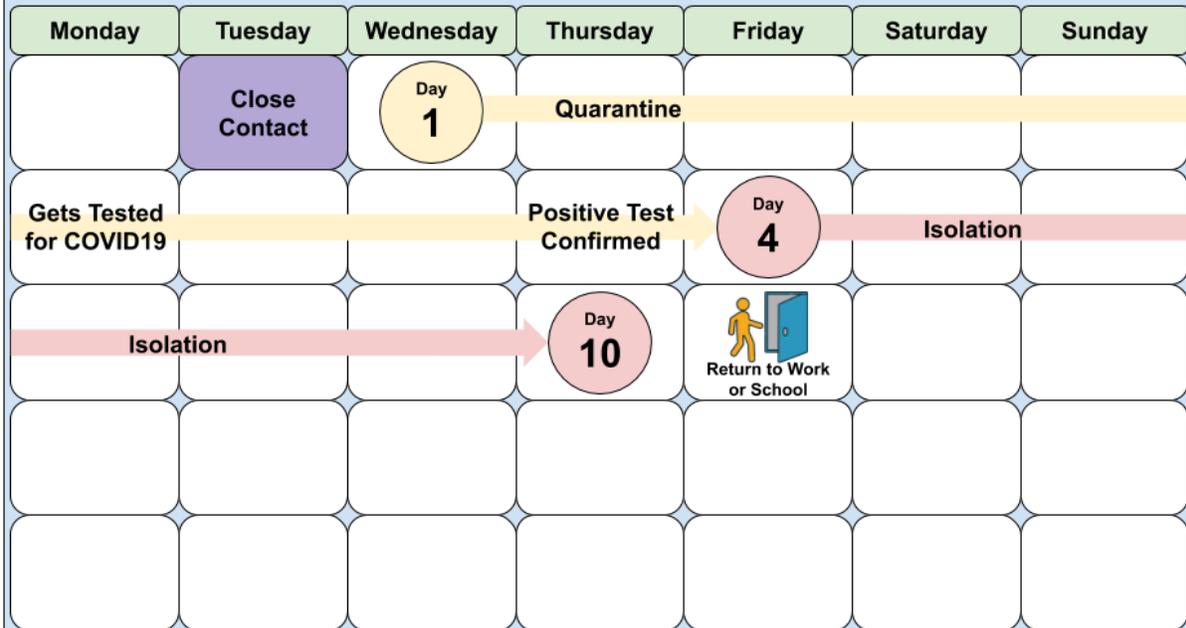
Joe is in close contact with a confirmed positive case on Tuesday. Joe needs to quarantine for 14 days immediately. Joe never develops symptoms and his quarantine ends after 14 days*. He can return to work or school the day after the 14 days* of quarantine.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Close Contact	Day 1	Quarantine			
			Quarantine			
	Day 14*	Return to Work or School				

* [CDC](#), [CDPH](#) and [Santa Cruz Public Health](#) Recommend 14 days of Quarantine (however, at least 10 days are required, plus 4 days monitoring of symptoms).

Scenario 3: Close Contact then Positive Test

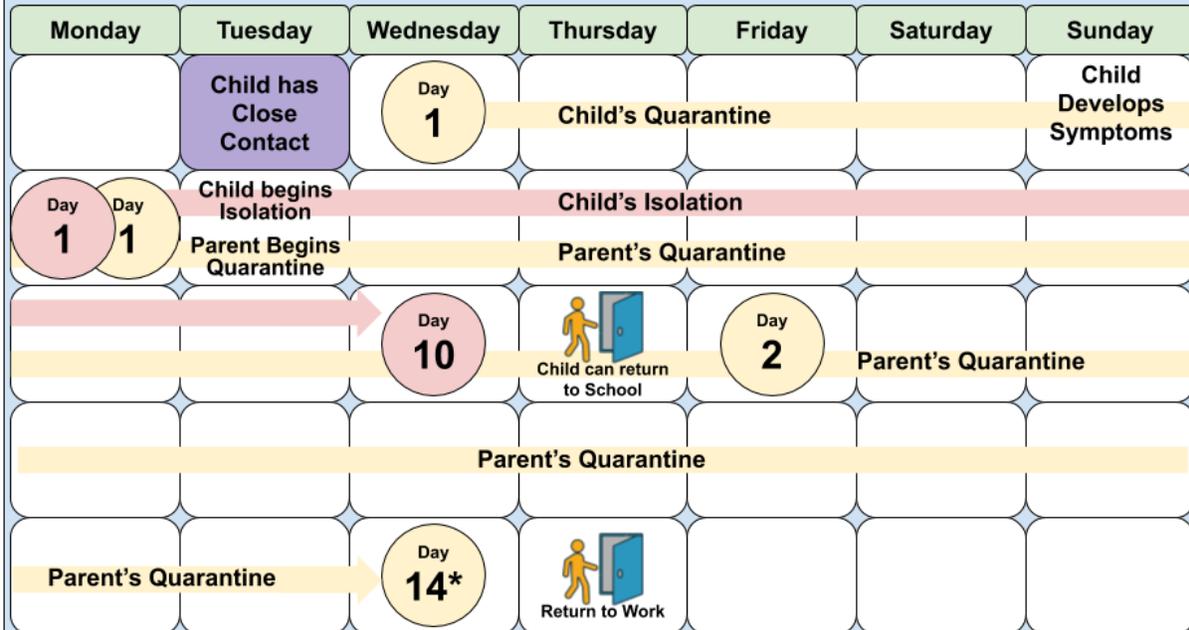
Alex is in close contact with a confirmed positive case and must begin quarantine immediately. During quarantine he is tested for COVID-19. His test result is positive and must isolate for ten days. The first day of isolation is considered the day after taking the test (not when he received his results). He can return to work/school after 10 days of isolation.



* [CDC](#), [CDPH](#) and [Santa Cruz Public Health](#) Recommend 14 days of Quarantine (however, at least 10 days are required, plus 4 days monitoring of symptoms).

Scenario 4: Child Isolates, Parent Quarantines

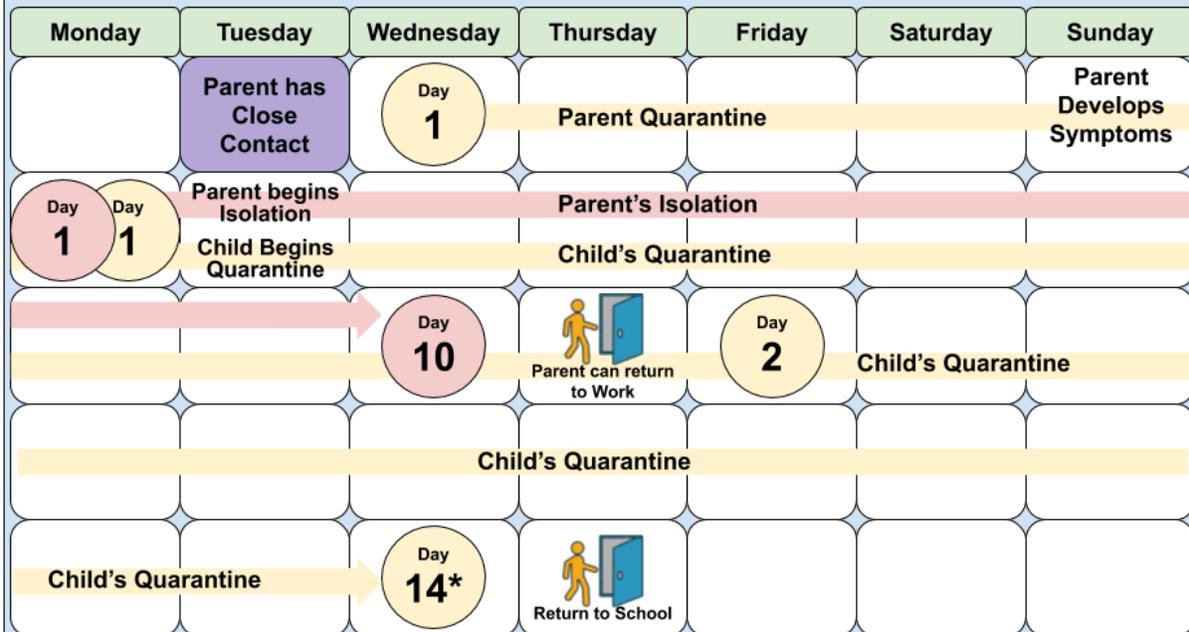
A child has close contact at school and must quarantine immediately for 14 days*. Child develops symptoms and now must begin 10 days of isolation. Her parent cares for her and must quarantine once the child develops symptoms. Parent quarantine begins as soon as child has symptoms, is considered to be exposed until Child isolation is complete, and must quarantine for an additional 14 days*.



* [CDC](#), [CDPH](#) and [Santa Cruz Public Health](#) Recommend 14 days of Quarantine (however, at least 10 days are required, plus 4 days monitoring of symptoms).

Scenario 5: Parent Isolates, Child Quarantines

A Parent has close contact at work and must quarantine immediately for 14 days*. Parent develops symptoms and now must begin 10 days of isolation. Their child is unable to isolate from them and must quarantine once the parent develops symptoms. Child quarantine begins as soon as parent has symptoms, is considered to be exposed until parent isolation is complete, and must quarantine for an additional 14 days*.



* CDC, CDPH and Santa Cruz Public Health Recommend 14 days of Quarantine (however, at least 10 days are required, plus 4 days monitoring of symptoms).

RESOURCES FOR FAMILIES

[CA.GOV: CALIFORNIA CONNECTED CONTACT TRACING PROGRAM](#)

[CDC: HOUSEHOLD CHECKLIST](#)

[CDC: PROPER USE, REMOVAL AND WASHING OF CLOTH FACE COVERINGS](#)

[CDC: WHEN AND HOW TO WASH YOUR HANDS](#)

[HELPING YOUR CHILD DURING THE PANDEMIC](#)

[NCTSN: PARENT/CAREGIVER GUIDE TO HELPING FAMILIES COPE WITH THE CORONAVIRUS DISEASE 2019](#)

[NPR: JUST FOR KIDS-A COMIC ABOUT COVID](#)

[ZERO TO THREE: TIPS FOR FAMILIES](#)

REFERENCE RESOURCES

THIS PLAN WAS DEVELOPED WITH THE INFORMATION PROVIDED BY THE REFERENCES BELOW

[AMERICAN ACADEMY OF PEDIATRICS: GUIDANCE FOR SCHOOL RE-ENTRY CALIFORNIA CHILDCARE HEALTH PROGRAM GUIDE FOR CHILDCARE AND ESSENTIAL WORKERS](#)

[CALIFORNIA COVID-19 CURRENT DATA RESOURCE](#)

[CALIFORNIA DEPARTMENT OF PUBLIC HEALTH RE FACE COVERINGS](#)

[CAL/OSHA STATEWIDE INDUSTRY GUIDANCE](#)

[CDC GUIDANCE FOR CHILDCARE, SCHOOLS AND YOUTH PROGRAMS](#)

[CDC GUIDANCE FOR SCHOOL WITH EXPOSURE](#)

[CDC HOW COVID-19 SPREADS](#)

[DEPARTMENT OF SOCIAL SERVICES, COMMUNITY CARE LICENSING SUPPORT](#)

[EVERY CHILD CALIFORNIA GUIDE FOR OPENING AND RE-OPENING](#)

[EVERY CHILD CALIFORNIA COVID-19 SELF-ASSESSMENT GUIDE](#)

[LIST N: DISINFECTANTS FOR USE AGAINST SARS-COV-2 \(COVID-19\)](#)

[PIN 20-06 CALIFORNIA DEPARTMENT OF SOCIAL SERVICES](#)

[REOPENING SCHOOLS OF SANTA CRUZ COUNTY 7/7/20](#)

[SANTA CRUZ COUNTY DEPARTMENT OF PUBLIC HEALTH](#)

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[1] Refer to [Five Steps to Wash Your Hands the Right Way](#) for expert advice from the CDC.

[2] Tool adapted from [Key Messages and Actions for COVID-19 Prevention and Control in Schools.](#)

[3] Tool adapted from [Key Messages and Actions for COVID-19 Prevention and Control in Schools.](#)

Thank you to Santa Cruz Montessori for sharing their plan with the greater private school community to be used and adapted as needed. We are all in this together.