



# MENU



## MTO CAFE SPECIALTIES

- NY Steak + Eggs \*\*** 17.25  
NY steak, 2 eggs any style,  
breakfast potatoes, wheat toast
- Crispy Chicken + Waffles \*\*** 15.75  
Crispy chicken, 2 eggs any style,  
buttermilk waffle, country gravy
- Breakfast Platter \*\*** 16.50  
2 eggs any style, bacon, ham,  
sausage, breakfast potatoes,  
wheat toast
- Country Fried Chicken \*\*** 15.50  
2 eggs any style, crispy  
chicken, breakfast potatoes,  
country gravy
- Stuffed French Toast \*\*** 16.00  
Ham & cheese egg omelette  
stuffed French toast  
powdered sugar, maple syrup
- Island Plate \*\*** 15.50  
2 eggs any style, Spam,  
Portuguese sausage, steamed  
white rice, furikake seasoning

## SAVORY FAVORITES

- Breakfast Tacos \*\*** 15.75  
Chicken, cheddar cheese,  
eggs, red + green bell peppers,  
red onions, flour tortillas.  
Served with house salad or  
breakfast potatoes.  
Steak 16.75
- Breakfast Burrito \*\*** 13.75  
Eggs, cheddar cheese, red +  
green bell peppers, onions,  
potatoes. Served with house  
salad or potatoes. Choose  
from Sausage, Ham or Bacon.  
Chicken - 15.25  
Steak - 16.75
- Loco Moco \*\*** 14.00  
Steamed white rice, hamburger  
steak patty, furikake, sauteed  
mushrooms and onions in brown  
gravy. Topped with 2 eggs any style!
- Teriyaki Fried Rice \*\*** 13.75  
Chicken, broccoli, scallion, carrots,  
peas & white rice  
Shrimp 14.25 - Steak - 15.25

## OMELETTES

Comes with breakfast potatoes, salad or fruit cup

- Avocado \*\*** 14.75  
Red onion, jalapeno, cilantro,  
jack cheese, topped with  
avocado, green salsa
- Body Builder \*\*** 15.75  
Egg white, turkey breast,  
bacon, broccoli, spinach, red  
onions, tomatoes
- Denver \*\*** 14.75  
Ham, red + green bell peppers,  
red onion, cheddar cheese
- Yoga Pants \*\*** 14.75  
Green bell peppers, mushroom,  
spinach, red onion, tomatoes,  
topped with cheddar + jack  
cheese

## BREAKFAST CLASSICS

Comes with breakfast potatoes, salad or fruit cup

- Breakfast Sandwich \*\*** 13.75  
2 eggs any style, choice of cheese,  
chipotle aioli on a brioche bun.  
Choice of bacon or sausage.
- Avocado Toast \*\*** 13.50  
Multigrain toast, garlic aioli, sliced  
avocado, Arugula, sun-dried  
tomatoes, 1 egg any style
- Smashed Avocado Toast \*\*** 14.00  
Multigrain toast, microgreens, feta,  
chia, pumpkin seed & poached egg
- Canadian Bacon Benedict \*\*** 11.75  
Toasted English muffin,  
Canadian bacon, 2 poached  
eggs, topped w/ hollandaise  
and served with breakfast  
potatoes
- Country Benedict \*\*** 15.00  
Toasted English muffin with  
(2) sausage patties, poached  
egg & rich country gravy
- Steak Benedict \*\*** 15.00  
English muffin, steak, sauteed  
mushroom + onions, 2 poached eggs  
topped w/ hollandaise and served  
with breakfast potatoes

## PANCAKES, WAFFLES OR FRENCH TOAST

- Classic** 12.75
- Banana Chocolate Chip** 14.50  
Chocolate chip, banana,  
powdered sugar, whipped cream
- Banana Fosters** 13.25  
Bananas, pecans sauteed in  
caramel, powdered sugar,  
whipped cream
- Berry** 14.75  
Strawberries, blueberries, berry  
puree, condensed milk,  
powdered sugar, whipped cream
- Cookie Butter** 14.75  
Cookie Butter + Nutella drizzle,  
crushed pie crust, fresh  
strawberries, powdered sugar,  
whipped cream
- Nutella** 13.50  
Strawberries, bananas, Nutella,  
powdered sugar, whipped cream
- The King Elvis** 14.75  
Bacon, strawberries, banana,  
peanut butter, Nutella, powdered  
sugar, whipped cream
- Red Velvet Waffles** 13.75  
Homemade red velvet batter,  
chocolate crumbles, powdered  
sugar, whipped cream, served  
with cream cheese syrup  
-Only served waffle style!



**\*\* Consuming raw-or undercooked meat, Poultry, seafood, shellstock, or eggs may increase your risk of foodborne illness.**



# MENU



## MTO BURGERS

Comes with fries, salad or fruit cup

- Bacon BBQ \*\*** 15.50  
Bacon, swiss, crispy onion, romaine, tomato, mushroom, bbq sauce
- Beyond Burger \*\*** 16.00  
Romaine, tomato, onion, avocado
- Classic Cheeseburger \*\*** 13.75  
Romaine, tomato, onion, secret sauce  
Add Bacon - 2.25
- Hangover Burger \*\*** 15.50  
Arugula, bacon, cheddar, fried egg, secret sauce



## SHAREABLES

- MTO Quesadilla \*\*** 13.50  
Red and green peppers, onions, chipotle aioli, basil pesto, pico de gallo, cilantro, 3 cheese, red + green salsa, flour tortilla  
Chicken - 15.50 Steak - 18.00
- Marinated Tacos \*\*** 15.25  
Chicken, red and green peppers, white onions, chipotle aioli, basil pesto, jack & cheddar cheese served with fries.  
Shrimp - 16.50 Steak - 18.00
- Pork Belly Tacos \*\*** 15.75  
3 crispy pork belly soft tacos with lettuce, pico, cheese, pickled red onions and our in-house avocado cream. Served with fries.  
Shrimp - 16.75

## SANDWICHES OR WRAPS

Comes with fries, salad or fruit cup

- B.L.T.A.E. \*\*** 13.75  
Bacon, lettuce, tomato, avocado, eggs, mayo, basil pesto on Texas toast
- California \*\*** 14.50  
Grilled chicken, bacon, swiss, avocado, lettuce, tomato, mayo & pesto. Choice of bread.
- Chicken Club \*\*** 15.50  
Crispy or grilled chicken, bacon, lettuce, tomato, swiss & mayo on a brioche bun  
-Spicy version available!
- Turkey Melt** 15.75  
Shaved turkey, avocado, lettuce, jack and cheddar cheese, sun dried tomatoes, chipotle aioli on Texas toast

## SOUP & BOWLS

- Tomato Basil Soup** 7.25  
½ grilled cheese + 3.00  
Whole grilled cheese + 4.50
- Mac and Cheese** 9.00  
Jack, cheddar, swiss, american, parmesan, topped with cracker crumbs  
Add Bacon Bits - 1.25

## SIDES

- (2) Eggs \*\*** 3.50
- (3) Bacon, (2) Sausage or (2) Spam** 4.95
- Potatoes or Fries** 4.95
- Truffle or Sweet Potato Fries** 6.25
- Sliced Avocado** 2.75
- Scoop Steamed White Rice** 2.50
- Sauces - 2 oz**
- \*Ranch, Gravy or Salsa** 1.25
- Syrups - 2 oz**
- \*Maple or Cream Cheese** 1.25

## SIGNATURE SALADS

- Cali Salad** 13.75  
Arugula, kale, tomato, bacon, chicken, swiss, parmesan, avocado tossed in your choice of dressing
- Caesar Salad** 11.95  
Chopped romaine, caesar dressing, croutons, parmesan cheese  
Add Chicken - 12.95
- Chef Salad** 11.95  
Lettuce, cheese, chopped ham & turkey, cucumber, tomato, black olives, pepperoncini, topped with bacon bits, croutons & hard boiled egg. Choice of dressing.
- Taco Salad \*\*** 15.25  
Tortilla shell, rice, black beans, romaine, pico de gallo, 3 cheese blend, cilantro lime dressing  
Chicken - 16.00 Steak - 17.00
- Street Corn Salad \*\*** 14.00  
Choice of grilled shrimp or chicken, roasted corn, avocado, cucumbers, tomatoes, spring mix, cheese, tortilla strips, avocado cream drizzle with lemon vinaigrette dressing



**ALLERGY STATEMENT:**  
Our menu items may contain or come in contact with wheat, eggs, peanuts, soy, fish or dairy allergens. Please let us know if you or a person in your party has a food allergy. Thank you.

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