

Birth Month	Birth Year															
	2022	2021	2020	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007
January	U6	U6	U8	U8	U10	U10	U12	U12	U14	U14	U14/HS	HS	HS	HS	HS	19+
February	U6	U6	U8	U8	U10	U10	U12	U12	U14	U14	U14/HS	HS	HS	HS	HS	19+
March	U6	U6	U8	U8	U10	U10	U12	U12	U14	U14	U14/HS	HS	HS	HS	HS	19+
April	U6	U6	U8	U8	U10	U10	U12	U12	U14	U14	U14/HS	HS	HS	HS	HS	19+
May	U6	U6	U8	U8	U10	U10	U12	U12	U14	U14	U14/HS	HS	HS	HS	HS	19+
June	U6	U6	U8	U8	U10	U10	U12	U12	U14	U14	U14/HS	HS	HS	HS	HS	19+
July	U6	U6	U8	U8	U10	U10	U12	U12	U14	U14	U14/HS	HS	HS	HS	HS	19+
August	U6	U6	U8	U8	U10	U10	U12	U12	U14	U14	U14/HS	HS	HS	HS	HS	19+
September		U6	U6	U8	U8	U10	U10	U12	U12	U14	U14	HS	HS	HS	HS	HS
October		U6	U6	U8	U8	U10	U10	U12	U12	U14	U14	HS	HS	HS	HS	HS
November		U6	U6	U8	U8	U10	U10	U12	U12	U14	U14	HS	HS	HS	HS	HS
December		U6	U6	U8	U8	U10	U10	U12	U12	U14	U14	HS	HS	HS	HS	HS

U6 & U8 = Non-Contact Rookie Rugby
U10, U12, & U14 = Contact Rugby
See Progressions of Play for specific rules by age.

14yr old in MS plays U14
14yr old in HS plays HS with waiver
HS = must be enrolled in HS