

How is the Falcon Youth Rugby Club (FYRC) set up and governed?

The FYRC is a Texas registered 501 (c)(3) non-profit with an Executive Board supported by the following positions:

- President
- CFO/Treasurer

Is the FYRC registered with USA Rugby?

Yes, FYRC and players are both registered with USA Rugby and Florida Youth Rugby Union. FYRC coaches are certified, and background checked through USA Rugby.

What age/grade for what team?

K-12th Grade, Coed Rugby under 5 years of age (U5) and extending into High School (U18)

What will the FYRC kit look like, and will there be a storefront?

The FYRC is located on the Falcon website www.falconyouthrugby.org

How much does it cost?

Prices are per season (Summer & Winter/Spring seasons) for age groups.

What is included with the registration fee?

Fee includes jersey, shorts, and socks. Each **new** player receives a grade-appropriate practice ball.

In which league will the FYRC play?

FYRC competes within the Florida Youth Rugby Union. Most of our competitions are against teams from Florida and within a daytrip driving distance. Out-of-league play may include travel opportunities as they arise.

When is the last day to register?

Summer Rugby: May 1st (June – July season)

Regular Rugby Season: December 1st (Jan – April season)

How many practices per week?

Generally, 2 - 3 practices a week for 1- 1 1/2 hours. The great thing about Rugby is you only need a ball and a grass area to practice and play.

What days will games be played on?

Game days may vary, but typically Saturdays between 9am-7pm. Scrimmages or games held weekly locally or at other host locations during the regular season (January – April)

Which Rugby ball size do we use?

U6 uses a size 3, U14 use a size 4 ball, and U18 uses a size 5 ball. The max players on a team are 15 and the minimum is 7.

Can I coach/volunteer?

Yes! On the registration email, you can indicate interest as "**Coach**" or "**Team Parent**" or

“Volunteer”. We will get with the new coaches as the season gets closer. We generally have coach's meetings 2 or more weeks before the season starts. All teams have volunteer parent coaches or co-coaches to lead the team. We will actively recruit parents and former players interested in coaching or refereeing. We will coordinate their background checks, training, and certification achievements.

Are FYRC Coaches compensated?

No, coaches are volunteers. As a non-profit, these expenses are not allowed.

How can I Help?

We will actively recruit parents to assist with the various club administration duties or assist in sponsorship opportunities, such as “Friends of Rugby” or other Rugby sporting venues e.g., meet a MLR player, Team Spirit nights, recruiting game invitations, etc.

Where are practices?

Dobbins Park 514 Ariana Street Lakeland, FL 33803

How long are games?

Refer to the Florida Rugby Progression of Play. Each Age group has a progression of Rugby play, time, and rules adjusted to each age group.