

| Birth Month | Birth Year |      |      |      |      |      |      |      |      |      |        |      |      |      |      |      |
|-------------|------------|------|------|------|------|------|------|------|------|------|--------|------|------|------|------|------|
|             | 2021       | 2020 | 2019 | 2018 | 2017 | 2016 | 2015 | 2014 | 2013 | 2012 | 2011   | 2010 | 2009 | 2008 | 2007 | 2006 |
| January     | U6         | U6   | U8   | U8   | U10  | U10  | U12  | U12  | U14  | U14  | U14/HS | HS   | HS   | HS   | HS   | 19+  |
| February    | U6         | U6   | U8   | U8   | U10  | U10  | U12  | U12  | U14  | U14  | U14/HS | HS   | HS   | HS   | HS   | 19+  |
| March       | U6         | U6   | U8   | U8   | U10  | U10  | U12  | U12  | U14  | U14  | U14/HS | HS   | HS   | HS   | HS   | 19+  |
| April       | U6         | U6   | U8   | U8   | U10  | U10  | U12  | U12  | U14  | U14  | U14/HS | HS   | HS   | HS   | HS   | 19+  |
| May         | U6         | U6   | U8   | U8   | U10  | U10  | U12  | U12  | U14  | U14  | U14/HS | HS   | HS   | HS   | HS   | 19+  |
| June        | U6         | U6   | U8   | U8   | U10  | U10  | U12  | U12  | U14  | U14  | U14/HS | HS   | HS   | HS   | HS   | 19+  |
| July        | U6         | U6   | U8   | U8   | U10  | U10  | U12  | U12  | U14  | U14  | U14/HS | HS   | HS   | HS   | HS   | 19+  |
| August      | U6         | U6   | U8   | U8   | U10  | U10  | U12  | U12  | U14  | U14  | U14/HS | HS   | HS   | HS   | HS   | 19+  |
| September   |            | U6   | U6   | U8   | U8   | U10  | U10  | U12  | U12  | U14  | U14    | HS   | HS   | HS   | HS   | HS   |
| October     |            | U6   | U6   | U8   | U8   | U10  | U10  | U12  | U12  | U14  | U14    | HS   | HS   | HS   | HS   | HS   |
| November    |            | U6   | U6   | U8   | U8   | U10  | U10  | U12  | U12  | U14  | U14    | HS   | HS   | HS   | HS   | HS   |
| December    |            | U6   | U6   | U8   | U8   | U10  | U10  | U12  | U12  | U14  | U14    | HS   | HS   | HS   | HS   | HS   |

U6 & U8 = Non-Contact Rookie Rugby  
U10, U12, & U14 = Contact Rugby  
See Progressions of Play for specific rules by age.

14yr old in MS plays U14  
14yr old in HS plays HS with waiver  
HS = must be enrolled in HS