

ONE TEAM!
NEVER JUST ME



FALCON YOUTH RUGBY CLUB

INFORMATION PACKET

2025 - 2026



FALCON YOUTH RUGBY



The Falcon Youth Rugby Club (FYRC) is a 501(C)3 non-profit organization based in Lakeland, FL. We believe Youth Rugby is all about developing youth, building healthy relationships, and leveraging parent, work, and community contacts.



The mission of Falcon Youth Rugby is to promote youth rugby, introducing boys and girls to a controlled and safe environment and experience. We encourage the players to acquire beginner to advanced rugby skills and abilities to compete and advance within the sport while having fun. We strengthen our club by fostering an inspirational, inclusive, safe, and enjoyable atmosphere. This is accomplished through teamwork, respect, discipline, and sportsmanship both on and off the field. As we are a competitive team, we require a commitment to FYRC for the season.

Season Schedule

October 1, 2024 – November 30, 2024: Preseason practice, Free-to-Play (New Athletes)

October 1, 2024 – November 30, 2024: HSG/HSBs developmental 15s/7s

December 1, 2024 - May 6, 2025: 15s Season

May 19, 2025– July 31, 2025: Summer 7s, JH/HS Tournaments

This Information Packet is designed to give each family the information necessary to decide if they are ready for the commitment necessary to participate in a Youth Rugby season. Please take the time to thoroughly read the packet, and if you have any questions, please give us a call. Good luck to everyone, and we look forward to another fantastic and successful Falcon Youth Rugby Season! Please read the entire packet, payment of fees through Rugby Xplorer signifies your acceptance of the policies of FYRC.

Cheers,
Coach and Janet

INTEGRITY – PASSION – SOLIDARITY – DISCIPLINE – RESPECT



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Why Rugby?

Rugby is arguably the greatest sport to teach camaraderie, sportsmanship, and relentless respect for your team, your opposition, officials, and fans. The vast majority of those who play rugby find a passion that they cannot ignore and a brotherhood that serves them for life. The Rugby culture facilitates and demands all participants to act within the guidelines of this culture. Living and playing in this culture influences one's actions on and off the field and strengthens the character of its participants.

The 2025-2026 Practice Schedule will be posted on the website (www.falconyouthrugby.org) and SportYou.com.

All athletes must be registered before their first practice of the season, December 1, 2025.



Games & Practices

Dobbins Park
514 Ariana Street,
Lakeland, FL 33803

Rochelle School of Arts Field,
1501 Martin L. King Jr. Ave,
Lakeland, FL 33805

Tuesdays (U6-HS)

5:30 – 6:30 pm (U6-U10)
5:30 – 7:30 pm (U10-HS)

Thursdays (U8-HS)

5:30 – 6:30 pm (U10)
5:30 – 7:30 pm (JH-HS)

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REGISTRATION

There is an annual Falcon Player Registration Fee of \$50.00. This includes a yard sign, a Falcon car decal, and a Falcon practice jersey for the athlete. **Practice jerseys should be worn to each practice.** Additional jerseys can be purchased for \$45.00 and car decals for \$10.00 through the Team website. All athletes must be registered with USA Rugby, Rugby Florida, and Falcon Rugby to compete in all tournaments. The registration/dues are paid on Rugby Xplorer

All athletes joining the 2025-2026 season will need to follow the registration Steps 1 - 4 located on our website below to register with USA Rugby, Order Uniforms, and our Falcon Youth Rugby Billing System. Please make sure to read over all the Rules & Policies, Waivers, and Terms & Conditions. (Click the link below to complete your 2025-2026 registration).

<https://falconyouthrugby.org/>

2025-2026 Season Dues

Falcon dues and registration for the 2025 – 2026 season will be paid at the time you complete the USARugby/Rugby Florida registration through Rugby Xplorer. We are not offering any payment plans. Dues pay for field time, capital expenses, and team equipment. All fees are non-refundable once paid.

	Single payment
U6 Dues	\$150.00
U8 Dues	\$150.00
U10 Dues	\$325.00
U12 Dues	\$325.00
U14 Dues	\$425.00
High School	\$475.00

A family discount is available for families with 3 or more active athletes. The discount is applied to the youngest athletes.

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Uniforms (Kit)

Game uniforms only need to be purchased if you are a new athlete or have outgrown the prior year. Uniforms will be:

U6 – Only the Jersey is required for \$65, and any black soccer shorts and black knee-length socks (falcon socks may be purchased for \$15).

U8 and above – A full kit is required (Jersey, shorts, and socks) for \$140.00.

Uniforms are required to be paid for and ordered before December 5, 2025, to ensure we can receive uniforms in time for the first tournament.

All players will be required to wear their kit to all tournaments. Any lost kit will need to be replaced at the cost of \$140.00. Please note we do not keep extra in the inventory and the turn-around time is 3-4 weeks.

Fundraising

Falcon Rugby will be having several fundraising events throughout the season. We will be having several spirit nights at local restaurants during the year. Athletes can sign up to assist and wear either the practice or tournament uniform.

Other fundraising activities will include online fundraising that will be shipped directly to the purchaser so the families do not have to deliver goods and out-of-town family/friends can participate.

Fundraising is for team equipment, not individual athletes.

Additional Information

Athletes are required to attend all practices for their age group. Athletes missing practices the week before tournaments will not start.

U-10 and above are required to have mouthguards. These are mandatory for practice and tournaments. If you show up for practice without your mouth guard you will not be able to practice. If you do not bring your mouthguard to a tournament, you will not play.

Parents are required to remain at the pitch for both practices and tournaments. If you have another adult designated (not an older sibling) please get with Coach and Janet for a release form. Your designated adult would be required to accompany your athlete for any medical care if required.

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The Sundays after any tournament, U-10 and above, will be a **required conditioning practice**. Athletes need to purchase a set of resistance exercise bands (can be purchased on Amazon starting at \$12).

Falcon Rugby will be attending tournaments that are not in the Houston area. All athletes and their families are responsible for their travel expenses. We will attempt to stay in the same hotel, but this is not required. Out-of-town tournaments will include Tampa 7's. You are required to travel with your athlete unless you have a signed release for another adult to be your guardian for the weekend.

Copyright Information

The Falcon Rugby logo will not be used without the written permission of the Executive Board. Falcon Rugby is in the process of creating family spirit wear that can be ordered through our website. Unapproved use of the FYRC will be assessed at \$100.

Team Parents

Each age group will have a team parent to ensure the athletes are at the pitch for each game, stay rested during breaks, and coordinate snacks. Each age group team parent will work together with the Falcon Team Parent for snacks and drinks.

Communications

The coaches will use the SportYou app to communicate practice changes, tournament updates, etc. A SportYou account is created for each specific team and team parent(s). There will be a GroupMe for the entire team and coaches for regular chatting.

If you have any questions:

Executive Board (EB)

Coaching	Head Coach	Bryan Siltanen 832-244-4475
Administrative, payments, volunteering	CFO	Janet Siltanen 832-244-6558

Volunteer positions:

Coaching – contact Bryan (training provided – you do not have to be at all practices)

Networking Committee (one lead and others to assist)

Team Parent coordinator – communications to Head Coach and CFO

Team parents (one parent for each age group)

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