



Order of Performance

Part 1

Irene Anggreeni & Lody Meijer

– guided meditation video

Lily Swarn

– video poetry performance

Angela

– artist slide show

JP Haddad

– video poetry performance

James Law

– live rap performance

Honey

– video performance

Tiffany A. Santos

– live poetry performance

10-minute Intermission

Part 2

Veronica Arenander

– live Reiki

Islaya Sirius Osiris

– live poetry performance

The Met Down

– video dance performance

Wolf

– artist slide show

Cookie Hiponia

– video poetry performance

Armin & Arash Abolfathi

– video music performance

Julie Pacheco

– video performance



Angela

is an artist who lives in a community of adults with intellectual and physical disabilities in Chicago. She is proud of her Mexican and Italian heritage and overcoming obstacles to get to where she is today, both as a human being and an artist. Angela has dabbled in theater, fiber arts/sewing, ceramics, and drawing and painting. Art has been a tool of self-expression for her for as long as she can remember, and it has allowed her to make community connections and find her individuality and voice.



Arash Abolfathi

I am Arash Abolfathi, an Iranian musician, setar player and music teacher. After graduating from the University of the Arts, my brother and I focused more on our instruments, composition, and personal projects.

My artistic activities include:

Release a music album (“symmetry”) in fusion and alternative genre with Armin Abolfathi in December 2019

Producing vocal and instrumental music project in folk fusion, alternative, and electro-acoustic genre

Forming an Iranian band (Vatar) in the genre of alternative, fusion, ambient, and dream pop

Producing singles with international musicians from different cultures around the world and

Album production in the next few months...

Find him on:

Instagram @arash.abolfathi and @vatarmusic

Spotify & Soundcloud – arash abolfathi and vatar

Channel Telegram <http://t.me/roodmusic>

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Armin Abolfathi

I am Armin Abolfathi, an Iranian musician, oud player, and Illustrator of children's books and magazines. I have been interested in art since childhood. It has made me work seriously in this field. After graduating from the University of the Arts, my brother and I focused more on our instruments, composition, and personal projects.

My artistic activities include:

Release a music album ("symmetry") in fusion and alternative genre with Arash Abolfathi in December 2019

Producing vocal and instrumental music project in folk fusion, alternative, and electro-acoustic genre

*Forming an Iranian band (Vatar) in the genre of alternative, fusion, ambient, and dream pop
Producing singles with international musicians from different cultures around the world and
Album production in the next few months...*

Music cover design.

Find him on:

Instagram @armin_abolfathi and @vatarmusic

Spotify & Soundcloud – armin abolfathi and vatar

Channel Telegram <http://t.me/roodmusic> (Arash.Armin)



Cookie Hiponia

is a published poet and the author of We Belong, a semi-autobiographical middle grade novel-in-verse about the Pilipino American immigrant experience that weaves in Tagalog cosmic mythology. It's published under Cookie's other name "Cookie Hiponia Everman." She is currently at work on a second middle grade book to be published by Dial Books for Young Readers, as well as a romance novel written under a nom de plume. Cookie lives in Seattle with her family.

Find her on:

Instagram @titacookie1974

Twitter @titacookie1974



Honey (Rhonda Duvall)

is an independent R&B artist, with a mix of Hip Hop and Soul. Her style of music tends to open one's eyes to a different perspective and gives the listener a chance to unwind in the simplicity of words and thought. Some say, "She tells a message." Others say, "She speaks of real-life experiences." Honey says, "I speak on how the world approaches me."

Inspirational Advocate

Native American R&B Singer

Native American Storyteller

Native American Powwow Dancer

Find her on:

Instagram @voiceofhoney



Islaya Sirius Osiris

is a Swiss army knife of an artist in various mediums, and is best known for their wit that is able to turn pain into poetry. Their pieces will make you cry, laugh, and question. Embracing the complexity that is existence, Osiris captures imaginations and encourages curiosity. Having been to seventeen countries and counting, Osiris feels most comfortable in a new place where they can explore without being noticed. Finding abundant inspiration in the mundane and beauty in plain sight.

Find her on:

@islayaosiris

<https://www.patreon.com/islayaosiris>

<https://www.instagram.com/islayaosiris/>

[facebook.com/ISOirispoet](https://www.facebook.com/ISOirispoet)



Irene Anggreeni

is a dance movement therapist, mental wellness coach, and founder of Expat Wellbeing. She is also a depression survivor and formerly an engineer. Throughout her migration journeys, she has finally rediscovered her home within and come home to herself. Now she helps fellow survivors who want to make a collective impact in the healing of our communities. With her magical blend of creative embodiment, mindfulness, and peer support. She facilitates authentic expression, playful connection, and empowerment through movement and the exciting possibilities it creates.

Find her on:

expat-wellbeing.nl

Linkedin: @expatwellbeing

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Lody Meijer

has been working in the field of contemporary dance and performance art for many years. She is the founder of Simmerlab, a platform for experimentation, co-creation, and exchange based in Rotterdam, NL. In 2021, she started Imagine Moving; a podcast that combines our ability to imagine with our ability to learn and express through the body. Through gentle conversations, stories, and explorations with dance and movement researchers from all over the world, she looks for ways to expand our physical awareness and to investigate the world around us.

Find her on:

imaginemoving.nl



James Law

a.k.a Law is a native of Columbus Ohio born to a New York family, the youngest of three siblings. James discovered Latin ballroom dancing in his teens and trained to compete in competitions, but never actually did because of obstacles that affected loved ones in his personal life: e.g. addiction, abuse and poverty - which lead to depression and failure to perform in both school and work settings. After many setbacks, and dance being the only thing that seemed consistent in life, James decided to keep dance as close to his heart as possible.

Through dance, James was able to learn to understand life and escape his violent and traumatic home life. He moved to Chicago, IL, at the age of 24.

Law has been learning various dance styles for the past seven years while living in Chicago. He has been in numerous stage performances and concert pieces, but, for the past three years, he stumbled upon Zumba Fitness and became a certified instructor. This reignited his passion for Latin dance music and international rhythms, as well as his passion for life itself.

He now has a new motto, "From here on out, life will be full of excitement, fun and sensuality. I'm going to give my inner child everything he lacked growing up, and this time I won't let anyone stop me."

James now lives in Chicago and practices Spanish and Japanese language. He is an ESL tutor and Zumba instructor, as well as a Thai Cuisine apprentice. Reggaeton is currently his favorite music to listen to.

Find him on:

Instagram @Jameslawdesu



The Met Down

We're a pandemic born hip-hop dance crew/company led by director and choreographer Melissa Metro. The Met Down could be best described as "A collection of cool kids trying to make our audiences smile through our dancing, energy, and crazy antics." The Met Down is coming at you this fall! Stay tuned for info on our dancers, upcoming performances and more

Find us on:

Instagram @themetdown



JP Haddad

full name Jean-Paul Haddad, is a Lebanese Student, Poet and Writer. He's an undergraduate student at the Lebanese University, majoring in English Literature and Language. He recently published his first poetry book "Silver Stripes on Lavender Letters" on Amazon.

Find him on:

Instagram: @jphaddad_



Julie Pacheco

is the author of The Destiny of I AM- The Crossing, painter, poet, and performance artist. Her current project is Soul Drumbeats, in which she is exploring the relationship to Ancestral connection and art with multiple artistic mediums. She is the founder of Project Destiny of I AM, named after her book. This organization is dedicated to holding space for artists from BIPOC and LBGTQ+ communities, as well as those with mental health and or intellectual or physical disabilities.

Find her on:

Instagram: @theartisthealer @pdoia2020



Lily Swarn

a multilingual poet, author, columnist is a gold medalist and university colour holder for Best Actress and Histrionics. A radio show host, motivational speaker, and a college lecturer. Her book, A Trellis of Ecstasy (Poetry) was called a “veritable delight” by The Journal of Commonwealth literature in London and was applauded by the Chief Minister Punjab. The Gypsy Trail, (novel) launched by His Excellency, the Governor of Punjab, and Lilies of the Valley (essays) are highly appreciated. History on My Plate got rave reviews and love from readers.

She has won over 50 international and national awards like the Reuel International Prize for Poetry 2016, Global Icon of Peace, Sahitya Rattan, Gujarat Sahitya Akademi Award for both 2020 and 2021, Master of Creative Impulse and Sarojini Naidu Award, Kairat Duissenov medal for poetic excellence, an Icon award on Chandigarh Establishment Day, World Poetic Star, International Volunteerism Award 2020 for her humanitarian contribution towards fight against Covid 19, Certificate of Gratitude from Pinkishe Foundation for service for marginalized and underprivileged women and girls, Cesar Vallejo 2020 by UHE, the largest Spanish writers union for the most outstanding of 2020 in literaria, India. Order of Shakespeare Medal 2021 is her recent recognition by the literary world. Lily’s poetry has been translated into 16 European and Asian languages and her Urdu ghazals sung by mellifluous voices. Her writings feature in international poetry anthologies all over the globe. She is a Peace and Humanity ambassador for institutions in Ghana and Morocco and was recently awarded the title of International Ambassador of Peace by World Literary Forum for Peace and Human Rights and one among 20 poets awarded by UHE, Peru, South America, A La Exelencia Literaria.

Inspiring Women’s award by Mexico n Morocco, Women Empowered Diva of the World and featured as one of the 25 Women of Excellence worldwide. Golden Eagle Award for Literary Excellence 2021 by UHE.

Lily believes her success comes with the blessings of her young son who is in heaven after a battle with cancer.

A finalist for Global Cultural Champion Award and a nomination for Lifetime Achievement Award by She Inspires Awards United Kingdom, 2021.

Find her on:

Facebook.com/Lily Swarn

Instagram: @Lily_of_dvalley



Tiffany A. Santos

is an internationally published and award-winning poet, speculative fiction author, creative nonfiction essayist, and blogger. She describes her work as emotionally provocative yet disturbingly honest. Tiffany's poetry, essays, and short stories have been published in several literary journals including "Backbone Mountain Review, Voices from the Attic Anthology," "Pine Mountain Sand & Gravel Journal," "Lavender Review," "Southword Journal," "Wicked Banshee Press," and "Dionne's Story: An Anthology of Poetry and Prose for the Awareness of Relationship Violence." Her poem "Baptism" won the Best Poem Award in the 2019 Backbone Mountain Review.

Find her on:

<https://linktr.ee/cranberryjade>



Veronica Arenander

is a shaman, and a reiki master/practitioner specializing in Usui and Egyptian Ahara techniques. She is also an oracle reader, and an intuitive. As the ancestors speak through her, she is she who brings peace.

Find her on:

Instagram: @the.behike.shaman (pronounced beh-he-keh).



Wolf (the Artist)

is a self-taught artist based in Chicago and New York who began painting in 2000. His style is rich and vibrant, with colors that are inspired by many of his breakthroughs in life - finding love, compassion, and engagement with others. Wanting to merge his talents, he began experimenting with oil and acrylic, developing a unique style that keenly articulated movement and poetry through his paintings with the stroke of the brush to canvas.

The overwhelming response from local artists, friends, and family led Wolf to begin posting his work on Instagram and showcasing his work at various art festivals throughout Chicago. Through this, Wolf started to connect with artists from all over the world and has created a name and following for his work and unique style.

Wolf has been influenced by the works of Basquiat, Pollok, Gerhard Richter, and Andy Warhol.

Find him on:

Instagram: @tone_wolf_

PROJECT DESTINY OF I AM

THE TEAM:

Julie Pacheco

Bessie Crum

Susan Wright Green

Katherine Roth

David Darrko

