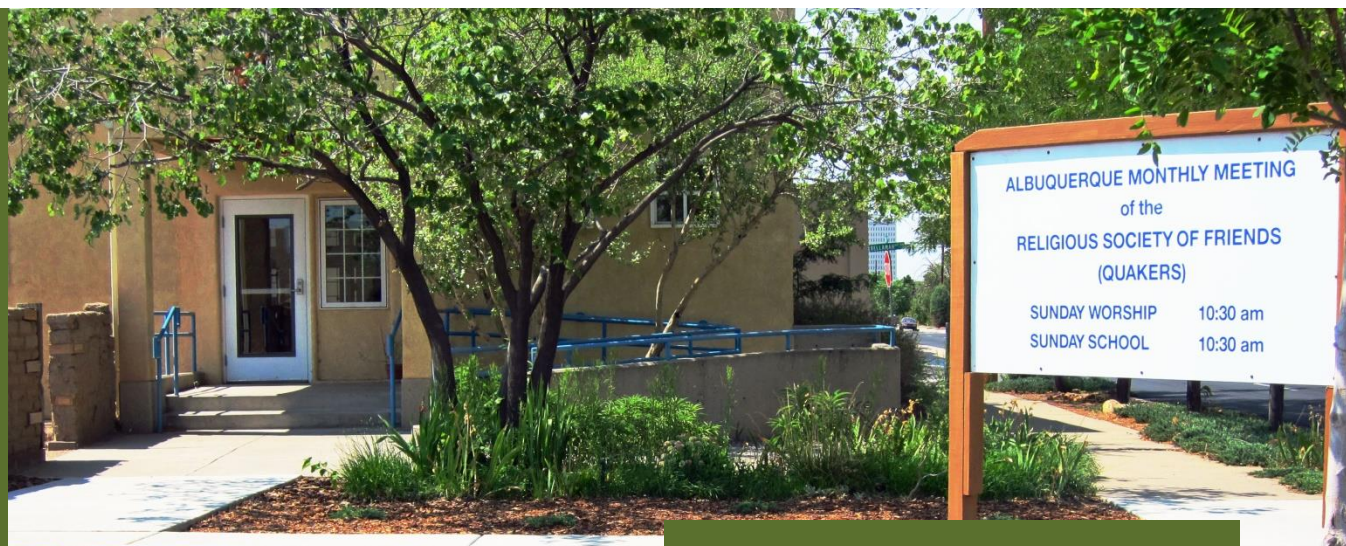


You are welcome here!

Today's Quakers are from diverse spiritual and social backgrounds, every race, sexual orientation and gender identity.

Some visitors to Albuquerque Friends Meeting come for an inclusive, family-oriented community. Some come for spiritual discernment and growth. Still others are attracted by the commitment of Quakers to peace and social justice.

Waiting, listening, in this unadorned space and quiet hour, you may sense something that speaks to you – the One, as the Quaker George Fox phrased it, “that can speak to thy condition.”



Quaker Meeting for Worship
Sunday 10:30 a.m.
(children's program during worship)

Mid-Week Worship
Wednesday 7:00 p.m.

For additional events, visit our website:
abqfriends.org

Located at:
1600 5th St NW, Albuquerque, NM 87102
Postal Address:
PO Box 25462, Albuquerque NM 87125-5462
Telephone: (505) 843-6450
Email: abqquaker@gmail.com

Albuquerque Friends Meetinghouse is available to
rent for private and non-profit functions.

If this is your
first experience
of Quaker
Worship



Albuquerque Friends Meeting

What We Do:

The Albuquerque Friends Meetinghouse is a place of worship in the Quaker tradition. You are welcome to come in and sit anywhere. Please mute your phone. We gather in silence on Sunday at 10:30 a.m.

Children are welcome downstairs during worship, with activities for older children and a nursery for the youngest. Children come upstairs and join adults near the end of worship.

After about an hour of worship, a designated Friend invites everyone to join hands. We go around the circle and say our names. We invite you to share how you found us and anything else that would help us get to know you. A time follows for announcements, blessings and concerns.

After worship, join us for conversation. Feel free to ask questions or browse our library. There is a program for adults every Sunday from 9:00 to 10:00 a.m. on

Quaker topics. On the third Sunday of each month, we welcome you to our potluck lunch. And please ask us about other activities occurring at meetinghouse during the week.



The Religious Society of Friends began in England in the mid-17th century and quickly spread to North America. Those Christian seekers skeptical of church but experiencing a call to lead faithful lives in direct relation to the divine found a home among Friends. Today, there are several different traditions of Quaker worship. We follow the practice of early Friends who worshipped without pre-planned church services and paid clergy.

Meeting for Worship is a time when we come together to seek divine leading individually and as a community. This is a time when Friends become still, quieting the restlessness of the mind and tensions of the body. In *expectant worship*, we seek to open ourselves to receive divine guidance, to experience the presence of that which is holy, and to be informed or led by it.

We wait, mostly in silence. Someone

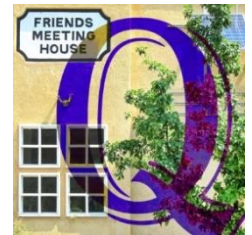
may stand and speak, which we refer to as spoken ministry. This message is understood as a spontaneous expression of continuing revelation. There may be several such ministries, each separated by a period of silence.

To Learn More

In the entryway, you will find free brochures about Friends. Along the hall, several bulletin boards display postings by Friends as well as our local activities. There is a library to your left as you enter the meetinghouse, and you are welcome to browse the collection.

Donations from friends and visitors are appreciated, and you will find a black donation box on the wall in the entry.

Please do ask if you have questions!



Friends on our front porch



Friends at a world gathering in South America