## Albuquerque Monthly Meeting 2019 Fall Retreat Saturday November 2 Madonna Center Journeying with Friends

That which makes a people blessed and happy, is, that they hear and obey the still small voice, which says, this is the way, walk in it. This is the voice of the true shepherd, and the sheep know it, follow it and obey it, and a stranger they will not hear nor follow.

~ William Shewen, 1631-1695

Join Albuquerque Friends for a Fall retreat for a time of relaxation, nourishment and inspiration. Our theme is **Journeys**. We will begin with opportunities to reflect on and share about our own spiritual journey and life story. As the day progresses, we will weave our stories together in community. This is an intergenerational event, Friends of all ages can come to find something that speaks to our condition. Children and adults will be together for parts of the program, and other parts of the day will have separate activities. Activities to include conversation, movement, creativity and more.

Place: Madonna Center, 4040 St Joseph's Place, Albuquerque, 97120 on the West Side. <a href="http://www.retreatabg.org/index.htm">http://www.retreatabg.org/index.htm</a>



**Schedule Basics:** 7:00-8:00 am- Optional Early Worship

8:00-9:00 am- Breakfast provided and sign in

9:00 am-4:30 pm- Program including potluck lunch

## More detailed schedule to come

This time of year is used by many traditions to consider those in our lives who have gone before us. As you get ready for our retreat, spend some time thinking about who in your life has helped you become who you are. We invite you to bring something that reminds you of a person or time that was significant earlier in your life.

Live up to the light thou hast, and more will be granted thee Caroline Fox, 1841