

**UNDOING RACISM; IN OURSELVES, OUR MEETING AND COMMUNITY
PREPARATION FOR SESSION FIVE ON OCTOBER 22, 2020 FROM 7-8:30 P.M.**

ON ZOOM! HERE IS THE

LINK! <https://us02web.zoom.us/j/89570471188?pwd=SmhIbTJpMTVCbjE1cE83QnlVbnIzdz09>

If requested, Meeting Password: FRIENDS

IMMERSION

WORKING ACTIVELY TO BE ANTI-RACIST

At the FIFTH stage of developing white racial literacy in Helms' model is referred to as "Immersion." One begins to work against systems of oppression, rather than seeing racism as individual actions. One is able to embrace their own white identity and what their whiteness means, while also working alongside BIPOC; one works actively to be anti-racist.

PREPARATION FOR FIFTH SESSION

Our learning materials this month focus on **committing to anti-racist work** – which is likely to become a life-long journey. We present a longer reading, a short video, and a resource list. **Queries for our class on October 22nd will be sent the weekend before.**

1. Reading or Audio: *The Case for Reparations* by Ta Na-hesi Coates (The Atlantic, June 2014)

"Two hundred fifty years of slavery. Ninety years of Jim Crow. Sixty years of separate but equal. Thirty-five years of racist housing policy. Until we reckon with our compounding moral debts, America will never be whole." Ta Ne-hisi Coates

This in-depth analysis of the case for reparations is available in audio version (1 hr. 28 minutes), OR print (with short videos interspersed within the article). **Take your time.**

This piece will likely increase your commitment to becoming actively anti-racist, contributing toward reparations through your own readiness to relinquish or share some of your privilege to benefit others.

<https://www.theatlantic.com/magazine/archive/2014/06/the-case-for-reparations/361631/>

2. Short Video: 5 Tips for Being An Ally

An engaging 3 ½ minute-long video that will totally engage you!

<https://www.youtube.com/watch?v=dg86g-QIM0&feature=youtu.be>

3. A Resource list both now and forever – A "Go-To" list of what you can do as a white person to fight for racial justice.

103 Things White People Can Do for Racial Justice

<https://medium.com/equality-includes-you/what-white-people-can-do-for-racial-justice-f2d18b0e0234>

PRIMARY RESOURCE LINK FOR INDEPENDENT STUDY -- we are at the 5th step this month,

Immersion.https://docs.google.com/document/d/1PrAq4iBNb4nVlcTslcNIW8zjaQXBLkWayL8EaPIh0bc/preview?pru=AAABcrY-m6Q*5-8-1SCdwoOXkzoNhbSKmw

Questions/Comments? Email us at: info@abqfriends.org

