

UNDOING RACISM; IN OURSELVES, OUR MEETING AND COMMUNITY
PREPARATION FOR SESSION SIX ON DECEMBER 3, 2020 FROM 7-8:30 P.M.
ON ZOOM! HERE IS THE LINK! <https://us02web.zoom.us/j/85606995625>

AUTONOMY

EMBODYING ANTI-RACISM

At the **SIXTH** stage of developing white racial literacy in Helms' model is referred to as "**Autonomy.**" You have embodied anti-racism: you are willing to step in the way of racism when possible, and engage in protests. You have done the work to recognize your own identity so that you can effectively be anti-racism. You recognize that growth is continual, and you might need to revisit previous stages.

PREPARATION FOR SIXTH SESSION

Our learning materials this month focus on **embodying anti-racist work** – a commitment to a life-long journey. We present two readings, a short video, a journaling exercise and an invitation. **Queries for our class on December 3 will be drawn from the journaling exercise.**

1. Reading: Is This the Beginning of the End of American Racism?

"Donald Trump has revealed the depths of the country's prejudice – and has inadvertently forced a reckoning." Story by Ibram X. Kendi *The Atlantic*, September 2020

<https://www.theatlantic.com/magazine/archive/2020/09/the-end-of-denial/614194/>

2. Reading: Healing the Shadow of Racism

"Our Mission is to plant ourselves at the gates of Hope ..." Article by Lynn Peery Mills, Friends Journal, October 2020 <https://www.friendsjournal.org/healing-the-shadow-of-racism/>

3. Video: – Let's get to the root of racial injustice (Megan Ming Francis) TEDxRanier 19"

"Do we have the courage to take a stand against racial injustice today?"

<https://www.youtube.com/watch?v=-aCn72iXO9s>

4. Journaling Experience: Choose any 1 (or more) of the queries and write your own journal responses to them. Bring any responses you might like to share to class on December 3.

Journaling Questions (written by Nii Addo Abrahams, M.A., M. Div. / Twitter & Instagram @ nickyflash)

- Does your solidarity last longer than a news cycle?
- Does your solidarity make you lose sleep at night?
- Does your solidarity put you in danger?
- Does your solidarity cost you relationships?
- Does your solidarity take away time from other things you could be doing?
- Does your solidarity change the way you spend your money?
- Does your solidarity make you a disruptive presence in white spaces?
- Does your solidarity challenge your country's values?
- Does your solidarity make you think you're not racist?
- Does your solidarity change how you read your Bible?
- Does your solidarity change how you preach?
- Does your solidarity happen when no one is looking?
- Does your solidarity ever cause you to speak out when no one wants to listen?
- Does your solidarity ever cause you to shut up when you want to say something?
- Does your solidarity change the way you vote?

- Does your solidarity cause you to denounce our current president?
- Does your solidarity include cis-het Black women?
- Does your solidarity include Black queer and trans folks?
- Does your solidarity make you suspicious of predominantly white institutions?
- Does your solidarity cause you to believe in costly reparations?
- Does your solidarity assuage your white guilt?
- Does your solidarity have room for Black rage?

5. An Invitation: Explore the following website and find one new resource that speaks to you.
<https://www.racialequitytools.org/home>

Questions/Comments? Email us at: info@abqfriends.org