

# #1

# Avery Micchia

# 2022



## Athletic Information

NCAA #: 2103129629



<b>Positions:</b>	Primary: Pitcher Secondary: Outfield	<b>Throwing:</b>	Right
<b>Batting:</b>	Left / Right	<b>Speed:</b>	62mph
<b>Bat Speed:</b>	54mph - max(Blast)	<b>Distance:</b>	153ft
<b>Hand Speed:</b>	18mph - max (Blast)	<b>Athleticism:</b>	Home-to-First: 2.75sec
<b>Pitching:</b>	61mph (Revfire)		Home-to-Home: 11.81sec
<b>Pitch Spin:</b>	16RPS (Revfire)		5-10-5 Shuttle: 5.09sec
<b>Pitches:</b>	Fastball / Change-Up / Drop Curve		1 Mile Run: TBD
<b>Strengths:</b>	Coachable / Hustle / Character		Push-Ups <sup>(30sec)</sup> : 17
			Sit-Ups <sup>(1min)</sup> : 45
			Broad Jump: 8'1"

<b>Name:</b>	Avery Micchia
<b>Height:</b>	5' 6"
<b>GPA:</b>	4.3
<b>ACT/SAT:</b>	TBD
<b>Graduation:</b>	2022

<b>Athletic and Scholastic Awards:</b>
<b>2019:</b> Scholar-Athlete / Varsity Starter Softball / Tri-Athlete(Track & Field Indoor and Outdoor), Rookie of the Year(Softball)
<b>2020:</b> Scholar-Athlete / Varsity Starter Softball / National Honors Society

<b>Intended Major of Study</b>
Peace War & Defense

## Personal Information:

<b>Birth Date:</b>	1/2/2004
<b>Graduation Year:</b>	2022
<b>Current School:</b>	Wake Forest High School
<b>Parents:</b>	Tom & Twila Micchia
<b>Contact Information:</b>	724-977-5106 tmicchia@yahoo.com
<b>Community Service / Clubs:</b>	American Red Cross, Y-Guides, Everett Chapel Church, Miracle League, Raleigh Food Bank, Habit for Humanity, J-ROTC

## Team Information:

<b>School Team:</b>	Cougars Softball
<b>School Name:</b>	Wake Forest High School
<b>Head Coach:</b>	Brittany Owens
<b>Email:</b>	bowens3@wcpss.net
<b>Telephone:</b>	252-414-2752
<b>Travel Team:</b>	Spirits Fastpitch Organization
<b>Head Coach:</b>	Pete Rose
<b>Mobile:</b>	919-610-9146
<b>Email:</b>	coach_pete.rose@yahoo.com

<http://www.spiritsfastpitch.com>

