

# #25

# Brooke Simmons

# 2025



<u>Athletic Information</u>		<u>NCAA #:</u>
<b>Positions:</b>	Primary: 2nd Base Secondary: Outfield	<b>Throwing:</b> Right <b>Speed:</b> 49mph <b>Distance:</b> 140ft
<b>Batting:</b>	<b>Right-Handed Batter</b> <b>Bat Size</b>	<b>Athleticism:</b>
<b>Bat Speed:</b>	mph - max(Blast)      33/23	
<b>Hand Speed:</b>	mph - max(Blast)      33/23	
<b>Ball Exit Velo:</b>	mph - max(Blast)      33/23	
<b>Strengths:</b>	Coachable / Character / Hustle / Determination	Home-to-First: 2.94sec Home-to-Home: 12.68sec 5-10-5 Shuttle: 5.25sec 1 Mile Run: TBD Push-Ups <sup>(30sec)</sup> : 24 Sit-Ups <sup>(1min)</sup> : 34 Broad Jump: 6'6"

**Name:** Brooke Simmons  
**Height:** 5'8"  
**GPA:** 3.72  
**ACT/SAT:** TBD

**Athletic and Scholastic Awards:**  
 NHS and Technical Honors Society / Cross-Country / Acadmey of Hospitality & Tourism  
**2023:** Varisty Softball Starter / Scholar-Athlete  
**2024:** Varsity Softball Starter / Scholar-Athlere

**Intended Major of Study**  
 Undecided

<u>Personal Information:</u>		<u>Team Information:</u>		<u>Upcoming Events:</u>
<b>Birth Date:</b>	9/25/2006	<b>School Team:</b>	Southern Lee High School	<ol style="list-style-type: none"> <li>July 12 - 14: Liberty Showcase - Walnut Creek</li> <li>July 26 - 28: East Coast Showdown Showcase - Walnut Creek</li> <li>Aug 17th: Back to School Bash (Saturday) - Siler City</li> <li>Sep 14 - 15: Built Different - Myrtle Beach, SC</li> <li>Oct 5 - 6: Patriots &amp; Heroes Showcase - Raleigh</li> <li>Oct 19 - 20: Legends Showcase - Florence, SC</li> <li>Nov 2 - 3: Triad Classic - Burlington</li> <li>Nov 9 - 10: Capital City Showcase - Raleigh</li> </ol>
<b>Graduation Year:</b>	2025	<b>School Name:</b>	Cavaliers Softball	
<b>Current School:</b>	Southern Lee High School	<b>Head Coach:</b>	Ken Cotton	
<b>Parents:</b>	Doug & Kirsten Simmons	<b>Email:</b>		
<b>Contact Information:</b>	919-718-9814	<b>Telephone:</b>		
<b>Community Service / Clubs:</b>	American Red Cross, Y-Guides, Everett Chapel Church, Miracle League of Johnston County	<b>Travel Team:</b>	Spirits Fastpitch Organization	
		<b>Head Coach:</b>	Pete Rose	
		<b>Mobile:</b>	919-610-9146	
		<b>Email:</b>	coach_pete.rose@yahoo.com	

<https://www.spiritsfastpitch.com>

